

BREAKFAST served until 10:30 am

FRESH BREWED COFFEE

THE BREAKFAST BURRITO <i>served with salsa</i> Scrambled eggs, sausage, cheddar cheese, diced tomatoes, green onions.	cal. 630	5.79
EGG & CHEESE CROISSANT	cal. 500	5.49
BACON, EGG & CHEESE CROISSANT	cal. 580	6.49
BREAKFAST BOWL Sausage or Bacon	cal. 395-445	4.69
AVOCADO TOAST One slice of Texas toast, pesto aioli, provolone cheese, fresh avocado slices.	cal. 290	4.19



HOT				
Fresh Brew	cal. 0-5	12oz 2.09	16oz 2.39	20oz 2.59
COLD				
Iced Coffee	cal. 5		16 oz. 3.79	

BAKERY

SMOOTHIES

KILLER CHOCOLATE CHIP COOKIE	cal. 350	3.19
GOURMET COOKIES NUTS! Salted Caramel, Reese's Peanut Butter	cal. 420-580	3.29
BROWNIES NUTS! Rocky Road Brownie, Blondie	cal. 420-530	3.29
MUFFINS NUTS!	cal. 300-540	4.19
CINNAMON ROLL	cal. 820	3.89

STRAWBERRY BANANA	cal. 380	6.69
MANGO	cal. 380	6.69
YOGA BLISS	cal. 450	7.39
+PROTEIN POWDER		

*All smoothies contain dairy

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

= CONTAINS NUTS

SIGNATURE SANDWICHES

HOT SANDWICHES

CHICKEN SALAD & APPLES on a Multigrain boule  cal. 810 8.39
Homemade chicken salad, blue cheese dressing, hickory smoked bacon, granny smith apples

CADILLAC CHICKEN on a Multigrain boule cal. 860 9.19
Fresh chicken, provolone cheese, hickory smoked bacon, romaine lettuce, tomato, honey mustard

ORIGINAL VEGGIE on French boule cal. 700 7.69
Fresh avocado slices, cucumbers, tomatoes, romaine lettuce, roasted red peppers, mayo, provolone cheese

CHICKEN SALAD SANDWICH on a Croissant  cal. 540 7.89
Homemade chicken salad, romaine lettuce, tomato

TURKEY CHEEZER on a Multigrain boule cal. 770 8.39
Turkey, provolone cheese, romaine lettuce, tomato, mayo

HAM CHEEZER on a Multigrain boule cal. 850 8.39
Ham, swiss cheese, romaine lettuce, tomato spicy brown mustard, mayo

JUST CHICKEN On Brioche bun cal.400- 660 6.99
Fresh chicken with pickles and your choice of: Pesto aioli, Honey buffalo, or Firecracker sauce

VEGGIE PORTABELLA on French boule cal. 725 8.29
Portabella mushroom, fresh avocado slices, cucumbers, tomatoes, romaine lettuce, roasted red peppers, mayo, provolone cheese

CHICKEN PORTABELLA on Cuban Bread cal. 880 8.79
Fresh chicken, portabella mushroom, provolone cheese, roasted red peppers, pesto aioli

OMG BRISKET SANDWICH on Cuban bread cal. 900 10.99
Brisket, pepper jack cheese, roasted jalapeños, cilantro, fresh avocado slices, baja sauce

GRILLED CHEESE on Texas Toast cal. 560 5.89
Melted provolone and cheddar cheeses

UNDER 450 CALORIES

HUMMUS, CHICKEN, & GOAT CHEESE WRAP cal. 440 9.99
on a Flour tortilla
Fresh chicken, hummus, romaine lettuce, diced tomatoes, diced cucumbers, goat cheese & balsamic dressing



CADILLAC CHICKEN



CHICKEN PORTABELLA

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SIGNATURE WRAPS

TURKEY-BACON-AVOCADO cal. 620 9.49
on a Whole Wheat tortilla
Turkey, hickory smoked bacon, avocado slices,
romaine lettuce, tomato, basil pesto aioli

BUFFALO cal. 620 7.39
on a Tomato Basil tortilla
Fresh chicken breast, cheddar cheese, tomato,
romaine lettuce, buffalo sauce, blue cheese dressing

SALADS

GARDEN SALAD cal. 170 8.39
Romaine lettuce, tomato, cucumbers,
cheddar cheese, hard boiled egg

COBB SALAD cal. 210 8.99
Romaine lettuce, fresh chicken breast,
hickory smoked bacon, tomato,
blue cheese crumbles

CHEF SALAD cal. 240 8.99
Romaine lettuce, turkey, ham, cheddar cheese
tomato, cucumbers, hard boiled egg

GRAIN BOWLS

SOUTHWEST cal. 450 8.79
served with Firecracker sauce
Brown rice, romaine lettuce, fresh chicken breast,
sauteed corn, black beans, tomatoes, avocado,
green onion, cilantro

ASIAN INSPIRED  cal. 380 8.79
served with Asian Sesame dressing
Brown rice, romaine lettuce, fresh chicken breast,
roasted red peppers, mandarin oranges,
shredded carrots, cucumbers, almonds

MEDITERRANEAN cal. 540 8.79
served with Tzatziki sauce
Brown rice, romaine lettuce, fresh chicken,
cucumber, chickpea salad mix, feta cheese

BRISKET cal. 869 10.99
served with Baja sauce
Brown rice, romaine lettuce, brisket, sautéed corn,
pepper jack cheese, avocado, jalapeños, fresh cilantro

SOUPS

SMALL cal. 85-265 4.89
LARGE cal. 165-500 7.69

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VALUE MEALS

BREAKFAST served until 10:30 am

Includes FRUIT & COFFEE or FOUNTAIN DRINK

THE BREAKFAST BURRITO served with salsa cal. 630
Scrambled eggs, sausage, cheddar cheese,
diced tomatoes, green onions.

EGG & CHEESE CROISSANT cal. 500

CHOICE OF MUFFIN  cal 300-540

LUNCH begins at 10:30 am

ORIGINAL VEGGIE on a French boule
includes chips & fountain drink

TURKEY CHEEZER on a Multigrain boule
includes chips & fountain drink

HAM CHEEZER on a Multigrain boule
includes chips & fountain drink

SOUTHWEST GRAIN BOWL served with Firecracker sauce
includes fountain drink

GARDEN SALAD
includes fountain drink



RISING ROLL®

gourmet café

**FOR A LIMITED
TIME ONLY**



CHICKEN CAESAR WRAP

FRESH CHICKEN, TOMATOES, ROMAINE LETTUCE,
PARMESAN CHEESE, CAESAR DRESSING
ON A WHOLE WHEAT TORTILLA

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