

SIGNATURE SUBS MENU

TOASTY WARM, MADE WITH INGREDIENTS SLICED DAILY



CHOOSE A 7" OR 14" SUB VARIETY + BREAD (WHITE, WHEAT, WHOLE WHEAT WRAP OR BREADLESS)

	CALORIES	7"	14"		CALORIES	7"	14"
1 ITALIAN	580-1220	6.39	11.39	4 BUFFALO CHICKEN	240-530	\$6.89	12.29
Ham, Salami, Pepperoni, Sharp Provolone, Lettuce, Tomato, Onion, Mayo, Sub Splash, Cherry Pepper Relish				Chicken, Shaved Celery, Spicy Pickles, Lettuce, Tomato, Onion, Buffalo Bleu Spread			
2 TURKEY CLUB	500-1070	\$6.39	11.39	5 BLT	620-1300	\$6.39	11.39
Turkey, Smoked Bacon, Cheddar, Lettuce, Tomato, Onion, Spicy Avocado Spread				Smoked Bacon, Lettuce, Tomato, Onion, Lemon Pepper Mayo , Sub Splash			
3 ROAST BEEF	310-680	\$6.89	12.39	6 TUNA*	470-1010	\$6.89	12.29
Roast Beef, Swiss, Lettuce, Tomato, Onion, Horseradish Mustard				House-made Tuna Salad, Cucumber, Lettuce, Tomato, Onion, Feisty Feta Spread			

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

*NOT TOASTED



	CALORIES	7"	14"
7 THE KITCHEN SINK	820-1710	\$7.89	14.19

Ham, Salami, Pepperoni, Meatballs, Smoked Bacon, Sharp Provolone, Lettuce, Tomato, Onion, Sub Splash, **Cherry Pepper Relish**

8 VEDGE*	340-750	\$6.39	11.39
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Recommended on Whole Wheat Wrap
Southwest Quinoa + Rice Blend, Lettuce, Tomato, Onion, **Spicy Avocado Spread**, Sub Splash

9 MEATBALL	630-1310	\$7.49	13.49
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Meatballs, Sharp Provolone, Marinara Sauce, **Pesto Spread**

*NOT TOASTED

MAKE IT A **+\$2.99** MEAL

CHIPS AND A MEDIUM DRINK



SIDES

Chips 310-320cal \$1.19
Pickles 280-340cal \$0.49
(Traditional or Spicy)
Craveworthy Cookie \$1.99

DRINKS

Regular 0-310cal \$2.19

WICKED GOOD SUBS



SIGNATURE SPREADS

SPICY AVOCADO SPREAD

Guacamole, mayo, & a spicy kick!

HORSERADISH MUSTARD

Dijon kicked up a notch!

CHERRY PEPPER RELISH

Hot peppers meet dill pickles.

LEMON PEPPER MAYO

A piquant mayonnaise with a dash of citrus.

BUFFALO BLEU

Buffalo & bleu cheese. Need we say more?

PESTO SPREAD

A classic herb and olive oil spread with a hint of garlic.

FEISTY FETA

Red, white, & green: tomatoes, feta, & onions with a peppery finish



EXTRA MEATS

+\$2.09

Ham 80cal

Salami 60cal

Chicken 80cal

Turkey 70cal

Pepperoni 80cal

Roast Beef 80cal

Bacon 110cal

Tuna 320cal

Meatballs 350cal

EXTRA CHEESES + \$0.79

Sharp Provolone 50cal

White American 50cal

Cheddar 60cal

Pepper Jack 50cal

Swiss 60cal