



Burrito Bowl MODERN MEXICAN KITCHEN™	CALORIES	TOTAL FAT	SATURATED FAT	TRANS FAT	CHOLESTEROL	SODIUM	TOTAL CARB	DIETARY FIBER	SUGARS	PROTEIN
BURRITOS										
Avocado Club Veggie BURRITO	750	39	9	0	50	1840	73	1	6	24
Baja Queso Veggie BURRITO	790	49	9	0	35	1330	73	1	9	16
Buffalo Veggie BURRITO	710	38	9	0	40	2070	68	1	6	22
Cajun Veggie BURRITO	680	33	5	0	20	1440	78	3	7	16
KC BBQ Veggie BURRITO	700	27	7	0	35	1680	90	2	25	22
Mexican Veggie BURRITO	910	51	9	0	35	1650	91	9	8	20
Power Protein Veggie BURRITO	740	33	9	0	100	2100	81	3	7	28
Spicy Korean Veggie BURRITO	610	23	3	0	55	1470	88	1	22	15
RICE BOWLS										
Avocado Club Veggie GRAIN BOWL	640	33	8	0	50	1190	64	2	3	19
Baja Queso Veggie RICE BOWL	730	50	8	0	35	680	59	2	5	9
Buffalo Veggie RICE BOWL	650	40	8	0	40	1400	55	2	3	15
Cajun Veggie GRAIN BOWL	570	27	4	0	20	860	69	4	4	11
KC BBQ Veggie RICE BOWL	640	28	6	0	35	1010	77	2	23	15
Mexican Veggie RICE BOWL	760	46	7	0	35	1090	72	2	7	12
Power Protein Veggie GRAIN BOWL	640	27	8	0	140	1460	72	4	4	25
Spicy Korean Veggie RICE BOWL	560	25	2.5	0	95	820	75	2	19	10
SALADS										
Buffalo Chicken Salad	400	29	11	0	95	1950	11	1	6	29
Chicken Avocado Cobb	480	37	10	0	150	1420	11	4	4	30
Chicken Caesar Salad	430	37	7	0	55	880	11	1	5	20
Market Strawberry Salad	320	14	3.5	0	10	340	37	3	26	7
Southwest Chicken Salad	470	34	7	0	65	1090	21	1	7	20
QUESADILLA										
Classic Cheese	790	46	26	0	125	1780	47	5	6	34
ADD A PROTEIN										
Add CHICKEN	60	1	0	0	40	270	0	0	0	13
Add PORK	140	9	3.5	0	50	280	1	0	1	13
Add BEEF	100	4.5	1.5	0	45	140	1	0	0	14
Burrito										
Dos Amigos (chicken)	790	35	13	0	80	2040	81	1	7	34
Dos Amigos (beef)	830	38	15	0	95	1850	81	1	7	37
Dos Amigos (pork)	880	42	17	0	100	1980	82	1	8	37

	CALORIES	TOTAL FAT	SATURATED FAT	TRANS FAT	CHOLESTEROL	SODIUM	TOTAL CARB	DIETARY FIBER	SUGARS	PROTEIN
Global Nachos										
Gameday	980	50	20	0	85	1560	92	9	8	30
Old South BBQ	920	40	14	0	90	1530	97	4	27	30
South Philly	800	41	13	0	85	950	70	5	3	30
Spartichoke	860	47	18	0	70	1130	77	8	6	29
Tex Mex	790	36	11	0	75	1330	79	7	5	28
EXTRAS										
Guacamole	100	10	2	0	0	280	6	4	2	2
Queso Dip	160	13	8	0	35	570	5	0	4	6
Sour Cream	120	12	7	0	15	20	2	0	2	2
Salsa	15	0	0	0	0	210	2	0	1	0

	CALORIES	FAT (g)	SAT FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARB (g)	FIBER (g)	SUGAR (g)	PROTEIN (g)
Acai Energy	410	5	1	0	0	30	88	0	73	3
Apple Kiwi Kale*	380	0	0	0	0	35	94	3	88	1
Bangin' Berry	330	0	0	0	0	25	80	1	77	0
Caribbean Craze	300	0	0	0	0	25	73	1	69	0
Cookie Dough	590	19	7	0	5	570	97	1	75	13
Goin' Green*	280	0.5	0	0	0	35	70	1	57	1
Jamaican Jammer	330	0	0	0	5	200	70	1	65	12
Mango Me Crazy	320	0	0	0	0	15	80	1	74	0
Maui Mango	390	0	0	0	0	25	97	1	84	1
Oh Kale!	280	0	0	0	0	20	69	1	56	1
Orange Sunrise	330	2.5	1.5	0	10	50	73	0	68	3
PB Protein	480	12	2.5	0	5	410	69	2	63	24
Peach on the Beach	330	2.5	1.5	0	10	35	75	0	69	3
Super Red	270	2.5	1.5	0	10	45	56	0	54	3
Tropical Therapy	530	4	4	0	0	15	81	3	120	0
Vegan Power Up	320	0	0	0	0	135	71	1	67	7
Wild Strawberry	300	0	0	0	0	15	76	1	73	0

Smoothie nutritional information is based on a 20 oz. serving.