



## NUTRITIONAL GUIDE

	<i>CALORIES (ROUNDED)</i>	<i>TOTAL FAT (g) (ROUNDED)</i>	<i>SATURATED FAT (g) (ROUNDED)</i>	<i>CHOLESTEROL (mg) (ROUNDED)</i>	<i>SODIUM (mg) (ROUNDED)</i>	<i>CARBOHYDRATES (g) (ROUNDED)</i>	<i>DIETARY FIBER (g) (ROUNDED)</i>	<i>TOTAL SUGARS (g) (ROUNDED)</i>	<i>PROTEIN (g) (ROUNDED)</i>
<b>SANDWICHES-BEEF</b>									
ANGUS BURGER	420	23	9	70	540	31	1	1	21
DOUBLE ANGUS BURGER	670	43	17	125	740	32	1	1	35
ANGUS BURGER WITH CHEESE	470	27	11	80	750	32	1	2	23
DOUBLE ANGUS BURGER WITH CHEESE	760	51	22	145	1,150	33	1	3	39
PHILLY CHEESE STEAK	470	18	6	65	770	45	2	3	28
<b>SANDWICHES-CHICKEN</b>									
GRILLED CHICKEN SANDWICH	290	5	1	65	520	31	1	1	26
GRILLED CHICKEN SANDWICH WITH CHEESE	340	9	3.5	75	720	32	1	2	28
CRISPY CHICKEN SANDWICH	510	28	5	40	960	45	2	2	19
CHICKEN TENDERS - 4 PIECE	460	31	5	45	810	22	1	0	26
<b>VEGGIE BURGER</b>									
VEGGIE BURGER	340	11	1.5	10	910	50	5	3	11
<b>SIDES</b>									
FRESH CUT FRIES	280	20	3.5	0	150	25	3	1	3
SEASONED CURLY FRIES	260	20	4	0	420	20	2	0	2
<b>BREAKFAST</b>									
BISCUIT WITH BACON, EGG AND CHEESE	520	31	10	200	1,490	40	< 1 g	8	18
BISCUIT WITH SAUSAGE, EGG AND CHEESE	600	40	12	220	1,510	40	< 1 g	7	20
ENGLISH MUFFIN WITH BACON, EGG AND CHEESE	350	20	7	200	800	25	< 1 g	2	17
ENGLISH MUFFIN WITH SAUSAGE, EGG AND CHEESE	430	28	9	220	820	25	< 1 g	2	19
HASH BROWNS	120	8	2	0	240	13	3	< 1g	<1g
<b>BREAD</b>									
FRESH BAKED KAISER ROLL	180	3	1	10	350	31	1	1	6
FRESH BAKED SUB ROLL	250	3	1	5	490	45	2	2	9

The posted nutrition information is based on ARAMARK standard recipes. Variations may occur due to the difference in suppliers, ingredient substitution, recipe versions and product assembly. Certain items may not be available. We encourage anyone with food sensitivities, allergies, or special dietary needs to check with the location manager. For more nutritional information or individual consultations, please visit our campus dining site. © 2013 ARAMARK. All rights reserved.