**College of Health and Human Services (CHHS)**

**Office of the Dean 745-8912**

**Report to the Undergraduate Curriculum Committee**

**The following Action items are being offered for the November 22, 2011 meeting:**

|  |  |
| --- | --- |
|  | KRS- Physical Education |
| Action | Proposal to Make Multiple Revisions to a Course  PETE 415 Field Experience in Physical Education II  Contact: Elizabeth Pyle, [Elizabeth.pyle@wku.edu](mailto:Elizabeth.pyle@wku.edu), 745-5123 |
| Action | Proposal to Create a New Course  PEMS 326 Physical Education Movement Studies Practicum I  Contact: Elizabeth Pyle, [Elizabeth.pyle@wku.edu](mailto:Elizabeth.pyle@wku.edu), 745-5123 |
| Action | Proposal to Create a New Course  PEMS 426 Physical Education Movement Studies Practicum II  Contact: Elizabeth Pyle, [Elizabeth.pyle@wku.edu](mailto:Elizabeth.pyle@wku.edu), 745-5123 |
| Action | Proposal to Revise a Program  587 Bachelor of Science in Physical Education  Contact: Elizabeth Pyle, [Elizabeth.pyle@wku.edu](mailto:Elizabeth.pyle@wku.edu), 745-5123 |
|  | KRS- Exercise Science |
| Action | Proposal to Revise Course Credit Hours  EXS 412 Exercise Testing and Prescription  Contact: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745-6035 |
| Action | Proposal to Revise Course Credit Hours  EXS 420 Clinical Exercise Physiology  Contact: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745-6035 |
| Action | Proposal to Revise Course Credit Hours  EXS 446 Biomechanics  Contact: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745-6035 |
| Action | Proposal to Create a New Course  EXS 498 Capstone Research Experience in Exercise Science  Contact: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745-6035 |
| Action | Proposal to Revise a Program  554 Exercise Science  Contact: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745-6035 |
|  | Public Health |
| Action | Proposal to Create a New Course  PH 472 Illicit Drug Policy in the US  Contact: John B. White, PhD, [john.white@wku.edu](mailto:john.white@wku.edu), 745-5867 |

Proposal Date: 10/3/2011

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Make Multiple Revisions to a Course**

**(Action Item)**

Contact Person: Elizabeth Pyle; [elizabeth.pyle@wku.edu](mailto:elizabeth.pyle@wku.edu); 745-5123

**1. Identification of course:**

* 1. Current course prefix and number: PETE 415
  2. Course title: Field Experience in Physical Education II
  3. Credit hours: 2

**2. Revise course title:**

* 1. Current course title: n/a
  2. Proposed course title: n/a
  3. Proposed abbreviated title: n/a
  4. Rationale for revision of course title: n/a

**3. Revise course number:**

* 1. Current course number: n/a
  2. Proposed course number: n/a
  3. Rationale for revision of course number: n/a

**4. Revise course prerequisites/corequisites/special requirements:**

4.1 Current prerequisites: none

4.2 Proposed prerequisites: Students in the PETE concentration must meet all requirements for admission into the teacher education program and be admitted into teacher education prior to registering for PETE 415.

4.3 Rationale for revision of course prerequisites: To make it perfectly clear that admittance into teacher education must be completed prior to this class

4.4 Effect on completion of major/minor sequence: none

**5. Revise course catalog listing:**

* 1. Current course catalog listing:

Field-based experiences in adolescent/young adulthood emphasizing the abilities to understand, recognize, analyze, and demonstrate a range of teaching skills.

* 1. Proposed course catalog listing:

Field-based experience in secondary physical education emphasizing the abilities to understand, recognize, analyze, and demonstrate a range of teaching skills in a secondary school context.

* 1. Rationale for revision of course catalog listing: Since this field experience is intended for teacher certification in physical education the language should reflect that these experiences are in a school setting.

**6. Revise course credit hours:**

* 1. Current course credit hours: n/a
  2. Proposed course credit hours: n/a
  3. Rationale for revision of course credit hours: n/a

**7. Proposed term for implementation:** Fall 2012

**8. Dates of prior committee approvals:**

KRSDepartment: October 3, 2011

CHHS Undergraduate Curriculum Committee October 31, 2011

Professional Education Council November 9, 2011

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Course Inventory Form**

Proposal Date: 10/3/2011

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Create a New Course**

**(Action Item)**

Contact Person: Elizabeth Pyle; [elizabeth.pyle@wku.edu](mailto:elizabeth.pyle@wku.edu); 745-5123

**1. Identification of proposed course:**

* 1. Course prefix and number: PEMS 326
  2. Course title: Physical Education Movement Studies Practicum I
  3. Abbreviated course title: PE Move Studies Practicum I
  4. Credit hours: 2
  5. Type of course: practicum
  6. Prerequisites/corequisites: Junior standing or permission of instructor.
  7. Course catalog listing:

Field-based experiences in appropriate early/middle childhood non-school settings emphasizing the abilities to understand, recognize, analyze, and demonstrate a range of physical activity teaching skills. Students are responsible for their own transportation to and from practicum sites.

**2. Rationale:**

* 1. Reason for developing the proposed course: To separate the Movement Studies practicum experience (non-certification) from the PETE field experience (certification) in order to eliminate confusion of this PEMS concentration requirement.
  2. Projected enrollment in the proposed course: 10
  3. Relationship of the proposed course to courses now offered by the department: Several programs in KRS currently offer a practicum/internship: EXS 296 (Practicum in Exercise Science); EXS 496 (Internship in Exercise Science); SPM 490 (Internship in Sport Management); REC 490 (Internship Recreation); REC 493 (Recreation Practicum); PETE 322 (Field Experience I); PETE 415 (Field Experience II).
  4. Relationship of the proposed course to courses offered in other departments: Practicum experiences are offered by other departments throughout the WKU:

FACS 313 (Practicum Human Environment); ENG 409 (Practicum Writing Instruction); LEAD 400 (Practicum in Leadership); PERF 461 (PA Practicum Theatre in Diversion); MKT 490 (Practicum/Marketing).

* 1. Relationship of the proposed course to courses offered in other institutions: Similar practicum courses offered in other benchmark institutions:

Western Illinois: ENG 495 (Internship); RPTA 499 (Internship Leisure Services);

Middle Tennessee State: ART 4330 (Internship); ECON 489 (Internship in Economics); PHED 4250 (Internship Physical Education); Eastern Michigan:

FRNH 488 (Internship); GEOG 489 (Internship); and Eastern Kentucky: ANT 439 (Practicum in Archaeology); PHE 470 (Internship: Sport Management); PHE 472 (Internship: Physical Fitness and Wellness Management)**.**

**3. Discussion of proposed course:**

* 1. Course objectives:
* Participate in individual and group opportunities for students to apply knowledge in the field of movement studies in a variety of approved settings.
* Develop an appreciation for diversity and similarities of early/middle childhood age children in settings outside the traditional educational setting.
* Gain a greater understanding of the role of physical activity/movement in the lives of children.
* Prepare for careers in the context of movement studies/physical activity.
  1. Content outline:
* Practicum overview and requirements
* Diversity and cultural awareness
* Participation at practicum location
* Practicum portfolio
* Field supervisor evaluation
* Site/agency evaluation
  1. Student expectations and requirements: A minimum of 60 contact hours in the practicum experience. Instructor will assess the students based on:
* Participation and completion of practicum hours
* Professional and teamwork skills demonstrated at the practicum site (field supervisor report)
* Portfolio
  1. Tentative texts and course materials: Practicum Guidelines

**4. Resources:**

* 1. Library resources: adequate
  2. Computer resources: adequate

**5. Budget implications:**

* 1. Proposed method of staffing: current faculty/staff
  2. Special equipment needed: none
  3. Expendable materials needed: none
  4. Laboratory materials needed: none

**6. Proposed term for implementation:** Fall 2012

**7. Dates of prior committee approvals:**

KRS Department/Division: October 3, 2011

CHHS Curriculum Committee October 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Bibliography, Library Resources Form**, **Course Inventory Form**

Proposal Date: 10/3/2011

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Create a New Course**

**(Action Item)**

Contact Person: Elizabeth Pyle; [elizabeth.pyle@wku.edu](mailto:elizabeth.pyle@wku.edu); 745-5123

**1. Identification of proposed course:**

* 1. Course prefix and number: PEMS 426
  2. Course title: Physical Education Movement Studies Practicum II
  3. Abbreviated course title: PE Move Studies Practicum II
  4. Credit hours: 2
  5. Type of course: practicum
  6. Prerequisites: PEMS 326; senior standing or permission of instructor.
  7. Course catalog listing:

Field-based experiences in appropriate adolescent, young adult /adult non- school settings emphasizing the abilities to understand, recognize, analyze, and demonstrate a range of physical activity teaching skills. Students are responsible for their own transportation to and from practicum sites.

**2. Rationale:**

* 1. Reason for developing the proposed course: To separate the Movement Studies practicum experience (non-certification) from the PETE field experience (certification) in order to eliminate confusion of this PEMS concentration requirement.
  2. Projected enrollment in the proposed course: 10
  3. Relationship of the proposed course to courses now offered by the department: Several programs in KRS currently offer a practicum/internship: EXS 296 (Practicum in Exercise Science); EXS 496 (Internship in Exercise Science); SPM 490 (Internship in Sport Management); REC 490 (Internship Recreation); REC 493 (Recreation Practicum); PETE 322 (Field Experience I); PETE 415 (Field Experience II).

2.4 Relationship of the proposed course to courses offered in other departments: Practicum experiences are offered by other departments throughout the WKU: FACS 313 (Practicum Human Environment); ENG 409 (Practicum Writing Instruction); LEAD 400 (Practicum in Leadership); PERF 461 (PA Practicum Theatre in Diversion); MKT 490 (Practicum/Marketing).

2.5 Relationship of the proposed course to courses offered in other institutions: Similar practicum courses offered in other benchmark institutions:

Western Illinois: ENG 495 (Internship); RPTA 499 (Internship Leisure Services);

Middle Tennessee State: ART 4330 (Internship); ECON 489 (Internship in Economics); PHED 4250 (Internship Physical Education); Eastern Michigan:

FRNH 488 (Internship); GEOG 489 (Internship); and Eastern Kentucky: ANT 439 (Practicum in Archaeology); PHE 470 (Internship: Sport Management); PHE 472 (Internship: Physical Fitness and Wellness Management)**.**

**3. Discussion of proposed course:**

* 1. Course objectives:
* Participate in individual and group opportunities for students to apply knowledge in the field of movement studies in a variety of approved settings.
* Develop an appreciation for diversity and similarities of adolescents, young adult/adult populations in movement/physical activity in a variety of settings.
* Gain a greater understanding of the role of physical activity/movement in the lives of adolescents, young adults and adults.
* Prepare for careers in the context of movement studies/physical activity.
  1. Content outline:
* Practicum overview and requirements
* Diversity and cultural awareness in context to a number of settings and locations
* Participation at practicum location
* Practicum portfolio
* Field supervisor evaluation
* Site/agency evaluation
  1. Student expectations and requirements: A minimum of 60 contact hours in the practicum experience. Instructor will assess the students based on:
* Participation and completion of practicum hours
* Professional and teamwork skills demonstrated at the practicum site (field supervisor report)
* Portfolio
  1. Tentative texts and course materials: Practicum Guidelines

**4. Resources:**

* 1. Library resources: adequate
  2. Computer resources: adequate

**5. Budget implications:**

* 1. Proposed method of staffing: current faculty/staff
  2. Special equipment needed: none
  3. Expendable materials needed: none
  4. Laboratory materials needed: none

**6. Proposed term for implementation: Fall 2012**

**7. Dates of prior committee approvals:**

KRSDepartment/Division: October 3, 2011

CHHS Curriculum Committee October 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Bibliography, Library Resources Form**, **Course Inventory Form**

Proposal Date: 10/3/2011

**College of Health & Human Services**

**Department of Kinesiology, Recreation & Sport**

**Proposal to Revise a Program**

**(Action Item)**

Contact Person: Elizabeth Pyle; [elizabeth.pyle@wku.edu](mailto:elizabeth.pyle@wku.edu); 745-5123

**1. Identification of program:**

* 1. Current program reference number: 587
  2. Current program title: Bachelor of Science in Physical Education
  3. Credit hours: 73 hour major (48 hours in core plus 25 hours in concentration)

**2. Identification of the proposed program changes:**

* Modify the Physical Education major
  + Revise Core Curriculum
  + Remove PETE 322 and PETE 415 from core
  + Add PETE 322 and PETE 415 specific to PETE concentration (teacher certification)
  + Add PEMS 326 and PEMS 426 specific to PEMS concentration (non-certification)
  + Remove PETE 325 from core and add PE 483

**3. Detailed program description:**

**Current Program Proposed Program**

|  |  |
| --- | --- |
| Program Description (WKU catalog) | New Program Description |
| The major in Physical Education (reference number 587) is designed to develop positive teaching skills in physical activity and to meet the needs for the development of qualified teachers in public/private schools or business settings or community agencies**.** The major requires 73 semester hours leading to a Bachelor of Science in Physical Education. Students, who complete the professional education requirements with Physical Education Teacher Education concentration, may be certified in the teacher education program. Students in the Physical Education major must complete the following core courses: PE 111, 121, 122, 123, 211, 212, 220, 222, 223, 300, 310, 311, 313, 314, 319, 320, **322**, 324, **325**, **415**, and 416. BIOL 131 is a prerequisite for PE 310 and 311. Students need to select one of the two concentrations: 1) Physical Education Teacher Education, or 2) Physical Education Movement Studies (Non-Certification). The Physical Education Teacher Education concentration requires: EDU 250, EXED 330, PSY 310, SEC 478, SEC 489, ELED 490, and SEC 490 (25 hours). The Physical Education Movement Studies (Non-Certification) concentration requires 25 total hours (half ofwhich must be at the 300-400 level) with 12 hours ofadvisor approved electives and 13 hours from the following: SFTY 171, FACS 111. PH 381, PH 467, PH 385, PH 390 and PH 456.Students majoring in Physical Education are required to meet with their advisor before enrolling for the next semester. A Health Education minor is recommended for all Physical Education Teacher Education majors. Students must maintain a “C” or better in each course in the major. | The major in Physical Education (reference number 587) is designed to develop positive teaching skills in physical activity and to meet the needs for the development of qualified teachers in public/private schools or business settings or community agencies. The major requires 73 semester hours leading to a Bachelor of Science in Physical Education.  Students, who complete the professional education requirements with the physical education teacher education concentration, may be certified in the teacher education program. Students in the physical education major must complete  the following core courses: PE 111, 121, 122, 123, 211, 212, 220, 222, 223, 300, 310, 311, 313, 314, 319, 320, 324, **483** and 416. BIOL 131 is a prerequisite for PE 310 and 311.  Students need to select one of the two concentrations: 1) Physical Education Teacher Education, or 2) Physical Education Movement Studies (non-certification). The Physical Education Teacher Education concentration requires the following **29 hours: PETE 322**, **PETE 415**, EDU 250, EXED 330, PSY 310, SEC 478, SEC 489, **and two of the following**: ELED 490, SEC 490 and **MGE 490**. The Physical Education Movement Studies (Non-Certification) concentration **requires 29** total hours (half of which must be at the 300- or 400-level); **PEMS 326 and PEMS 426 are required for this concentration.**  In addition, 12 hours of advisor approved electives and 13 hours from the following: SFTY 171, FACS 111, PH 381, PH 467, PH 385, PH 390, and PH 456. PEMS 326 and PEMS 426 are required for the Movement Studies concentration.  Students majoring in physical education are required to meet with their advisor before enrolling for the next semester.  A health education minor is recommended for all physical education teacher education majors.  Students must maintain a “C” or better in all coursework for this major. **Students in the PETE concentration must meet all requirements for admission into the teacher education program and be admitted into teacher education prior to registering for PETE 415 and SEC 478.** |

**Current Program Proposed Program**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Physical Education (Teacher Education) |  |  |  | Physical Education (Teacher Education) |  |
| PE | 111 | Movement Themes and Concepts I | 2 | PE | 111 | Movement Themes and Concepts I | 2 |
| PE | 121 | Dance & Rhythm. Act. | 2 | PE | 121 | Dance & Rhythm. Act. | 2 |
| PE | 122 | Foundations of Kinesiology | 3 | PE | 122 | Foundations of Kinesiology | 3 |
| PE | 123 | Movement Themes and Concepts II | 2 | PE | 123 | Movement Themes and Concepts II | 2 |
| PE | 211 | Net/Wall & Target Sports | 2 | PE | 211 | Net/Wall & Target Sports | 2 |
| PE | 212 | Striking/Fielding & Inv. Sp | 2 | PE | 212 | Striking/Fielding & Inv. Sports | 2 |
| PE | 220 | Skill Progression and Assessment | 2 | PE | 220 | Skill Progression and Assessment | 2 |
| PE | 222 | Fitness/Wellness Applications | 2 | PE | 222 | Fitness/Wellness Applications | 2 |
| PE | 223 | Introduction to Teaching Phys. Ed | 3 | PE | 223 | Introduction to Teaching Phys. Ed | 3 |
| PE | 300 | Outdoor Education Act. | 2 | PE | 300 | Outdoor Education Act. | 2 |
| PE | 310 | Kinesiology | 3 | PE | 310 | Kinesiology | 3 |
| PE | 311 | Exercise Physiology | 3 | PE | 311 | Exercise Physiology | 3 |
| PE | 313 | Motor Development | 3 | PE | 313 | Motor Development | 3 |
| PE | 314 | Physical Education Curriculum | 3 | PE | 314 | Physical Education Curriculum | 3 |
| PE | 319 | Adapted Physical Education | 3 | PE | 319 | Adapted Physical Education | 3 |
| PE | 320 | Methods in Early & Middle Childhood Physical Education | 2 | PE | 320 | Methods in Early & Middle Childhood Physical Education | 2 |
| **PE** | **322** | **Field Experience in Physical Ed. I** | **2** |  |  |  |  |
| PE | 324 | Evaluation in P.E. | 3 | PE | 324 | Evaluation in P.E. | 3 |
| PE | **325\*** | **Applied Exercise Physiology\*** | **1\*** | **PE** | **483** | **Technology Application in Phys. Ed** | **1** |
| **PE** | **415** | **Field Experience in Physical Ed. II** | **2** |  |  |  |  |
| PE | 416 | Special Topics in Physical Education | 1 | PE | 416 | Special Topics in Physical Education | 1 |
|  |  | **Total Core** | **48** |  |  | **Total Core** | **44** |
|  |  |  |  |  |  |  |  |
|  |  | Teacher Education Concentration |  |  |  | Teacher Education Concentration |  |
|  |  |  |  | **PETE** | **322** | **Field Experience in PE I** | 2 |
|  |  |  |  | **PETE** | **415** | **Field Experience in PE II** | 2 |
| EDU | 250 | Introduction to Teacher Education | 3 | EDU | 250 | Introduction to Teacher Education | 3 |
| PSY | 310 | Educ. Psy. Dev. and Learning | 3 | PSY | 310 | Educ. Psy. Dev. and Learning | 3 |
| EXED | 330 | Intro to Except. Ed. and Div. | 3 | EXED | 330 | Intro to Except. Ed. and Div. | 3 |
| SEC | 478 | Teaching Physical Education | 3 | SEC | 478 | Teaching Physical Education | 3 |
| SEC | 489 | Student Teaching Seminar | 3 | SEC | 489 | Student Teaching Seminar | 3 |
|  |  |  |  |  |  | **Two of the following courses** |  |
| SEC | 490 | Student Teaching | 5 | SEC | 490 | Student Teaching | 5 |
| ELED | 490 | Student Teaching Elementary | 5 | ELED | 490 | Student Teaching Elementary | 5 |
|  |  |  |  | **MGE** | **490** | **Student Teaching** | **5** |
|  |  | **Total -Teacher Education** | **25** |  |  | **Total - Teacher Education** | **29** |
|  |  | Core + Concentration | 73 |  |  | Core + Concentration | 73 |
|  |  |  |  |  |  |  |  |
|  |  | Physical Education Movement Studies (Non-Certification) |  |  |  | Physical Education Movement Studies (Non-Certification) |  |
|  |  | **Total Core** | **48** |  |  | **Total Core** | **44** |
|  |  |  |  |  |  |  |  |
|  |  | Movement Studies Concentration |  |  |  | Movement Studies Concentration |  |
|  |  |  |  | **PEMS** | **326** | **Movement Studies Practicum I** | **2** |
|  |  |  |  | **PEMS** | **426** | **Movement Studies Practicum II** | **2** |
|  |  |  |  |  |  |  |  |
|  |  | From the following courses: | 13 |  |  | From the following courses: | 13 |
| SFTY | 171 | Safety and First Aid (1) |  | SFTY | 171 | Safety and First Aid (1) |  |
| FACS | 111 | Human Nutrition (3 credits) |  | FACS | 111 | Human Nutrition (3 credits) |  |
| PH | 381 | Community Health (3 credits) |  | PH | 381 | Community Health (3 credits) |  |
| PH | 467 | Drug Abuse Education (3 credits) |  | PH | 467 | Drug Abuse Education (3 credits) |  |
| PH | 385 | Environmental Health (3 credits) |  | PH | 385 | Environmental Health (3 credits) |  |
| PH | 390 | Wellness and Fitness Assessment  (3 credits) |  | PH | 390 | Wellness and Fitness Assessment  (3 credits) |  |
| PH | 456 | Independent Study (3 credits) |  | PH | 456 | Independent Study (3 credits) |  |
|  |  | Approved Electives | 12 |  |  | Approved Electives | 12 |
| **Total** |  | **Physical Education Movement Studies (Non-Certification)** | **25** | **Total** |  | **Physical Education Movement Studies (Non-Certification)** | **29** |
|  |  | Core + Concentration | 73 |  |  | Core + Concentration | 73 |

* **Explanation of asterisk\* PE 325 – inadvertently a previous course number was used; the original program revision was written and passed with PE 325 titled as Technology Application in Phys. Ed for 1 hour credit. It was just recently discovered that PE 325 is an old course titled Applied Exercise Physiology for 3 credit hours, and that PE 483 titled Technology Application in Physical Education for 1 credit hour is still an active course in Banner.**

**4. Rationale for the proposed program change:** To delineate the exact field experience and practicum requirements for each concentration thus eliminating any potential confusion.Correction of error regarding course number and title PE 385/483.

.

**5. Proposed term for implementation:** Fall 2012

**6. Dates of prior committee approvals:**

KRSDepartment: October 3, 2011

CHHS Undergraduate Curriculum Committee October 31,2011

Professional Education Council November 9, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_

**Attachment: Program Inventory Form**

Proposal Date: 8/23/11

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Revise Course Credit Hours**

**(Action Item)**

Contact Person: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745.6035

**1. Identification of course:**

* 1. Current course prefix and number: EXS 412
  2. Course title: Exercise Testing and Prescription
  3. Credit hours: 4

**2. Proposed course credit hours:** 0 OR 4

**3. Rationale for the revision of course credit hours:** We are changing this course from “fixed” credit hours to “variable” credit hours. This will allow us to offer multiple lab sections to be taken concurrently with a lecture section. We have, to this point, only had one lab section that was simply scheduled as an “alternate” class meeting time. However, due to our number of students and the need for quality lab instruction, offering multiple smaller lab sections is necessary.

**4. Proposed term for implementation:** Fall 2012

**5. Dates of prior committee approvals:**

KRSDepartment: \_\_\_10/3/11\_\_\_\_\_\_\_\_\_

CHHS Undergraduate Curriculum Committee Oct. 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Course Inventory Form**

Proposal Date: 8/23/11

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Revise Course Credit Hours**

**(Action Item)**

Contact Person: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745.6035

**1. Identification of course:**

* 1. Current course prefix and number: EXS 420
  2. Course title: Clinical Exercise Physiology
  3. Credit hours: 4

**2. Proposed course credit hours:** 0 OR 4

**3. Rationale for the revision of course credit hours:** We are changing this course from “fixed” credit hours to “variable” credit hours. This will allow us to offer multiple lab sections to be taken concurrently with a lecture section. We have, to this point, only had one lab section that was simply scheduled as an “alternate” class meeting time. However, due to our number of students and the need for quality lab instruction, offering multiple smaller lab sections is necessary.

**4. Proposed term for implementation:** Fall 2012

**5. Dates of prior committee approvals:**

KRSDepartment: \_\_10/3/11\_\_\_\_\_\_\_\_\_\_

CHHS Undergraduate Curriculum Committee Oct. 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Course Inventory Form**

Proposal Date: 8/23/11

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Revise Course Credit Hours**

**(Action Item)**

Contact Person: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745.6035

**1. Identification of course:**

* 1. Current course prefix and number: EXS 446
  2. Course title: Biomechanics
  3. Credit hours: 4

**2. Proposed course credit hours:** 0 OR 4

**3. Rationale for the revision of course credit hours:** We are changing this course from “fixed” credit hours to “variable” credit hours. This will allow us to offer multiple lab sections to be taken concurrently with a lecture section. We have, to this point, only had one lab section that was simply scheduled as an “alternate” class meeting time. However, due to our number of students and the need for quality lab instruction, offering multiple smaller lab sections is necessary.

**4. Proposed term for implementation:** Fall 2012

**5. Dates of prior committee approvals:**

KRSDepartment: \_\_\_\_10/3/11\_\_\_\_\_\_\_\_

CHHS Undergraduate Curriculum Committee Oct. 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Course Inventory Form**

Proposal Date: 8/23/11

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Create a New Course**

**(Action Item)**

Contact Person: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745.6035

**1. Identification of proposed course:**

* 1. Course prefix and number: EXS 498
  2. Course title: Capstone Research Experience in Exercise Science
  3. Abbreviated course title: Capstone Res Exp Exer Science
  4. Credit hours and contact hours: 6 credit hours/300 contact hours
  5. Type of course: Lab/research
  6. Prerequisites/corequisites: EXS 325, EXS 412, senior standing, declared exercise science major and minimum cumulative GPA of 2.5 at the time of registration for EXS 498, and permission of instructor.
  7. Course catalog listing: This course is designed to allow students who have a strong interest in the research process, and who intend to pursue graduate studies in exercise physiology or a related discipline, to gain valuable laboratory experience by working directly with an exercise science faculty member on a semester-long research project. Students may take this course in place of completing an internship.

**2. Rationale:**

* 1. Reason for developing the proposed course: This class is being added as a senior-level course that exercise science students may choose to take instead of completing an internship. It is directed towards those students that intend to pursue graduate studies, particularly those that intend to enter a Master’s program in exercise science or a related field. This research experience will serve as an excellent preparatory course for those students interested in the research process.
  2. Projected enrollment in the proposed course: It is anticipated that this course will be available to 5 – 10 students each semester. As the exercise science program currently has five full-time faculty members, this would allow for a maximum of two students per faculty member per semester.
  3. Relationship of the proposed course to courses now offered by the department: None
  4. Relationship of the proposed course to courses offered in other departments: None
  5. Relationship of the proposed course to courses offered in other institutions: Similar undergraduate research opportunities that are specific to exercise science majors are offered by some of Western Kentucky University’s benchmark institutions. The institution, course number, and course title are listed below:
* Indiana State University: PE 443: Special Topics in Physical Education
* Northern Arizona University: EXS 485: Undergraduate Research

**3. Discussion of proposed course:**

* 1. Course objectives:
* To understand the reasons for conducting research
* To provide experience in reading published research and searching for a valid question.
* To provide experience in developing a research plan.
* To understand how a researcher controls research and conducts research ethically.
* To be able to differentiate between the different types of research.
* To provide experience with data analysis and SPSS.
* To develop the ability to design a basic research proposal.
* To provide experience in writing a research report and preparing for presentation/publication.
  1. Content outline:
* The nature and purpose of research
* Understanding the research process
* Searching the literature
* Developing the research plan
* Ethical concerns in research
* Selection of research participants
* Reading and evaluating research reports
* Different types of research
* Descriptive data analysis
* Inferential data analysis
* Measurement in research
* Developing a research proposal
* Writing a research report
  1. Student expectations and requirements: This will be a directed course in that the student will be responsible for working with a faculty member to develop a research question, review the literature, formulate the methodology, carry out the data collection, analyze the data, and write a professional research paper.
  2. Tentative texts and course materials:

Baumgartner, TA and LD Hensley. (2006). *Conducting and Reading Research in Health and Human Performance (4th edition).* New York, NY: McGraw-Hill.

Thomas, JR, JK Nelson, and SJ Silverman. (2005). *Research Methods in Physical Activity (5th edition).* Champaign, IL: Human Kinetics.

Pyrczak, F. (2007). *Evaluating Research in Academic Journals: a Practical Guide to Realistic Evaluation (4th edition).* Glendale, CA: Pyrczak.

Pan, ML. (2007). *Preparing Literature Reviews: Qualitative and Quantitative Approaches (3rd edition).* Glendale, CA: Pyrczak.

**4. Resources:**

* 1. Library resources: Adequate (pending)
  2. Computer resources: Adequate

**5. Budget implications:**

* 1. Proposed method of staffing: Course will be taught by an exercise science faculty member
  2. Special equipment needed: None
  3. Expendable materials needed: None
  4. Laboratory materials needed: None

**6. Proposed term for implementation:** Fall 2012

**7. Dates of prior committee approvals:**

KRS Department: \_\_10/3/11\_\_\_\_\_\_\_\_\_\_\_

CHHS Undergraduate Curriculum Committee Oct. 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Bibliography, Library Resources Form**, **Course Inventory Form**

Proposal Date: 8/23/11

**College of Health and Human Services**

**Department of Kinesiology, Recreation and Sport**

**Proposal to Revise A Program**

**(Action Item)**

Contact Person: Scott Lyons, [scott.lyons@wku.edu](mailto:scott.lyons@wku.edu), 745.6035

**1. Identification of program:**

* 1. Current program reference number: 554
  2. Current program title: Exercise Science
  3. Credit hours: 55

**2. Identification of the proposed program changes:**

1. Elimination of the “six hours of upper-level major electives” (sub category 2 in iCap).

These will be replaced by EXS 310 (Kinesiology) and EXS 455 (Exercise and Aging). This will not alter the number of hours required for the major. **\*\*Note\*\*** EXS 310 is currently being proposed as an equivalent course to PE 310 so that we may offer it with the EXS prefix for our majors. Currently, it is only listed in the catalog as PE 310.

1. Adding EXS 498 (Capstone Research Experience) as an option for seniors to take

instead of completing EXS 496 (Internship). This will allow those students with a strong interest in research, as well as those desiring to pursue graduate studies in Exercise Physiology or a related field, to gain more applicable experience in a laboratory setting. Enrollment will be limited to 5 – 10 students per semester (no more than two per faculty member). This will not alter the number of hours required for the major.

1. Adoption of entry requirements for the Exercise Science program. Admission to the

Exercise Science program at Western Kentucky University will require the following:

1. Complete a minimum of 42-43 hours. At least one semester must have been completed at Western Kentucky University.
2. The following courses must be completed with a grade of “C” or higher:

EXS 122, EXS 223, EXS 296, FACS 111, SFTY 171, BIOL 131, CHEM 109 or CHEM 120/121, MATH 116, PSY 100, SOCL 100 or GERO 100

1. WKU and Cumulative grade point average of 2.5 or higher.
2. Submit all application materials by the required deadlines. All application materials must be received by the application date in order to be fully considered for entrance into the program. A complete application packet would include: 1) application, 2) pre-requisite coursework worksheet, and 3) resume. All 3 items should be completed and four (4) copies submitted to the program coordinator by:

For Fall Acceptance: July 1

For Spring Acceptance: November 1

**3. Detailed program description:**

**Current Program Proposed Program**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Prefix | # | Course Title | Hrs. |  | Prefix | # | Course Title | Hrs. |
| EXS | 122 | Found in Kinesiology | 3 |  | EXS | 122 | Found in Kinesiology | 3 |
| EXS | 223 | HRF – Exercise Science | 3 |  | EXS | 223 | HRF – Exercise Science | 3 |
| EXS | 296 | Practicum | 3 |  | EXS | 296 | Practicum | 3 |
| FACS | 111 | Human Nutrition | 3 |  | FACS | 111 | Human Nutrition | 3 |
| SFTY | 171 | Safety and First Aid | 1 |  | SFTY | 171 | Safety and First Aid | 1 |
|  |  |  |  |  | **EXS** | **310** | **Kinesiology** | **3** |
| EXS | 311 | Exercise Physiology | 3 |  | EXS | 311 | Exercise Physiology | 3 |
| EXS | 312 | Basic Athletic Training | 3 |  | EXS | 312 | Basic Athletic Training | 3 |
| EXS | 313 | Motor Learn and Control | 3 |  | EXS | 313 | Motor Learn and Control | 3 |
| EXS | 324 | Measurement and Eval | 3 |  | EXS | 324 | Measurement and Eval | 3 |
| EXS | 325 | Applied Exercise Phys | 3 |  | EXS | 325 | Applied Exercise Phys | 3 |
| EXS | 412 | Exercise Test and Presc | 4 |  | EXS | 412 | Exercise Test and Presc | 4 |
| EXS | 420 | Clinical Exercise Phys | 4 |  | EXS | 420 | Clinical Exercise Phys | 4 |
| EXS | 436 | Prin of Strength and Con | 3 |  | EXS | 436 | Prin of Strength and Con | 3 |
| EXS | 446 | Biomechanics | 4 |  | EXS | 446 | Biomechanics | 4 |
|  |  |  |  |  | **EXS** | **455** | **Exercise and Aging** | **3** |
| EXS | 496 | Internship | 6 |  | **EXS** | **496** | **Internship** |  |
|  |  | Major electives | 6 |  |  |  | **OR** |  |
|  |  |  |  |  | **EXS** | **498** | **Capstone Research Exp** | **6** |
|  |  |  |  |  |  |  |  |  |
| TOTALS |  | Credit Hours | 55 |  | TOTALS |  | Credit Hours | 55 |

**4. Rationale for the proposed program change:**

The rationale for eliminating the upper-level major electives in favor of simply requiring EXS 310 and EXS 455 is to create more consistency at the upper end of the major curriculum, and to add two classes to the program that the students need. EXS 310 was required in our program up until about four years ago, and should not have been dropped. Our students need the kinesiology course to strengthen their basic knowledge of the science of movement and functional anatomy. EXS 455 is being required as it is important for our students to be exposed to the role and importance of exercise as it relates to and is associated with the aging process. As our population continues to age, knowledge in this area for people in this or other related fields will become even more important. We could add these two courses to the major AND keep the electives, but that would add six hours to the major, and we do not want to put that added requirement on the students.

The rationale for adding EXS 498 as an option for some students to take in place of EXS 496 is simply to provide the opportunity for those students with a strong interest in research, as well as those desiring to pursue graduate studies in Exercise Physiology or a related field, to gain more applicable experience in a laboratory setting. Several students have requested this as an option, and we believe it will provide excellent preparation for graduate studies for those students with an interest in research.

There are numerous reasons for adopting entry requirements for the Exercise Science program. Our majors, upon graduation, enter a number of different fields (fitness management, strength and conditioning, cardiac and/or pulmonary rehabilitation, medical fitness, etc), several of which require a professional certification in addition to their college degree. These certifications, such as the fitness or the clinical tracks offered by the American College of Sports Medicine, or the certified strength and conditioning specialist exam, offered by the National Strength and Conditioning Association, are very rigorous, and students with poor academic performance **do not pass** these exams. Also, a substantial percentage of our students aspire to attend either physical therapy school, occupational therapy school, or a physician assistant program upon graduation. While a 2.5 will not gain them acceptance into any of these programs, at least they will still be within “striking distance” of being able to get their GPA above the 3.0 threshold, so they can at least get consideration (in our experience, however, usually a 3.5 GPA or higher is necessary for acceptance to these programs, considering their competitive nature). Also, implementing the 2.5 GPA minimum for acceptance will bring the Exercise Science program in line and consistent with the two other programs in our department with entry requirements (physical education and sport management). Finally, those students who desire to pursue graduate studies in exercise physiology or a related field will need at least a GPA of 2.5 to gain acceptance into any graduate program. To reinforce further this final point, consider a student who graduates with a 2.2 GPA and who happens to get a job as a technician in a cardiac rehab facility (a job which may or may not require a certification). To advance above the level of technician in that field, a graduate degree is absolutely necessary. This student will not have the GPA to get into a graduate program.

The need for creating this “pre-exercise science” program and adopting entry requirements is necessary if we want to continue to, as we currently do, keep the best interests of our students in mind. We are not being fair to them if we allow them to continue to progress through our program, graduate with below average competency, and thus not be able to parlay their college education into a meaningful career.

**5. Proposed term for implementation:** Fall 2012

**6. Dates of prior committee approvals:**

KRS Department: Oct.3, 2011

CHHS Undergraduate Curriculum Committee October 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Program Inventory Form**

September 15, 2010

**College of Health and Human Services**

**Department of Public Health**

**Proposal to Create a New Course**

**(Action Item)**

Contact Person: John B. White, PhD; [john.white@wku.edu](mailto:john.white@wku.edu); 5-5867

**1. Identification of proposed course:**

* 1. Course prefix and number: PH 472
  2. Course title: Illicit Drug Policy in the US
  3. Abbreviated course title: Illicit Drug Policy in the US
  4. Credit hours: 3
  5. Type of course: Lecture
  6. Prerequisites/corequisites: PH 100 or PH 165 or Permission of Instructor
  7. Course catalog listing: Examination of illicit drug policy in the United States and its intended and unintended outcomes. Topics include the history of illicit drug policy, current trends in drug policy enforcement, drug use and abuse, and proposed alternative policies.

**2. Rationale:**

* 1. Reason for developing the proposed course: No course offered at Western examines illicit drug policy in the US. Most courses can be divided into those that cover pharmacology of discipline specific licit drugs or those that consider illicit drug use behavior, not the larger policy issues regulating both approaches
  2. Projected enrollment in the proposed course: 20
  3. Relationship of the proposed course to courses now offered by the department: This expands on the drug taking behavior studied in PH 100 (Personal Health) and in even greater detail in PH 165 (Drug Abuse). It also provides the legal context for drug prevention programs covered in PH 382 (Peer Health Education) and PH 467 (Drug Abuse Education).
  4. Relationship of the proposed course to courses offered in other departments: This course would extend courses such as SOCL 309 (Social Deviance) and SOCL 233 (Alternatives to Confinement) which consider how society defines drug taking behavior and punishes the behavior, respectively. Other courses, such as those covering pharmacology of drugs (NURS 329, 429, & 315; & DH 206) emphasize licit drugs specific to treatment of clinical illness and not the policies defining the difference between licit and illicit drugs and the effect of these policies. Forensic Chemistry (CHEM 430) emphasizes the detection of both licit and illicit compounds and does not deal with the policies that motivate detection efforts.
  5. Relationship of the proposed course to courses offered in other institutions: neither University of Kentucky nor University of Louisville offer illicit drug policy courses. Neither do the other regional Universities.

**3. Discussion of proposed course:**

* 1. Course objectives:

Students will:

* Differentiate between federal and state illicit drug policies
* Describe major alternative strategies for illicit drug policies
* Discuss the origins of America’s current illicit drug polices
* Relate illicit drug policy to their personal experience
  1. Content outline:
* History of US Illicit Drug Policy
* Intended Effects of Illicit Drug Policy
* Unintended Effects of Illicit Drug Policy
* State Innovations in Illicit Drug Policy
* Alternate Approaches to Illicit Drug Policy
  1. Student expectations and requirements: Students will be assessed through some mix of examination, discussion board, reaction paper, project, or other methods as determined by instructor.
  2. Tentative texts and course materials: No text required. The course will use online resources (Lindesmith, DEA, etc) and readings.

**4. Resources:**

* 1. Library resources: See attached bibliography and library resources form.
  2. Computer resources: Blackboard, particularly the discussion board and content management sections.

**5. Budget implications:**

* 1. Proposed method of staffing: Existing staff can provide instruction in this course.
  2. Special equipment needed: None.
  3. Expendable materials needed: None.
  4. Laboratory materials needed: None.

**6. Proposed term for implementation:** Summer 2012

**7. Dates of prior committee approvals:**

Public Health Department \_\_\_\_\_10/04/11\_\_\_\_\_\_

CHHS Curriculum Committee Oct. 31, 2011

Undergraduate Curriculum Committee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

University Senate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attachment: Bibliography, Library Resources Form**, **Course Inventory Form**