

CEBS CLINIC



Counseling interns and co-directors of the Talley Family Counseling Center (TFCC) had the special privilege of meeting Betty Talley. Betty Talley, and her late husband, Dr. Page Talley generously bequeathed financial support for the training of family counselors. The donations were applied to the WKU Foundation to support the TFCC for counselor training and provide free counseling services to the local community.

Dr. Talley was from Russellville, KY. He was a 1953 graduate of Western Kentucky University. While he was a student at WKU, he had mentors that inspired him to pursue his higher education. He completed a master's degree at University of Mississippi and a doctoral program at University of Miami. Dr. Talley was a professor for Florida Atlantic University for 30 years in addition to having a private practice. His private practice focused on marriage counseling, which was his area of specialty. Dr. Talley treasured his time in Bowling Green as an undergraduate and attributed his time at WKU to pursuing a career in education. He valued education and had a vision of supporting a quality training facility for students in counseling and providing effective counseling services to community members. The TFCC was named after Dr. Talley to honor his dedication to the counseling profession.

Betty Talley attended the University of Mary Washington (UMW) in Fredericksburg, Virginia and obtained her degree in counseling. The Tal-

leys also generously donated support of the Talley Center for Counseling Services located at UMW. Betty Talley is currently the Director of Student Services at Indian River State College in Fort Pierce, Florida. She shares the same vision as her husband in supporting students. Dr. Talley's vision of providing a quality training experience for counseling interns as well as quality services for the community is the mission of the TFCC. During her recent visit, Mrs. Talley toured the TFCC facility located on the first floor of Gary Ransdell Hall. Additionally she was able to spend time sharing delightful stories about her husband and his life.

The Talleys believed positive experiences in counselor training are critical to providing future effective community counselors. The TFCC supports a strong training facility in addition to offering a variety of quality services to the community. Over the past few years, the TFCC has evolved to becoming a state-of-the-art facility to work with families in our community. Recently a digital recording system, Interact, was installed in each clinic room to permit recording and playback of counseling sessions. As interns review their counseling sessions, they are able to identify effective counseling skills and receive clinical supervision from the co-directors.

A variety of counseling services are offered at TFCC. Individual, group, couple, and family counseling are available. Play therapy and expressive art activities are used with children

and adolescents. There are two fully stocked play therapy rooms where children can work on counseling issues in a developmentally appropriate format. For parents needing extra support, we also offer parenting sessions to discuss issues such as positive parenting, discipline, or establishing routines. Parenting sessions can be held during the time the child is receiving play therapy sessions. In addition to offering counseling services at the TFCC, interns have participated in an outreach program. Interns hold individual and adventure based counseling groups in the local school districts and at the Housing Authority of Bowling Green to help students develop social skills. Additionally the interns are working with refugees and staff member training at the International Center of Kentucky.

Students and any community member can receive services, even if they are not affiliated with the university. All services are provided at no cost to the client, and the TFCC does not report to any insurance companies. All client names, information, and sessions are confidential. The TFCC is open on Tuesdays, Wednesdays, and Thursdays during the school semester. Information or appointments can be obtained by calling 270.745.4204.

More information can be found at www.wku.edu/talley/counseling or by contacting the co-directors at Cheryl.Wolf@wku.edu or Imelda.Bratton@wku.edu.

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