



# Office of Sustainability Food Pantry Donation List

We encourage donations that can be easily prepared with limited resources.

## Bread, Pasta, and Cereals

- Whole Wheat/Grain Bread
- Complete Pancake Mix
- Oats/Instant Oatmeal
- Rice/Minute Rice
- Pasta/Pasta Sauce
- Macaroni & Cheese
- Shelf-Stable Meals (Hormel Compleats)
- Cereal
- Baking Mixes

## Canned/Boxed Goods

- Hearty Soups
- Chili
- Canned Vegetables
- Canned Beans
- Canned Chicken/Tuna
- Chef Boyardee
- Boxed Dinners (Hamburger Helper, Pasta Roni, etc.)
- Instant Potatoes
- Canned Fruit
- Peanut Butter
- Jelly

## Snacks & Miscellaneous

- Peanut Butter Crackers
- Cheese Crackers
- Pudding Cups
- Boxed Crackers
- Granola Bars
- Applesauce
- Trail Mix/Nuts
- Dried Fruit
- Popcorn
- Pop Tarts
- Chips
- Cookies

## Drinks

- Coffee
- Teas
- 100% Fruit Juice
- Capri Suns/Juice Boxes
- Vegetable Juice
- Powdered Milk

## Toiletries

- Toothbrushes/Paste
- Shampoo/Conditioner
- Body Wash/Soap
- Deodorant
- Menstrual Products

Pantry hours vary by semester.

Check [wku.edu/sustainability](http://wku.edu/sustainability) for current pantry hours.

Contact [sustainability@wku.edu](mailto:sustainability@wku.edu) for more information