Sport Clubs Illustrated

Club of the Month: Field Hockey

October 2011
Active Clubs

Badminton
Bowling- Co Rec
BJJ/Judo
Disc Golf
Dodgeball
Fencing
Field Hockey
Lacrosse-Men
Lacrosse- Women
Paintball
Racquetball
Rugby-Men
Rugby- Women
Soccer- Men
Soccer- Women
H.O.A.
Tae Kwon Do
Tennis
Triathlon
Ultimate Frisbee- Men
Ultimate Frisbee- Women
Volleyball- Women

Upcoming Events

Men's Rugby       10/21/11  Old Boys- WKU
Women's Rugby     10/21/11  Old Girls- WKU
Women's Rugby     10/23/11  @ MTSU
BJJ/Judo          10/29/11  Super Ego Grappling Tournament
Men's Rugby       11/5/11  EKU
Women's Rugby     11/5/11  Nashville Women’s Rugby Club

Field Hockey, Making A Difference
The Field Hockey Club was founded in 2005 by Meghan Coomes. The club was founded to help get girls more involved with extracurricular activities, give girls the chance to be competitive, and to help develop leadership skills.

This year's team has the largest number of participants yet. Team president Shelby Overstreet stated, "We have 25 girls on the roster and that's more than we've ever had!" Shelby and the other 24 girls hosted a charity tournament on October 2, 2011 to raise money for the Center For Courageous Kids. There were three teams in attendance other than WKU including St. Louis University, University of Missouri, and Vanderbilt University. The team hosted the event last year and said that it was a huge success. They raised over $500 and said that the event was very family oriented. Player Caisey Whelan expected for this year's event were, “To see more participation from the school and to see more people out on the sidelines.”

Shelby also said, “I expect to see more people attending and the games should be a lot smoother than last year.”

Being a part of this team has helped Shelby meet new friends. “I have made friends with girls I never would have met and they are some of my best friends now,” Shelby commented. When asked if the club was beneficial to her Caisey replied, “I think it has because it kind of shapes who I am because I've always been involved with sports so for me to do my homework, do stuff, and then go to practice I mean it’s a good stress relief kind of thing and it’s good to be a part of a team and part of a family.” Lynsey Bradshaw was posed with the same question and replied, “For one it's nice to be involved with activities on campus, it helps develop leadership skills, and become a better person through the club since we do a lot to help out the community.”

The club has grown leaps and bounds since 2005 and continues to do so much for the community.

Game Recaps

BJJ/Judo          9/17/11  W- 1st Place
Women's Rugby     9/17/11  L- Ohio State University
Men's Soccer      9/18/11  L- U.T. Chattanooga
Field Hockey      9/18/11  W- First Place
Men's Soccer      9/25/11  L- U.T. Knoxville
Women's Volleyball 10/1/11  W-2 L-1, Vanderbilt
Disc Golf         10/1/11  5th out of 20, South East Collegeiate Open
Women's Rugby     10/1-2/11  L- Heard of Dixie Tournament
Men's Soccer      10/2/11  L- Vanderbilt
Field Hockey      10/2/11  4th Place, Topper Classic
Men’s Ultimate Frisbee 10/8-9/11  W- 3 out of 4, KY Thoroughbred Invite
Dodgeball         10/15/11  L- UK
Field Hockey      10/15/11  L- UK
BJJ/Judo          10/15/11  2 -1st Place, 2 - 2nd place, Bluegrass Open
Men’s Soccer      10/15/11  L- University of Louisville Tournament

WKU Pinning The Competition

On September 17, 2011 the Brazilian Jiu Jitsu club team traveled to the Extreme Grappling Open in Buckner, Kentucky. The competitors representing WKU were Russell Whatley and Travis Poulton. Whatley dominated the GI division at middle weight taking the gold medal and not giving up a single point to his opponents. Then Whatley took gold in the no-GI division by winning the belt in the light heavy weight intermediate division where he was fighting out of his weight class. Poulton then had the same success when he took the gold medal in the middle weight blue belt division. Whatley said their success was due to incorporating several techniques that they focused on the past few weeks of practice which were effective in securing their victories.
Meet Your Supervisors!

Name: Eric Redden  
Hometown: California, KY  
Major: Recreation Administration  
Experience: Third year

Name: Amanda Howard  
Hometown: Owensboro, KY  
Major: Recreation Administration  
Experience: Second year

Name: Chris Heatherly  
Hometown: Springfield, TN  
Major: Business Administration  
Experience: First year

Name: Nicole Hendrick  
Hometown: Bowling Green, KY  
Major: Exercise Science  
Experience: First year

Name: Molly Tarter  
Hometown: Bowling Green, KY  
Major: Exercise Science  
Experience: First year

FAQ’s

What are Sport Clubs?

A Sport Club is a group of students, faculty, and/or staff at Western Kentucky University organized for the purpose of furthering their common interests in a sport and/or recreational activity through participation and competition. Clubs may be competitive, recreational, and/or instructional in nature. Sport Clubs are meant to be a learning experience for the members through their involvement in fundraising, public relations, organization, administration, budgeting, and scheduling, as well as through the development of skills in their particular sport.

How do I START a new Sport Club?

Please contact the Sport Clubs Coordinator or Graduate Assistant, (270) 745-6060, or visit the Sport Club office located upstairs in the Preston Health and Activities Center to set up a meeting to discuss the process of starting a new Sport Club.

Who is eligible to join a Sport Club team?

Any full-time faculty/staff/student of Western Kentucky University is eligible to participate in sport clubs. Part-time students that pay a $35 fee are eligible for participation. Faculty/staff and part-time students that are Non-Preston Center members can pay a $35 fee to participate in sport clubs. However, each club must check with their league to see their participation requirements.

Contact Information

www.wku.edu/sportclubs  
Phone: (270) 745-6060  
Find us online: