

Practicum Site	University of Louisville Trager Institute Republic Bank Foundation Optimal Aging Clinic 204 E. Market St., Suite A, Louisville, Ky 40202 502-588-4340
Web Address:	www.tragerinstitute.org
Contact Person/ On-Site Supervisor:	Sam Cotton, Ph.D., MSSW, sam.cotton@louisville.edu Erica Osborne, MA erica.osborne@louisville.edu Misty Kupka, MSW, misty.kupka@louisville.edu
Site Description:	The UofL Trager Institute that includes The Republic Bank Foundation Optimal Aging Clinic is a whole health facility focusing on lifelong health and wellbeing. We provide physical and mental health clinical services to patients so that they can maintain their health as they age. Our clinic is grounded in our trademark FlourishCare program, an integrated life-long wellness care approach that is focused on lifestyle and preventative care for adults of all ages, including specialized care for those patients 65 and older. Our facility on E. Market Street features state-of-the-art exam rooms, behavioral health therapy rooms, and we are in the process of developing a healthy training kitchen. As part of our mosaic of life-long wellness services, we provide annual wellness exams, wellness/lifestyle medicine, medication management, therapy, chronic disease management, falls prevention, brain health, and advanced care planning. We also offer telehealth and teletherapy services to meet all of our patient's needs. We provide students an array of opportunities in furthering their education including micro, mezzo and macro experiences. The Trager Behavioral Health Service Organization provides clinical therapeutic services to an array of clients that focus on the evaluation, diagnosis and treatment of emotional disorders and mental illness as related to the total health of the individual. There are sufficient patients to secure necessary program hours including the opportunity to expand systems to include couple or family therapy. Students are also allowed to initiate group therapy for mental health issues that students are interested in and create groups that serve our clients wellbeing. Students who are interested in macro experiences have a large choice of programs to engage with that will provide exceptional experience in program management and community engagement.
Diversity Issues:	Students are expected to be respectful to persons of all ethnic, racial, sexual orientation, and religious backgrounds. Some training in diversity issues will be provided. Ethnic minorities, people of color, LGBTQ, and multilingual students are critical to our diversity mission and encouraged to apply.
Training Staff:	Sam Cotton, Ph.D., MSSW, Erica Osborne, MA, Misty Kupka, MSW, Joseph D'Ambrosio, Ph.D., JD, LMFT, LCSW, Leo Bowman, MSSW/CSW, Dena Wilson, MSSW/CSW, Kennette Rightnour MSSW/CSW, Payton Kruer MSSW/CSW, Alison Hanlein MSSW/CSW, Barbara Gordon, MA
Compensation:	Varies depending on availability of grant funding
Background Check/Requirements:	Students should not have any criminal history. Background check, drug screening, TB skin test, record of flu shot or proof of exemption, and proof of Hepatitis B vaccine will be required.

Informational Interview:	Interview required. Once your WKU Field Coordinator refers you to Trager, please coordinate with Dr. Cotton, Ms. Osborne, and Ms. Kupka to complete a Trager application and schedule a virtual interview.
Any required days students would need to be on site?	Flexible, in that students can make their own schedules, but they must be present for mandatory weekly Wednesday Workshops from 8am-1pm (which includes group supervision, case conceptualization meetings, and behavioral health trainings). Due to various grant goals that require students to receive a wide variety of trainings in addition to direct service with patients/clients/caregivers, all social work students (BSW & MSSW) are required to complete 20 hrs/wk in practicum, even if their program requires less hours. Our facilities are open Monday- Friday 8am- 5pm.
What is the expectation of the site during academic holidays (e.g., spring break, winter break, etc.)?	Students do not need to be in the office over holiday breaks, but it is expected they will be available by phone or email in the event of a patient crisis. It is also expected that students will communicate to patients when they are going to be out on break and make sure that they have the clinic contact information. Many patients are severe and will need to be seen during longer breaks if it would be detrimental to their mental health to miss sessions over an extended period. Thus, students should not plan vacations longer than 1 week, and coordinate this with the site. Students must make up any hours missed for any reason other than holidays.
Additional information:	https://www.tragerinstitute.org/clinic