

Curriculum Vita

Whitney Cassity-Caywood Ph.D., L.C.S.W.

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EDUCATION:

May 2005 Ph.D. in Social Work: University of Louisville/University of Kentucky
Dissertation: The Housing Realities of Persons with Severe and Persistent Mental Illnesses in Rural Areas

May 1999 M.S.S.W.: University of Louisville

May 1997 B.A.: Transylvania University, *magna cum laude*

EMPLOYMENT:

8/2020-present Murray State University: Assistant Professor

8/2017-8/2020 Murray State University: Instructor in Social Work

8/2006-5/2017 Murray State University: Adjunct Faculty in Social Work

Courses Taught: SWK 102 *Introduction to Human Services*
SWK 201 *Social Work and Social Welfare*
SWK 308 *Interviewing Skills*
SWK 350 *Social Welfare Policies and Services*
SWK 305 *Services for Older Americans*
SWK 385 *Social Work in Mental Health Settings*
SWK 424 *Case Management*
SWK 365 *Crisis Intervention*
SWK 371 *Biopsychosocial Aspects of Aging*
SWK 370 *Gerontological Social Work Theory*
SWK 355 *Perspectives on Women*

4/2002-present Licensed Clinical Social Worker: provide individual, marital and family counseling, clinical supervision, and clinical training. Major treatment orientations are Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy, Mindfulness and Solution Focused Interventions.

4/2019-present Clinical Consultant for Lotus, Paducah, KY: provide individual and

group supervision to clinicians in-training and fully licensed clinicians from a variety of disciplines. Consult with program administrators on clinical professional development. Assist the agency with program evaluation and outcome data collection and analysis.

6/2008-2/2009 **Western Kentucky University:** Adjunct Faculty in Social Work
Courses Taught: SWK 560 *Foundation Field Practicum I*
 SWK 561 *Foundation Field Practicum II*
 SWK 521 *Social Work Clinical Assessment and Intervention*

8/2004-8/2005 **University of Kentucky:** Adjunct Faculty in Social Work
Courses Taught: SW 450 *Social Work Research*
 SW 750 *Research Design and Implementation in Social Work Practice I*
 SW 751 *Research Design and Implementation II*

7/1999-11/2003 **Bluegrass Regional Mental Health-Mental Retardation Board:** Mental Health Specialist: performed psychosocial assessments including substance abuse assessment, provided individual therapy in home, office and community settings, provided group therapy in an office setting, assisted consumers in accessing resources for basic needs, administrative responsibilities for housing program serving consumers with severe and persistent mental illness

PROFESSIONAL LICENSURE: Licensed Clinical Social Worker, KY

PROFESSIONAL MEMBERSHIP: National Association of Social Workers; American Association of Social Work Boards

COMMUNITY SERVICE:

5/2020-present *Member of the Kentucky Social Work Board by appointment of Governor Andy Beshear*

10/2019-present *Coordinating program evaluation of Family Court pilot project sponsored by Lotus and various community partners*

4/2019 *Presented psychoeducational workshop on self-care for residents at Scholar House Paducah*

6/2019 *Presented psychoeducational workshop on self-care for residents of Paducah Cooperative Ministry's Fresh Start Village and homeless shelter*

6/15- present *Child Watch Counseling and Advocacy Center: Board member and Board Secretary*

UNIVERSITY SERVICE:

1/2021 Faculty Development Center Panel on Work/Life Balance

10/2020 Faculty Development Center Panel on Work/Life Balance

8/2020 Fall Faculty Summit workshop presentation on Faculty Wellbeing
2020 Social Work Program: Field Director Search Committee
2020 Murray State University Paducah Regional Campus: Scholarship
Committee
2017-2020 Road Scholars Recruitment Team

PUBLICATIONS:

Cassity-Caywood, Whitney (2019). Contemporary mental health care in rural areas: Challenges and strategies. *Contemporary Rural Social Work Journal*, 11(1) , Article 13.
<https://digitalcommons.murraystate.edu/crsw/vol11/iss1/13>
Cassity-Caywood, W., & Huber, R. (2004). Rural older adults at home. *Journal of Gerontological Social Work* 41, (3/4), 229-245.

PROFESSIONAL PRESENTATIONS:

April 2021: Kentucky Association of Sexual Assault Programs presented research proposal on COVID-related practice impacts

April 2021: Child Advocacy Centers of Kentucky presented research proposal on COVID-related practice impacts

October 2020, January 2021: Murray State University Faculty Development Center panelist for workshops relating to work/life balance and faculty wellbeing

August 2020: Murray State University Fall Faculty Summit co-presented workshop: Practical Strategies for Faculty Wellbeing

December 2019: Kentucky Coalition Against Domestic Violence 21st Conference for Ending Sexual Assault and Domestic Violence presented workshop: *Helping the Helper: Self-Care Strategies for Thriving*

July 2019: National Institute on Social Work and Human Services in Rural Areas presented workshop: *Providing Self-Care Psychoeducation to Underserved Populations in Rural Areas*

April 2018: Western KY Counseling Association presented workshop: *DBT Informed Practice*

July 2018 National Institute on Social Work and Human Services in Rural Areas presented workshops: *DBT Informed Practice in Rural Areas* and *The Challenges of Providing Mental Health Care in Rural Areas*

December 2018: presented workshop to LOTUS (formerly Purchase Area Sexual Assault Center): *DBT Informed Practice in Trauma Settings*

PROFESSIONAL INTERESTS: mental health, rural issues, social policy, sexual violence, and child maltreatment