



# *Society for Lifelong Learning*

## **FALL 2024 NEWSLETTER**

*Fourth Edition September 18, 2024  
(revised/updated as needed)*

### **INCLUDED IN THIS ISSUE:**

- ❖ Important Dates
- ❖ All about SLL
- ❖ Membership Information
- ❖ Food for Thought Events
- ❖ Fall Course Guide
- ❖ Advisory Board and Committees
- ❖ Fall Course Calendar

#### **Society for Lifelong Learning at WKU (SLL)**

2355 Nashville Road

Bowling Green, KY 42101

**Phone:** 270-745-1912 (main line) or 270-745-2640 (SLL direct line)

**Email:** [SLL@WKU.EDU](mailto:SLL@WKU.EDU)      **Website:** [wku.edu/sll](http://wku.edu/sll)

**Social Media:** [facebook.com/SLLatWKU](https://facebook.com/SLLatWKU)

**FALL TERM DATES: SEPTEMBER 16 – NOVEMBER 8**  
**REGISTRATION FOR FALL TERM BEGINS**  
**TUESDAY, SEPTEMBER 3<sup>RD</sup> @ 8:00 a.m.**  
**(online, by phone, and in person)**

## **OUR MISSION STATEMENT**

*The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.*

## **MEMBERSHIP INFORMATION**

### **FEES**

**Annual Membership            \$200 (Fall 2024 and Spring 2025 Terms)**

**Single Term Membership    \$125 (Fall 2024 Term)**

*Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and course materials.*

**Flex Membership                \$25 (Fall 2024 Term, plus a per-class course fee)**

*Flex members pay a per-class fee, which varies by course. Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and course materials.*

### **WKU Masking Guidelines**

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

### **Location of Classes**

Most of the SLL classes will meet at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations in the community (check the course guide for location details).

**Join SLL or Renew your membership online at**  
**[wku.edu/sll/membership.php](http://wku.edu/sll/membership.php) or by calling the SLL**  
**office at 270-745-1912 or 270-745-2640**

# Food for Thought Events

*These mid-day gatherings are open to SLL Members, SLL Instructors, and the public and require registration and payment seven days in advance of each event. Unless otherwise specified, the charge is \$17.50 per person, which includes a buffet-style meal, dessert, beverage. The meal begins at 11:30 a.m. followed by the special presentation and Q & A from noon to 1:00 p.m. Please let the SLL office know if you have special food restrictions so that the chef may have time to prepare your meal accordingly.*

**\*Register for these events online, in person or by phone\***

## 25 Years of Orchestra Kentucky

*presented by Jeff Reed*

Take a mid-week break and join us for lunch followed by a talk presented by Jeff Reed. He will be sharing about Orchestra Kentucky's past and future on the occasion of the 25th anniversary season.

- Wednesday, 11:30 a.m. – 1:00 p.m.
- September 25
- Knicely Conference Center
- Registration/payment deadline: September 18

### **Presenter Bio:**

**Jeff Reed** has been “bringing back the memories” as music director of Orchestra Kentucky since he founded it in 2000. He has worked with many music artists from across the globe. Reed has twice appeared with the Royal Philharmonic at London's Royal Albert Hall at the specific request of Neil Sedaka. His programming has been nationally recognized. Drawing on his legal education and experience, in 2020, he assumed the role of president and CEO of Arts of Southern Kentucky, a nonprofit corporation that manages the Southern Kentucky Performing Arts Center in Bowling Green, Kentucky.

## Hollywood Then and Now: My Story

*presented by Andy Stahl*

Hollywood actor, Andy Stahl, has strong ties to Bowling Green. He will share his personal experiences as an actor and show some clips as he reflects with us his career in Hollywood. He will also share his thoughts on creativity and include some up-to-date personal opinions about Artificial Intelligence (AI) and its impact on the movie and television industry and its artists.

- Wednesday, 11:30 a.m. – 1:00 p.m.
- October 30
- Knicely Conference Center
- Registration/payment deadline: October 25

### **Presenter Bio**

**Andy Stahl** was born in San Antonio, Texas but spent much of his younger years moving around as his airline pilot father was transferred. At the age of nine, he moved with his parents to the family farm in Bowling Green, which he still owns and operates. He is a WKU graduate with early career experience as a musician and visual artist before taking up acting. He currently lives and works in Vancouver, British Columbia and Nashville, Tennessee when he is not at home on the farm.

# Fall 2024 Term Course Guide

## A Day in Glasgow with Sam Terry

Participants will spend the day in Glasgow. You will enjoy a historical walking cemetery tour, civil war fort tour, lunch together at a local restaurant, and end with a tour of the South Central Kentucky Cultural Center. Each participant is responsible for their own transportation. Carpooling is recommended and will be discussed before the date of this day in Glasgow.

- Sam Terry
- Friday, 9:00 a.m. – 3:00 p.m. (earlier for travel time)
- October 18 (one session)
- Glasgow Municipal Cemetery, 303 Leslie Avenue, Glasgow
- NOTE: In the event of inclement weather, the alternate date is October 25th

### Instructor Bio:

Sam Terry is a native of Barren County whose ancestors were among the organizers of the county and earliest residents of Glasgow. A graduate of Transylvania University, he is an author, community historian, speaker, and the creator of Sam Terry's Kentucky, a popular daily blog of Kentucky History.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Acting: The First Six Lessons

This acting course is appropriate for both beginning students wanting to feel comfortable in a community theatre play and experienced actors who would like to hone their skills. Students will be led step by step through the basics of improvisation and oral interpretation, basic skills of voice and diction, characterization, and the interpretation of scripts. No prior experience is necessary. The instructor is a professional actor, director, producer, and acting coach who has worked with students of all ages for more than 50 years.

- Ronn Kistler
- Wednesday, 5:30 – 7:00 p.m.
- September 25 – October 30 (six sessions)
- Knicely Conference Center
- Recommended: *Acting: The First Six Lessons* by Richard Boleslavsky

### Instructor Bio:

Ronn Kistler is a trainer in teaching curriculum through the arts and school play production. A playwright, musical director, and actor, he has co-authored nine books on arts-in-education and more than 45 plays. He recently retired as Planetarium Coordinator at WKU.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$54*

## Aging at Home with Medicaid

There are services available to our lower income, aging population, which can help one age in the comforts of their home. During this class we will learn about what services are available, who pays for them, and how you or your loved ones can access them through Medicaid.

- Sarah Gravil
- Thursday, 3:30 – 5:00 p.m.
- September 19 (one session)
- Knically Conference Center

### **Instructor Bio:**

Sarah Gravil is a Bowling Green native. She previously worked for Child Protective Services before switching to Green Leaves Adult Day Health Care in February of 2024. Sarah is passionate about connecting individuals with whatever correct care they need.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## American Sign Language

This introduction to American Sign Language (ASL) will use a functional-notional approach, concentrating on the purposes for which language is used - common everyday life situations. The goal is a beginning competency using appropriate grammar, syntax, and non-manual markers (behaviors) in culturally appropriate ways. The course is taught with a primarily "voice off" approach.

- Rosalind Spillman
- Thursday, 2:00 – 3:00 p.m. (sessions 1-5), 1:30 – 3:00 p.m. (sessions 6-8)
- September 19 – November 7 (eight sessions)
- Knically Conference Center
- Recommended: *ASL Phrase Book* by Lou Fant

### **Instructor Bio:**

Ros Spillman is a graduate of WKU with a Masters and Rank I in Reading and Learning and Behavior Disorders. She taught Special Education Learning and Behavior Disorders for thirty years in Bowling Green city schools. After retirement, she taught ASL for 12 years at WKU - Glasgow and eight years at SKYCTC. She currently serves as the Interpreter for the Deaf at First Baptist Church.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$72*

## Business Showcase: Crown Cork & Seal Facility Tour

We will take a plant tour of Crown Cork & Seal located in the Warren County Transpark. This innovative packaging corporation manufactures aluminum cans at this location. PLEASE NOTE: Participant mobility requirement is that you are able to walk and remain standing on your feet for 45-60 minutes. There are no stairs or steps. Members who sign up for the tour and require mobility assistance will be unable to access the manufacturing floor but can watch a video in their conference room.

- John Forman, Facilitator
- Friday, 10:00 a.m.– 12:00p.m.
- September 27 (one session)
- Crown Cork & Seal, 1291 Prosperity Lane

### **Instructor Bio:**

Introductions of those assisting with the tour will be made at the facility on the day of the tour. A special thanks to John Forman for putting this together.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Chair Yoga

In this session, you will be guided through a gentle sequence focusing on breath work, alleviating joint pain and stress, and increasing mobility. The level will be suitable for total beginners as well as long-time practitioners.

- Lisa Kearney
- Wednesday, 1:30 – 2:30 p.m. (one-hour only)
- October 16 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Lisa Kearney has been teaching yoga for more than 10 years. She is a certified Occupational Therapist and offers yoga therapy as a component of her OT practice.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Chasing Down Public Enemy Number One: John Dillinger

Together we will track this bank robber and notorious fugitive through the states of Ohio, Illinois, Wisconsin, Arizona, Florida, and Kentucky. We will visit significant places where true-life events took place - residences, gunfights, prison breaks, banks robbed, and police stations raided. We will travel the roads, walk the footsteps, and peer through the bullet holes. Each location has a story, and together they reveal the life of this dangerous, fascinating, and at times humorous fugitive from the G-men.

- Michael Trapasso
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 2 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Michael Trapasso is an Emeritus Professor of Geography and Curator of the College Heights Weather Instrument Museum. He has walked all seven continents, and his award-winning photography includes many significant geographical sites. While traveling through all 50 states, he has studied some of the "less-known history" of our country.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Chautauqua Institution at 150 Years

This single-session presentation will explain the nature of Chautauqua Institution, which celebrates its 150th birthday in 2024. It began in 1874 as a Methodist Sunday School retreat but quickly evolved into an institution of higher learning and a leader in promoting literacy and education across America. Numerous presidents have spoken there including both Roosevelts. T.R. called Chautauqua "The most American thing in America." Our presentation will be both personal (we met there in 1962) and historical.

- Charles and Donna Bussey
- Thursday, 3:30 – 5:00 p.m.
- November 7 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Charles and Donna Bussey both taught at WKU - he was in history for 40 years; she was in Nursing for 20 years. They moved to Bowling Green in 1970 and have lived here since then except for one semester in Denmark in 1993 and Norway in 2003-2004.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Circadian Rhythms

This course will explore how circadian rhythms determine seasonality in vertebrates and how this appropriately prepares them for changing seasonal conditions. Circadian rhythms are important for health as well.

- Blaine Ferrell
- Tuesday, 9:00 – 10:30 a.m.
- October 8 & 15 (two sessions)
- Knicely Conference Center

### Instructor Bio:

Blaine Ferrell is Dean Emeritus of Ogden College at WKU. He has been a member of the Kentucky Ornithological Society for 50 years and served as their president. He has taught Ornithology and annually leads the local Christmas and Breeding Bird counts for the Audubon Society. His Ph.D. research in Zoology studied circadian rhythms.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$18*

## Corvettes and the Archive

The Chevrolet Corvette, which is in its 71st anniversary year, has already had a long and storied career. The purpose of the National Corvette Museum Archive is to document history through the preservation and interpretation of documents, blueprints, and photographs from a variety of sources. This session will demonstrate how the archive preserves its historical documents and photographs. It will also discuss best practices for preserving your own documents, photographs, and books at home.

- Lawrence Mott
- Friday, 9:00 – 10:30 a.m.
- September 27 (one session)
- National Corvette Museum Theater, 350 Corvette Drive

### Instructor Bio:

Lawrence Mott holds an MS in Geology from the University of Wyoming, an MA in Nautical Archaeology from Texas A&M, a PhD in Medieval and Maritime History from the University of Minnesota, an MA in Archival Studies, from the University of Wisconsin, and has taught at Texas A & M with Studies Abroad at Caen, France and Florence, Italy; Syddansk, University of Esbjerg, Denmark.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, Kentucky since its founding, along with the trends, policies and programs that influence our community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week. This series offers insights with a local flair and an overview of the richness and uniqueness that contributes to quintessential Bowling Green and Warren County.

- Karen Foley, Facilitator
- Friday, 9:00 – 10:30 a.m.
- September 20, 27, October 4, 18, 25, and November 1 (6 sessions)
- **NOTE:** no class on Oct. 11
- Neighborhood & Community Services, 707 E. Main Avenue

### **Instructor Bio:**

Karen Foley is the Neighborhood Services Coordinator for the City of Bowling Green. She facilitates this course, which covers a wide range of topics including Bowling Green's history, planning and more. A selected multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and experience.

*Annual/Single Term Membership Course Fee: \$0*

*Flex Member Course Fee: \$54*

## End of Life Journey: You Don't Have to Travel it Alone

This course will discuss the options available to people during the difficult "end of life" time frame. Our topics will range from early palliative care to advanced directives, long term care options, home health, the Hospice admission process, and grief and bereavement.

- Scott Stivers, Facilitator
- Tuesday, 9:00 – 10:30 a.m.
- September 17, 24, Oct. 1, 22, 29 (five sessions; will not meet on Oct. 8 and 15)
- Knicely Conference Center
- Friday, 9:00 – 10:30 a.m., November 8 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

### **Instructor Bio:**

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He has facilitated this course for SLL several times and collaborates with many experts who come and share their knowledge with us. He will introduce the various presenters at each session.

*Annual/Single Term Membership Course Fee: \$0*

*Flex Member Course Fee: \$54*



## Exploring Bowling Green's Newcomer Academies

This one-session class will feature speakers from Warren County Public Schools' GEO International High School and the Bowling Green Independent School District's Teranga Academy. These special schools offer additional educational opportunities to students and their families who need extra help learning English as a Second Language (ESL) and adapting to our local cultural environment, which is quite different from their own. The class will be moderated by the City of Bowling Green's International Communities Liaison Division.

- Leyda Becker
- Thursday, 3:30 – 5:00 p.m.
- October 17 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Leyda Becker is the International Communities Liaison for the City of Bowling Green. She has coordinated this course to help explain how the city and county school systems are assisting our new international students. The two presenters will be introduced at the session.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Finding Common Ground: Our Shared American Cultural Values

What makes all of us "Americans?" Something truly unique about U.S. culture is the power that allows us to accept immigrants from all over the world, creating new "Americans" while maintaining a recognizable national identity. Together we will explore the historical roots of these basic values, how they developed, what their impact is on our lives, and how they can help us find common ground in a time of political division.

- Maryanne Datesman
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 24 and October 1 (two sessions)
- Knicely Conference Center

### **Instructor Bio:**

Maryanne Datesman taught in and administered English as a Second Language (ESL) programs at WKU, American University, and Georgetown University. She co-authored *American Ways: An Introduction to American Culture*, 4<sup>th</sup> Edition, an ESL textbook widely used around the world.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$18*

## Five Types of True Teas

You will experience five true teas with your senses - sight, touch, smell, and taste. You will see the brewing process, touch, and smell the teas, and sip the results. Proper brewing times, water temperature, and measuring of the tea will be discussed. We will learn about picking and processing techniques and the health benefits and caffeine levels of the teas. You will receive a "tea scoring card" to take notes and use as a reference at home. Teas and accessories will be available for purchase at the end of the session.

- Missy and Guy Craig
- Thursday, 3:30 – 5:00 p.m.
- October 24 (one session)
- Knicely Conference Center
- Supply Fee: \$10 (to be paid to instructors on the day of class)

### Instructor Bio:

Missy Craig is a tea connoisseur, herbalist enthusiast, life coach, yoga and Pilates teacher, and cosmetologist. Guy Craig's background is in mechanical engineering and telecommunications; he is also a tea connoisseur, herbalist enthusiast, yoga student and teacher in training.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Flowers in the Garden of Poetry

This course is a sequel to the 2023 Fall class *Birds and Poetry*, with attention now shifting from birds to gardens, flowers, and trees. We will range widely, from the Garden of Eden to modern romantic and pastoral poetry about daffodils, sunflowers, and roses. Our discussions of literature will be enriched by Janeen Grohsmeyer, who brings a wealth of knowledge about plants and gardens.

- Lloyd Davies and Janeen Grohsmeyer
- Tuesday, 11:00 a.m. – 12:30 p.m. (sessions 1 – 3)
- Thursday, 9:00 – 10:30 a.m. (session 4)
- October 15 – November 7 (four sessions)
- Knicely Conference Center
- NOTE: Session 4 meets on different day and time

### Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he has taught classes on poetry and Shakespeare for SLL.

Janeen Grohsmeyer is a member of the Franklin-Simpson Garden Club and one of the co-founders of the Wild Ones Southern Kentucky Chapter. She has completed the Kentucky Master Gardener class and the National Garden Club's Landscape Design series. She has previously taught SLL courses on native plants and garden design.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$36*

## Geology of Our National Parks

We will take a virtual fieldtrip through several of our most scenic US National Parks, enjoy their landscapes, and learn about the geological processes that created them. Our study locales will include Acadia, Death Valley, Crater Lake, Grand Canyon, and others as time permits.

- Andrew Wulff
- Wednesday, 3:30 – 5:00 p.m.
- September 18 – November 6 (eight sessions)
- Knicely Conference Center

### Instructor Bio:

Andrew Wulff is a career geologist who has worked in academic, industry, and government organizations. He has traveled extensively and is looking forward to sharing his experiences in some of his favorite national parks.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$72*

## Hitchhiker's Guide to Natural Living: Nutrient Dense Foods

This one-day, offsite class will give you a hands-on opportunity to explore easy ways to increase the nutrient density of the foods you love. Class size is limited so we can dig into recipes together - in a kitchen. You will go home with knowledge of how to create whole-food and nutrient dense condiments, side dishes, main dishes, and what to do with leftovers to maximize your dollars and efforts. You will also go home with some food that we prepared together.

- Jerilynn Bristow
- Friday, 10:00 a.m. – 2:00 p.m.
- September 20 (one session)
- **NOTE:** extended time
- HOTEL INC Kitchen, 1005 Boatlanding Road
- Supply Fee: \$20 (to be paid to instructor on the day of class)

### Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. Jerilyn is passionate about whole-clean-local food, fermented foods, deeply healing foods, and a balanced use of supplements. She brings a unique and inclusive approach to getting and staying healthy. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## Introduction to Alzheimer's

Do you want to understand what Alzheimer's is, what the treatments are, and how you can help someone with Alzheimer's have a quality life? Come join us for a conversation. Jill will show you some websites and other resources for help. The presentation will last about an hour followed by 30 minutes of discussion and questions.

- Jill Steffey
- Tuesday, 5:30 – 7:00 p.m.
- October 15 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Jill Steffey is a retired teacher, Alzheimer's specialist, caregiver for 20 years, and owner/founder of Pieces of Hope. She learned a lot about this difficult disease while helping care for her father.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Introduction to Parkinson's

Do you want to understand what Parkinson's is, what the treatments are, and how you can help someone with Parkinson's have a better quality of life? Come join us for a conversation. Jill will show you websites and other resources for help. We will have a presentation for about an hour followed by 30 minutes of discussion and questions.

- Jill Steffey
- Tuesday, 5:30 – 7:00 p.m.
- October 22 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Jill Steffey is a retired teacher, Alzheimer's specialist, caregiver for 20 years, and owner and founder of Pieces of Hope. She learned a lot about this difficult disease while helping care for her father who died of Parkinson's with some dementia.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Introduction to the NCM Motorsports Park and Track Operation

The basics of high-performance driving and track operations will be covered.

- Zack Rackovan
- Friday, 9:00 – 10:30 a.m.
- October 4 (one session)
- NCM Motorsports Park, 505 Kimberlee A Fast Drive

### **Instructor Bio:**

Zack Rackovan is the General Manager of Track Operations at NCM Motorsports Park. He collaborates with businesses, racing organizations, and car enthusiast clubs to provide unique experiential driving. His knowledge of cars, racetracks, and photography makes for a unique presentation for the SLL members in this class.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## Introduction to Using the Warren County Public Library

Discover the wealth of resources and services available at your local public library in this introductory class. Designed for new and existing users, this course will guide you through the basics of accessing and utilizing your library's offerings. Learn how to navigate the catalog, borrow books, e-books, and multimedia, use online databases, and participate in library programs and events. Empower yourself with knowledge to unlock a world of information and community resources at your fingertips.

- Gretchen Mitchell
- Monday, 11:00 a.m. – 12:30 p.m.
- October 21 (one session)
- Bob Kirby Branch Library, 175 Iron Skillet Court

### **Instructor Bio:**

Gretchen Mitchell is a WKU graduate and former elementary school teacher who is using her knowledge and passion for education in her role as the School Day Specialist at Warren County Public Library. She loves sharing how great public libraries are.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## **Japan: Land of the Rising Sun; Land of the Population Bomb**

Examines the development of Japan as a modern state from the 19th century through the devastation of WWII and then economic restructuring. Discusses the current rapidly aging and declining population and consequences.

- David Keeling
- Tuesday, 3:30 – 5:00 p.m.
- October 1 (one session)
- Knicely Conference Center

### **Instructor Bio:**

David Keeling retired from WKU Department of Geography and Geology in 2021 and is now traveling the world as an expedition lecturer on cruises and private jet expeditions. He continues to publish research on global geopolitics related to landscapes, music, and transportation.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## **Law Forum: Bringing the Law to You**

This forum offers a unique opportunity to hear directly from the leaders in the Warren County legal community. Speakers include Judge Greg N. Stivers, Chief Judge, United States District Court, Western District of Kentucky, Justice Kelly Thompson, Kentucky Supreme Court, Judge Kerry Morgan, Social Security Administration, and representatives of the Commonwealth Attorney's office, Public Defender's Office, and Kentucky Legal Aid.

- Mike Breen, Facilitator
- Thursday, 9:00 – 10:30 a.m.
- September 26 – October 31 (six sessions)
- Knicely Conference Center

### **Instructor Bio:**

Mike Breen has been practicing law for more than 40 years. He has extensive experience in State and Federal Courts and emphasizes personal injury cases and claims against insurance companies. This one-time offering of a six-session forum is a result of his life's work and the desire to bring more knowledge about the law to SLL members.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$54*

## Let's Take an Historic Trolley Tour

Experience a narrated tour of historic Bowling Green from the comfort of a climate-controlled trolley car. This will be our classroom as we travel through town learning about and seeing some of the interesting historic sites. The tour begins at the National Corvette Museum where there is ample parking available. Leave your car, board the trolley, and enjoy the ride! We will stop for a short break at the Historic RailPark & Train Museum then board the trolley again and complete the tour. The National Corvette Museum's Stingray Grill has been recommended for lunch at the end of our tour.

- Karen Shaneyfelt, Facilitator
- Monday, 11:00 a.m. – 12:30 p.m.
- September 30 (one session)
- National Corvette Museum
- Cost \$12 per person (due at registration)
- NOTE: There is no flex member course fee for this class.

## MORE Memoir Writing

If you have taken any courses on writing memoirs or nonfiction in the past, or if you have already started writing a memoir, this class is for you! We will discuss how to make your writing more vivid, analyze your life experiences, find an intriguing structure, create an engaging voice, get feedback, and find your audience. We will do a lot of writing exercises in class and share our ideas and stories with each other.

- Erika Solberg
- Thursday, 3:30 – 5:00 p.m.
- September 26 – October 31 (six sessions)
- Knicely Conference Center

### Instructor Bio:

Erika Solberg is a freelance writer, ghostwriter, book coach, and editor who has spent more than twenty-five years teaching writing to students ranging from elementary school to college to older adults. She loves to listen to people's life stories.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$54*

## **Pet Peeves of Driving in Bowling Green: There are Always More!**

Are you frustrated contending with drivers in and around Bowling Green? In this class we will consider various common, and potentially tricky, driving scenarios and you will learn the proper and legal way to navigate them. We will also diagram and discuss some of the most common intersections in the city.

- Bruce Hazelton
- Wednesday, 1:30 – 3:00 p.m.
- November 6 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Bruce Hazelton is an SLL member and past instructor whose college minor in safety allowed him to teach Driver Education in Wisconsin. During his years of residence in Bowling Green, he has frequently observed the poor skills of local drivers. His initial offering of this class to SLL brought unanimous positive reviews and he is back again to help make us all safer on the road.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## **Putting Some Iron into Your Golden Years**

Older people who begin to lift weights will typically enjoy increased strength, mobility, mental sharpness, and metabolic health benefits. Participants in this class will learn the materials needed for a personal gym and how to develop an exercise program. The instructor will demonstrate proper techniques for lifting and other exercises and provide nutritional information and assistance.

- Charmaine Barlow
- Friday, 5:30 – 7:00 p.m.
- October 4 – 25 (four sessions)
- 5432 Cemetery Road

### **Instructor Bio:**

Charmaine Barlow is a certified personal trainer of the American Council on Exercise and is the owner/operator of a fitness business. She has been instructing in various aspects of fitness and health since 1995 including weightlifting, flexibility, postural alignment, geriatrics, special needs, golf, and nutrition.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$36*



## Quick Clinic: Insurance Checkup

This one-session survey will help you assess your family's insurance needs with information about homeowner's, automobile, disability, and travel insurance from the attorney who "wrote the book" on suing insurance companies in Kentucky. The extreme weather events in our area require personal risk assessment and preparation; car wreck rates also remain high in southern Kentucky and your children and grandchildren have a high risk of disability from their employment. And you may want to insure that dream vacation you saved up for. A handout with recommendations will be provided.

- Mike Breen
- Wednesday, 11:00 a.m. – 12:30 p.m.
- November 6 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Mike Breen has been practicing law for more than 40 years. He has extensive experience in State and Federal Courts and emphasizes personal injury cases and claims against insurance companies.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Regenerative Farm 101

How can we raise healthy food while protecting the environment? Regenerative agriculture is a system of principles and practices that seeks to rehabilitate and enhance the entire ecosystem of the farm by focusing on soil health. Attention is paid to water management, air quality, carbon capture and sequestration, and biodiversity in every aspect of the farm. It is a method of farming that improves the resources it uses, rather than destroying or depleting them. Spend the afternoon on our farm and see these processes in action.

- Debbie and Greg Brann
- Monday, 11:00 a.m. – 12:30 p.m.
- November 4 (one session)
- 683 Blankenship Road, Adolphus, KY

### **Instructor Bio:**

Greg and Debbie Brann have farmed regeneratively for over 30 years. Their farm is in Adolphus, KY and they sell their beef, pork, lamb, honey, chicken, eggs, and wool at the Community farmer's market in Bowling Green. Greg is a farm soil health specialist with the Federal Government.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Story of the Lost Battalion 1918

The United States entered World War I, then called the "Great War," well after it began. Forming a huge army and then transporting it to Europe was a major accomplishment. Our first units fought beside our allies but by September, 1918, the American Expeditionary Army (AEF) could stand apart. In the newspapers back home, two stories gripped the nation that fall, the Alvin York incident, and the harrowing stand of the "Lost Battalion."

- Tim Brotherton
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 18 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Tim Brotherton is a retired infantry officer and a retired WKU faculty member. Since studying it at West Point, he has enjoyed reading about military history as well as historical fiction.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Stupid Wars Part One: The Pig War

In 1859, when the nation was in the midst of a fundamental crisis that would eventually lead to the Civil War, the United States nearly engaged in war with Great Britain over the shooting of a PIG! This class will look at the causes, prosecution and aftermath of the Pig War including some of the surprising historical figures who stroll through this story on their way to the things for which they are better remembered.

- Janet Cobb
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 17 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Janet Cobb has a BA in History and credits her 30 plus years as an accountant with her ability to make a great power point deck to go along with her SLL history presentations.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## The American Way of War in WWII

Historians and theorists tell us that war is simply the continuation of politics (policy) by other means. It follows that each country, given its vastly different geographic, political, economic, social and cultural factors would implement their military policy differently. This two-session seminar will examine six major (and unexpected) examples of the “American Way of War” during World War II where you will find some interesting surprises.

- Tim Brotherton
- Tuesday, 3:30 – 5:00 p.m.
- October 8 – 15 (two sessions)
- Knicely Conference Center

### Instructor Bio:

Tim Brotherton is a retired infantry officer and a retired WKU faculty member who enjoys reading and visiting historical sites around the US and Europe. His current documentary binge-watching is centered on the war in the Pacific against Japan, 1941-1945.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$18*

## The Great Clashing Worldviews of Karl Marx and John Locke

In this class we will examine the antagonistic worldviews of two world-renowned and consequential thinkers--Karl Marx and John Locke. There is little debate that these are the respective founding thinkers for the communist and liberal democratic systems globally. The Cold War of the twentieth century cannot be understood without knowing their ideas, and their ideas continue to influence the world today. We will discover that the great differences between Marx and Locke on economics and government derive from profoundly different perspectives about the nature of reality--including the nature of humanity.

- Ed Yager
- Thursday, 5:30 – 7:00 p.m.
- September 19 – October 24 (six sessions)
- Knicely Conference Center

### Instructor Bio:

Ed Yager is Professor Emeritus of Political Science at WKU. His research and teaching interests include the American presidency, American political thought, comparative political thought, and international religious freedom.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$54*

## The November Election

This three-session course is scheduled to bridge the November election, ending the Thursday after the election. We will: (1) explore how Biden and Trump became the two major-party candidates for president; (2) forecast the presidential and congressional election results; and (3) analyze the presidential and congressional election results.

- John Parker
- Thursday, 11:00 a.m. – 12:30 p.m.
- October 24 – November 7 (three sessions)
- Knicely Conference Center

### Instructor Bio:

John Parker is a retired Professor of Political Science from WKU. He has served on the SLL Advisory Board and presented a number of classes relating to U.S. politics.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$27*

## The Secrets of Alcatraz

Alcatraz is well-known for its foreboding location, “escape-proof” security, and notorious prisoners, but there is much more to the story. In addition to gangsters and escapes, this class will cover lesser-known parts of its history such as the island’s role as a military fortress, as a site of indigenous activism, the children who grew up there, and its prisoners who found redemption.

- Eric Knackmuhs
- Wednesday, 1:30 – 3:00 p.m.
- September 18 (one session)
- Knicely Conference Center

### Instructor Bio:

Eric Knackmuhs is an associate professor of Recreation, Park, and Nonprofit Administration at WKU where he teaches a class called *Public Enemies, Prisons, and ...Tourists?* Prior to entering higher education, he was an historical interpreter on the Alcatraz Night Tour.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## The Trans-Atlantic Geography of Rock-n-Roll

This session explores the rise of rock 'n' roll music across the Atlantic with comparisons of the U.S. and U.K. from the 1950s onwards. Highlights how a geographic and cultural analysis helps to identify some of the key moments in popular music development.

- David Keeling
- Thursday, 3:30 – 5:00 pm.
- October 3 (one session)
- Knicely Conference Center

### Instructor Bio:

David Keeling retired from WKU Department of Geography and Geology in 2021 and is now traveling the world as an expedition lecturer on cruises and private jet expeditions. He continues to publish research on global geopolitics related to landscapes, music, and transportation.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## The Wright Stuff: Getting Airborne with Wilbur and Orville

Wilbur and Orville Wright, two high school dropouts from a small midwestern city, taught the world to fly in the early years of the twentieth century. It is a very American story about two young men and the problem-solving strategies the "Bishop's boys" used to overcome the most intriguing engineering challenge of their time. And yes, there was also a Wright sister--Katherine--and she played an important role as well.

- David Lee
- Wednesday, 1:30 – 3:00 p.m.
- October 2 – 9 (two sessions)
- Knicely Conference Center

### Instructor Bio:

A long-time history professor at WKU, David Lee has had grants for aviation history research from the Smithsonian Institution, the National Endowment for the Humanities, and the Herbert Hoover Presidential Library.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$18*

# Travel Journals Series

*Each session will feature a different presenter(s) telling about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Members will register for each session individually rather than as a whole series. Days and times vary for each session.*

## Travel Journal: Camino de Santiago: Walking the Way

The Camino de Santiago replicates the pilgrimage of the Apostle James through Spain on his mission to spread Christianity. Around 900 AD, it was claimed that James' relics had been found in the region of Galicia, resulting in the construction of the Santiago de Compostela cathedral. Although there is both myth and history in this claim, the Camino de Santiago has been a site of pilgrimage for over 1100 years, drawing people from all over the world, people of all faiths and spiritual aims.

- Deborah Logan
- Tuesday, 1:30 – 3:00 p.m.
- October 8 (one session)
- Knicely Conference Center

**Instructor Bio:**

Deborah Logan holds a PhD from UNC/Chapel Hill. She retired from WKU's English Department in 2021. Her field is Victorian Literature. She hiked part of the Camino in 2023 and again in 2024.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Travel Journal: Holiday Season in the City of Joy: Kolkata

Between August and December, there are at least 28 holidays celebrated in Kolkata, India. From Hinduism to Islam to Christianity, it is a lively time of lights and fireworks. Most unusual to westerners is the custom of building Pandals, which are shrines built by neighborhood groups or clubs, ranging from devotion to a deity to commentary on social and political issues. Construction begins in July-August and celebrations follow in late Autumn. Built right in the streets, the Pandals are beautiful works of art that are then demolished, to be rebuilt the next year.

- Deborah Logan
- ~~Wednesday, 1:30 – 3:00 p.m.~~ 9:00 – 10:30 a.m.
- ~~October 23~~ November 6 (one session)
- Knicely Conference Center

**Instructor Bio:**

Deborah Logan holds a PhD from UNC/Chapel Hill. She retired from WKU's English Department in 2021. Her field is Victorian Literature. She hiked part of the Camino in 2023 and again in 2024.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Travel Journal: Natural Wonders of Botswana: The Okavango Delta and Beyond

Almost everyone has heard that African safaris can be awesome. But what is it like to explore the bush while on a mobile safari? Join us as we share our adventures, show beautiful photos of animals and birds, and touch on additional cultural and historical highlights of a visit to Botswana. Includes Okavango Delta, Tsodilo Hills and the Khama Rhino Sanctuary.

- Laura McGee and Jüergen Zirnstein
- Thursday, 5:30 – 7:00 p.m.
- November 7 (one session)
- Knicely Conference Center

### Instructor Bio:

Laura McGee retired early from WKU to paint and travel. You will find her creating wearable and wall art in her studio in downtown Bowling Green or traveling the world. Juergen Zirnstein was born in Bruehl, near Heidelberg, Germany. He spent his career in the metals industry in Germany and the U. S. Looking for adventures and opportunities to grow and to serve in retirement, he joined the Peace Corps as a Response Volunteer in Botswana and completed a 12-month commitment.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## Travel Journal: Peace Corps Response: A Year of Service in Botswana

Looking for a way to put your professional expertise to use while helping to make the world a better place? Learn about the Peace Corps Response Volunteer Program. Peace Corps Response terms of service run 3-12 months. The presentation will include an introduction to this type of volunteering and real-world insights into what service abroad can look like. Includes geographical, historical, and cultural information about Botswana.

- Laura McGee and Jüergen Zirnstein
- Wednesday, 5:30 – 7:00 p.m.
- November 6 (one session)
- Knicely Conference Center

### Instructor Bio:

Laura McGee retired early from WKU to paint and travel. You will find her creating wearable and wall art in her studio in downtown Bowling Green or traveling the world. Juergen Zirnstein was born in Bruehl, near Heidelberg, Germany. He spent his career in the metals industry in Germany and the U. S. Looking for adventures and opportunities to grow and to serve in retirement, he joined the Peace Corps as a Response Volunteer in Botswana and completed a 12-month commitment.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## Travel Journal: Road Trip with a Twist

John Forman and Lisa Dalporto are longtime SLL members who enjoy traveling the countryside in their small(ish) travel trailer. They enjoy sharing their experiences and recently returned from a long-planned road trip to California where things went significantly sideways. They will share what happened, the adjustments needed when Lisa suffered a major injury, and the lessons learned when things did not go as planned.

- Lisa Dalporto and John Forman
- Wednesday, 1:30 – 3:00 p.m.
- October 30 (one session)
- Knicely Conference Center

### Instructor Bio:

Lisa Dalporto is a retired nurse midwife and an experienced overland traveler of North America. John Forman is a retired engineer who finds joy in travel and all the planning that must come together for traveling with a truck, trailer, boats, and bicycles. Their curiosity leads them not only to the mainstream or popular activities of an area, but often takes them on paths less traveled.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## Travel Journal: Scandinavia Cruise Tour

This summer we took a two-week “Viking Homelands” cruise that included visits to major cities or islands in Sweden, Finland, Poland, Denmark, and Norway. It was an immersion in the beautiful places and rich history of the region. Highlights were shared cultural events such as the “Age of Vikings,” the Hanseatic Trade League, the drastic internal empire shifts in Scandinavia, involvement in World War II and their current place in the European Union.

- Tim Brotherton
- Tuesday, 3:30 – 5:00
- October 22 (one session)
- Knicely Conference Center

### Instructor Bio:

Tim Brotherton is a retired teacher. He and his wife now live in Auburn. They love to travel and talk about where they have been and where they want to go next.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*



## U. S. Army Paratroopers: Death from Above

This course will include introductions to paratroopers, double-volunteer sky soldiers, paratrooper missions and objectives, paratrooper dual roles, paratrooper requirements, paratrooper training/Airborne School, paratrooper equipment, paratrooper aircraft support, "Hollywood" jumps and combat equipment jumps, paratrooper levels and distinctions, paratrooper history, notable paratrooper operations, and paratroopers in modern media.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- October 7 – 14 (two sessions)
- Law Office, 870 Fairview Avenue, Suite 5

### Instructor Bio:

Will Williford is a native Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division (Fort Bragg/Liberty, NC), Joint Special Operations Command (Fort Bragg/Liberty, NC), and 5th Special Forces Group (Airborne) [Fort Bragg/Liberty, NC] as a paratrooper and noncommissioned officer from 2008-2016.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$18*

## Understanding Hunger and Food Security

You may have seen or heard about the hunger and food security situation that exists in our community and beyond. Learn the causes and effects as well as solutions being developed and implemented to improve the lives of those most impacted by this. Homelessness and economic poverty are factors but not the only ones. More people have experienced hunger and food security than we realize. Come to this one-session class to learn more and how to become part of the solution.

- Rhondell Miller and Dave Miner
- Tuesday, 5:30 – 7:00 p.m.
- October 29 (one session)
- Knicely Conference Center

### Instructor Bio:

Rhondell Miller is an experienced non-profit leader who has guided the development of HOTEL INC over the last 12 years. Her leadership has resulted in a new vision of holistic care and development in which the root causes of homelessness and economic poverty in Warren County can be addressed. Dave Miner holds a BS and Ph.D. in Chemistry. He has provided leadership for multiple organizations working to end hunger. He helped produce the recent documentary, *The Working Hungry*.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$9*

## Warren County Sheriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (the Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security. Optional activities include a 'ride along' and immersion into various police scenarios through a Virtual Reality trainer.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 21 – 28 (two sessions)
- Old Courthouse (session 1), Justice Center (session 2)

### Instructor Bio:

Brett Hightower has served Warren County as Sheriff since 2018. Prior to that, he was the Law Enforcement Coordinator for the United States Attorney office in Louisville, a Captain with the BYPD, and served 21 years in the military. Sheriff Hightower is a Bronze Star and Purple Heart recipient, and a graduate of WKU.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$18*

## What is Mathematics?

This class will give a window into the world of mathematics beyond what is taught in high schools. We will see how mathematics is applied in the real world and there will be some hands-on activities that everyone can do. Do not be scared - No advanced mathematical knowledge is required, just keeping an open mind and a willingness to ask questions.

- Claus Ernst
- Wednesday, 9:00 – 10:30 a.m.
- September 18 – October 16 (five sessions)
- Knicely Conference Center

### Instructor Bio:

Claus Ernst is a WKU University Distinguished Professor Emeritus. He taught mathematics at WKU for over 30 years, teaching classes at all levels.

*Annual/Single Term Membership Course Fee: \$0    Flex Member Course Fee: \$45*

## What is a MacGuffin? An Exploration of Hitchcock's Movies

This four-week course will explore the cinematic and artistic genius of Alfred Hitchcock. We will watch movies from different points in his career as we delve into his evolution as a director and storyteller. You are encouraged to bring a snack or lunch to enjoy during the extended class time.

- John Fox
- Thursday, 11:00 a.m. – 1:30 p.m.
- September 19, 26, October 10, 17 (four sessions)
- Knicely Conference Center
- NOTE: This class does not have a session on October 3

### **Instructor Bio:**

John Fox is an amateur film buff who has long admired the depth and breadth of Hitchcock's cinematic artistry.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$36*

## Who's Watching? Who's Listening? How the Ratings Work

Your favorite show was cancelled. Your favorite radio station changed its formats. You like podcasts, but who else does? Audience measurement, also known as 'ratings' has all the answers. This class will explain how the ratings work and why they matter.

- Ed Cohen
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 9 (one session)
- Knicely Conference Center

### **Instructor Bio:**

Ed Cohen has worked in the broadcast industry for more than 40 years, holding high level research positions with major radio groups and research providers. He holds a Ph.D. in Mass Media from Michigan State University. While semi-retired, Ed writes a weekly column for a radio trade press website and continues to offer advice to friends in the business.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$9*

## Wonderments of Philosophy

Philosophy begins with wonder, says Aristotle. In this class we will wonder what philosophy is: (Session 1) what is real (Session 2) what we know (Session 3), and what is good (Session 4). Bring your journal along to record how your own philosophy of life takes shape.

- Olin Joynton
- Tuesday, 5:30 – 7:00 p.m.
- September 17 – October 8 (four sessions)
- Knicely Conference Center

### **Instructor Bio:**

Olin Joynton annoyed others while in high school by wondering whether we have free will and whether science coheres with religion. Someone told him, “Go major in philosophy” and that was advice he took, never expecting to earn a living. But fortune smiled, and as a college president he applied philosophy every day, finding it more practical than any other subject.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$36*

## Write Your Story

Writing your story is a powerful way to understand your past, explore your memories, and preserve your history. In this course, we will look at how to discover your theme and define your purpose. No writing experience is necessary. We will focus on techniques to recall and describe the aspects of your story you want to write about using fun activities and thought-provoking exercises. When classes are finished, you will have the tools to write your story in a compelling and interesting way that you can share or even develop for publication, if desired.

- Lynn Kinnaman
- Tuesday, 1:30 – 3:00 p.m.
- October 15 – 29 (three sessions)
- Knicely Conference Center

### **Instructor Bio:**

Lynn Kinnaman is a published author and writing instructor at Montana State University. She organized an annual writing conference for ten years and has been an editor and book project manager. She coaches writers at all levels in their writing journey.

*Annual/Single Term Membership Course Fee: \$0      Flex Member Course Fee: \$27*

# SLL TRAVEL ADVENTURES

*We have been working with Collette to offer travel opportunities for SLL members and instructors. We will begin our trip adventures soon! Look what is planned for 2025!*

## **“Discover the Islands of New England”**

**May 30 – June 6, 2025**

## **“Shades of Ireland”**

**November 1 – 10, 2025**

## **SPECIAL TRAVEL PRESENTATION** **presented by Collette**

**Thursday, 11:00 a.m. – 12:30 p.m.**

**October 3, 2024**

**Knicely Conference Center – Room 113**

*Patrick Kinsella, Business Development Manager for Collette (TN/KY) will be here to talk about the trips and answer your questions.*

Printed copies of the trip information are available in the SLL office.

# 2024 SLL Advisory Board and Committees

## Advisory Board

*The governing body of the SLL is the Advisory Board composed of six members elected by the general membership, with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.*

Ernie VanHooser, Chair  
Debbie Breen  
Libby Davies  
Vicki Gregory  
Olin Joynton  
Scott Nehm

Jane Barthelme, Chair-Elect  
Nancy Bussiere  
Cathy Fox  
Terri Hinton  
Carrie Morgan  
Derek Olive, Ex-Officio

## Curriculum Committee

*The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.*

Libby Davies, Co-Chair  
Howard Bailey  
Mike Breen  
John Forman  
David Lee

Terri Hinton, Co-Chair  
Debbie Breen  
Gary Dillard  
Ken Kuehn  
Ernie VanHooser

## **Finance Committee**

*The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.*

Scott Nehm, Chair  
John Forman

## **Membership Relations Committee**

*The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of spring and fall terms. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.*

Debbie Breen, Chair  
Cathy Fox  
Terri Hinton  
Mike Morgeson  
JoAnn Ryan  
Patsy Sloan  
Mary Travelsted

Ann Esterle  
Vicki Gregory  
Kathee Morgeson  
Joan Norris  
Robert Ryan  
Sharon Spall  
Chrys Wilson

## **Volunteer Committee**

*The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.*

Nancy Bussiere, Chair  
Brenda Bush  
Becky Cann  
Ed Cohen  
Beth D'Eramo  
Cathy Fox  
Bill Leonard  
Deb Myers  
Bonnie Pinkerton  
Molly Wilson  
Sonia Young

Patsy Bowman  
Greg Bussiere  
Sidney Cann  
Lisa Dalporto  
John Forman  
Jan Kissler  
Sue Meyer  
Audrey Neely  
Ernie VanHooser  
Jan Woitas  
Dana Zeghers

## SLL FALL 2024 ONSITE CLASS CALENDAR (KNICELY CONFERENCE CENTER)

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
<b>TUESDAY</b>	<p><b>End of Life Journey: You Don't Have to Travel it Alone</b> Sept. 17 – Oct. 1, Oct. 22 – 29 (5 of 6 sessions)</p> <p><b>Circadian Rhythms</b> Oct. 8 - 15 (2 sessions)</p>	<p><b>Stupid Wars Part One - The Pig War</b> Sept. 17 (1 session)</p> <p><b>Finding Common Ground: Our Shared American Cultural Values</b> Sept. 24 – Oct. 1 (2 sessions)</p> <p><b>Flowers in the Garden of Poetry</b> Oct. 15 – Oct. 29 (3 of 4 sessions)</p>	<p><b>Travel Journal: Camino de Santiago: Walking the Way</b> Oct. 8 (1 session)</p> <p><b>Write Your Story</b> Oct. 15 – 29 (3 sessions)</p>	<p><b>Japan: Land of the Rising Sun, Land of the Protection Bomb</b> Oct. 1 (1 session)</p> <p><b>The American Way of War in WWII</b> Oct. 8 – 15 (2 sessions)</p> <p><b>Travel Journal: Scandinavia Cruise Tour</b> Oct. 22 (1 session)</p>	<p><b>Wonderments of Philosophy</b> Sept. 17 – Oct. 8 (4 sessions)</p> <p><b>Introduction to Alzheimer's</b> Oct. 15 (1 session)</p> <p><b>Introduction to Parkinson's</b> Oct. 22 (1 session)</p> <p><b>Understanding Hunger and Food Security</b> Oct. 29 (1 session)</p>
<b>WEDNESDAY</b>	<p><b>What is Mathematics</b> Sept. 18 – Oct. 16 (5 sessions)</p>	<p><b>Story of the Lost Battalion 1918</b> Sept. 18 (1 session)</p> <p><b>Chasing Down Public Enemy Number One: John Dillinger</b> Oct. 2 (1 session)</p> <p><b>Who's Watching: Who's Listening? How the Ratings Work</b> Oct. 9 (1 session)</p> <p><b>Quick Clinic: Insurance Checkup</b> Nov.6 (1 session)</p>	<p><b>The Secrets of Alcatraz</b> Sept. 18 (1 session)</p> <p><b>The Wright Stuff: Getting Airborne with Wilbur and Orville</b> Oct. 2 – 9 (2 sessions)</p> <p><b>Chair Yoga</b> Oct. 16 (1 session) <b>1:30-2:30</b></p> <p><b>Travel Journal: Holiday Season in the City of Joy: Kolkata</b> Oct. 23 (1 session)</p> <p><b>Travel Journal: Road Trip with a Twist</b> Oct. 30 (1 session)</p> <p><b>Pet Peeves of Driving in Bowling Green: There are Always More!</b> Nov. 6 (1 session)</p>	<p><b>Geology of Our National Parks</b> Sept. 18 – Nov. 6 (8 sessions)</p>	<p><b>Acting: The First Six Lessons</b> Sept. 25 – Oct. 30 (6 sessions)</p> <p><b>Travel Journal: Peace Corps Response: A Year of Service in Botswana</b> Nov. 6 (1 session)</p>
<b>THURSDAY</b>	<p><b>Law Forum: Bringing the Law to You</b> <b>Sept. 26 – Oct. 31 (6 sessions)</b></p> <p><b>Flowers in the Garden of Poetry</b> Nov. 7 (fourth of 4 sessions)</p>	<p><b>What's a MacGuffin? An exploration of Hitchcock's Movies</b> Sept. 19, 26, Oct. 10, 17 (4 sessions) <b>11-1:30</b></p> <p><b>The November Election</b> Oct. 24 – Nov. 7 (3 sessions)</p> <p><b>Special Travel Presentation</b> <b>SLL Trips for 2025</b> Oct. 3 <b>11:00 a.m.</b></p>	<p><b>American Sign Language</b> Sept. 19 – Nov. 7 (8 sessions) <b>2-3pm</b> (sessions 1-5) <b>1:30 – 3</b> (sessions 6-8)</p>	<p><b>Aging at Home with Medicaid</b> Sept. 19 (1 session)</p> <p><b>MORE Memoir Writing</b> Sept. 26 – Oct. 31 (6 sessions)</p> <p><b>The Trans-Atlantic Geography of Rock 'n' Roll Music</b> Oct. 3 (1 session)</p> <p><b>Exploring Bowling Green's Newcomer Academies</b> Oct. 17 (1 session)</p> <p><b>Five Types of True Teas</b> Oct. 24 (1 session)</p> <p><b>Chautauqua Institution at 150 Years</b> Nov. 7 (1 session)</p>	<p><b>The Great Clashing Worldviews of Karl Marx and John Locke</b> Sept. 19 – Oct. 24 (6 sessions)</p> <p><b>Travel Journal: Natural Wonders of Botswana: The Okavango Delta and Beyond</b> Nov. 7 (1 session)</p>



<b>SLL FALL 2024 OFFSITE CLASS CALENDAR (VARIOUS LOCATIONS and TIMES)</b>					
	<b>9:00 – 10:30</b>	<b>11:00 – 12:30</b>	<b>1:30 – 3:00</b>	<b>3:30 – 5:00</b>	<b>5:30 – 7:00</b>
<b>MONDAY (OFFSITE)</b>		<b>Let's Take an Historic Trolley Tour Together</b> Sept. 30(1 session) <b>Intro to Using the Warren County Public Library</b> Oct. 21 (1 session) <b>Regenerative Farming 101</b> Nov. 4 (1 session)			<b>U.S. Army Paratroopers: Death From Above</b> Oct. 7 – 14 (2 sessions) <b>Warren County Sheriff's Office Showcase</b> Oct. 21 – 28 (2 sessions)
	<b>9-10:30</b>	<b>10:00 – 2:00</b>	<b>10:00-Noon</b>	<b>ALL DAY (9:00 – 3:00)</b>	<b>5:30 – 7:00</b>
<b>FRIDAY (OFFSITE)</b>	<b>Discovering Bowling Green</b> Sept. 20, 27, Oct. 4, 18, 25, Nov. 1 (6 sessions) <b>Corvettes and the Archive</b> Sept. 27 (1 session) <b>Introduction to the MCM Motorsports Park and Track Operation</b> Oct. 4 (1 session) <b>End of Life Journey: You Don't Have to Travel it Alone</b> Nov. 8 (session 6)	<b>Hitchhiker's Guide to Natural Living: Nutrient Dense Foods</b> Sept. 20 (1 session)	<b>Business Showcase: CROWN Cork &amp; Seal Tour</b> Sept. 27	<b>A Day in Glasgow with Sam Terry</b> Oct. 18 (1 session) <b>Rain Date: Oct. 25</b>	<b>Putting some Iron into Your Golden Years</b> Oct. 4 – 25 (4 sessions)

# Food for Thought Events

## 25 Years of Orchestra

*presented by Jeff Reed*

Wednesday, September 25<sup>th</sup>

11:30 a.m. – 1:00 p.m.

Knicely Conference Center

Regency Room

## Hollywood Then and Now: My Story

*presented by Andy Stahl*

Wednesday, October 30<sup>th</sup>

11:30 a.m. – 1:00 p.m.

Knicely Conference Center

Regency Room