

Proposal Date 8.25.2010

Department of Kinesiology, Recreation, and Sport: CHHS

Proposal to include a course in General Education

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General Education Course Form

1. Current or proposed catalog description of the course. Significant content changes must be approved by the University Curriculum Committee.

Proposed - Rec 200: Introduction to Recreation (3). Introduces the student to recreation, parks, and leisure history, philosophical and sociocultural concepts, and trends with attention to recreation sectors and employment opportunities.

2. General Education goal(s) met by the course. To be considered for inclusion in the General Education program, your course must fulfill at least one of the ten General Education Goals and Objective listed in Appendix I.

When selecting the category in which you want your course to be placed, please consult Appendix II. Each category of General Education has one or two goals that are shared by all the courses in that category. For your course to be included in a specific category, it must make a major contribution to fulfilling that category's shared goal(s).

For example, if you want your course to be included in Category C: Social and Behavioral Sciences, it must make a major contribution toward fulfilling *Goal 9: An understanding of society and human behavior*.

Gen Ed Cat C: Social and Behavioral Sciences
Goal: 9 - An understanding of society and human behavior

3. Syllabus statement of how the course meets the General Education goals listed in item 2. The University Senate requires that the syllabus for the General Education course contain an explicit statement of General Education goals and objectives that the course helps fulfill. If this course will have multiple sections, there must be a shared identical statement of goals and objectives. In addition, the syllabus must have an explicit statement of specific course goals and objectives that are linked to the General Education goals. For a sample statement, see Appendix III.

Rec 200 – Introduction to Recreation

General Education and Course Goals: The course helps fulfill the requirement for Category C: Social and Behavioral Sciences in Western Kentucky University's General Education programs. This course will help you better understand the concepts and relationships between leisure, recreation, play, and

work from a historical, sociocultural, and individual perspective. The course will provide you with opportunities to explore personal and societal values associated with leisure and recreation; the impact of work and economics on recreation and leisure in contemporary society; the relationship between leisure behavior and the natural environment; leisure and equity; and ethical questions associated with the use of leisure as a social good; and the similarities and differences of how society views leisure, recreation, and play from a regional, national, and international perspective. This course is designed to encourage students to think critically and introspectively, understand contexts, reflect, and take action.

4. Assessment plan. Please describe how you will assess your students' progress toward the identified General Education goals. Course grades are not an acceptable form of assessment for General Education purposes. Please contact the General Education Coordinator to discuss possible ways to assess for General Education.

Students will be participating in a variety of assignments that will allow them to explore and better understand the influences leisure, recreation, and play have on society. Several experiential exercises will be utilized to assess individual perspectives of leisure, recreation, and play in comparison to societal, national, and international perspectives. Experiential exercises may include a time use study and journaling; play observations; generational interviews; media analyses of how leisure and recreation is portrayed; and site visits to better understand delivery systems. In addition to participation in each exercise, students will be asked to reflect on how their views of leisure and recreation are similar and/or different than those they interview and observe. Finally, students will be able to develop and effectively articulate a personal philosophy of leisure.

Approvals:

Recreation Administration voted and approved: 8.31.2010

Department of KRS voted and approved: 10.4.2010

College of Health and Human Services Curriculum Committee voted and approved: 10.27.2010

General Education Committee: March 15, 2011