

Western Kentucky University
College of Education
Department of Military Science and Leadership
Course Syllabus
Course Number: MIL 101

Course Title: Military Mountaineering and Leadership

Semester Hours Credit: 2

Location: Diddle Arena Room 1504 "CPT Thomas Room of Honor"

Telephone: 745-4293

Required Textbooks: All text and training aids will be issued at no cost to the student. All items issued are on a LOAN basis and MUST be returned at the end of the semester in order to receive a grade. Failure to return department materials will result in a grade of incomplete (X) and a registration hold on the student's records.

Course description: This course is designed to be an introductory course to military science with emphasis on the following: Goal-setting, Physical Fitness Planning, Stress and Time Management, Mountaineering (which includes terminology, tools, and skills, rope management, knots, and rappelling/belaying techniques), and Basic Marksmanship. Additionally, cadets will receive an overview of Army Officership and the leadership skills necessary to succeed in any chosen career. Special attention will be given to the opportunities afforded an Army officer. Satisfactory completion of this course may be used to fulfill a category E or F requirement.

Course objectives: Enable the cadet to:

- Identify and understand the capabilities of mountaineering equipment and demonstrate knowledge through actual rappel and belay.
- Develop a personal physical fitness program, document it, and be accountable for conducting it.
- Understand the need for time and stress management as they apply to all aspects of college and professional lives.
- Understand goal setting and its role in time and stress management.

-Understand what it means to be an Army Officer and the opportunities for service, travel, advanced schooling, salary, promotions, and a professional career as a U.S. Army Officer.

-Understand basic marksmanship skills.

Assignments: Cadets are expected to read and study homework assigned by the instructor. Because a large part of the course evaluation consists of practical application, cadets who do not prepare mentally will be unable to perform assigned tasks with any degree of success. This will affect their performance during class.