



**WKU Athletics**  
**COVID-19**  
**Restart Plan**

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# WESTERN KENTUCKY UNIVERSITY

ATHLETICS



## WKU Athletics Restart Committee

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Board of Regents Chair

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### **Dr. Stacey Forsythe**

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### **Zach Greenwell**

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### **Dr. Craig Martin**

Professor of Marketing/Faculty Athletic Representative



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# Restart Timeline for Sport Programs

<b>Arrival Date</b>	<b>Number of Returners</b>	<b>Approx. Physical Date</b>	<b>Start of Workouts</b>
June 8	65 (Football - Partial)	June 8	June 8
July 6	40 (Football - Remaining)	July 6	July 7
July 6	14 (Volleyball)	July 6	July 7
July 6	26 (Soccer)	July 6	July 7
July 9	17 (Women's Basketball)	July 13	July 14
July 9	15 (Men's Basketball)	July 13	July 14
July 20	65 (Cheerleading)	Physicals on own	July 20-25 (1 Week)
Aug. 14	12 (Men's Golf)*	Aug. 14	Aug. 15 (Course)
Aug. 17	9 (Women's Golf)*	Aug. 19	Aug. 22
Aug. 18	24 (Cross Country)*	Aug. 18	Aug. 20
Aug. 22	31 (Track and Field)*	Aug. 23	Aug. 24
Aug. 22	19 (Softball)*	Aug. 23	Aug. 24
Aug. 22	51 (Baseball)*	Aug. 23	Aug. 24
Aug. 22	8 (Tennis)*	Aug. 23	Aug. 24

*\* Based on health/government guidelines at the time, there is the potential that some of these programs could have limited returners in July*

*(Dates and numbers are subject to change)*

# Medical Plan of Action

## MEDICAL DIRECTION

### **Chaitu Malempati, DO**

Medical Director for WKU Athletics and Head Team Physician, Medical Center Health

### **Brian Macy, MD**

Team Physician WKU Athletics, Graves Gilbert Clinic

### **Mike Gaddie, ATC**

WKU, Associate Athletic Director for Sports Medicine and Athletic Training

## MEDICAL PLAN COMPONENTS

- Student-Athlete, Staff and Department Health and Safety Actions
- Personal Protective Equipment, Medical and Infection Control Supplies
- Student-Athlete, Staff and Department Prevention Education and Training
- Student-Athlete, Staff and Department Initial and Continuous Screening Procedures
- Facility and Equipment Cleaning Procedures
- WKU Campus COVID-19 Policy and Procedures

## STUDENT-ATHLETE, STAFF AND DEPARTMENT HEALTH AND SAFETY ACTIONS

It is always the desire and goal to make sure our entire athletics department is provided with the highest level of care, which includes following all national, state and local healthcare guidelines and medical practices. It is important to be aware that during the COVID-19 pandemic we will follow these same guidelines and will continue to evolve as medical advances, procedures and treatment plans are developed. Plans and contingencies will be created to help provide flexibility as guidelines from these supervising entities develop.

During this time of development and implementation, we will engage the Athletic Department and anyone that would be included in these areas of providing care or have access to our department and facilities. Besides our student-athletes, coaches, staffs, support staffs, and administration, we will include – but not limit to – medical professionals, Building Service Attendants, maintenance, food services, shipping and receiving, WKU campus resources and others as identified.

By including all areas and people that are associated with the implementation of return to athletic activities, we will be able to limit any exposures and provide a plan to mitigate any concerns that may arise. We will coordinate with the WKU campus plan to make sure everyone understands and has access to procedures put in place during our return. We will also be continuously monitoring all the medical resources and update our plans and procedures accordingly.

# Medical Plan of Action

## PERSONAL PROTECTIVE EQUIPMENT MEDICAL AND INFECTION CONTROL SUPPLIES

*Worn and utilized per state and local regulations*

- **Masks:** Medical grade, cloth/cotton – disposable and reusable/washable provided to athletic department
  - **Gloves:** Multiple sizes used in healthcare, cleaning, laundry and other areas as needed
  - **Eye Protection, gowns:** As needed in athletic training rooms
  - **Thermometers:** Non-contact infrared utilized in athletic facilities
  - **Hand sanitizer (individual and mobile stations):** Positioned based on facility use
  - **Soap and disposable towels** in athletic facilities
  - **Other:** Pulse oximeter, peak flow meter, emergency medical supplies available in athletic training rooms
  - **Biohazard containers and bags:** Positioned based on facility use
  - **Cleaning and disinfecting solutions:** Provided through WKU Facilities Management, WKU Athletic Training, WKU Athletic Facilities and other outside providers as necessary
- 
- Facilities and areas being utilized will have a specific plan for cleaning schedules daily and between uses
  - Supply inventory and procurement will be through Athletic Training, WKU, other medical entities

# Medical Plan of Action

## **STUDENT-ATHLETE, STAFF AND DEVELOPMENT PREVENTION EDUCATION AND TRAINING**

*Presented by WKU Medical Staff, Athletic Training and others as appropriate*

• **Symptoms:** Fever, cough, shortness of breath, and loss of sense of smell or taste, but other symptoms may be present as well

### **What to do if you experience any of these?**

- Contact your athletic trainer immediately for directions
- Utilizing our team physicians and urgent care centers/walk-in clinics will also be options
- **CALL 911** if you are experiencing trouble breathing, persistent pain or pressure in your chest, inability to arouse or confusion, bluish lips or face

### **“How Do I Protect Myself?”**

- Avoid anyone who is sick or are in the identified high risk groups
- Follow state and local prevention guidelines
- Wear face mask
- Cover mouth when coughing, blowing nose and sneezing – throw tissues away immediately
- Wash hands for 20 seconds with soap and water – perform this throughout the day and especially after any contact. Do not touch face, eyes or mouth until you have washed your hands
- Hand sanitizer that is at least 60% alcohol can be used if only option
- Clean home regularly with appropriate disinfectants
- Practice social distancing (6 feet) and avoid close contact
- Do not gather in groups (less than 10 people if in Phase 1)
- Practice great standard hygiene
- No sharing of personal items, objects or effects – water bottles, cups, towels, etc.
- Limit touching surfaces, objects, etc. that are unnecessary
- Only go to places outside of your home that are for necessities or items you require to function; Wear face mask during these times and only go by yourself – do not take others with you
- Wash hands immediately upon returning

# Medical Plan of Action

## **TRAVEL BACK TO BOWLING GREEN AND WKU CAMPUS**

A full team roster and the state from which the student-athlete and staff are returning to campus from has been requested to evaluate, prepare and identify potential various levels of risk that each person presents.

This advanced review will help better prepare for individuals returning to campus. It is recommended that teams plan accordingly based on date of return, within the approved WKU and Athletic guidelines.

## **STUDENT-ATHLETE, STAFF AND DEPARTMENT INITIAL AND CONTINUOUS SCREEN PROCEDURES**

### **COVID-19 Testing - Initial Screening Upon Arrival**

- Accepted temperature range: Below 100.3 F normal, above 100.4 F abnormal
- Assessment of ALL Athletic Department personnel will be required prior to return to approved level of activity.
- Approved level of authorization could be, but not limited to, medical, WKU, WKU Athletics, state and local
- Screening will be done in an appropriate room – athletic training, locker room or other large designated room.

### ***See Page 8 for Initial Screening Document***

Forms will be reviewed and approved by WKU Medical staff and Athletic Training department prior to release of activity or additional requirements/suggestions to be made before clearance is given.

Consultation with WKU Human Resources needs to be considered prior to asking all athletic staff to complete forms and if any special consideration for other WKU employees that will be interacting with Athletics. This will include identifying any high-risk populations as well.

If there is a potential or identified risk from the screen we will follow the plan set by local public health and our medical team.





**WKU Athletics Staff / Student-Athlete COVID-19 Screening**

Name: \_\_\_\_\_  
Last First Middle

WKU ID: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_  
MM/DD/YY

Gender:  Male  Female Sport: \_\_\_\_\_

**Please complete this form to assess your potential exposure / possession of COVID-19 and other illnesses.**

Are you currently free from illness?  Yes  No

During your time away from WKU, did you experience, or are you currently experiencing any of the following:

SYMPTOM	YES	NO	LENGTH OF SYMPTOM	EXPLANATION
Fever	<input type="checkbox"/>	<input type="checkbox"/>		
Body Chills	<input type="checkbox"/>	<input type="checkbox"/>		
Extreme Level of Fatigue	<input type="checkbox"/>	<input type="checkbox"/>		
Cough	<input type="checkbox"/>	<input type="checkbox"/>		
Pain / Difficulty Breathing	<input type="checkbox"/>	<input type="checkbox"/>		
Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/>		
Sore Throat	<input type="checkbox"/>	<input type="checkbox"/>		
Body / Muscle Aches	<input type="checkbox"/>	<input type="checkbox"/>		
Loss of Taste	<input type="checkbox"/>	<input type="checkbox"/>		
Loss of Smell	<input type="checkbox"/>	<input type="checkbox"/>		
Changes to Vision / Eye Discharge	<input type="checkbox"/>	<input type="checkbox"/>		

QUESTIONS	YES	NO
2-14 days prior to experiencing these symptoms, did you experience a suspected exposure to COVID-19?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had any direct contact with someone that has a suspected or lab confirmed case of COVID-19?	<input type="checkbox"/>	<input type="checkbox"/>
During your time away from WKU, did you self-quarantine due to suspected symptoms or exposure of COVID-19?	<input type="checkbox"/>	<input type="checkbox"/>
During your time away from WKU, have you been living in, or have visited an area reporting an increased number of COVID-19 cases (i.e. "hot spots")?	<input type="checkbox"/>	<input type="checkbox"/>

Have you previously been or are you currently diagnosed with COVID-19?  
 Yes  No DATE OF DIAGNOSIS : \_\_\_\_\_

Do you have medical documentation to support your diagnosis and treatment of COVID-19?  
 Yes  No PHYSICIAN NAME: \_\_\_\_\_  
 PHYSICIAN LOCATON: \_\_\_\_\_

Please list any countries / states / cities you have traveled to since March 15th, 2020 and the dates you were there:

1. \_\_\_\_\_ Dates: \_\_\_\_\_
2. \_\_\_\_\_ Dates: \_\_\_\_\_
3. \_\_\_\_\_ Dates: \_\_\_\_\_
4. \_\_\_\_\_ Dates: \_\_\_\_\_
5. \_\_\_\_\_ Dates: \_\_\_\_\_

Staff / Student-Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

WKU ATC / MD Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Medical Plan of Action

## **COVID-19 Testing - Ongoing Screening After Arrival**

- Accepted temperature range: below 100.3 F normal, above 100.4 F abnormal

Prior to entering the designated facilities, entrance will be determined based on appropriate flow. Each person will be verbally screened by staff member and recorded with appropriate action taken as necessary. Their temperature will be taken each time.

The screening will continue or be revised as new processes are recommended or when WKU returns to normal operations.

If there is a potential or identified risk from the screen we will follow the plan set by local public health and our medical team.

The plan for isolation, quarantine, medical testing and treatment will be discussed under the WKU campus plan later in this document. Each case will be handled individually based on medical direction.

All student-athletes and staff in direct contact with student-athletes making their first arrival to campus between July 4 and the beginning of the fall semester will receive a COVID-19 antibody test. If the antibody test returns positive, it will be immediately followed up with an acute COVID-19 test (swab). This will be a requirement for return to athletic activity.

Additional COVID-19 testing will be performed, ordered or required when an individual has the signs or symptoms or other circumstances that suggests acute testing be performed. The guidelines will be evaluated and followed by WKU Team Physicians and/or others they designate.

If there is a confirmed case, confirmed exposure, potential exposure or illness associated to COVID-19 – the person's on- and off-campus history will be traced based on their input, team activity logs and other information necessary to make best judgment on level of care needed.

- ***See Page 11 for Participant Log Document***
- ***See Page 12 for Contract Tracing Document***

# Medical Plan of Action

## **COVID-19 Testing - Departmental Screening**

*See Entrance/Exit Plan under Facilities Plan of Action*

Staff and student-athletes will be required to have their temperatures and symptoms monitored daily by the athletic training staff, department supervisors or their designated individuals prior to entering the athletic facilities.

People that are not on athletic department rosters will be asked to enter the designated entrance and have their temperature checked prior to being allowed to enter. These individuals will arrange for entrance to their destination when available. They will also be asked to not linger or enter any areas they do not have direct business with. All entrances and exits will be locked where and when appropriate. It will be important to monitor anyone who enters any athletic facilities to help mitigate exposures of the COVID-19 virus.

Each athletic department supervisor, head coach or department-designated individual will be responsible to do the daily check of staff and others within their departments.

### **Diddle Arena**

- Student-athletes who begin their day in the arena will tentatively have their temperature checked daily in the back hallway near the athletic training room.
- Staff working inside Diddle Arena will tentatively have their temperature checked daily in the facilities/game operations office.

### **Smith Stadium West**

- All football student-athletes and staff working in Smith West will tentatively have their temperature checked inside the Hall of Champions area at the West main entrance.

### **Other Facilities**

- Should any student-athletes and staff begin their day in another WKU Athletics facility, or in a facility other than their normal routine, they'll be screened appropriately.

***See Page 13 for Facility Screening Log document***



Participant Log  
Staff Directed Event

Sport: \_\_\_\_\_

Date: \_\_\_\_\_

Activity: \_\_\_\_\_

START Time: \_\_\_\_\_

Location: \_\_\_\_\_

END Time: \_\_\_\_\_

Supervising Staff: \_\_\_\_\_

Participants  
(Including Staff)


Notes

Large empty box for notes.



# WESTERN KENTUCKY UNIVERSITY

## ATHLETIC TRAINING



WKU Athletics Staff / Student-Athlete COVID-19 Contact Tracing Form

Name: \_\_\_\_\_  
Last                      First                      Middle

WKU ID: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Gender: Male / Female      Sport: \_\_\_\_\_ Date: \_\_\_\_\_

*Please complete this form to the best of your memory for the previous 5 days.  
 Include any people you may have come in contact with.*

Date	Location / Activity	Time	Potential Contacts
Yesterday			
2 Days ago			
3 Days ago			
4 Days ago			
5 Days ago			

Athletic Trainer: \_\_\_\_\_ Date: \_\_\_\_\_



# Medical Plan of Action

## **KENTUCKY'S JUNE 1 REOPENING OF FITNESS CENTERS**

Kentucky Governor Andy Beshear has established a June 1 date for the reopening of fitness centers in the state, which will also apply to WKU Athletics' weight rooms and workout facilities.

The specific guidelines for fitness centers were released May 22 and will be strictly followed to adhere with the recommended policies.

Those guidelines can be found at the following link: <https://goto.ps/2zpnSc1>

## **KENTUCKY'S JUNE 15 AND JUNE 29 REOPENING OF ATHLETIC ACTIVITIES**

Governor Beshear has also established a June 15 date for the reopening of some youth sports, along with expanded athletic activities on June 29.

Again, the specific guidelines for athletic activities were released May 22 and will be strictly followed to adhere with the recommended policies.

Those guidelines can be found at the following link: <https://goto.ps/2Xq2iwh>

# Facilities Plan of Action

## **FACILITY AND EQUIPMENT CLEANING PROCEDURES**

WKU Athletics has multiple facilities that undergo routine cleaning and sanitation before, during and following their use. It is important to continue the vigilant process of making our facilities – and most importantly, the health and safety of the users – in the best possible condition through cleaning. Each facility has its specific processes, such as utilizing approved and appropriate chemicals that limit exposures to medical concerns. The staffs use towels, gloves and other protective equipment based on the situation. They also practice disposal of items into its appropriate place to decrease exposure. This is done in conjunction with WKU Facilities Management’s routine and plan for servicing the areas they are assigned.

The introduction and preparation on the cleaning procedures that will be implemented based on the current pandemic will be constantly evaluated and adjusted as needed.

### **Weight Rooms – Smith Stadium and Diddle Arena Locations**

- Clean all used equipment between groups
- Allow time in between - 30 minutes suggested
- Clean entire facility with ozone type equipment at opening and closing of the day
  - By staff or other designated individual
- Increase to deep clean by facilities/BSA

### **Athletic Training Room – Smith Stadium and Diddle Arena Locations**

- Clean entire facility with ozone type equipment at opening and closing of the day
  - By staff or other designated individual

### **Wet Areas – Treadmill Pool, Cold Plunge Pools, Swimex**

- Clean any surfaces, access water chemicals
  - By staff or other designated individual
- Increase to deep clean by facilities/BSA



# Facilities Plan of Action

## **FACILITY AND EQUIPMENT CLEANING PROCEDURES (continued)**

### **Locker rooms – Smith Stadium, Diddle Arena, Baseball, Golf**

- Assign designated group's access – minimal use in space and areas
- Clean areas utilized during the day, between uses
- Clean entire facility with ozone type equipment at opening and closing of the day
- Increase to deep clean by facilities/BSA

### **Meeting Rooms – Smith Stadium, Diddle Arena, Baseball, Golf**

- Assign designated group's access – minimal use in space and areas
- Clean areas utilized during the day, between uses
- Clean entire facility with ozone type equipment at opening and closing of the day
- Increase to deep clean by facilities/BSA

### **Arena and Gyms – Diddle Arena**

- Scheduled individual use and access – minimal use in space and areas
- Clean areas utilized during the day, between uses

### **Baseball/Softball Indoor Facility**

- Scheduled individual use and access – minimal use in space and areas
- Clean areas utilized during the day, between uses
- Clean entire facility with ozone type equipment at opening and closing of the day

### **Golf Facility - On-Campus**

- Scheduled individual use and access – minimal use in space and areas
- Clean areas utilized during the day, between uses
- Clean entire facility with ozone type equipment at opening and closing of the day

### **Turf Fields - Football/Baseball**

- Turf fields will undergo routine disinfectant cleaning, in addition to the use of a separate COVID-19 cleaning agent

# Facilities Plan of Action

## **FACILITY ENTRANCE/EXIT PLAN**

**Smith Stadium West Primary:** Enter and exit main doors from Avenue of Champions – specific doors will be marked/identified

**Smith Stadium West Secondary:** Back door available from staff parking lot – should be for individuals with keys only

**Smith Stadium East Primary:** Soccer will access its office areas by using Entrance C on the East side below Gate 4 – direct access to elevator to the third floor

**Diddle Arena (Staff):** All staff will enter Diddle Arena through Entrance 2 to directly report for temperature check

**Diddle Arena (Student-Athletes):** All student-athletes will enter Diddle Arena through the doors by the training room to directly report for temperature check

**Weight Rooms:** Entrance/Exit identified where appropriate – goal is to limit touches throughout facilities

**Locker Rooms:** Entrance/Exit identified where appropriate – goal is to limit touches throughout facilities

- ***Still considering NOT using locker rooms through initial period of return***
- ***Would have alternate plan for gear exchange and laundry services***

**Meeting Rooms:** Entrance/Exit identified where appropriate – goal is to limit touches throughout facilities

**Baseball/Softball Indoor:** Entrance/Exit identified where appropriate – goal is to limit touches throughout facilities

**Golf Facility on Campus:** Entrance/Exit identified where appropriate – goal is to limit touches throughout facilities

# Mental Health Overview

WKU Athletics will continue to utilize its TOPCARE program throughout this transition to campus, as it has been doing since summer 2019.

At that time in 2019, Joey Case was selected to serve in the part-time position of TOPCARE Coordinator. Case was a doctoral candidate in the WKU Psychology Department and had assisted sports medicine and athletic training staff between 2016-19. Case holds a master's degree in counseling psychology and is a licensed mental healthcare provider. Case has over 10 years of clinical experience providing psychological services to a wide variety of patients. He also has over five years of experience as a professor of psychology. He is scheduled to complete his doctoral degree in July 2020.

Overall, Case meets the NCAA recommendation of having a licensed and qualified mental healthcare practitioner dedicated specifically to the unique needs of student-athletes.

Prior to the launch of the part-time position, mental health services were provided by the WKU Counseling and Testing Center (CTC). While the WKU CTC continues to provide excellent support services to the WKU community, the demand for their services has increased across campus. Additionally, athletics staff have recognized that student athletes face unique demands compared to the general undergraduate population.

Case developed the TOPCARE "CUSA-MVP" Mental Wellness Plan for Coping with COVID-19. "CUSA-MVP" is an acronym for seven different coping skills and strategies for coping with COVID-19. The wellness plan was informed from current literature and based on concepts from Acceptance and Commitment Therapy (ACT), an evidence-based practice of psychotherapy.

The CUSA-MVP plan was disseminated to all athletics staff via email for distribution to their respective teams. The plan was also sent to all students via JumpForward. Additionally, the plan was posted to the TOPCARE website. All of that is in addition to Case's regular correspondence through email, social media and multimedia.

# Mental Health Overview

As we look to the future, TOPCARE should have a vital role in our return to campus following COVID-19. Now, more than ever, the mental wellness of our student-athletes is vital.

One initial step in the return to campus could be to offer mental health screenings to all returning athletes. The mental health screening could be taken online through Qualtrics and even be completed before athletes return to campus. This would give TOPCARE and ATCs a jump-start to screen and identify individuals who could benefit from TOPCARE services when students return to campus. This could also be supplemented by having TOPCARE team meetings with individual teams. These meetings could provide psychoeducational information regarding coping with COVID-19, adjusting to returning to campus, and other mental health related topics.

*Table 1: TOPCARE Dashboard*

<b>TOPCARE Dashboard</b>	
Total # Student Athletes	87
Total # of sessions (1hr)	204
Group Educational Sessions	7

*Table 2: Intervention Hours by Month*

<b>Distribution of Hours</b>	
Month	Hours of Individual therapy
August 2019	8
September 2019	48
October 2019	31
November 2019	22
December 2019	20
January 2020	6
February 2020	36
March 2020	19
April 2020	14
<b>Total</b>	<b>204</b>

*Table 3: TOPCARE Group Educational Sessions*

<b>Distribution of Group Sessions</b>	
Team	# of group sessions
Women's Soccer	4
WKU SAAC	3
WKU Tennis	1
<b>Total</b>	<b>7</b>

# Quarantine Care/Isolation

All contacts received by the university that indicate a potential exposure to COVID-19 will be immediately referred to the applicable public health agencies for direction or assumption of case management.

Immediate actions to isolate individuals will be implemented either through the university for persons residing in Housing and Residence Life (HRL) residence halls or apartments, or by public health for all persons residing off campus.

Quarantine spaces have been designated and approved by public health on campus and will remain at the ready in the event that active cases develop. Inquiries regarding contact tracing, case management, reporting, and quarantine protocols should be directed to the appropriate Healthy at Work Officers.

These protocols are all subject to change at the university's discretion as the student population increases.

WKU's full Big Red Restart plan is available at [wku.edu/restart](https://www.wku.edu/restart).

WKU Athletics' restart plan is a part of the Big Red Restart, and many of its policy decisions will fall under the guidance set by the university as a whole.



# Sport-Specific Return Logistics

## **FOOTBALL**

- 65 total players returning June 8
- 40 additional players returning July 6
- 37 living in Hilltopper Hall; 68 living off-campus
- Summer school - 70 total classes
- 40 in-state athletes; 65 out-of-state
- Fall Camp starts August 7

## **VOLLEYBALL**

- 14 total players returning July 6
- 6 living in Hilltopper Hall; 4 living in Kentucky Street; 4 living off-campus
- If summer school waiver passes, 10 total classes (additional paid for by student)
- If summer school waiver doesn't pass, 11 classes (additional paid for by student)
- 3 in-state athletes; 11 out-of-state
- Fall Camp starts August 10

## **SOCCER**

- 26 total players returning July 6
- 16 living in Hilltopper Hall; 2 living in Kentucky Street; 8 living off-campus
- If summer school waiver passes, 0 total classes
- If summer school waiver doesn't pass, 26 classes
- 6 in-state athletes; 19 out-of-state
- 1 international athlete from Canada
- Fall Camp starts August 4

## **WOMEN'S BASKETBALL**

- 17 total players returning July 9
- 9 living in Hilltopper Hall; 8 living in Kentucky Street
- Summer school - 5 total classes
- 7 in-state athletes; 8 out-of-state
- 2 international athletes from Egypt

# Sport-Specific Return Logistics

## **MEN'S BASKETBALL**

- 15 total players returning July 9
- 6 living in Hilltopper Hall; 8 living in Kentucky Street; 1 living off-campus
- 4 managers living off-campus
- Summer school - 12 total classes
- 9 in-state athletes; 5 out-of-state
- 1 international athlete from Canada

## **CHEERLEADING**

- 65 total cheerleaders returning July 20
- Returning at that for 1 week of training camp
- 40 in-state members; 23 out-of-state
- 2 international members from England and Canada

## **MEN'S GOLF**

- 12 total players returning Aug. 14
- 7 living in Hilltopper Hall; 5 living off-campus
- 5 in-state athletes; 6 out-of-state
- 1 international athlete from New Zealand

## **WOMEN'S GOLF**

- 9 total athletes returning Aug. 17
- 7 living in Hilltopper Hall; 2 living off-campus
- 5 in-state athletes; 3 out-of-state; 1 international athlete from England

## **CROSS COUNTRY**

- 24 total players returning Aug. 19
- 10 living in Hilltopper Hall; 2 living in Northeast; 1 living in Southwest; 1 living in Kentucky Street; 10 living off-campus
- 16 in-state athletes; 6 out-of-state
- 2 international athletes from Australia



# Sport-Specific Return Logistics

## **BASEBALL**

- 51 total players returning Aug. 22
- 12 living in Hilltopper Hall; 39 living off-campus
- 15 in-state athletes; 36 out-of-state

## **TRACK AND FIELD**

- 31 total athletes returning Aug. 22
- 19 living in Hilltopper Hall; 1 living in Northeast; 1 living in Kentucky Street; 10 living off-campus
- 9 in-state athletes; 20 out-of-state athletes
- 2 international athletes from Brazil and Antigua

## **SOFTBALL**

- 19 total athletes returning Aug. 22
- 4 living in Hilltopper Hall; 15 living off-campus
- 11 in-state athletes; 8 out-of-state athletes

## **TENNIS**

- 8 total athletes returning Aug. 22
- 2 living in Hilltopper Hall; 6 living off-campus
- 0 in-state athletes; 4 out-of-state athletes
- 4 international athletes from Spain (2), Germany and Austria

*\* Based on health/government guidelines at the time, there is the potential that some of these programs could have limited returners in July*

*\* All dates/numbers are subject to change*



# Housing Plan of Action

WKU Athletics currently projects to have 74 student-athletes living in Hilltopper Hall during the summer, as well as 102 living in Kentucky Street or off-campus housing.

Per WKU's Summer/Intersession Housing Agreement, residence hall guidelines will have several continued changes in policy due to COVID-19, including social distancing restrictions. All visitation in residence halls remains suspended until further notice.

The move-in process will be coordinated with WKU Housing & Residence Life to limit the amount of students and families inside a residence hall at one time.

## Summer Camps

To help ensure the health and safety of our student-athletes, staff and campus colleagues, WKU Athletics will not host any summer youth camps in June, July or August.

This will affect approximately 20 total youth camps regularly held each summer by Football, Men's Basketball, Women's Basketball, Volleyball, Women's Soccer, Baseball and Softball.

# Dining Plan of Action

Summer meals will be served out of Hilltopper Hub through the end of June.

Beginning July 6, summer meals will be served out of the Fresh Food Company. Operations and capacity will evolve depending on the phase system and recommended guidelines from the state.

Fewer than 20 non-athlete students will be living on campus along with student-athletes in the summer.

Food will be made to order in Hilltopper Hub without buffet options through the end of June. The menu will have some leniency for items available, and will feature breakfast, lunch and dinner as needed.

Each sport varies in how it handles dining during the summer term. Some will utilize meals through the WKU Restaurant Group, while others will provide meal money directly to the student-athletes.

# Academics Plan of Action

Recently, the NCAA Division I Council Coordination Committee approved a blanket waiver for football, men's basketball and women's basketball to be able to participate in standard summer activities without being enrolled in summer school courses.

Some from those sports will still require summer school courses to meet eligibility requirements, maintain a track toward graduation or to meet external mandates, such as international enrollment.

At this time, student-athletes from volleyball and soccer will still be required to be enrolled in summer school courses to participate in standard summer activities, although that also remains fluid with the NCAA.

Following the approval of this blanket waiver, WKU Athletics projects to have student-athletes enrolled in roughly 125 courses paid for by the athletic department during this summer term, as per normal procedure.

The Student-Athlete Success Center will open in June, although all support services will continue to be conducted via Zoom (tutoring, mentoring, study hall). However, some student-athletes will need to use the computer lab in order to complete their work for summer school. Any sort of computer lab use, academic tutoring, study hall or other activities would fall under the medical and facility guidelines previously mentioned in this document.

# Staff Plan of Action

Aside from WKU Athletics staff who work in close contact with student-athletes on a daily basis, protocols will also be put in place for the rest of departmental workers to return to work on campus.

Many of these protocols have been outlined within the medical and facilities plans of action, but they will also continue to follow local, state and federal guidelines, including Kentucky Governor Andy Beshear's "Minimum Requirements for All Businesses" document as part of the state's "Healthy at Work" Phase 1 Reopening.

All of these protocols will be carried out in conjunction with WKU's overall COVID-19 policy (Page 20).

Among those protocols already mentioned previously in this document are:

- Phasing employees back to work and controlling the number of individuals in a particular area at one time
- Enforcing social distancing policies
- Limiting face-to-face interaction and allowing telework as needed
- Providing universal masks and any other necessary PPE, as well as proper sanitation and adequate hand sanitizer or hand-washing access points
- Conducting and recording daily temperature/health checks
- Educating and training employees on all relevant information and protocols
- Creating plans for both testing and contact tracing
- Making special accommodations for any at-risk populations