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Department of Psychology

College of Education and Behavioral Sciences

Western Kentucky University

**EDUCATION**

Ph. D. (2005-2008)

Educational Psychology, University of Florida, Gainesville, Florida

M. A. (2002-2005)

Educational Psychology, University of Florida, Gainesville, Florida

B. A. (1997-2001)

English, North China Electric Power University, China

**POSITIONS**

2020-present	Full Professor of Psychology, Western Kentucky University
2014-2020	Associate Professor of Psychology, Western Kentucky University
2008-2014	Assistant Professor of Psychology, Western Kentucky University
2004-2008	Graduate Instructor/Teaching & Research Assistant, University of Florida

**TEACHING EXPERIENCE SUMMARY**

- ❖ Department of Psychology, Western Kentucky University
  - PSY 210 *Research Methods & lab* (Spring 2015 - present)
  - PSY 290 & 490 *Supervised Research in Psychology* (Fall 2010 - present)
  - PSY 310 *Educational Psychology* (Fall 2008 - present)
  - PSY 331/410 *Psychology of Learning* (Fall 2010 - present)
  - PSY 443 *Behavior Modification* (Fall 2015)
  - PSY 481 *History of Psychology* (Fall 2018 - present)
  - PSY 510 *Advanced Educational Psychology* (Fall 2009 - Fall 2012)
  - PSY 599 *Thesis Research and Writing/ Practicum in Psychology* (Spring 2013)
- ❖ Department of Educational Psychology, University of Florida
  - EDF 3210 *Educational Psychology* (Fall 2004 - Fall 2007)
  - EDF 3110 *Human Growth and Development* (Fall 2007; Spring 2008)

**PUBLICATIONS**

- Zhao, Q.** (2023). The superior psychological impact of absolute (versus relative) standing feedback does not depend on the reward criterion. *Social Psychology of Education*. <https://doi.org/10.1007/s11218-023-09758-2>
- Zhao, Q., & Chang, S.** (2022). Could directly shifting self-doubt mindset reduce the negative effects of chronic self-doubt? *Journal of Social Psychology*. <http://dx.doi.org/10.1080/00224545.2022.2086842>
- Zhao, Q.** (2022). Absolute standing feedback is more influential than relative standing feedback. *Journal of Educational Psychology*, 114(4), 701–715. <https://doi.org/10.1037/edu0000676>

- Zhao, Q.,** Winger, S., & Hendrick, J. (2022). The interactive effects of gender and implicit theories of ability on math and science achievements. *The Australian Educational Researcher*, 49, 115-133. <http://doi.org/10.1007/s13384-021-00430-2>
- Zhao, Q.,** Gong, L. & Chen, T. (2021). Impacts of growth mindset and concern with performance on resilience to self-doubt in American and Chinese students. *Social Psychology of Education*, 24, 1585-1606. <https://doi.org/10.1007/s11218-021-09671-6>
- Redifer, J., Lee, C., & **Zhao, Q.** (2021). Self-efficacy and performance feedback: Impacts on cognitive load during creative thinking. *Learning and Instruction*, 71, Article ID 101395. <https://doi.org/10.1016/j.learninstruc.2020.101395>.
- Zhao, Q.,** & Huang, X. (2020). Individual differences in response to attributional praise in an online learning environment. *Educational Technology Research and Development*, 68 (3), 1069-1087. <http://doi.org/10.1007/s11423-019-09720-0>
- Zhao, Q.,** Wichman, A., & Frishberg, E. (2019). Self-doubt effects depend on beliefs about ability: Experimental evidence. *Journal of General Psychology*, 146 (3), 299-324. <http://doi.org/10.1080/00221309.2019.1585320>
- Zhao, Q.,** & Gong, L. M. (2018). Cultural differences in attitude toward and effects of self-doubt. *International Journal of Psychology*, 54 (6), 750-758. <http://doi.org/10.1002/ijop.12525>
- Zhao, Q.,** & Redifer, J. (2016). Expecting immediate grades: Impacts on motivation, effort, and performance. *SAGE Open*, 6 (2), 1-9. <http://doi.org/10.1177/2158244016646413>
- Zhao, Q.,** & Wichman, A. (2015). Incremental beliefs about ability ameliorate self-doubt effects. *SAGE Open*, 5 (4), 1–10. <http://doi.org/10.1177/2158244015622539>
- Zhao, Q.,** Zhang, J., & Vance, K. (2013). Motivated or paralyzed? Individuals' beliefs about intelligence influence performance outcome of expecting rapid feedback. *Learning and Individual Differences*, 23, 168-171. <http://doi.org/10.1016/j.lindif.2012.07.019>
- Chen, Y., & **Zhao, Q.** (2013). Gender differences in business faculty's research motivation. *Journal of Education for Business*, 88, 1–11. <http://doi.org/10.1080/08832323.2012.717121>
- Zhao, Q.** (2012). Effects of accuracy motivation and anchor on metacomprehension judgment and accuracy. *Journal of General Psychology*, 139 (3), 155–174. <http://doi.org/10.1080/00221309.2012.680523>
- Linderholm, T., Wang, S., Theriault, D., **Zhao, Q.,** & Jakiel, L. (2012). The accuracy of metacomprehension judgments: The biasing effect of text order. *Electronic Journal of Research in Educational Psychology*, 10 (1), 111-128.
- Chen, Y., Little, H., Ross, M., & **Zhao, Q.** (2012). Factors motivating the adoption of e-learning technologies. *Journal of e-Learning and Higher Education*. Article ID 777468. <http://doi.org/10.5171/2012.777468>
- Zhao, Q.** & Linderholm, T. (2011). Anchoring effects on prospective and retrospective metacomprehension judgments as a function of peer performance information. *Metacognition and Learning*, 6 (1), 25-43. <http://doi.org/10.1007/s11409-010-9065-1>
- Zhao, Q.** & Linderholm, T. (2008). Adult metacomprehension: Judgment processes and accuracy constraints. *Educational Psychology Review*, 20 (2), 191-206. <http://doi.org/10.1007/s10648-008-9073-8>

- Linderholm, T., **Zhao, Q.**, Therriault, D., & Cordell-McNulty, K. (2008). Metacomprehension effects situated within an anchoring and adjustment framework. *Metacognition and Learning*, 3, 175-188. <http://doi.org/10.1007/s11409-008-9025-1>
- Linderholm, T. & **Zhao, Q.** (2008). The impact of strategy instruction and timing of estimates on low and high working-memory capacity readers' absolute monitoring accuracy. *Learning and Individual Differences*, 18 (2), 135-143. <http://doi.org/10.1016/j.lindif.2005.09.002>
- Linderholm, T., Cong, X., & **Zhao, Q.** (2008). Differences in low and high working-memory capacity readers' cognitive and metacognitive processing patterns as a function of reading for different purposes. *Reading Psychology*, 29(1), 61-85. <http://doi.org/10.1080/02702710701568587>
- Linderholm, T., **Zhao, Q.**, Cong, X., & Virtue, S. (2006). Factors external and internal to the adult reader that affect the inferential process. In A.V. Mittel (Ed.), *Focus on educational psychology* (pp. 147-171). Hauppauge, NY: Nova Science Publishers, Inc.

### **THESES/DISSERTATION**

- Zhao, Q.** (2008). *Judgmental anchoring and adjustment in metacomprehension (dissertation)* (dissertation). Gainesville, FL: University of Florida Electronic Thesis and Dissertation Collection (<http://purl.fcla.edu/fcla/etd/UFE0022325>).
- Zhao, Q.** (2005). *Absolute Metacomprehension Accuracy: The Effects of Cue-Utilization Instruction and Working-Memory Capacity* (M.A. thesis). Gainesville, FL: University of Florida Electronic Thesis and Dissertation Collection (<http://purl.fcla.edu/fcla/etd/UFE0012170>).

### **PEER-REVIEWED CONFERENCE PRESENTATIONS** (\* denotes student co-author)

- Zhao, Q.**, & Wichman, A. (2023; May). *The mediating roles of perceived behavioral stability and controllability in the associations between incremental mindset of personality and forgiveness of singular versus repeated transgressions*. Poster submitted to the Association for Psychological Science (APS) 2023 annual convention in Washington D.C.
- Huang, X., & **Zhao, Q.** (2023; May). *Learning in an immersive VR environment: Impact of learner characteristics on learning and motivational outcomes*. Paper to be presented in a Virtual Paper Session titled, "Contextually Embedded Learning Environments", at the 2023 American Educational Research Association (AERA) annual meeting.
- Zhao, Q.**, Glass, P., & Chen, T. (2023; February). *Economic locus of control moderates the psychological impact of absolute and relative economic status*. Virtual Research Spotlight presented at the 2023 Society for Personality and Social Psychology (SPSP) annual convention.
- Zhao, Q.**, Redifer, J., Wininger, S., & Gross, T. (2022; December). *Online and face-to-face: Teaching students to adapt research proposal presentations across mediums*. A roundtable session presented at PsychTERMS Conference (Teaching to Enhance Research Methods and Statistics in Psychology), a two-day virtual conference.
- Zhao, Q.** (2022; August). *Does reward context matter in the effects of absolute vs. relative standing feedback on motivational and affective outcomes?* Virtual poster presented at the American Psychological Association (APA) annual convention.

- Zhao, Q.,** & Chang, S. (2022; May). *Priming either positive or negative mindset about self-doubt diminishes the negative effects of self-doubt*. Poster presented at the Association for Psychological Science (APS) annual convention in Chicago, IL.
- Zhao, Q.** (2021; 5/26-9/1). *Absolute standing feedback is more influential than relative standing feedback*. Poster presented at the 2021 Association for Psychological Science (APS) Virtual Convention and Poster Showcase.
- Chang, S., \* & **Zhao, Q.** (2021; February). *Could directly shifting mindset about self-doubt reduce the negative effects of self-doubt?* Poster presented at the Self & Identity Virtual Preconference at the 2021 Society for Personality and Social Psychology (SPSP) annual convention.
- Henneberg, L.\* & **Zhao, Q.** (2020; July). *Does competition change the relative importance of absolute and relative standing feedback?* Poster presented at the Association for Psychological Science (APS) Virtual Poster Showcase. The in-person annual convention in Chicago, IL. was canceled due to COVID-19.
- Zhao, Q.,** & Grey, C. \* (2020). The effects of *objective and comparative performance feedback on satisfaction with performance and affect*. Poster accepted for presentation at the 2020 Association for Psychological Science (APS) annual convention in Chicago, IL. The convention was canceled due to COVID-19.
- Zhao, Q.,** & Wininger, S. (2019; August). *The effects of gender and implicit theories of ability on math and science Achievements*. Poster presented at the 2019 American Psychological Association (APA) annual convention in Chicago, IL.
- Buscaglia, A.\* , Kuhlenschmidt, S., **Zhao, Q.,** Clayton, K., Fiore, C., & Pepper, A. (2018; April). *The effects of gender and communication style in dating interactions*. Poster presented at the 2018 Western Psychological Association (WPA) annual convention in Portland, Oregon.
- Trader, E.\* , Paquin, A. R., & **Zhao, Q.** (2018; May). *Decreasing stigma against depression in Chinese international students*. Poster presented at the Mid-America Psychology Undergraduate Conference, Charleston, IL.
- Zhao, Q.,** & Gong, L.M. (2017; May). *Cultural differences in response to self-doubt*. Poster presented at the 2017 Association for Psychological Science (APS) Annual Meeting in Boston, M.A.
- Zhao, Q.,** & Huang, X. (2017; April). *Individual differences in response to attributional praise in an online learning environment*. Poster presented at the 2017 American Educational Research Association (AERA) Annual Meeting in San Antonio, Texas.
- Frishberg E.\* , & **Zhao, Q.** (2017; January). *Self-doubt effects depend on beliefs about ability: Experimental evidence*. Poster presented at the Society for Personality and Social Psychology (SPSP) annual convention in San Antonio, Texas.
- Zhao, Q.,** & Wichman, A. (2016; November). *Incremental beliefs about ability ameliorate self-doubt effects: Correlational and experimental evidence*. Oral presentation at the 8<sup>th</sup> Bi-annual meeting of International Association for Metacognition (IAM), Boston, MA.
- Chang, J., \* & **Zhao, Q.** (2016; August). *Evaluate me: The effects of anticipated rapid feedback and beliefs about ability on performance*. Poster presented at the American Psychological Association (APA) annual convention, Denver, CO.
- Kuhlenschmidt, S., Wininger, S., Derryberry, P., Duffin, L., Redifer, J., & **Zhao, Q.** (2016;

- August). *Prevalence of neuromyths in preservice teachers*. Poster presented at the American Psychological Association (APA) annual convention, Denver, CO.
- Zhao, Q.,** & Redifer, J. (2015; May). *The demotivating effects of expecting immediate feedback for individuals with other-avoidance goal*. Poster presented at the 27<sup>th</sup> Association for Psychological Science (APS) annual convention, New York, NY.
- Xu, X. Y., \* & **Zhao, Q.** (2015; May). *The effects of anticipated feedback proximity on performance: Exploring the moderating role of self-efficacy and task type*. Poster presented at the 27<sup>th</sup> Association for Psychological Science (APS) annual convention, New York, NY.
- Corley, W., \* & **Zhao, Q.** (2015; May). *The impact of forewarning on suggestibility: Does it depend on working-memory capacity?* Poster presented at the 27<sup>th</sup> Association for Psychological Science (APS) annual convention, New York, NY.
- Xu, X. Y.\*, Corley, W.\*, **Zhao, Q.**, & Wichman, A. (2014; May). *Incremental beliefs about ability ameliorate self-doubt effects*. Poster presented at the 26<sup>th</sup> Association for Psychological Science (APS) annual convention, San Francisco, CA.
- Corley, W.\*, Xu, X. Y.\*, **Zhao, Q.**, & Redifer, J. (2014; May). *The “motivation by anticipation” effects: Do they depend on achievement goal orientation?* Poster presented at the 26<sup>th</sup> Association for Psychological Science (APS) annual convention, San Francisco, CA.
- Zhao, Q.**, Wichman, A., & Raap, E.\* (2013; May). *Beliefs about ability moderate the impact of self-doubt on test anxiety*. Poster presented at the 25<sup>th</sup> Association for Psychological Science (APS) annual convention, Washington, D.C.
- Zhao, Q.**, & Schelble, J. (2013; May). *The impact of achievement motivation and anticipated feedback proximity on performance prediction*. Poster presented at the 25<sup>th</sup> Association for Psychological Science (APS) annual convention, Washington, D.C.
- Zhao, Q.**, Raap, E.\*, & Steen, A.\* (2012; May). *Standard anchoring: Thoughtful or non-Thoughtful?* Poster presented at the 24<sup>th</sup> Association for Psychological Science (APS) annual convention, Chicago, IL.
- Zhao, Q.**, & Vance, K.\* (2012; May). *Individuals’ beliefs about intelligence influence performance outcome of expecting rapid feedback*. Poster presented at the 24<sup>th</sup> Association for Psychological Science (APS) annual convention, Chicago, IL.
- Zhao, Q.**, Moosmann, B., \*& Vance, K.\* (2011; August). *Self-affirmation and self-threat influence anchoring and adjustment*. Poster presented at the 2011 American Psychological Association (APA) convention, Washington, DC.
- Moosmann, B.\*, Vance, K.\*, **Zhao, Q.** (2011; May). *The role of self in anchoring effects on metacomprehension judgment*. Poster presented at the 23<sup>rd</sup> Association for Psychological Science (APS) annual convention, Washington, DC.
- Zhao, Q.** (2010; April). *Tenacity of anchoring in metacomprehension judgment under high accuracy motivation*. Oral presentation at the 6th Bi-annual meeting of International Association for Metacognition (IAM), St. Louis, Missouri.
- Zhao, Q.**, & Lee, B\* (2010; May). *Accuracy motivation eliminates anchoring effects on retrospective but not prospective metacomprehension judgment*. Poster presented at the Association for Psychological Science (APS) 22<sup>nd</sup> Annual Convention, Boston, MA.
- Zhao, Q.**, & Linderholm, T. (2009; August). *Judgmental anchoring and adjustment in metacomprehension*. Poster presented at the American Psychological Association (APA)

117<sup>th</sup> Annual Convention, Toronto, CA.

Wang, S. X., Jakiel, L., Linderholm, T., **Zhao, Q.**, & Therriault, D. (2008; May). *Anchoring and adjustment processes in metacomprehension*. Poster presented at the Association for Psychological Science (APS) 20<sup>th</sup> Annual Convention, Chicago.

**Zhao, Q.**, Linderholm, T., & Therriault, D. (2006; August). *Absolute monitoring accuracy: The effects of cue-utilization instruction and working memory capacity*. Poster presented at the American Psychological Association (APA) Annual Convention, New Orleans, LA.

**Zhao, Q.** & Linderholm, T. (2005; August). *The impacts of strategy instruction, working memory capacity, and estimation timing on absolute monitoring accuracy of comprehension*. Poster presented at the Florida Reading Research Conference, Tallahassee, FL.

#### **INVITED RESEARCH TALKS & OTHER PRESENTATIONS** (\* denotes student co-author)

Brock, S.\*, & **Zhao, Q.** (2023; March 29<sup>th</sup> & April 1<sup>st</sup>). The impact of beliefs about emotions on emotion regulation and psychological well-being. Poster presented at the College of Education and Behavioral Sciences (CEBS) Poster Showcase & at the Western Kentucky University (WKU) Student Scholar Showcase.

Hocklander, R.\*, Compton, K. \*, Gordan, A. \*, & **Zhao, Q.** (2023; April 1<sup>st</sup>). Reducing pre-presentation memory deficits by increasing metacognitive awareness and utilizing placebo effects. Poster presented at the Western Kentucky University (WKU) Student Scholar Showcase.

Glass, P.\*, & **Zhao, Q.** (2022; March). *Comparison is the thief of joy? The effects of absolute versus relative economic status on mental health outcomes*. Poster presented at the College of Education and Behavioral Sciences (CEBS) Poster Session & at the Western Kentucky University (WKU) Student Research Conference.

Young, D.\*, & **Zhao, Q.** (2022; March). *Believing that "I can change" predicts resilience whereas believing that "they can change" predicts forgiveness*. Poster presented at the College of Education and Behavioral Sciences (CEBS) Poster Session & at the Western Kentucky University (WKU) Student Research Conference.

Chang, S.\*, & **Zhao, Q.** (2021; April). *Could directly shifting mindset about self-doubt reduce the negative effects of self-doubt?* Poster presented at the College of Education and Behavioral Sciences (CEBS) Twitter Poster Session & at the Western Kentucky University (WKU) Virtual Student Research Conference.

Henneberg, L., \* & **Zhao, Q.** (2020; April & May). Does *competition change the relative importance of absolute and relative standing feedback?* Poster (as a YouTube Video) presented at the College of Education and Behavioral Sciences (CEBS) Virtual Poster Presentation & at the Western Kentucky University (WKU) Virtual Student Research Conference.

Grey, C., \* & **Zhao, Q.** (2020). *Objective performance feedback is more influential than comparative performance feedback*. Poster accepted for presentation at the 50<sup>th</sup> Annual Western Kentucky University (WKU) Student Research Conference. The conference was canceled due to COVID-19.

**Zhao, Q.** (2020; April). *Writing a methodology section*. Guest speaker in PSY 799 Dissertation in Psychology.

- Zhao, Q.** (2020; February). *Observations on U. S.– China differences in education*. Guest speaker in PSY 355 Cross-Cultural Psychology.
- Zhao, Q.** (2019; June). *Cultural differences in the self-doubt phenomenon*. Research talk at the Department of Psychology at Shaanxi Normal University, P. R. China.
- Zhao, Q.** (2019; February). *Cultural differences in attitude toward and effects of self-doubt*. Research talk at the Department of Psychology Colloquium at Eastern Kentucky University (EKU), Richmond, KY.
- Trader, E. \*, Paquin, A. R., & **Zhao, Q.** (2018). *Decreasing stigma against depression in Chinese international students*. Poster presented at the Western Kentucky University (WKU) Student Research Conference.
- Zhao, Q.** (2017; July). *Cultural differences in the perception and effects of self-doubt*. Brown Bag Presentation at the Summer 2017 REU (Research Experience for Undergraduates) Program, Western Kentucky University (WKU).
- Trader, E. \*, Gong, L. M., & **Zhao, Q.** (2017; March). *Cultural differences in response to self-doubt*. Poster presented at the WKU Student Research Conference.
- Zhao, Q.**, & Huang, X. (2017; March). *Individual differences in response to attributional praise in an online learning environment*. Poster presented at the 2017 CEBS research showcase, Western Kentucky University (WKU).
- Frishberg, E., \* & **Zhao, Q.** (2016; August). *Self-Doubt Effects Depend on Beliefs about Ability*. Poster presented at the Student Research Conference, Summer 2016 REU (Research Experience for Undergraduates) Program, Western Kentucky University.
- Zhao, Q.** (2016; July). *Incremental beliefs about ability ameliorate self-doubt effects*. Brown Bag Presentation at the Summer 2016 REU (Research Experience for Undergraduates) Program, Western Kentucky University (WKU).
- Chang, J., \* & **Zhao, Q.** (2015; March). *Evaluate me. The effects of anticipated rapid feedback and beliefs about ability on performance*. Poster presented at the WKU Student Research Conference.
- Zhao, Q.** (2011; June) *Anchoring and adjustment in metacomprehension judgments under high accuracy motivation: The role of adjustment-direction certainty*. Research talk at the Department of Psychology at Beijing Normal University, P. R. China.
- Zhao, Q.** (2011; June). *Anchoring and adjustment in metacomprehension judgments under high accuracy motivation: The role of adjustment-direction certainty*. Research talk at the Department of Psychology at Shaanxi Normal University, P. R. China.
- Raap, E. R. \*, Steen, A. \*, & **Zhao, Q.** (2011, March). *Standard anchoring: Thoughtful or non-thoughtful?* Poster presented at the Student Research Conference at Western Kentucky University (WKU).
- Zhao, Q.** (2011). *Effects of anticipated feedback proximity on performance: Do they depend on naïve theories of intelligence?* Research talk at the Department of Psychology colloquium (PSY 590), Western Kentucky University (WKU).
- Zhao, Q.** (2010). *Metacognition for text*. Research talk at the Department of Psychology colloquium (PSY 599), Western Kentucky University (WKU).
- Zhao, Q.**, Linderholm, T., & Therriault, D. (2005). *Absolute monitoring accuracy: The effects of cue-utilization instruction and working memory capacity*. Research talk at the Cognitive Forum of Department of Psychology, University of Florida.

**GRANT/FUNDING ACTIVITIES**

- Quick-Turn-Around Grant (QTAG) (May 18<sup>th</sup>-June 30<sup>th</sup>, 2023). \$1,050 awarded to support the project on reducing pre-presentation memory deficits by increasing metacognition and utilizing placebo effects. **Role: Faculty mentor** for Katie Compton.
- Quick-Turn-Around Grant (QTAG) (November 15<sup>th</sup>-February 12<sup>th</sup>, 2022). \$2,496 awarded to support the project on the role of attributional beliefs in the effects of relative status on psychological well-being. **Role: PI.**
- Research and Creative Activities Program (RCAP-II) grant (May 2022-August 2023). \$7,293 awarded (Award #: 23-8001). Supported the project on the effects of incremental mindsets of personality on forgiveness of singular and continual transgressions. **Role: PI.**
- NSF S-STEM grant (submitted in February 2022). \$ 1,497,229 requested (unfunded). Would provide scholarships for two cohorts of psychology majors (a total of 24 students) who will be paired with research mentors. **Role:** Helped write “approach to research mentoring” and put together the outcome-measure materials for program evaluation. Would also serve as Research mentor.
- Quick-Turn-Around Grant (QTAG) (Oct. 2021 – Jan. 2022). \$3,000 awarded to support a project on the role of attributional beliefs in the effects of absolute vs. relative status on psychological well-being. **Role: PI.**
- U.S. National Security Agency: STARTALK grant (21-0175) (August 1, 2021- July 31, 2023): \$575,000 requested (unfunded). Would support the WKU Chinese STARTALK Program – “Speak Your Vision” (Two components: Workforce Development Media & Year-round Immersion Program). **Role: Program Evaluator**
- Faculty-Undergraduate Student Engagement (FUSE) grant (May 2019-December 2020). Awarded by WKU office of research: \$3,000. The study investigated gender differences in response to objective and comparative performance feedback in STEM fields. **Role: Faculty mentor** for Callie Grey.
- Faculty-Undergraduate Student Engagement (FUSE) grant (May 2019-December 2020). Awarded by WKU office of research: \$3,000. The project investigated how competition affects the relative importance of absolute and relative standing feedback. **Role: Faculty mentor** for Licia Henneberg.
- Quick-Turn-Around Grant (QTAG) (February 2018~May 2018). Funded by WKU Office of the Provost: \$3,000. The project aimed to provide experimental evidence on the moderating effects of beliefs about Ability on the effects of self-doubt. **Role: PI.** Co-PI: Aaron Wichman
- NSF Research Experiences for Undergraduates (REU) grant (August 2016; August 2014). Funded by National Science Foundation. *“Using Technology to Advance Psychological Research.”* **Role: Summer Research mentor.**
- APS Fund for Teaching and Public Understanding of Psychological Science (December 2015-March 2016). *“Applying the science of misinformation correction as a teaching intervention: Increasing the accuracy of student beliefs about learning styles”.* \$15,000 requested (unfunded). **Role: Co-PI.** PI: Jenni Redifer. Other Co-PIs: Sally Kuhlenschmidt, Steve Winger, Lisa Duffin, & Pitt Derryberry.
- Quick-Turn-Around Grant (QTAG) (December 2015~March 2016). Funded by WKU Office of the Provost: \$2,625. The project investigated how gender and beliefs about ability



moderate the impacts of attributional praise on students' motivation and performance.

**Role: PI.** Co-PI: Xiaoxia (Silvia) Huang

Faculty-Undergraduate Student Engagement (FUSE) grant (May 2014-December 2015).

Awarded by WKU office of research: \$3,000. The project examined the effects of anticipated feedback proximity and beliefs about ability on predicted and actual task performance. **Role: Faculty mentor** for Joanna Chang.

Global Encounters Support (GES) Grant (April 2013). Funded by WKU Office of International Programs (OIP): \$3,000. Invited Dr. Hong Li, a faculty of psychology at Beijing Normal University, for an academic visit. Dr. Li held a practitioner-oriented workshop targeting Chinese language Learners and instructors in the WKU community and gave a research talk targeting psychology faculty and graduate students. **Role: Co-PI.** PI: Jie Zhang.

Teaching Resource Faculty grant (January 2011). Awarded by WKU Faculty Center for Excellence in Teaching (FaCET): \$1,500. Supported travel to the 33<sup>rd</sup> annual National Institute on the Teaching of Psychology (NITOP). **Role: PI**

Research and Creative Activities Program (RCAP-II) grant (December 2010 – December 2012). Awarded by WKU Office of Sponsored Programs: \$6000 (Award # 11-8006). The project investigated how naïve theories of intelligence affect students' motivation and performance in anticipation of rapid feedback. **Role: PI.**

U.S. Department of Education Undergraduate Studies Foreign Language (UISFL) grant (2009-2011): \$3500. Supported travel to China to develop collaborative relationships with Chinese scholars in teaching and research; to explore course offerings for WKU Chinese Language and Asian Studies. **Role: Participant.**

New Faculty Scholarship (April 2009 - April 2010). Awarded by WKU Office of Sponsored Programs: \$4000.00. The project investigated whether accuracy motivation attenuates the influence of peer performance information on metacognitive judgments of performance. **Role: PI**

## **STUDENT RESEARCH SUPERVISION**

### **Theses & Dissertations**

- ❖ Chair, Master's Thesis Committee for Abby McGinnis (Summer 2023 -)
- ❖ First Reader, Honors Capstone Thesis of Yasmina Muradova (Spring 2023-)
- ❖ Member, thesis committee for Kelsey Bugg (Spring 2023 -)
- ❖ Member, PsyD Dissertation Committee for Virginia, I. Underwood (Spring 2020 -)
- ❖ Chair, PsyD Dissertation Committee for Kristen, E. Schwindt (Spring 2020 -)
- ❖ Chair, Master's Thesis Committee for Sarah Brock (Spring 2021-Spring 2023)
- ❖ Member, Master's Thesis Committee for Crystal Ewens (Spring 2020)
- ❖ Member, Specialist Project Committee for Brandi Glass (Fall 2020 - Spring 2022)
- ❖ Chair, PsyD Dissertation Committee for James Bender (Spring 2018-Summer 2021)
- ❖ Member, PsyD Dissertation Committee for Elizabeth Cravero (Spring 2018-Spring 2019)
- ❖ Member, Specialist Project Committee for Lanie Rudisill (Spring 2018-Summer 2018)
- ❖ Chair, Master's Thesis Committee for Joanna Chang (Fall 2017- Summer 2018)
- ❖ Member, Master's Thesis Committee for Michael David Soward (Fall 2017-Summer 2018)
- ❖ Member, PsyD Dissertation Committee for Anissa Pugh (Spring 2016-Summer 2018)
- ❖ Second Reader, Honors Capstone Thesis of Elizabeth Trader (Spring 2017-Spring 2018)

- ❖ Member, EdD Dissertation Committee for Kanglei Meng (Fall 2016-Fall 2017)
- ❖ Chair, Master's Thesis Committee for Alexandra Buscaglia (Fall 2016-Summer 2017)
- ❖ Member, Master's Thesis Committee for Elizabeth Cravero (Fall 2015-Spring 2017)
- ❖ Second Reader, Honors Capstone Thesis of McKenzie Perdew (Fall 2015-Spring 2016)
- ❖ Consultant, Honors Capstone Thesis of Susan Breidenich (Spring 2015)
- ❖ Member, Master's Thesis Committee for Anisha Thomas (Fall 2014-Spring 2015)
- ❖ Advisor, Honors Capstone Thesis of Joanna Chang (Spring 2014-Spring 2015)
- ❖ Second Reader, Honors Capstone Thesis of Hannah Wilson (Spring 2014-Spring 2015)
- ❖ Chair, Master's Thesis Committee for William Corley (Fall 2013-Spring 2015)
- ❖ Chair, Master's Thesis Committee for Xingya Xu (Fall 2012-Spring 2015)
- ❖ Member, EdD Dissertation Committee for Lisa Owen (Spring 2014-Fall 2014)
- ❖ Member, Master's Thesis Committee for Savannah Benningfield (Spring 2012-Spring 2013)
- ❖ Chair, Master's Thesis Committee for Eric Raap (Fall 2011-Spring 2013)

### **PSY290s & PSY490s (Supervised Research in Psychology/Independent Study)**

- ❖ PSY290, Olivia First (Fall 2023)
- ❖ PSY 290s, Katie Compton, Faith Williams, Jacob Smith, & Ryan Hocklander (Spring 2023)
- ❖ PSY 490, Nidhi Patel (Spring 2022)
- ❖ PSY 290, Kallie Smith (Spring 2022)
- ❖ PSY 290, Dawson Young (Fall 2021-Spring 2022)
- ❖ PSY 290, Paige Glass (Spring 2021-Spring 2022)
- ❖ PSY 490, Callie Grey (Spring 2019; Spring 2020)
- ❖ PSY 290, Evelin Sanz (Fall 2018)
- ❖ PSY 490, Elizabeth Trader (Spring 2018)
- ❖ PSY 290s, Lauren Satterley, Elizabeth Trader, Madeline Scherba (Fall 2016)
- ❖ PSY 290, Kathryn Norris (Fall 2015-Spring 2016)
- ❖ PSY 490, Ashley Merritt (Fall 2015)
- ❖ PSY 290, Glendon Nantz (Fall 2015)
- ❖ PSY 490, Kathryn Norris (Spring 2015)
- ❖ PSY 490, Joanna Chang (Fall 2013-Spring 2015)
- ❖ PSY 490s, Amanda Young and Cecia Reyes (Spring 2014)
- ❖ PSY 290, Courtney George (Fall 2013)
- ❖ PSY 490, Susan Zhou (Spring 2013)
- ❖ PSY 290, Allison Steen (Fall 2011-Fall 2012)
- ❖ PSY 490, Kaleigh Vance (Fall 2010-Spring 2012)
- ❖ PSY 290 & 490, Brittney Moosmann (Spring 2010-Fall 2010; Spring 2011-Fall 2011)

### **Gatton Academy Students, Honors Augmentation Projects & Other Research Projects**

- ❖ Honors Augmentation Project, Piper Poteet (Spring 2023; PSY 481)
- ❖ Honors Augmentation Project, Nicholas Ralph Gardner (Fall 2022; PSY 331)
- ❖ Honors Augmentation Project, Alex Smith (Fall 2021; PSY 331)
- ❖ Research mentor to James Han (Bowling Green High School; Summer 2021)
- ❖ Research mentor to Samuel Chang (Gatton Academy student; Spring 2020 – Fall 2020)
- ❖ Research mentor to Jada Hunter-Hays (Gatton Academy student; Fall 2020)

- ❖ Research mentor to Licia Henneberg (Gatton Academy student; Fall 2018-Spring 2020)
- ❖ Research mentor to Uria Park (Gatton Academy student; Fall 2018-Fall 2019)
- ❖ Honors Augmentation Project, Kaylar Wood (Fall 2018; PSY 481)
- ❖ Honors Augmentation Project, Sydney R. Garrison (Spring 2018; PSY 331)
- ❖ Honors Augmentation Project, Eleanor Smith (Fall 2016; PSY 331)
- ❖ Research mentor to Eva Frishberg from Bard College (Summer Research Experience for Undergraduates (REU) project; Summer 2016)
- ❖ Honors Augmentation Project, Jennifer Folsom (Fall 2015)
- ❖ Honors Augmentation Projects, Erin Bennett and Susan Breidenich (Fall 2014)
- ❖ Honors Augmentation Project, Ashley Harmon (Spring 2014)
- ❖ Honors Augmentation Project, Karly Kasten (Spring 2013)
- ❖ Honors Augmentation Project, Natalie West (Fall 2012)
- ❖ Research Supervisor to Stephanie Menser (Fall 2011-Spring 2012)
- ❖ Honors Augmentation Project, Melissa Miles (Fall 2011)
- ❖ Research mentor to Perri Grabow (undergraduate intern from Grinnell College; Summer 2010)
- ❖ Research Supervisor to Brian Lee (Fall 2009~Spring 2011)
- ❖ Research Supervisor to Hayley Reddington, Nicole Nason, Elisabeth Knauer (Fall 2009)

## **SERVICE ACTIVITIES**

### **University/College Service**

#### **- Continuing or Long-Term Service**

- ❖ Reviewer for Fall 2023 Faculty-Undergraduate Student Engagement (FUSE) grant applications (Reviewed them in Spring 2023)
- ❖ Research Methods Consultant for the CITL Innovative Teaching Grant applicants (Spring 2022 -)
- ❖ Member, Advisory Committee on Faculty Continuance, Promotion, and Tenure (Senate Charter IV.F.) (September 2021 -)
- ❖ Member, University Faculty Senate (August 2021 to July 2023)
- ❖ Member, Academic Quality standing committee (August 2021 to July 2023)
- ❖ Mentor, PSY 210 Tutoring Program (Fall 2021)
- ❖ CEBS representative on the University Institutional Review Board (IRB) (August 2020 -)
- ❖ Research Mentor for CHHS Junior Faculty – Dr. Qingfang Song (May 2020 -)
- ❖ Member, CEBS Sabbatical Leave Committee (Fall 2019 -)
- ❖ Member, Teacher Education Core Curriculum - Educational Psychology subcommittee (December 2018 -January 2019)
- ❖ Member, CEBS Comprehensive Academic Program Evaluation (CAPE) Committee (November 2018)
- ❖ Member, Academic Innovation and Excellence Strategic Planning Workgroup (September 2017 - February 2018)
- ❖ Chair, CEBS REACH Week Committee (Spring 2017; Spring 2016)
- ❖ Host of a visiting scholar (Gong, Liming) from Department of Applied Psychology at Anhui University of Traditional Chinese Medicine in P. R. China (June 2016 - June 2017)

- ❖ Member, Academic Complaint Committee (March 2017 -)
- ❖ Member, FUSE Mentoring Award Committee (November 2016)
- ❖ Member, Advisory Council on Faculty Grievance (September 2016 -)
- ❖ Member, WKU CAEP Key Assessment Development Team (Other Content Assessment Team) (April 2016)
- ❖ Member, Advisory Committee for the WKU Confucius Institute (Spring 2015 - 2016)
- ❖ Member, CEBS Curriculum Committee (Fall 2013-Fall 2015)
- ❖ Member, CEBS International Committee (Fall 2014 -)
- ❖ Event coordinator: Brought in a speaker (Dr. Hong Li, Beijing Normal University) with expertise in psycholinguistics and Chinese language learning (April 2013)
- ❖ Assisted (along with Dr. Betsy Shoenfelt) the Assistant Director of the Confucius Institute with retranslation of the Cultural Intelligence Scales and the Socio-Cultural Adjustment Scale (March 2013)
- ❖ Committee Member, RCAP (Research and Creative Activities Program) (August 2010 - December 2011)
- ❖ Author, FaCET newsletter article “Teaching as a Form of Communication” (March 2011)
- ❖ Interpreter for a member of the Xiamen University Student Art Group who visited WKU Confucius Institute (February 2011)

-- **One-Time Service**

- ❖ Presenter/participant, CEBS Research Fair (March 3, 2023)
- ❖ Guest speaker, A Zoom discussion on the importance of interdisciplinary collaborations in developing and delivering evidence-based practices that support life skills development in adults with autism (February 21, 2023; Host: Garry Lin – Graduate student in Social Work; Other speakers: David Wheeler & Hendrix Brakefield – Staff at LifeWorks at WKU)
- ❖ Presenter for the Gatton Academy and Mahurin Honors College Research Fair (August 2022)
- ❖ Member, Promotion Committee for Full Professorship for a CEBS faculty – Dr. Janet Applin (October 2020)
- ❖ Judge, 2016 WKU/Alumni Fall Forensic Tournament (September 16<sup>th</sup>-18<sup>th</sup>, 2016)
- ❖ Co-Author (with Dr. Jenni Redifer), Effective Study Strategies Presentation for the Academic Advantage Series: Workshops for Success (AAS) (November 7<sup>th</sup>, 2013)
- ❖ Presenter, FaCET seminar “Active Teaching with Micro-Activities” (April 3<sup>rd</sup>, 2013)
- ❖ Judge for the graduate posters in Social Sciences at the 43th WKU Student Research Conference (March 23<sup>rd</sup>, 2013)
- ❖ Guest speaker at the WKU-Chinese Students and Scholars Association (CSSA) Welcome Gathering (September 14<sup>th</sup>, 2012)
- ❖ Guest speaker at the WKU-Chinese Students and Scholars Association (CSSA) Welcome Gathering (September 12<sup>th</sup>, 2011)
- ❖ Faculty Representative, Freshman Pinning Ceremony (September 6<sup>th</sup>, 2011)
- ❖ Panel Discussant, Newcomer Welcome Meeting organized by WKU Chinese Students and Scholar Association (CSSA) (September 2<sup>nd</sup>, 2011)
- ❖ Presenter, Gatton Academy Research Fair (August 22<sup>nd</sup>, 2011)
- ❖ Judge for an undergraduate paper session in Natural Sciences at the 41th WKU Student Research Conference (March 26<sup>th</sup>, 2011)

- ❖ Presenter, FaCET seminar “Active Teaching with Micro-Activities” (March 23<sup>rd</sup>, 2011)
- ❖ Guest Lecturer, The Chinese Lecture Series for Flagship students in CHNF 301 (September 24<sup>th</sup>, 2010)
- ❖ Judge for the graduate posters in Social Sciences at the 40th WKU Student Research Conference (February 27<sup>th</sup>, 2010)

### **Departmental Service**

#### **- Continuing or Long-Term Service**

- ❖ Chair, Pedagogical Psychology Faculty Search Committee (July 2023-)
- ❖ Mentor for Psychology junior faculty – Dr. Sarah Myers (Fall 2023 – Fall 2024)
- ❖ Mentor for Psychology junior faculty - Dr. Cassie Whitt (Fall 2022 – Fall 2023)
- ❖ Member, School Psychology faculty search committee (August 2022-October 2022)
- ❖ Research Advisor for clinical MA students (Fall 2022 -): Track and facilitate thesis/non-thesis capstone progress of clinical MA students.
- ❖ Member, PsyD content assistant professor & PsyD clinical assistant professor Search Committee (August 2021- January 2022)
- ❖ Member, Undergraduate Program Faculty Search Committee (November 2020-March 2021)
- ❖ Mentor for Psychology Junior Faculty - Dr. Christopher Peters (Fall 2020 – Fall 2021)
- ❖ Mentor for Psychology Junior Faculty - Dr. Timothy Thornberry (Fall 2018 – Fall 2019)
- ❖ Faculty Mentor, Research Experience for Undergraduates (REU) program (June - August 2016)
- ❖ Member, PsyD program Search Committee (November 2014 - April 2015)
- ❖ Member, Promotion and Tenure Committee (Fall 2014 -)
- ❖ Member, Psychology Continuance Review Committee (Fall 2014 -)
- ❖ Member, Exploratory Committee for future B. A. programs in the department of psychology (October - November 2013)
- ❖ Member, Clinical Psychology Search Committee (October - December 2012)
- ❖ Member, Department Scholarship Committee (March 2012)
- ❖ Chair, Educational Psychology Search Committee (October 2011-March 2012)
- ❖ Member, Organizational Psychology Search Committee (September - December 2011)
- ❖ Reviewer & Teacher, Peer Review of Teaching Program (September - November 2010)
- ❖ Member, Owensboro Instructor Search Committee (January - April 2010)
- ❖ Member, Departmental Faculty Awards Committee (2009-2010)
- ❖ Director, Metacognition Lab (2008-present)

#### **- One-Time Service**

- ❖ Participant, Master Plan Psychology breakout session (August 16, 2023)
- ❖ Departmental representative, Herstory@WKU 2023 at the KY Museum (March 25, 2023); prepared and presented materials regarding famous women in history of psychology and hands-on activities relating to psychology
- ❖ Departmental volunteer, CEBS “Head for the Hill” recruitment event (November 11, 2022)
- ❖ Guest speaker for PSY 175 (University Experience, Psychology Majors) – Topic: Establishing a career in Psychology (October 18, 2022)
- ❖ Departmental volunteer, CEBS MASTER Plan kick-off event (August 16, 2022)

- ❖ Departmental volunteer, CEBS “Head for the Hill” recruitment event (November 12, 2021)
- ❖ Departmental volunteer, CEBS “Head for the Hill” Open Houses event (October 29, 2020)
- ❖ Departmental volunteer, CEBS Preview Day (February 22, 2020)
- ❖ Member, Research Methods course working group (October 2019)
- ❖ Participant, APA Accreditation Site Visit meeting (October 21, 2019)
- ❖ Mentor, Psi Chi meeting – helped students review graduate application materials such as CVs and personal statements (October 8, 2019)
- ❖ Member, Review Committee for James Bender’s Oral Qualifying Examination (May 22<sup>nd</sup>, 2019)
- ❖ Member, Review Committee for Sara Wilson’s Oral Qualifying Examination (May 15<sup>th</sup>, 2019)
- ❖ Departmental volunteer, Head for the Hill event (February 18<sup>th</sup>, 2019)
- ❖ Departmental volunteer, CEBS Preview Day (February 16<sup>th</sup>, 2019)
- ❖ Majors & Minors fair (September 19<sup>th</sup>, 2018)
- ❖ Advisor, TOP (Topper Orientation Program) (August 19<sup>th</sup>, 2016)
- ❖ On-call advising (November 13<sup>th</sup>, 2015; 8am-12:30pm)
- ❖ Advisor, ATP (Academic Transition Program) (August 14<sup>th</sup> & 20<sup>th</sup>, 2015)
- ❖ On-call advising (November 19<sup>th</sup>, 2014; 9:30am - 1pm)
- ❖ Advisor, ATP (Academic Transition Program) (July 8<sup>th</sup>, 2014)
- ❖ Advisor, ATP (Academic Transition Program) (August 16<sup>th</sup>, 2013)
- ❖ Advisor, ATP (Academic Transition Program) (August 2<sup>nd</sup>, 2012)
- ❖ Departmental Representative, Focus on Western Recruitment Event (September 17<sup>th</sup>, 2011)
- ❖ Departmental Representative, Focus on Western Recruitment Event (September 18<sup>th</sup>, 2010)
- ❖ Guest Speaker, Psi Chi/Psych Club (March 30<sup>th</sup>, 2010)
- ❖ Psi Chi, Graduate School Information Panel Discussant (November 11<sup>th</sup>, 2009)
- ❖ Departmental Representative, Focus on Western Recruitment Event (October 17<sup>th</sup>, 2009)
- ❖ Departmental Representative, Minority Recruitment Fair (October 18<sup>th</sup>, 2008)

### **Professional/Editorial Service**

- ❖ Grant proposal reviewer for the Education Research Funding Programme (ERFP), supported by the Ministry of Education in Singapore (June 2023)
- ❖ Grant proposal reviewer for Kentucky Academy of Science (KAS): Reviewed a total of 7 Special Research Grants from November 2022 to January 2023
- ❖ Reviewer Board member of *Journal of Intelligence* (Nov. 2022 -): Review a minimum of 6 manuscripts per year ([https://www.mdpi.com/journal/jintelligence/submission\\_reviewers](https://www.mdpi.com/journal/jintelligence/submission_reviewers)) - Reviewed for *Journal of Intelligence* (February, March, & May 2023; December 2022; December 2020 – February 2021)
- ❖ Reviewed for *Learning and Individual Differences* (Dec. 2021-Jan. 2022; March-April 2021; October-November 2016; February 2015; July-September 2014)
- ❖ Reviewed for *Social Psychology of Education* (Nov. - Dec. 2021)
- ❖ Reviewed for *Learning and Instruction* (Oct. 2021)
- ❖ External reviewer for Dr. Erika Fulton’s tenure and promotion materials (July – August 2021); \*Dr. Fulton is a faculty in the Department of Psychology at Idaho State University
- ❖ Reviewed for *Journal of Cross-Cultural Psychology* (July 2021)
- ❖ Reviewed submissions for the 2021 APA convention, Division 15 (January 2021)

- ❖ Reviewer & Article Editor for *SAGE Open* (August - September 2020; May 2020; April - May 2019; May - July 2017; September 2014)
- ❖ Reviewed for *Metacognition and Learning* (March 2020; October - December 2013; January 2010; July 2009)
- ❖ Reviewed for *PLOS ONE* (October 2019)
- ❖ Reviewed for *Journal of Gerontology: Psychological Sciences* (September 2019; May - June 2019)
- ❖ Reviewed for *Journal of Educational Psychology* (June 2019; January 2019; January 2017; May - June 2015; February - March 2012)
- ❖ Reviewed for *Quarterly Journal of Experimental Psychology* (September 2018; October - November 2017)
- ❖ Reviewed for *Interactive Learning Environment* (September 2016)
- ❖ Reviewed for *Learning and Motivation* (September 2015)
- ❖ Reviewed and edited Dr. Guoyu Hua's Chinese translation of an article authored by Dr. Sam McFarland - "Architects of the Universal Declaration: Eleanor Roosevelt, Charles Malik, Peng-chun Chang, John Humphrey, and Rene Cassin" (October ~ November 2014)
- ❖ Grant Proposal Reviewer for The Netherlands Organization for Scientific Research (NWO, the Dutch Research Council) (September 2012)
- ❖ Reviewed for *Educational Psychology Review* (July 2009)
- ❖ Reviewed for *Discourse Processes* (September 2006)

### **HONORS AND AWARDS**

- ❖ Nominated for the CITL (Center for Innovative Teaching & Learning) Teaching Honors (Spring 2021; Fall 2020)
- ❖ Nominated for the College of Education and Behavioral Sciences (CEBS) Faculty Award for Research/Creativity (2020 & 2011)
- ❖ Nominated for the College of Education and Behavioral Sciences (CEBS) Faculty Award for Student Advisement (2011)
- ❖ Interviewed by a freelance science journalist, Sofia Quaglia, on the science of doubt (2021)
- ❖ Interviewed by a German science journalist, Dr. Stefanie Uhrig, on my work on self-doubt (2019)
- ❖ Alumni Fellowship (2003-2007) awarded by University of Florida
- ❖ Outstanding Academic Accomplishment recognized and honored by University of Florida International Center (2003-2007)
- ❖ Phi Kappa Phi Honor Society Membership (since November 2005)

### **PROFESSIONAL AFFILIATIONS**

- ❖ American Psychological Association (APA)  
Division 15 – Educational Psychology  
Division 5 – Quantitative and Qualitative Methods
- ❖ Association for Psychological Science (APS)
- ❖ International Association for Metacognition (IAM)
- ❖ International Society for Self and Identity (ISSI)
- ❖ Kentucky Academy of Science (KAS)