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## TUESDAY'S TEEN EC3 helps Scarborough get head start in career

By SETH DUKES THE NEWS-ENTERPRISE  
Oct 4, 2022



Reaghan Scarborough is shown at a dance clinic at Western Kentucky University, where she plans to attend next fall.  
Submitted

### Getting to know Reaghan Scarborough

Parents: Kim and Marco  
Scarborough

Favorite color: Hot pink

Pets: Two labradoodles, Zoe  
and Willow

Church: First Christian  
Church

Hobbies: Hanging out with  
friends and family, shopping,  
dancing and volunteering

Reaghan Scarborough has set high expectations for herself.

The 17-year-old Central Hardin High School senior will earn her associate degree before she graduates high school next year thanks to Hardin County Schools Early College and Career Center.

There, she's learning about health care, and she plans to attend Western Kentucky University next fall to major in exercise science, continuing afterwards into a doctorate program for physical therapy.

She said she was introduced to health care at a very young age. Her mother is also in the health care industry.

"I always grew up playing doctor," she said. "Whenever I was able to get my nursing aid license through EC3, I took advantage of that."

After working as a personal care assistant, she was offered a position at PT Pros Physical Therapy & Sports Centers.

"I've fallen in love with the academic and athletic side of health care," she said. "I'm able to see the athletes and even put some of that practice into myself during sports."

She's also a member of Center Stage Dance Studio, where she has been dancing for nearly 16 years.

"My parents put me in at 2 years old," she said. "They noticed I was always running around the house, twirling around and doing all these little dance moves."

She said her mother, Kim Scarborough, dances at the same studio.

"I've just fallen in love with my teachers, my fellow students, learning new ideas and really getting to teach younger students now that I'm older," she said.

Dancing also helped convince her that physical therapy was a worthy career goal.

"I was put into physical therapy at one point due to dance, and I just gained a really good value for those people," she said. "That's what I want to do for the many athletes and different age groups here in our town, to just be able to pursue whatever they want at the highest ability."

Scarborough said EC3 has helped here in several ways beyond getting her associate degree.

"Really, I think it has really prepared me for going off to school and having that freedom to teach yourself and use the resources that you have available," she said. "It's not like high school anymore. You have to take it upon yourself, or you don't, so I have really enjoyed my experience there."

She said, after she's done with her education, she wants to come back home to work.

"I feel like I have the need or call to come home because I want to give back to the people that got me to where I am and where I will go," she said. "I just have a really good sense of wanting to be at home. I have grown really close to the community, and I just want to give back as much as I can."

Her advice for her peers is to go above and beyond.

"Do everything and more that's not asked of you," she said. "If that means you come in and you study more than your friends do, then always do that."

She said she'd also stress the importance of doing activities outside of school.

“Get involved within your community, because you need to be more than just a well-rounded academic person,” she said. “You need to be involved to learn about your town’s history and the people that are within it.”

Scarborough is the vice president for the school’s Beta Club, is active in FCA, and is the president of the Healthcare Occupation Students of America at EC3. She also volunteers with multiple local nonprofits.

“I am just really determined to get wherever I want to go in life,” she said.

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