

# Shea Brgoch

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## EDUCATION

- Ph.D., 2021                      The Ohio State University, Columbus, OH  
Department of Human Sciences, Sport Management  
Advisor: Dr. Leann Lower-Hoppe  
Dissertation: *Bridging the gap: A scoping review on sport specialization and diversification recommendations*
- M.S., 2016                      Ball State University, Muncie, IN  
School of Kinesiology, Master of Science in Sport Administration  
Advisor: Dr. Chrysostomos Giannoulakis  
Thesis: *Implications of early sport specialization on interscholastic athletic programs*
- B.S., 2013                      University of Denver, Denver, CO  
Major: Biology  
Minors: Chemistry, Psychology, Business Administration

## RESEARCH INTERESTS

My primary research interest is the dissemination and implementation of research knowledge to inform evidence-based practices specifically as they are related to athlete development and early sport specialization. Secondly, my research examines the perspectives youth sport stakeholders, such as parents and coaches, hold toward early specialization or diversification of athletes as well as comparisons between sport specialized and diversified athletes.

## WORK EXPERIENCE

### *Teaching Experience*

- AU 2021 – Current                      **Assistant Professor**, Sport Management, Western Kentucky University (School of Kinesiology, Recreation, and Sport) Bowling Green, KY.  
*Duties included:* Design, delivery, and assessment of courses related to sport management; advise undergraduate students; design and disseminate research projects.
- AU 2019, 2020                      **Adjunct Lecturer**, Ohio Wesleyan University, Delaware, OH.  
*Duties included:* Preparing and delivering lectures, developing assignments, and grading assessments.

AU 2014 – SP 2016

**Instructor**, Ball State University, Muncie, IN.

*Duties included:* Prepared, instructed, and organized undergraduate physical conditioning courses; administered and graded assessments.

***Research Experience***

AU 2018 – Current

**Graduate Research Assistant**, The Ohio State University, Columbus, OH.

*Duties included:* Assisting with research project design, data collection and analysis, manuscript development; research coordination and assisting with grading responsibilities for undergraduate sport management courses.

AU 2014 – SU 2016

**Graduate Assistant**, Ball State University, Muncie, IN.

*Duties included:* Data collection and organization; editing and revising manuscripts; assisting with grading responsibilities for undergraduate sport administration courses.

***Industry Experience***

Aug. 2015 – June 2016

**Director of Operations**, Women's Volleyball, Ball State University, Muncie, IN.

*Duties included:* Formatted video clips for scouting reports; created weekly itineraries and managed travel accommodations; coordinated promotional activities and special events.

Aug. 2014 – July 2015

**Manager**, Women's Volleyball, Ball State University, Muncie, IN.

*Duties included:* Facilitated practices by preparing training equipment and assisted in drills when necessary; formatted video clips for scouting reports.

Feb. 2014 – May 2014

**Head Coach**, Men's Club Volleyball, Colorado School of Mines, Golden, CO.

*Duties included:* Planned and conducted daily practices and drills; coached players on individual technical adjustments.

Aug. 2013 – Dec. 2013

**Assistant Coach**, Women's Volleyball, Missouri Southern State University, Joplin, MO.

*Duties included:* Planned and conducted daily practices with head coach; assessed player performance; managed team fundraising projects; tutored players to ensure minimum team GPA was maintained.

## PUBLICATIONS AND RESEARCH

### *Refereed Publications*

- Lower-Hoppe, L. M., Czekanski, W. A., Marsh, P. J., Petersen, J. C., & **Brgoch, S. M.** (in press). The American collegiate sport club model: Development of a framework to advance sport reform. *International Journal of Sport Management*.
- Lower-Hoppe, L. M., Evans, J. O., Bailey, R. L., & **Brgoch, S. M.** (2021). Mock trial: Transforming curriculum through cooptation. *Sport Management Education Journal*, 15(1), 54-56.
- Lower-Hoppe, L. M., Evans, J., & **Brgoch, S. M.** (2021). Social cognitive determinants of collegiate recreational sport involvement and outcomes. *Leisure/Loisir*, 45(2), 207-236.
- Newman, T. J., Jefka, B., Lower-Hoppe, L. M., Kimiecik, C., **Brgoch, S.**, Dillard, R., Dwyer, K., Rockhill, C., & Ingram, D. (2021). Youth identity formation: (Mis)Alignment between youth and sport coaches. *Children and Youth Services Review*, 120. <https://doi.org/10.1016/j.chilyouth.2020.105733>
- Lower-Hoppe, L. M., **Brgoch, S. M.**, Bailey, R. L., Ryder, A., Lowe, C., Dahl, S., & Wray, D. E. (2020). How do collegiate sport clubs achieve organizational effectiveness? *Journal of Applied Sport Management*, 12(2), 40-50.
- Davis, E., & **Brgoch, S. M.** (2020). Are you the big fish? Effects of social comparison on athlete development. *Future Focus: Ohio Association for Health, Physical Education, Recreation, and Dance*, (Spring/Summer), 13-14.
- Lower, L. M., Newman, T. J., **Brgoch, S.**, & Hutton, T. A. (2020). The management of sport team captains: Perspectives from collegiate coaches. *International Journal of Sport Management*.
- Lower-Hoppe, L. M., Heuett, K. B., Newman, T. J., & **Brgoch, S. M.** (2020). Communication and team performance: A case study of Division I football captains. *International Journal of Sport Communication*, 13(1), 77-96.
- Brgoch, S.**, Lower, L. M., Newman, T. J., & Hutton, T. A. (2020). Exploring team captain roles associated with athlete leadership classification: Perspectives from college coaches. *Journal of Sport Behavior*, 43(1), 28-49.
- Newman T. J., Lower-Hoppe, L. M., & **Brgoch, S.** (2019). Developing sport team captains as formal leaders. *Journal of Sport Psychology in Action*, 10(3), 137-150.
- Brgoch, S.**, & Lower, L. (2017). Mitigating litigation for adventure recreation operators: The Ski Safety Act. *Journal of Outdoor Recreation, Education, and Leadership*, 9(4), 377-382.

Giannoulakis, C., Papadimitriou, D., Alexandris, K., & **Brgoch, S. M.** (2017). Implications of austerity measures on National Sport Federations: Evidence from Greece. *European Sport Management Quarterly*, 17(1), 75-97.

Burch, L., Giannoulakis, C., & **Brgoch, S. M.** (2016). Stakeholder engagement with National Governing Bodies through social media: An insight into USA Wrestling. *Case Studies in Sport Management*, 5(1), 41-47.

Giannoulakis, C., Burch, L., & **Brgoch, S. M.** (2016). Evaluation of social media usage in non-profit wrestling organizations: A cross-platform analysis. *International Journal of Wrestling Science*, 6(1), 22-33.

Giannoulakis, C., Wanless, E. A., & **Brgoch, S. M.** (2015). Increasing response rate with sport volunteer studies: A social exchange theory approach. *Global Sport Business Journal*, 3, 46-60.

### **Book Chapters**

Lower-Hoppe, L. M., **Brgoch, S. M.**, Chen, Y., & Sutherland, S. (2020). Inquiry-based learning in action: Theory and practice in higher education. In J. S. Keengwe (Ed.), *Handbook of research and innovations in non-traditional educational practices* (pp. 34-59). Information Science Reference.

### **Manuscripts in Review**

**Brgoch, S.**, Giannoulakis, C., Lower-Hoppe, L. Johnson, J., & Hankemeier, D. (in review). Impact of early sport specialization on interscholastic athletes and programs. *Journal of Amateur Sport*.

Lower-Hoppe, L. M., Dahl, L., **Brgoch, S. M.**, & Dahl, S. (in review). Examining the varying point of diminishing returns in collegiate recreational sports. *Journal of Sport Behavior*.

Rockhill, C., Newman, T. J., Ingram, D., Lower-Hoppe, L. M., & **Brgoch, S.** (in review). The development of youth identity: The influence of masculinity, race, faith, and athletics. *Journal of Sport Behavior*.

Davis, E., **Brgoch, S.**, Lower-Hoppe, L. M., Johnson, D., Lynch, M., Wray, D., Parietti, M., & McCray, K. (in review). Does career service utilization lead to career development in student-athletes? *Journal of Athlete Development and Experience*.

Lynch, M., Lower-Hoppe, L. M., Evans, J. O., Bailey, R. L., **Brgoch, S. M.**, Beattie, M., Samad, M., & Ryder, A. (in review). Implementation and evaluation of mock trial within undergraduate sport law curriculum. *Sport Management Education Journal*.

Lower-Hoppe, L., Lee, W., **Brgoch, S.**, Ryder, A., & Lowe, C. (in review). Making the connection: Examining antecedents and consequences of athlete burnout among collegiate sport club members. *Journal of Sport Behavior*.

Lower-Hoppe, L. M., Farrell, A., Barcelona, R., **Brgoch, S. M.**, Lowe, C., Dunn, D. (in review). Reopening college recreation during COVID-19: A case study of risk management plans. *Recreational Sports Journal*.

### ***Research in Progress***

Lower-Hoppe, L. M., Evans, J. O., McCray, K., Ryder, A., & **Brgoch, S. M.** (manuscript in progress). Sexual violence prevention among intercollegiate athletes, recreational athletes, and non-athletes: Environmental considerations for program interventions.

Lower-Hoppe, L. M., Kim, A. C. H., Zwolski, C., **Brgoch, S. M.**, Paponetti, M., Schmitt, L., & Quatman-Yates, C. C. (manuscript in progress). Co-authorship networks, collaboration patterns, and research trends in physical literacy scholarship.

Lower-Hoppe, L. M., Evans, J. O., **Brgoch, S. M.**, Ryder, A., & McCray, K. (manuscript in progress). Personal experiences with unwanted sexual contact, abuse, and harassment: The effects of individual and contextual variables.

Newman, T. J., McCray, K., Lower-Hoppe, L. M., Dwyer, K., Ohanasian, J., **Brgoch, S.**, Rockhill, C., & Ingram, D. (manuscript in progress). Construction of health masculinity through sport based PYD programs.

**Brgoch, S. M.**, Lower-Hoppe, L. M., Tanner, K., Sutherland, S., Schmitt, Quatman-Yates, C (research in progress). Exploring the influence of social agents and interactions on physical literacy development of Special Olympics athletes.

Quatman-Yates, Sutherland, Tanner, Lower, Brgoch, Schmitt, Zwolski. (research in progress) Let's get physical: Exploring motivation among Special Olympics athletes.

Lower-Hoppe, L. M., Brgoch, S. M., Tanner, K., Quatman-Yates, C., Sutherland, S., Zwolski, C., & Schmitt, L. (research in progress). Exploring how Special Olympics facilitates physical literacy development of athletes with intellectual disabilities.

**Brgoch, S. M.**, Lowe, C., Dunn, D. Lower-Hoppe, L. M., Farrell, A., Barcelona, R. (research in progress). Getting back into sport during COVID-19: A content analysis of collegiate sport club return-to-play guidelines.

**Brgoch, S. M.**, Ryder, A., Lower-Hoppe, L. M., Atkinson, O., & Zwolski, C. (research in progress). To specialize or not to specialize: Perspectives from parents and coaches.

### **PRESENTATIONS**

Lower-Hoppe, L., Lee, W., **Brgoch, S.**, Ryder, A., & Lowe, C. (2021, June). *Making the connection: Antecedents and consequences of athlete burnout among collegiate sport club members*. Paper accepted for presentation at the North American Society for Sport Management 2021 Conference, Virtual.

- Lower-Hoppe, L., **Brgoch, S.**, & Newman, T. (2021, June). *Developing and managing sport team captains as formal leaders: Perspectives from collegiate coaches*. Paper accepted for presentation at the North American Society for Sport Management 2021 Conference, Virtual.
- Davis, E., & **Brgoch, S.** (2021, June). *Connecting the dots: Using concept maps as a final assessment in the sport management classroom*. Presentation accepted by the North American Society for Sport Management Teaching and Learning Fair, Virtual.
- Newman, T., Lower-Hoppe, L., Jefka, B., Dwyer, K., Rockhill, C., Ingram, D., **Brgoch, S.**, Kimiecik, C., & Dillard, D. (2021, January). *Influences of youth identity formation: Areas of (mis)alignment among youth and adults involved in a sport-based positive youth development program*. Poster presented at the Society for Social Work and Research 25<sup>th</sup> Annual Conference, Virtual.
- Lower-Hoppe, L. M., **Brgoch, S. M.**, Tanner, K., Quatman-Yates, C., Sutherland, S., Zwolski, C., & Schmitt, L. (2020, December). *Exploring how Special Olympics facilitates physical literacy development of athletes with intellectual disabilities*. Presented at the Sport Management Association of Australia and New Zealand 2020 Conference, Virtual.
- Derek, W., Ryder, A., **Brgoch, S. M.**, Davis, E., & Pastore, D. (2020, December). *Sport industry technical report: An experiential learning project*. Presented at the Sport Management Association of Australia and New Zealand 2020 Conference, Virtual.
- Brgoch, S. M.**, Ryder, A., Atkinson, O., Zwolski, C., & Lower-Hoppe, L. (2020, May). *To specialize or not to specialize: Perspectives from parents and coaches*. Presented at the North American Society for Sport Management 2020 Conference, Virtual.
- Lower-Hoppe, L. M., **Brgoch, S. M.**, Tanner, K., Quatman-Yates, C., Sutherland, S., Zwolski, C., Schmitt, L., & Murphy, G. (2020, May). *Barriers and facilitators of developing physical literacy of athletes with intellectual disabilities through Special Olympics*. Presented at the North American Society for Sport Management 2020 Conference, Virtual.
- Davis, E., **Brgoch, S.**, Lower-Hoppe, L. M., Johnson, D., Lynch, M., Wray, D., Parietti, M., & McCray, K. (2020, April). *Exposed: Mere exposure's effect on student-athletes' usage of career services*. Poster accepted for presentation at the College Sport Research Institute 2020 Conference, Columbia, SC. (Conference canceled)
- Lower-Hoppe, L. M., **Brgoch, S. M.**, & Ryder, A., Lowe, C., Bailey, R. L., Dahl, S., & Wray, D. E. (2020, April). *How do collegiate sport clubs achieve organizational effectiveness?* Poster accepted for presentation at the College Sport Research Institute 2020 Conference, Columbia, SC. (Conference canceled)
- Lowe, C., **Brgoch, S. M.**, Ryder, A., & Lower-Hoppe, L. (2020, February). *Organizational effectiveness in sports clubs – What is the optimal structure?* Presented at the Ohio State University Education and Human Ecology Research Forum, Columbus, OH.

Davis, E., & **Brgoch, S. M.** (2019, December). *Are you the big fish? Effects of social comparison on athlete development*. Presented at the Ohio Association for Health, Physical Education, Recreation, and Dance 2019 Conference, Sandusky, OH.

**Brgoch, S. M.**, Giannoulakis, C., Johnson, J., Hankemeier, D., & Lower-Hoppe, L. M. (2019, November). *Implications of early sport specialization on interscholastic athletic programs*. Paper presented at the National American Society for the Sociology of Sport, Virginia Beach, VA.

Lower-Hoppe, L. M., Evans, J., Bailey, R., & **Brgoch, S.** (2019, May). *Assessing the effectiveness of mock trial as a pedagogical tool in higher education*. Presented at the North American Society for Sport Management Teaching and Learning Fair, New Orleans, LA.

Ryder, A., **Brgoch, S. M.**, & Lower, L. (2019, February). *Exploring early sport specialization at the interpersonal level of the socio-ecological model*. Presented at the Ohio State University Education and Human Ecology Research Forum, Columbus, OH.

Giannoulakis, C., Johnson, J., Blom, L., & **Brgoch, S. M.** (2016, February). *The 2024 Olympic Bid Project: A graduate sport management case study*. Paper presented at the Global Sport Business Association Conference, Nassau, Bahamas.

Westrick, R., Jarnagin, W., **Brgoch, S. M.**, Dudzik, N., Johnson, J. (2015, November). *Legal implications of drug testing in high school athletics*. Poster presented at Indiana Association for Health, Physical Education, Recreation, and Dance State Conference, Indianapolis, IN.

## TECHNICAL REPORTS

Lower-Hoppe, L. M., **Brgoch, S. M.**, Ryder, A., & Lowe, C. (2020). *The collegiate sport club model: Examining how sport clubs impact positive student outcomes*. Columbus, OH: Sport and Society Initiative, The Ohio State University.

**Brgoch, S. M.**, Ryder, A., Lower-Hoppe, L. M., Atkinson, O., & Zwolski, C. (2020). *To Specialize or Not to Specialize: Perspectives from Parents and Coaches Technical Report*. North American Society for Sport Management.

Lower, L. M., **Brgoch, S. M.**, Newman, T. J. (2018). *2018 JAM Camp: Comprehensive Evaluation Report*. Columbus, OH: College of Education & Human Ecology, The Ohio State University.

Lower, L. M., Beattie, M. A., **Brgoch, S. M.**, Evans, J. O., Johnston, D. A., Newman, T. J., & Rockhill, C. A. (2018). *2018 Special Olympics Summer Games: Comprehensive Evaluation Report*. Columbus, OH: College of Education & Human Ecology, The Ohio State University.

## GRANTS

**Brgoch, S.**, Ryder, A., Lower-Hoppe, L. M., Atkinson, O., & Zwolski, C. (2019). Ohio Association for Health Physical Education, Recreation and Dance. Requested: \$1,000 (Not funded).

**Brgoch, S.**, Ryder, A., Lower-Hoppe, L. M., Atkinson, O., & Zwolski, C. (2019). Graduate Student Interdisciplinary Research Initiative, The Ohio State University. Requested: \$1,909 (Not funded).

Lower, L. M., Tanner, K., Quatman-Yates, C., Schmitt, L., Sutherland, S., Zwolski, C., & **Brgoch, S.** (2019). Center for Clinical and Translational Science Integration Special Populations Pilot Program, The Ohio State University. Requested: \$39,989 (Awarded: \$12,868).

**Brgoch, S.**, Ryder, A., Lower-Hoppe, L. M. (2019). North American Society for Sport Management Doctoral Grant, The Ohio State University. Requested: \$2,298 (Awarded: \$600).

Lower, L. M., Tanner, K., Quatman-Yates, C., Schmitt, L., Sutherland, S., Zwolski, C., & **Brgoch, S.** (2019). The Ohio State University OSEP Award. Requested: \$49,999 (Not funded).

Giannoulakis, C., Lower, L., Robbins, B., & **Brgoch, S.** (2016). College of Applied Sciences and Technology Micro Grant, Ball State University. Requested: \$2,000 (Awarded: \$2,000).

## TEACHING

### Undergraduate Courses

AU 2021	Sport Management Seminar (SPM 290), Western Kentucky University
AU 2021	Sport Morals and Ethics (SPM 310), Western Kentucky University
AU 2019, 2020	Contemporary Issues in Sport (HHK 343), Ohio Wesleyan University
AU 2014 – SP 2016	Physical Fitness and Wellness (PFW 100), Ball State University

### Guest Lectures

AU 2020	“Youth Sport and Early Sport Specialization” Introduction to Sport Management (ES 202), Fort Lewis College, Durango, CO.
SP 2019	“Deviance in Sport” Contemporary Issues in Sport (HHK 343), Ohio Wesleyan University, Delaware, OH.
AU 2018	“Women in Sport” Contemporary Issues in Sport (HHK 343), Ohio Wesleyan University, Delaware, OH.
SP 2016	“Early Sport Specialization” Seminar in Sport Administration: Amateur Sport (SPTA 620), Ball State University, Muncie, IN.
AU 2014, 2015	“Professional Development: Resumés and Cover Letters” Sport Management (SPTA 485), Ball State University, Muncie, IN.



## SERVICE

### *Professional Service*

2020 **Reviewer**, Journal for the Study of Sports and Athletes in Education

### *University Service*

SU 2020 – SP 2021 **President**, Kinesiology Graduate Student Council, The Ohio State University, Columbus, OH.

SU 2020 – SP 2021 **Undergraduate Mentor**, Non-Traditional Internship Option for Sport Industry Majors, The Ohio State University, Columbus, OH.

2015 – 2016 **Student Member**, Academic Accountability Board, Ball State University, Muncie, IN.

### *Community Service*

2019 Evaluation Committee – Special Olympics Ohio, Columbus, OH.  
*Duties include:* Program evaluation of Winter & Summer Games.

### *Professional Memberships*

October 2019 – Current North American Society for Sport Sociology (Student member)

March 2019 – Current North American Society for Sport Management (Student member)

2019 – 2020 Ohio Association for Health Physical Education, Recreation and Dance (Student member)

2014 – 2015 Indiana Association for Health, Physical Education, Recreation and Dance (Student member)

## AWARDS AND HONORS

2016 Korsgaard Outstanding Graduate Student Award, Ball State University, Muncie, IN.

2011 Cherrington Global Scholar: Office of International Education, University of Denver, Denver, CO.

2009 Provost Scholarship: University of Denver, Denver, CO.

2009 Cibrowski Family Foundation Scholarship, University of Denver, Denver, CO.