

CURRICULUM VITAE

Donte McGee Jr., M.S., CPT

School of Kinesiology, Recreation, and Sport
Western Kentucky University
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Education

Master of Science in Kinesiology: Exercise Physiology 2022-2024
Western Kentucky University, Bowling Green, KY
Thesis: The Effect of Mindfulness Training on Muscular Endurance Exercise Performance, Mindfulness, and Mental Toughness

Bachelor of Science in Exercise Science 2018-2022
Western Kentucky University, Bowling Green, KY

Minor in Psychology
Western Kentucky University, Bowling Green, KY 2018-2022

Teaching Appointments

Western Kentucky University
Instructor: School of Kinesiology, Recreation, and Sport 2024-Present
Instructor of Record:

- EXS 436 – Principles of Strength and Conditioning
- EXS 412 – Exercise Testing and Prescription
- EXS 223 – Introduction to Exercise Science
- EXS 122 – Foundations of Kinesiology

Western Kentucky University 2022-2024
Graduate Teaching Assistant:

- EXS 496 – Internship in Exercise Science
- EXS 446 – Biomechanics
- EXS 436 – Principles of Strength and Conditioning
- EXS 324 – Measurement and Evaluation in Kinesiology
- EXS 296 – Practicum in Exercise Science

Professional Experience

Strength Coaching January 2025-Present

Bowling Green Powerhouse
Strength and Conditioning Internship
Western Kentucky University Football
Graduate Assistant
Western Kentucky University
Personal Training Internship
Executive Fitness Club

Summer 2024

August 2023–May 2024

Summer 2022

Research

1. Toluoso, D.V., Buoncristiani, N. A., Stone, W. J., Malone, G., **McGee, D.**, & Arnett, S. A. (2023, July). Perceptual recovery status as a marker to track recovery of performance following strength-based resistance exercise [Poster Abstract]. 2023 National Strength and Conditioning Association National Conference, Las Vegas, NV, United States.
2. **McGee, D.**, Arnett, S., Toluoso, D.V., Stone, W. J., Pacheco, G. (2024, April). The effect of mindfulness training on muscular endurance performance, mindfulness, and mental toughness [Poster Abstract]. 2024 Western Kentucky University Student Scholar Showcase, Bowling Green, KY, United States.
3. **McGee, D.**, Arnett, S., Toluoso, D.V., Stone, W.J., Pacheco, G. (2024, February). The effect of mindfulness training on muscular endurance performance, mindfulness, and mental toughness [Research Proposal]. 2024 Southeast American College of Sports Medicine Regional Conference, Greenville, SC, United States.
4. Barksdale, M. W., Stone, W., Toluoso, D., Pacheco, G., & **McGee, D.** (2024, February). Cannabidiol's (CBD) impact on inflammation, performance, and perceived recovery following damaging squat protocol. [Poster Abstract]. 2024 Southeast American College of Sports Medicine Regional Conference, Greenville, SC, United States.
5. Pacheco, G., Stone, W., Toluoso, D., Arnett, S., **McGee, D.**, & Barksdale, M. (2024, February). Cannabidiol (cbd) and resistance training: Does cbd attenuate acute pain? [Poster Abstract]. 2024 Southeast American College of Sports Medicine Regional Conference, Greenville, SC, United States.

Grants and Funding

1. Western Kentucky University Graduate Student Travel and Research Support Funding. Spring 2024. (Funded- \$473.25)

Personal Certifications, Memberships, and Awards

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| 1. National Strength and Conditioning Association Certified Personal Trainer | 2024-Present |
| 2. National Strength and Conditioning Association, Professional Member | 2024-Present |
| 3. Southeastern American of College of Sports Medicine, Student Member | 2023-2024 |
| 4. Adult CPR/AED, American Red Cross | 2024 |

Service

Western Kentucky University

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| 1. Lab Coordinator – Exercise Science | 2025-Present |
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2. Fitness Consultant – WKU ROTC	2025-Present
3. CITL Presenter – The Opposite of Cheating	2025
4. Committee Member – Interprofessional Education Workgroup	2025 - Present
5. CITL Book Club Member - The Opposite of Cheating	2025
6. Advisor – Exercise Science	2025-Present
7. Advisor – TOP	2025-Present
8. Reviewer – International Journal of Exercise Science	2023-Present
9. Exercise Science Representative – WKU Preview Day	2024-Present
10. Camp Instructor – Sport Science Camp	2024-2025
11. Fitness Testing – Exercise Science Lab	2022-2024
12. Exercise Science Representative – WKU Majors, Minors, and Career Exploration Fair	2023
13. KRS Representative – WKU Graduate Fair	2023
<i>Community</i>	
1. St. Jude Children’s Hospital Fundraisers	2018-2022
2. WKU Blood Drive Donation	2019