

TRACY CADE LANE

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EDUCATION

1992–1994 Auburn University at Montgomery Montgomery, AL

- Masters of Education
- Major in Physical Education

1988–1992 Auburn University at Montgomery Montgomery, AL

- Bachelor of Science in Education
- Major in Physical Education
- Athletic Full Scholarship

TEACHING EXPERIENCE

2009 - Present Western Kentucky University Bowling Green, KY
Instructor for Kinesiology, Recreation, and Sport

Courses taught:

PE 100 Lifetime Fitness and Wellness (Spring 11 – 2015)

*A study of the basic knowledge, understandings, and values of physical activity.
Laboratory experiences are mandatory*

PE 100 Lifetime Fitness and Wellness online (summer 12 - present)

*A study of the basic knowledge, understandings, and values of physical activity.
Laboratory experiences are mandatory*

PE 101 Bowling (Fall 09 – Fall 10)

To learn the fundamentals of bowling, the rules, and regulations. To learn the basic skills and strategy

PE 101 Volleyball (Fall 09 – Fall 11)

To learn the fundamentals of volleyball, the rules, and regulations. To learn the basic skills and strategy.

PE 101 Weight Training (Fall 09 – present)

To gain basic exposure to weight training. To be able to apply FIIT guidelines to weight training.

PE 101 Weight Training for Women (Fall 10 – present)

To gain basic exposure to weight training. To be able to apply FIIT guidelines to weight training.

PE 101 Figure Improvement (Fall 10 – 2016)

To understand the importance of exercise through performing different physical activities (yoga, spinning, interval training, circuit training, zumba, sets and reps). To be able to apply FIIT guidelines as they apply to different physical activities.

PE 101 Badminton (Fall 09 – present)

To learn the fundamentals, basic techniques and skills of the game. To have a better understanding of the rules and regulations.

PE 101 Walking for Wellness (Fall 10 – present)

Learn to apply FIIT guidelines to walking. To introduce social interactive walking methods to the students. To learn how to utilize different apps to improve the pace and distance of the walk (runkeeper, map my walk)

■ Level 1 YogaFit Instructor Certified

1996–2009 Mississippi State University Starkville, MS

Head Women's Tennis Coach

- ITA All Academic Team (96-Present)
- 34 Players ITA Academic All American Team
- 52 Players Academic All SEC Team
- SEC Western Division Champions (05)
- NCAA Tournament Appearances (99, 00, 01, 05)

1995–1996 Auburn University at Montgomery Montgomery, AL

Assistant Men's and Women's Tennis Coach

- NAIA National Men's Tennis Championship Team

1994–1995 Montgomery Country Club Montgomery, AL
Assistant Tennis Professional

1993–1994 Auburn University at Montgomery Montgomery, AL
Physical Education Graduate Assistant

- Taught Physical Education Activity Courses

1993 Saint James High School Montgomery, AL
Varsity Boy's and Girl's Tennis Coach

- All-Conference Coach of the Year

1992–1994 Auburn University at Montgomery Montgomery, AL
Housing and Residence Life Resident Assistant

SERVICE

- Physical Education PE 101 Activities Coordinator (Fall 11 – present)
- Preview days (Fall 24 – present)
- Healthy days (Fall 24)
- Potter Gray Fall Festival 2025
- Volunteer/TA PE homeschool (2 occasions – Spring 2025)
- Search committee for Preston Center – assistant director for Fitness & Wellness (Spring – summer 23)
- Bingocize – assist in the Glasgow facility (Glenview), help coordinate Barren County ATC involvement in the Glasgow area
- WKU Tennis Club Faculty Advisor (Fall 18 – 23)
- Committee member for wellness committee in CHHS (2022 - current)
- Lead person - Walking group (Spring 2022, 2023)
- Search committee for PE Faculty position (Spring 2021)
- Search committee for Preston Center Fitness Facility Director (Summer 2019)
- WKU Ultimate Frisbee Faculty Advisor (Fall 11 – 15)
- Presidor (AAHPERD National Convention (Spring 11)
- Butterflies for Maddie participant with students (Spring 11)
- Search committees for KRS

- PTO Southgreen Elementary Glasgow, KY (Fall 09 – 14)
- Glasgow High school concessions (15 – 23)
- Glasgow High school Volunteer Assistant tennis coach (Spring 2022)
- Tennis camps: Mississippi State (97-09)
Auburn University at Montgomery (93,95,96)
Huntington College (92) Montgomery, AL
Point O' Pines (91) Brant Lake, NY
GHS clinics (15, 16, 18, 19, 22, 23,24)

NATIONAL MEMBERSHIPS

American Alliance for Health, Physical Education, Recreation, and Dance (09 – 15)
National Association for Sports and Physical Education (09 – 15)

CONTINUING EDUCATION

Western Kentucky University Blackboard Training (2009 – present)

Life Fitness Academy Synrgy360 Fundamentals course (November 2015)

Western Kentucky University Safe Zone training (January 2020)

Western Kentucky University Using Zoom and Mediasite (March 2020)

Western Kentucky University Grading in Blackboard (April 2020)

Western Kentucky University How to create an engaging Zoom class meeting (August 2020)

Western Kentucky University Faculty Search Workshop (December 2020)

Western Kentucky University "Essential of Wellness" (September 29, 2021)

Western Kentucky University "QPR – Suicide Prevention and Awareness" Karl Laves (September 7, 2022)

Western Kentucky Univeristy – Blackboard Ultra Training – 3week session (Dec 22 – January 23)

Western Kentucky University – CITL – Blackboard Ultra – going to the next level (August 7, 23)

Western Kentucky university – CITL – Blackboard Ultra – how do I..... (August 7, 23)

Western Kentucky University – CITL Distracted and Disengaged: A Return to Attention (October 13, 23)

Western Kentucky Univeristy – Professional development day (January, 24)

- Artificial intelligence: Ready or Not, Here it Comes (Weisman&Durham)
- How to Effectively Support Students with Mental Health Issues (Jay Gabbard)

Western Kentucky Univeristy “QPR Gatekeeper Suicide Prevention Training” (April 22, 24)

Western Kentucky University Blackboard Ultra workshop (August 6, 2024)

Western Kentucky University – Professional development day (January, 2025)

Western Kentucky University – Professional development day (January, 2026)

- Stop Talkin’ About my Deneration: Understanding and Countering Pervasive Ageism
- Handling with Care: Supporting Non-Traditional and First-Generation Students
- Collaborating for Student Success: Supporting Autistic Students Through Accessibility and Inclusion

HONORS AND RECOGNITIONS

- CHHS Faculty Award for Excellence in Teaching Nominee (Spring 2025)