

Sally Hope
227 Pineview Drive
Mammoth Cave, KY 42259
Cell: 859.625.2213
Email: sally.hope@comcast.net

EDUCATION:

MAT, University of Louisville, 1986
Concentrations: Special Education

B.S., Physical Education, Eastern Kentucky University, 1980

EXPERIENCE:

University Teaching Experience

Instructor, 2014-Present

Western Kentucky University

Courses: Lifetime Fitness and Wellness, Net, Wall and Target Games. Striking and Invasion Games, Fitness and Wellness Applications, Physical Education in the Elementary Schools, Movement Concepts and Skill Themes, Rhythmical Activities

Continuing Lecturer, 2009 – 2013

Purdue University

Courses: Physical Education for the Elementary Child

Instructor, 2004-2008

Eastern Kentucky University

Courses: Team and Individual Sports, Motor Development, Fitness and Wellness, Introduction to Physical Education, Step Aerobics

- Recognized by the Students with Disabilities Office for creating a positive, inclusive learning environment

Lecturer, 1993, 2002-2003

University of Louisville

Courses: Student Teacher Supervision, Student Teacher Preparation, History and Philosophy of Sport, Elementary Physical Education for the Classroom Teacher

Visiting Professor, 1997-2002

Purdue University

Courses: Student Teacher Supervision, Student Teacher Preparation, Physical Education for the Elementary Child, Teaching Fitness, Aerobics

Graduate Assistant, 1968

University of Louisville

Courses taught as Graduate Assistant: Racquetball, Physical Education for the Classroom Teacher
Graduate Assistant responsibilities included work in the Psychophysiology lab, work in the Faculty and Staff Wellness Program (Leading smoking cessation classes, working health fairs, teaching aerobic classes)

K-12 Teaching Experience

Physical Educator, Fayette County Schools, Lexington, Kentucky, 2003

Physical Educator, Warren County Schools, Pine Village, Indiana, 2001-2002

Physical Educator, Tippecanoe County Schools, Lafayette, Indiana, 1997-1998

Teaching Assistant, Albany County Schools, Laramie, Wyoming, 1996

Physical Educator, Cleveland County Schools, Norman, Oklahoma 1995-1996

Wellness Teacher, Jefferson County Schools, Louisville, Kentucky 1992-1995

- Bates Elementary selected as Health Promotion School of Excellence
- Bates Elementary received Comprehensive School Health Grant

Physical Educator, Kentucky Country Day School, Louisville, Kentucky 1987-1992

Physical Educator, Manatee County Schools, Bradenton, Florida 1982-1985

- Selected as Wakeland Elementary Teacher of the Year, 1984

Related Experience

Coordinator, Huddle in Heels, Purdue University, 2009 - 2012

Coordinator, Female Football FANfare, Eastern Kentucky University, 2004-2007

LICENSES/CERTIFICATIONS:

Kentucky Teaching Certificate (Life)

Indiana Teaching Certificate (Life)

National Standards Trainer Certification earned at 2016 Minneapolis SHAPE America Convention

PAL Training the Trainers Certification earned at Beaverton, Oregon, 2015

PYFP Trainer Certification earned at 2014 St. Louis AAHPERD Convention

Physical Best Instructor Certification earned at 1999 Orlando AAHPERD Convention

PROFESSIONAL AFFILIATIONS:

SHAPE America (formerly American Alliance for Health, Physical Education, Recreation and Dance)

- National Standards Trainer, 2016 - Present
- PAL Trainer, 2015 – Present
- PYFP Trainer, 2014 – Present
- Physical Best Instructor, 1999-Present

Kentucky Association for Health, Physical Education, Recreation and Dance (KAHPERD)

- Selected as KAHPERD's Outstanding University Physical Educator, 2006
- At-Large East Representative, 2004-2005
- Elementary Physical Education Chair, 1989

Indiana Association for Health, Physical Education, Recreation and Dance (IAHPERD)

- Youth Fitness Coordinator, 2000-2002
- Regional Representative, 2000-2002
- Coordinated Region Five Workshops, 2002-2002, 2009-2012
- Recipient of IAHPERD's Leadership Award, 2001

Florida Alliance for Health, Physical Education, Recreation and Dance (FAHPERD)

- Member, 1982-1985

PRESENTATIONS:

"Health Related Fitness: Do It Daily", KAHPERD Convention, Fall 2017

"Teaching the Concepts of P.L.A.Y using the TPSR Model", SHAPE Convention, 2016

"Health Related Fitness: Do It Daily", KAHPERD Convention, Fall 2016; SHAPE America Southern District Convention, 2015

"Health Related Fitness with Physical Best Flair", AAHPERD Convention, 2014; KAHPERD Summer Institute 2014; KAHPERD Convention 2014

"*Deviate*, *Innovate*, and *Motivate* for the *Ultimate* Fitness Activities!" SDAHPERD Convention, 2014

"Implementing Best Practices through Motivating Activities", Constellation Schools, Ohio, 2014

"Implementing Cutting Edge Fitness: *Deviate*, *Innovate*, *Motivate*!" AAHPERD Convention, 2013

"Do It Daily: Fun Filled Fitness Activities for K-12", IAHPERD Regional Workshop, 2012

"The *Ultimate* Solution: Win the Fight for PE... Motivate, Advocate, Collaborate, Educate", Workshop, Kankakee Valley Intermediate School, Wheatfield, IN, 2012

"Do It Daily: Elementary PE Instant Activities and Fitness Ideas", IAHPERD Conference, 2011

"Double the PLEASURE, Double the FUN: Physical Best Part II", AAHPERD Convention, 2011

"Do It Daily 2010", IAHPERD Convention, 2010

"Implementing Best Practices", Indiana University Summer Institute, 2010

"Get On Track With the "New" Physical Best Activities Guide(s)", AAHPERD Convention, 2010

"Do it Daily", IAHPERD Regional Workshop, 2009

"Self Assessing Fitness & Nutrition: A Physical Best Quest", AAHPERD Convention, 2009

"Making the (Physical) Best Out of a Tough Teaching Situation II", AAHPERD Convention, 2008

"Making the (Physical) Best Out of a Tough Teaching Situation", AAHPERD Convention, 2006

"Physical Best/Fitnessgram", Southern District AAHPERD Convention, 2006

"Introduction to Physical Best", KAHPERD Convention, 2005

"Introduction to Fitnessgram", KAHPERD Convention, 2005

"Physical Best/Fitnessgram", Coordinated School Health Institute, Bowling Green, KY, 2005

"Physical Best Gets FITT", Fayette County Schools, Lexington, KY, 2005

"Physical Best Overview", KAHPERD Convention, 2004

"Physical Best Overview", KAHPERD Summer Institute, 2004

"Physical Best Overview", KAHPERD Convention, 2003

"Jump Start Your Curriculum With Physical Best", AAHPERD Convention, 2003

"Making Your Program Its Physical Best", AAHPERD Convention, 2003

"Fitness Frenzy", KAHPERD Convention, 2002

"Physical Best Overview", IAHPERD Convention, 2001

“Physical Best Overview”, IAHPERD (Illinois) convention, 2001

“Fun Fitness Ideas”, Indiana University Physical Education Summer Institute, 2001

“Razzle Dazzle Football”, IAHPERD Region Five Workshop, 2001

“Grading and Assessment: National Trends, IAHPERD Region Five Workshop, 2001

“Do it Daily III”, IAHPERD Convention, 2000

“Warmup and Fitness Ideas” IAHPERD Region Five Workshop, 2000

“Assessment Ideas for Elementary Physical Education”, IAHPERD Convention, 1999

“What Makes Your Elementary Physical Education Program Special – Going Above and Beyond”, IAHPERD convention, 1999

“Do It Daily II”, IAHPERD Convention, 1998, 1999

“Incorporating Wellness into the Physical Education Curriculum”, IAHPERD Convention, 1998

“Incorporating Classroom Concepts Into Your Physical Education Curriculum”, KAHPERD Convention, 1998

WORKSHOPS:

Essentials of PYFP

- SHAPE America Southern District Convention, 2015
- KAHPERD Convention, 2014

Physical Best/Fitnessgram

- TAHPERD Conference, Murfreesboro, TN, 2015
- Oklahoma Department of Education, Oklahoma, 2014
- Poudre School System, Fort Collins, Colorado, 2013
- Constellation School System, Elyria, Ohio, 2013
- Jefferson County Schools, Louisville, KY, 2004
- Indiana Department of Education/CDC Physical Education Workshop Series, 2001

Fitnessgram 8.0

- Washington County Schools, Gray, Tennessee, 2006
- Fayette County Schools, Lexington, Kentucky, 2005

Physical Best Specialist Workshop

- Jefferson County Schools, Louisville, KY, 2005
- Union County Schools, Morganfield, KY, 2004
- Henderson County School, Henderson, KY, 2004

GRANTS:

- Action for Healthy Kids Grant (Kyrock Elementary School and South Edmonson Elementary School, Edmonson County, Kentucky, 2014 - 2017)
 - Assisted PE Teachers Lori Duvall and Jeannie Basil in writing and implementing grant to purchase pedometers and recess equipment to enhance Walking Club, begin Family Exercise Program, incorporate Brain Breaks in classrooms and organize Edmonson County Family Fitness Walk
- Lowe's Teacher Toolbox Grant (Kyrock Elementary School, Edmonson County, Kentucky, 2016)
 - Assisted PE Teacher Lori Duvall in writing and implementing grant for funds to re-pave the walking track at Kyrock Elementary School
- Action for Healthy Kids Grant (Edmonson County High School, Edmonson County, Kentucky, 2015)
 - Assisted PE Teacher Mike McClintic in writing and implementing grant to purchase equipment for lunch time activity break program
- IAHPERD Grant (Pine Village Elementary, Warren County Schools, Indiana, 2002)
 - Wrote and attained grant to purchase pedometers for Physical Educations classes
- Health Promotion Schools of Excellence Grant (Bates Elementary, Jefferson County Schools, Kentucky, 1992 -1995)
 - Wrote and attained grant that named Bates Elementary as a Health Promotion School of Excellence, providing Bates with resources such as funds for equipment, resource personnel such as an Adopt-a-Doc and an Adopt-a-Nurse, and funding for health related fitness activities
- Comprehensive School Health Education Grant (Bates Elementary School, Jefferson County, Kentucky, 1995)

RESEARCH:

Co-Investigator with Dr. Janet Hope and Liddy Hope, "A Study of Football Coaches' Wives". Study partially funded by St. Benedict's/St. John's Universities, Collegeville, MN, 2007

PUBLICATIONS:

Hope, Janet, Liddy Hope and Sally Hope (2013) Insights from College Football Coaches' Wives: Living, Loving and Lasting as a Coach's Wife. Monterey, CA: Coaches Choice

PROFESSIONAL SERVICE ACTIVITIES:

University Level

Member, Advisory Panel, KDE Physical Education Standards Committee, 2017

Co-Advisor, Physical Education Majors Club, Western Kentucky University, 2015 – Present

Student Teacher Supervisor, Western Kentucky University, 2014-Present

Member, Pedagogy Committee, Purdue University Health and Kinesiology Department, 2009 - 2012

Member, Committee on PHE 180 Learning Goals and Objectives, Eastern Kentucky University Exercise and Sport Science Department, 2007

Co-Advisor, Physical Education Majors Club, Eastern Kentucky University, 2006 - 2008

KTIP University Supervisor, University of Louisville, 2002-2003

Member, NCATE Pedagogy Curriculum Committee, Purdue University, 2001-2002

Co-Editor, Department of Health and Kinesiology's Quarterly Pedagogy Newsletter, Purdue University, 2000-2002

Co-Advisor, Physical Education Majors Club, Purdue University, 1998 - 2002

K-12 Level

Member, Safety City Curriculum Committee, Jefferson County School, KY, 1993

Coordinator, Faculty and Staff Aerobic Classes

- Linford Elementary School, Albany County Schools, WY, 1996
- Bates Elementary, Jefferson County Schools, KY, 1993-1995
- Wakeland Elementary, Manatee County Schools, FL, 1983-1985

Related Services

Member, Barren River Healthy Coalition, 2014 - Present

Member, Madison County (KY) Physical Activity Coalition, 2005-2008

Member, Kentucky Physical Activity Conference Committee, 2005-2006

COMMUNITY SERVICE:

Volunteer Grant Writer, Edmonson County Schools, Brownsville, KY, 2014 - Present

Awards Chairperson, Purdue Center for Cancer Research 5K Challenge, West Lafayette, IN, 2009 – 2013

Volunteer, Habitat for Humanity, Lafayette, IN 2009-2010

Coordinator, Backfield in Motion Summer Camp, Eastern Kentucky University, 2003-2007

Member, Madison Central High School Football Booster Club, Richmond, KY

- Vice President, 2006-2007
- Super Booster Coordinator, 2004-2007

Referee, Upward Bound Basketball Program, Eastside Baptist Church, Richmond, KY, 2005

Member, American Heart Association Board, West Lafayette, IN, 2000