

**Amanda Funk**  
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## **Education**

### **Ball State University Muncie, In**

**May 2012** Doctor of Education in Adult, Higher, and  
Community Education- Wellness Management, Applied  
Gerontology, Business

### **Ball State University Muncie, IN**

**May 2010** Certificate in College and University Teaching- Adult  
education, higher education, non- traditional education- Methods,  
Techniques and practicum required Practicum included teaching a  
hybrid Graduate level wellness-coaching course.

### **Ball State University Muncie, IN**

**May 2008** Certified Training Consultant- Center for Organizational  
Resources Certified Training Consultant Institute - Coursework and  
proposal writing practical experience required.

### **Ball State University Muncie, IN**

**Dec 2006** Master of Science in Wellness Management and Applied Gerontology;  
Business Minor

### **The University of Tennessee Knoxville, TN**

## **Academic Teaching Experience**

### **Western Kentucky University Bowling Green, Ky**

**Dec 2014 – Current**

#### **Visiting Assistant Professor School of Kinesiology, Recreation, and Sport**

- EXS 122 Foundations of Exercise Science
- EXS 223 Introduction to Exercise Science
- EXS 310 Kinesiology
- EXS 313 Motor Learning and Control
- EXS 324 Measurement and Evaluation in Exercise Science
- EXS 455 Exercise and Aging
- EXS 496 Internship in Exercise Science

### **Ball State University Muncie, IN**

**Aug 2008 – May 2012**

#### **Faculty Member College of Applied Science and Technology – School of Sport, Physical Education and Exercise Science Department Chair- Tom Weidner**

- WELN 635 Wellness Coaching
- GERO 535 Adaptions in Later Life
- GERO 540 Gender and Aging
- GERO 445 Gender and Aging
- PFW 146 -Core Curriculum Class – Physical activity, Fitness and Wellness
- PFW 147- Core Curriculum Class – Physical activity, Fitness and Wellness
- PFW148 Core Curriculum Class – Physical activity, Fitness and Wellness
- EXS 301 Exercise Testing and Prescription
- Faculty Partner for the Community Center for Vital Aging
- Member of Planning group for Health by Design efforts on campus
- Developed course evaluation process to support UCC-21 requirements

- Created and administered online learning environments and communities
- Faculty Seminar for teaching first year student's participant
- Sloan-C consortium workshop participant- multiple workshops per year
- Prepared post course analysis- Knowledge and Physical based outcomes – Fitness testing of ~ 200 students each semester

## **Scholarship**

Sobrero, G., Arnett, S.W., Schafer, M.A., Stone, W.J., Tolbert, T.A., Salyer-Funk, A., Crandall, J., Farley, L.B., Brown, J., Lyons, S., Esslinger, F.T., Esslinger, K., & Maples, J. (2017). A Comparison of High Intensity Functional Training and Circuit Training on Health and Performance Variables in Women: A Pilot Study. *Women in Sport and Physical Activity Journal*, 25(1);1-10.

Salyer-Funk, A. (2012) *Potential Applications of Power, Load, Margin Theory for Women with Tenure in Higher Education: Proquest: UMI publishing, Ann Arbor Michigan*

## ***Collaborative Writing with Colleagues***

A Salutogenic Look at Mothers with Tenure- The Perfect Storm for Success. In Review

“2018 Pedagogicon Conference “ At ECU – “ The Learning Partner Model – A Discipline Neutral Teaching Model used in an Exercise Science Classroom.. In Development-  
\*\*Submission for Conference Proceedings – In development

Utilizing the Live Scribe Pen as a Tool for Qualitative Inquiry in community dwelling participants- In Development

Meeting Digital Natives through Curriculum Revision- Case Study for Exercise Science –  
The case for learner skill development aligned with content delivery- In development

Shifts in Capacity and Sense of Coherence as a result of Service Learning Experience. – In progress

## **Student driven manuscripts in development-**

- Feasibility of Bingocize Among Preschool Age Students- Student Author Samantha Dykes
- Qualitative Examination of Wellness Related Outcomes of a Recreation Dance Program for Students with Downs Syndrome. - Student Author Jena Thompson
- Comparative Investigation of Perceptions Regarding Sports Enhancement Drinks Student Author Megan Hughes
- The Force and Velocity Analysis of an Olympic Barbell Squat and an Olympic Safety Bar Squat- Student Authors Camree Fenstermaker and Amber Baker
- Influence of Self Selected Music at specific RPE measures on Submaximal Vo2 Predictions. Student Author Kailey Minor
- Evaluation of a Collegiate Concussion Education Program Among College Athletes-Student Author Michael Olson
- Perceptions of an Exercise Environment on Workout Satisfaction and perceived intensity of participants in dance-based fitness classes – Student Author Brook Garst

## **Presentations:**

- Bingocize®- An evidence-based health education program -Presented Summer 2018 at the Tennessee Commission on Aging and Disability Meeting for facility directors
- The learning partner model - a discipline neutral approach for peer to peer engagement and learner accountability - Presented Spring 2018 at Eastern Kentucky University
- Invited presenter -Center for Executive Education at Belmont University. 2012-2014

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## **University and Professional Service**

- Search Committee Member for Fitness Coordinator Position for the Preston Center Fall 2018
- Committee Chair – Curriculum evaluation and revision process for WKU EXS Program 2018
- WKU work group to create a universal formative assessment for teaching Spring 2018
- Faculty Collaborator on the development of the Center for Applied Science in Health and Aging. (CASHA)
- Facilitated a meeting between potential CASHA stakeholders and an investors who's interests align with the center- specifically centenarians living in blue zones of the world, and the salutogenic approach to aging with vitality
- Assists in the ongoing development of CASHA operational guidelines as outlined in the year 1 deliverables
- Faculty Advisor ACSM Exercise is Medicine on Campus program 2015-current
  - In this role I have developed relationships with partners across campus to continually attempt to improve exercise engagement in our campus community
- Faculty lead for student travel logistics for NSCA National/ State and ACSM conferences Spring 2017
- McNeil Elementary School Run Club Co-Facilitator
- WKU Faculty Ambassador for Exercise Science 2017

- CHHS Sub Committee for Collaboration 2016-2017
- ACSM Exercise is Medicine Committee Member and program evaluator-  
National 2016- current
- Student Research Conference Volunteer Judge Spring 2017
- MASTER Plan Academic Expectations Presenter 2015, 2016, 2017
- RSO Advisor- Exercise science 2014- current
- NSCA Special Interest Group- inaugural member Strength and  
Conditioning Professional Development and Mentorship
- AmeriCorps- Grant competition reviewer
- Search Committee member for Ball State University's School of Kinesiology  
Director 2011
- Invited to create a series of coaching activities for Pearson Publishing  
San Francisco Ca. 2012
- Guest Commentary: Healthy Living Shouldn't take vacation:  
NWI.Com (December 2001)

### **Consulting, Grants, Awards and Recognition**

- Program Evaluation and structural realignment for group fitness program  
Private Club in Bowling Green Kentucky summer 2018
- Research Consultant  
Owensboro Dance Theatre 2017-2018
- Group Fitness Instructor Training- Indoor Cycling, Aquatics classes  
Private fitness facility in town Summer 2018
- Wellness programming consultant  
Belmont Center for Executive Development 2012-2014
- CMP Grant Team member for Bingocize Research Project

- FUSE Grant advisor – Fall 2017 Spring 2018 The feasibility of using Bingocize in a preschool classroom”- Awarded
- M.A.S.T.E.R Plan Student engagement award winner for The College of Health and Human Services 2017
- Faculty Award for Student Advisement Winner the College of Health and Human Services 2017
- Ball Brothers Foundation Quick turn Around Grant- community based intervention at the Community Center for Vital Aging.
- Exercise Intervention for high. School students- after care 2001-2004 St. Mary’s Health System \$2000.00

### **Professional Development Certifications and Additional Experience**

- PLC Small Teaching, Orientation to Online Teaching and High Impact Practices 2017
- Student Success Summit Spring 2017
- Group Power Instructor Certification 2016- MOSSA Programs
- Athletic Step Certification (2013)- Specialty Certification
- Peer Field reviewer for AmeriCorps Grant competition- Grant reviewer and evaluator 2013
- Fitness Forum: Invitation only by Pearson Publishing. San Francisco, CA (March, 2012)
- Webinar Wellness Way of Life Response to Online Course Material. McGraw Hill Publishing. (January 2012).
- Women in Leadership Webinar. Center for Information and Communication Sciences. Ball State University. (August 2011)

- Workshop: Faculty Development for Teaching First Year Students. Freshman Connections/Office of Educational Excellence. (Fall 2011)
- Annual "Bud" Getchell Lecture: "The Future of Aerobic Exercise Testing in Clinical Practice: Is it the Ultimate Vital Sign? Ball State University (April 2011).
- Workshop: I>Clicker Training. Ball State University (Summer 2011)
- 2008 IDEA Fitness Fusion Conference; Chicago, IL.(April 2-4, 2008)
- SLOAN-C workshop participant- Teaching Online-Getting Started, Preventing Faculty Burnout, Social Media and Online Education
- Intrinsic Coach®- Health and Wellness- Totally Coached Inc.
- Past Vice Chair of the Healthy Living Advisory committee for Delaware County
- Arthritis Foundation Aquatic Exercise Instructor, YMCA Aquatic Exercise Instructor, AFAA Certified Personal Trainer, Pre/Post Natal exercise instructor, PiYO™ Instructors, Body Combat® Instructor by Les Mills International, Johnny G Spinning certified, Zumba Fitness®, Johnny G Spin instructor
- Co-creator for Exercise Options for Oncology Patients, Lifestyles Weight Management for Orthopedic patients, Healthy Solutions Weight Management program 2001-2002, American Cancer Society I Can Cope facilitator, Developed an exercise progression program for people considering bariatric surgery
- Nautilus Indoor Cycling Instructor workshop- August 2005
- American Red Cross, Adult, Child, and Infant CPR, Community FirstAid



and Safety AED Essentials, American Heart Association CPR

- McGraw Hill Connect and Pearson's Mastering
- Member of NSCA, IDEA, Idea Health and Fitness Association,

### **Additional Industry and Related Experience (Chronological)**

#### **Vanderbilt University Nashville, Tn**

May 2012-Aug 2012

Programs for Talented Youth-Peabody College of Education

TERM/ Seasonal Position

- Planned, developed and implemented programs for grades 7th-12th during summer residential program- programs were multi dimensional and developed for accelerated students
- Responsible for residential life staff and student safety on campus
- Assisted with coordination of grant protocol, data collection.
- Planned, organized and implemented educational and recreational trips around Nashville for student groups- up to 180 students per trip
- Developed and executed ongoing staff development and training
- Co-coordinated efforts to create a life changing experience for gifted students
- Collaborated with colleagues to create development opportunities for program instructors Ball State University Muncie, I

#### **Assistant Director for Sports Facilities Management and Recreation Services**

**May 2006-August 2008**

- Provide executive level leadership for Aquatic, Fitness, Sport Clubs, Outdoor Recreation, Informal Recreation, Intramural Sports, Special Events,

health/safety and Youth/ Family programs

- Investigated, selected and lead collaborative program with student life- Planned and implemented a trip for incoming freshmen camping/white water rafting- Value added program related to orientation and retention
- Recruited, hired, trained and evaluated 8 graduate assistants each year
- Planned, executed and evaluated staff training for graduates and undergraduates each year. GA's performed at professional level expectations and were responsible for operations.
- Planned and instructed continuing education seminars for graduate student team
- Co-created the launch of campus wide employee wellness initiative that is still in existence- 2018.
- Managed 24 non-credit instructional classes. These were open to students, faculty, staff and the community.
- Lead and supported graduate assistants in training incoming group exercise instructors- class formats include: step, kickboxing, indoor cycling, strength training, mat based Pilate and/core conditioning. sports, strength and agility training and fitness ball classes
- Directed an undergraduate staff team in customer service operations and membership overseeing revenues of \$100,000.00 annually
- Created and mentored practicum experiences for exercise science students
- Established a working relationship with other areas within recreation services to provide opportunities for group exercise instructors to be more involved in day to day operations- traditionally instructors were segregated from the larger staff unit
- Advised 20-25 sport clubs officers in matters related to financial

accountability, budgeting and club management

- Approved payroll for student employees on a bi weekly basis
- Assisted as needed with special events that include concerts, conferences, large scale nationally recognized productions, and sporting events
- Directed Cardinal kids camp- 9 weeks summercamp
- Managed and responded to operational issues related to sports facilities management
- Lead student team in the creation and implementation of Cardinal Kids Camp (summer day camp)- 75 employees, camp lasted 8 weeks, average student attendance 100 each week.

### **St. Mary's Health and Fitness Center Powell, TN**

#### **Adult, child and community Program Director**

#### **Sept 2001-June 2004**

- Coordinated fitness events, health education programs, and health fairs
- Planned, implemented and evaluated wellness programs for 1000+ employee fitness center and community members
- Committee Co-chair for the St. Mary's Team Challenge for Health 2003 employee initiative for better health based on " The Town that Lost a Ton"
- Created and directed children's summer camp- 8 week camp in a commercial setting.
- Taught group exercise experiences and personal training sessions for people with a variety of contraindications and fitness goals
- Fitness specialist and exercise physiologist in a phase 3 program.
- Coordinated speakers for monthly "lunch and learns" for the "Senior Social Club"

- Formulated policies and procedures for youth programs
- Collaborated with hospital departments to offer comprehensive wellness programs for weight management, pre-surgery and Post-operative rehab, and special pop.

## **Professional References**

Mary Winfrey Kovell, Coordinator of Exercise Science Ball State University  
School of Kinesiology Muncie, In 47306  
765-285-1749  
mlwinfreykov@bsu.edu

Scott Arnett, Associate Professor in Exercise Science & Kinesiology (M.S), Director -  
Biomechanics Laboratory  
Western Kentucky University  
Smith Stadium East 1062  
270- 745-6034  
scott.arnett@wku.edu

Wade Pinkard, Manager Wellness Programs  
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