

Francis Travis Esslinger, PhD

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EDUCATION

- 2006-2011 University of Arkansas, Fayetteville, AR**
Ph.D. in Kinesiology
Pedagogy
Cognate: Adaptive Physical Education
- 2004-2005 Fort Hays State University, Hays, KS**
M.S. in Health and Human Performance
Exercise Science
- 2000-2003 Fort Hays State University, Hays, KS**
B.S. in Health and Human Performance
Exercise Science

PROFESSIONAL

- 2014-Present Assistant Professor (Pedagogy)**
Kinesiology, Recreation & Sport
Western Kentucky University, Bowling Green, KY
Responsible for creating both traditional and online curriculum for undergraduate and graduate courses within the Physical Education/Teacher Education (PETE), and Physical Education Movement Studies (PEMS) program's. Other responsibilities include advising and university supervision for student teachers.
- 2010-2014 Visiting Assistant Professor**
Kinesiology, Recreation & Sport
Western Kentucky University, Bowling Green, KY
Responsible for creating both traditional and online curriculum for undergraduate and graduate courses for multiple disciplines within KRS.
- 2009-2010 Adjunct Professor**
Kinesiology, Recreation & Sport
Western Kentucky University, Bowling Green, KY
Responsible for creating both traditional and online curriculum, and determining assessments for lifetime fitness/wellness, PGA golf, university experience-health/human services, kinesiology, and evaluation of physical education (online).
- 2008-2009 Graduate Teaching Assistant**
Health Science, Kinesiology, Recreation, and Dance
University of Arkansas, Fayetteville, AR
Responsible for creating curriculum and determining assessments for racquetball, weight training, fitness concepts, and secondary physical education.

- 2007-2008** **Graduate Assistant**
Intramural/Recreational Sports
Manager of the Donna Axum Fitness Center
University of Arkansas, Fayetteville, AR
Managerially responsible for the university fitness center while coordinating the personal training program. Duties included staffing the facility, marketing, conducting pay roll, maintenance of equipment, and establishing the budget.
- 2006-2007** **Graduate Assistant**
Intramural/Recreational Sports
Coordinator of the personal training program
University of Arkansas, Fayetteville, AR
Oversaw the personal training program and developed health related incentive programs for university students/staff.
- 2005-2006** **Long Term Substitute Teacher**
USD #333, Concordia, KS
Long term teaching included junior high physical education/health and 8th grade math. Responsibilities included lesson planning, grading, and preparing for state and national testing.
- 2005-2006** **Substitute Teacher**
USD #333, Concordia, KS
Taught a range of classes from kindergarten to college algebra.
- 2004-2005** **Head Graduate Teaching Assistant**
Health and Human Performance
Fort Hays State University, Hays, KS
Coordinated graduate assistant's teaching schedules. Created and organized personal wellness labs for the department. Teaching responsibilities included, personal wellness labs, three personal wellness classes, and weight training and conditioning.
- 2003-2004** **DSNWK (Developmental Services of North Western Kansas)**, Hays, KS
Aided individuals who required assisted living. Duties included preparing meals, providing enjoyable activities, and securing a safe environment.
- 2003-2003** **Internship**
Center for Health Improvement at Hays Medical Center, Hays, KS
Served as a wellness specialist focusing in cardiac rehabilitation. Duties included scheduling and conducting fitness assessments, coordinating fitness programs for clients, teaching speed and agility drills for the "Athletic Edge" youth program, monitoring cardiac rehabilitation patient's ecg's, and helping establish appropriate exercise protocol.

Professional Memberships

2015-Present	American Sport Education Program (ASEP)
2014-2016	*Board Member: Kentucky Alliance for Health, Physical Education, Recreation, & Dance
2013-Present	Kentucky Alliance for Health, Physical Education, Recreation, & Dance
2007-2009	HKRD Organization of Graduate Students H.O.G.S.
2006-Present	Society of Health and Physical Educators (SHAPE America). Formerly American Alliance for Health, Physical Education, Recreation, & Dance
2006-Present	Southern District of the American Alliance for Health, Physical Education, Recreation, & Dance
2006-2009	Arkansas American Alliance for Health, Physical Education, Recreation, & Dance
2006-Present	National Association for Sport and Physical Education
2004-2005	Kansas American Alliance for Health, Physical Education, Recreation, & Dance
2003-2004	Central States American College of Sports Medicine Regional Chapter
2002-Present	Phi Epsilon Kappa
2001-2003	National Strength and Conditioning Association

Continuing Education

Spring 2018	CHHS: Teaching Effectiveness Workshop Series. March 23, April 13 and 27. WKU, Bowling Green, KY
March 2018	Center for Innovative Teaching (CITL) Tech Showcase. March 7. WKU, Bowling Green, KY
November 2017	Kentucky Alliance for Health, Physical Education, Recreation, and Dance. November 12 – 14. Lexington, KY
July 2017	Small Teaching Conference hosted by the Center for Innovative Teaching (CITL). Keynote speaker Dr. James Lang, author of <i>Small Teaching: Everyday Lessons From the Science of Learning</i> . July 27. WKU, Bowling Green, KY
July 2017	Kentucky Teacher Internship Program (KTIP) workshop. July 24. WKU, Bowling Green, KY
June 2017	Summer Reading Group: Small Teaching. Three-week long discussion/collaboration of Lang's <i>Small Teaching: Everyday Lessons From the Science of Learning</i> . Hosted by CITL, June 5 - 23. WKU, Bowling Green, KY
May 2017	Student Teacher Orientation. Presented by the Office of Professional Educator Services, May 10. WKU, Bowling Green, KY
November 2016	Kentucky Alliance for Health, Physical Education, Recreation, and Dance. November 13 – 15. Lexington, KY

October 2016	Implementing and Assessing High-Impact Practices (HIPS) with Inclusive Excellence and Fidelity workshop presented by Ken O'Donnell (Senior Director for Student Engagement/ California State University System) and the Center for Faculty Development, October 28. WKU, Bowling Green, KY
Spring 2016	WKU Faculty Professional Learning Community (PLC). Strengthening classroom teaching – Reflection and growth. WKU, Bowling Green, KY
April 2016	Society of Health and Physical Educators (SHAPE) America Conference. Minneapolis, MN
November 2015	Kentucky Alliance for Health, Physical Education, Recreation, and Dance. Lexington, KY
October 2015	Society of Health and Physical Educators (SHAPE) America PETE & HETE Conference. Atlanta, GA
September 2015	PE plus! Ways to make a difference beyond the gymnasium. Presented by Margaret E Robelee and Lynn Hefele, September 29. (SHAPE America, Webinar)
September 2015	Implementing disability/adapted sports in physical education and recreational programming. Presented by Dr. Michelle Grenier and Nicole DiFloures, September 15. (SHAPE America, Webinar)
May 2015	Top Life wellness seminar- Cardiovascular prevention and vaccines. Presented by Dr. Beverly Mortimer, May 7. WKU, Bowling Green, KY
April 2015	Workshop: The fundamentals of investing. Presented by Matt Idlett (Edward Jones), April 14. WKU, Bowling Green, KY
February 2015	Integrating current applications into your exercise physiology course. Presented by Dr. John Porcari and Dr. Cedric Bryant, February 19. (Webinar)
January 2015	Kentucky Teacher Internship Program (KTIP) training. WKU, Bowling Green, Kentucky.
January 2015	Co-Teach training. WKU, Bowling Green, Kentucky.
December 2014	WKU University Supervisor training. WKU, Bowling Green, Kentucky.
Fall 2014	Master Advisor Certificate (MAC) training. WKU (AARC), Bowling Green, Kentucky.
November 2014	Kentucky Alliance for Health, Physical Education, Recreation, and Dance. Lexington, Kentucky.
November 2014	Kentucky Field Experience Tracking System (KFETS) training. Presented by Dr. Tony Kircher. WKU, Bowling Green, Kentucky.
September 2014	Advising training (Christopher Jensen, AARC). WKU, Bowling Green, Kentucky.
February 2014	Southern District American Alliance for Health, Physical Education, Recreation, and Dance. Lexington, Kentucky.
April 2013	Safe Zone Training. Presented by Dr. Eric Manley; a program designed to educate faculty and staff about the unique issues faced by (LGBT) students. WKU, Bowling Green, Kentucky.
September 2012	Senate Bill I training. WKU, Bowling Green, Kentucky.

February 2012	Southern District American Alliance for Health, Physical Education, Recreation, and Dance. Orlando, Florida.
October 2011	Faculty Liaison Workshop Series for online faculty. Presented by Dr. Jerry Daday; discussing structure of graduate level online seminars and quantitative research methods. WKU, Bowling Green, Kentucky.
October 2011	Beyond the scoreboard: The business of sport for future professionals. Presented by Rick Horrow and Karla Swatek. (Webinar)
October 2011	Academic Dishonesty: What is it, what our students think, and what we can do about it. Presented by Dr. Wren Mills, October 10-14. Faculty Center for Excellence in Teaching (FaCET). WKU, Bowling Green, Kentucky.
March 2011	American Alliance for Health, Physical Education, Recreation, and Dance. San Diego, California.
January 2011	Hawaii International Conference on Education. Honolulu, Hawaii.
January 2010	Hawaii International Conference on Education. Honolulu, Hawaii.
April 2009	American Alliance for Health, Physical Education, Recreation, and Dance. Tampa, Florida.
February 2009	Razor Fitness Sports Medicine Symposium. Fayetteville, Arkansas.
Sept 2008	University of Arkansas Workshop for Teaching Assistants "Your Rights as an Instructor, Fostering Academic Honesty, Creating an Equitable Classroom Environment, Accommodating a Diverse Student Body." Fayetteville, Arkansas.
April 2008	American Alliance for Health, Physical Education, Recreation, and Dance. Fort Worth, Texas.
March 2007	American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, Maryland.
October 2003	Central States American College of Sports Medicine. Kansas City, Missouri.

Research Publications

- Sobrero, G., Arnett, S., Schafer, M., Stone, W., Tolbert, T.A., Saylor-Funk, A., Crandall, J., Farley, L., Brown, J., Lyons, S., **Esslinger, T.**, Esslinger, K., & Maples, J. (2017, April). A comparison of high intensity functional training and circuit training on health and performance variables in women: A pilot study. *Women in Sport and Physical Activity Journal*, 25 (1), 1-10.
- Esslinger, K., **Esslinger, T.**, & Bagshaw, J. (2015, September). Reaching the overlooked student in physical education. *Strategies*, 28 (5), 40-42.
- Hoover, D., Killian, C., Judge, L.W., **Esslinger, T.**, & VanWye, W.R. (2015). Predictive validity of a functional movement screen in professional basketball players. **Ready for submission.**
- Hoover, D., **Esslinger, T.**, Killian, C., Bourcier, B., Lewis, S., Thomas, J., & Martin, R. (2015). Predictive validity of a functional movement screen in a population of recreational runners training for and participating in a half-marathon. **Ready for submission.**
- Navalta, J.W., Lyons, T.S., Pereira, G.B., Arnett, S.W., Schafer, M.A., **Esslinger, F.T.**, & Sobrero, G.L. (2012, January). Effectiveness of blended instruction utilizing on-line lectures and split classes in delivering an applied exercise physiology course. *Medical Physiology Online*. Available from <http://medicalphysiologyonline.wordpress.com>

Lirgg, C., Dibrezzo, R., Gray, M., **Esslinger, T.** (2011). The effect of climbing wall use on the grip strength of fourth grade students. *Research Quarterly for Exercise and Sport*, 82(2), 350-354.

Esslinger, T., Esslinger, K., Pyle, E., & Hey, W. (2011). Strategies to decrease burnout in physical educators with coaching responsibilities. Published conference proceedings at the Hawaii International Conference on Education. Honolulu, Hawaii.

Esslinger, T., Lirgg, C., Gorman, D., Oliver, G., & Hey, W. (2011). Functional movement: A comparison of the effects of yoga versus core stability training. Published conference proceedings at the Hawaii International Conference of Education. Honolulu, Hawaii.

Research Presentations

Pyle, E., Esslinger, K., **Esslinger, T.**, Hope, S., & Hey, D. (2015, October). Leaving the choir and reaching into the pews. Presented at the PETE/HETE Conference. Atlanta, Georgia.

Sobrero, G., Arnett, S., Schafer, M., Stone, W., Lyons, S., Esslinger, K., **Esslinger, T.**, Crandall, J., & Maples, J. (2014, May). Crossfit vs. resistance training: Effects of a six-week training program on selected performance indicators. Presented at the National ACSM Conference. Orlando, Florida.

Arnett, S., Sobrero, G., Schafer, M., Lyons, S., Navalta, J., Staone, W., Bean, S., **Esslinger, T.**, & Esslinger, K. (2013, June). Assessment of 1RM strength between crossfit and resistance trained individuals. Presented at the National ACSM Conference. Indianapolis, Indiana.

Schafer, M., Arnett, S., Sobrero, G., Lyons, S., Navalta, J., Stone, W., Bean, S., **Esslinger, T.**, & Esslinger, K. (2013, June). Evaluation of power in crossfit vs. weight trained individuals. Presented at the National ACSM Conference. Indianapolis, Indiana.

Sobrero, G., Schafer, M., Arnett, S., Lyons, S., Navalta, J., Stone, W., Bean, S., **Esslinger, T.**, & Esslinger, K. (2013, June). Comparison of aerobic and anaerobic power in crossfit and resistance trained individuals. Presented at the National ACSM Conference. Indianapolis, Indiana.

Stone, W., Schafer, M., Sobrero, G., Arnett, S., Lyons, S., Navalta, J., Bean, S., **Esslinger, T.**, & Esslinger, K. (2013, June). Muscular endurance, agility, and flexibility in crossfit vs. weight trained individuals. Presented at the National ACSM Conference. Indianapolis, Indiana.

Esslinger, T., Lirgg, C., Gorman, D., Oliver, G., & Hey, W. (2012). Functional movement: A comparison of the effects of yoga versus strength and conditioning with a core stability program. Presented at the Southern District AAHPERD conference. Orlando, Florida

Esslinger, K., **Esslinger, T.**, Hey, W., & Grimes, A. (2011). Identifying benefits of lifetime fitness activities on overall wellness suitable for classroom participation. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Pyle, E., Esslinger, K., **Esslinger, T.**, & Hey, W. (2011). Creating a community advisory board to enhance your educational program. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Navalta, J., Lyons, S., Arnett, S., Schafer, M., & **Esslinger, T.** (2011). Utilizing on-line lectures and split classes are effective in delivering instruction to a large laboratory-based applied exercise physiology course. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Esslinger, T., Esslinger, K., Pyle, E., & Hey, W. (2011). Strategies to decrease burnout in physical educators with coaching responsibilities. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Esslinger, T., Lirgg, C., Gorman, D., Oliver, G., & Hey, W. (2011). Functional movement: A comparison of the effects of yoga versus core stability training. Presented at the Hawaii International Conference of Education. Honolulu, Hawaii.

- Kirkwood, D., Zierten, R., Bean, S., Schafer, M., Lyons, S., Arnett, S., **Esslinger, T.**, & Navalta, J. (2011). Exercise-induced apoptosis of lymphocytes does not depend on anaerobic training status. Presented at the Southeast Regional Chapter American College of Sports Medicine. Greenville, South Carolina.
- Zierten, R., Bean, S., Kirkwood, D., Lyons, S., **Esslinger, T.**, & Navalta, J. (2011). Helper t-cell response to supramaximal exercise in untrained individuals. Presented at the Southeast Regional Chapter American College of Sports Medicine. Greenville, South Carolina.
- Esslinger, K., **Esslinger, T.**, Maska L., Zody, J., Burnett, J., Sedbrook, S. (2010). College students' attitude toward exercise: Mandating exercise is equal to lecturing about exercise. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Dwelly, P., **Esslinger, T.**, Esslinger, K., Oliver, G. (2009). The effects of recreational weight training on functional movement in college age students. Presented at AAHPERD Student Research in Progress Poster Consortium. Tampa, Florida.
- Dwelly, P., **Esslinger, T.**, Esslinger, K., Oliver, G. (2009). The effects of recreational weight training on functional movement in college age students. Presented at Razor Fitness Sports Medicine Symposium. Fayetteville, Arkansas.
- Esslinger, T.** (2007). Importance of Healthy and Active Lifestyles. Presented at the Off Campus Connection Assembly. University of Arkansas, Fayetteville.
- Esslinger, T.**, Esslinger, K., & Kepka, C. (2005). The Importance of Resistance Training for Older Adults. Presented at Western Kansas Information Day; Grainfield, Kansas.

Peer Reviews

- (2017, August 31). The addition of electrolytes to a carbohydrate-based sport drink: Effect on continuous incremental exercise done against progressively greater workloads. *KAHPERD*.
- (2016, November 7, and 2017, February 13). Correlation between the Functional Movement Screen and hip mobility in NCAA division II athletes. *International Journal of Exercise Science*.
- (2016, October 31). Mental illness and sports. *KAHPERD*.
- (2013, September 29). An examination of behavioral data and testing scores as indicators of student-athlete academic success. *KAHPERD*.
- (2013, January 9). Effects of eight weeks of resistance training on the risk factors of metabolic syndrome in overweight/obese women – “A Pilot Study” *Diabetology & Metabolic Syndrome*.

Teaching Experience

Western Kentucky University

Spring 2016 - 18	PE 319: Adapted Physical Education
Sum 2014, Sp. 16	KIN 503: Advanced Motor Learning and Control (online)
Spring 2014 – 18	PEMS 326: Movement Studies Practicum I
Spring 2014 – 18	PE 220: Skill Progression and Assessment
Fall 2013 – 17	PE 311: Exercise Physiology
Fall 2013 – 17, Sp. 2014 - 18	KIN 508: Adaptive Physical Education (IL)

Spring 2013 - 18	PE 324: Evaluation of Physical Education
Fall 2012	PE 508: Adaptive Physical Education (online)
Fall 2012 – 17, Sp. 2015	PEMS 426: Movement Studies Practicum II
Fall 2012 – 17	PETE 415: Field Experience in PE II
Fall 2012 – 17, Sp. 2013 - 15	PE 122: Foundations of Kinesiology
Spring 2012	RSA 515: Rec/Sport Facility Development (online)
Spring 2012 – 18	PETE 322: Field Experience in PE I
Fall 2011	RSA 542: Investigation of Current Inter. Athletic Sports (online)
Fall 2011	RSA 501: Research Methods in Rec/Sport (online)
Spring 2011, 13, Sum 12, 13	REC/RSA 521: Public Relations in Rec/Sport (online)
Fall 2010, 11, Sum 11	REC/RSA 530: Advanced Studies in Recreation (online)
Fall 2010	REC 523: Theory of Recreation and Sport (online)
Fall 2010, Spring 2011, 12	PE 515: PE/REC Assessment (online)
Spring 2010, 11	EXS 324: Evaluation of Physical Education (online)
Spring 2010	PE 101: PGA Golf
Fall 2009, Spring 2010	PE 100: Lifetime Fitness/Wellness
Fall 2009, 10, 2012 – 17	PE 310: Kinesiology
Fall 2009	CHHS 175: University Experience-Health/Human Services

University of Arkansas

Spring 2009	PHED 3074: Secondary Physical Education
Spring 2009	PEAC 1621: Fitness Concepts
Fall 2008, Spring 2009	PEAC 1661: Weight Training
Fall 2008, Spring 2009	PEAC 1251: Beginning Racquetball

USD #333 Concordia, KS

Six weeks, Spring 2006	Junior High Math and Pre-Algebra
Four weeks, Fall 2005	Junior High Physical Education/Health
Fall 2005, Spring 2006	Kindergarten to College Algebra

Fort Hays State University

Summer 2005	HHP 155: Weight Training and Conditioning
Spring 2005	HHP 200: Personal Wellness
Summer 2004-Summer 2005	HHP 200L: Personal Wellness

Volunteer/Service

Spring/Summer 18	Topper Orientation Program (TOP), WKU, Bowling Green, KY (4/13/18 – 5/4/18, double – 8/9/18 – 8/23/18, double)
July 2018	NSF-NIH Early Career Doctorates Survey (7/11/18)
Spring 18-present	Colonnade General Education Committee: CHHS Representative (Primary Rep.), WKU, Bowling Green, KY
April 2018	Bowling Green Area 5 Special Olympics, Bowling Green, KY PE 319 (Adapted PE) students and I volunteered for the regional track meet (4/21/18)
Spring 2018	Honors College Augmentation, WKU, Bowling Green, KY Supervised Callie Donaldson's Augmentation in PE 319
Spring 2018	CHHS Preview Day, WKU, Bowling Green, KY (2/3/18)
Spring 2018	Search Committee Member for the KRS Exercise Science (Pedagogical) Assistant Professor Position (90731), WKU, Bowling Green, KY
Fall 17-Spring 18	Peer Evaluation of Teaching – Stage 3 CITL: Pilot testing of new teacher evaluation tool
Fall 2017	Call for Abstracts, KAHPERD, Lexington, KY Conducted the Call for Abstracts (reviewed/edited all submissions) and organized the poster presentations at the KAHPERD conference (11/13/17)
Fall 17-present	Advisory Board, Warren County Parks and Recreation, Bowling Green, KY Voted in on the board (9/18/17)
Fall 17-present	Faculty Sponsor for Women's Club Volleyball Team, WKU, Bowling Green, KY
Fall 17-Spring 18	Colonnade General Education Committee: CHHS Representative (Alternate), WKU, Bowling Green, KY
Spring/Summer 17	Topper Orientation Program (TOP), WKU, Bowling Green, KY (4/1/17 – 8/10/17 – 8/17/17)
Spring 2017	Dugas Community Park, Scottsville/Bowling Green, KY Recruited two students and started analyzing designs/exercise equipment for the Dugas fitness trail
Spring 2017	Functional Movement Screen (FMS)/Roller Study, WKU, Bowling Green, KY Through online discussion and three one-hour face-to-face sessions I taught three undergraduate (EXS) students the appropriate protocol and scoring system of the FMS

Spring 17-Spring 18	Physical Education Content Reviewer for CAEP Accreditation, WKU, Bowling Green, KY Nominated by Dr. Rebecca Stobaugh (School of Teacher Education/ Education Preparation Program) to serve as content reviewer for PE
February 2017	Professional Development Workshop, Owensboro, KY On Feb. 17 th I (along with two colleagues) provided a three-hour PD workshop for local K-12 physical education teachers
Fall 2016	Call for Abstracts, KAHPERD, Lexington, KY Conducted the Call for Abstracts (reviewed/edited all submissions) and organized the poster presentations at the KAHPERD conference (11/14/16)
Fall 16-Spring 17	Academic Quality Committee: CHHS Representative, WKU, Bowling Green, KY
Fall 16-present	CHHS Advising and Retention Workgroup: KRS Representative, WKU, Bowling Green, KY
Spring 2016	Topper Orientation Program (TOP), WKU, Bowling Green, KY Met with and advised new students in our program (4/29/16 – double) (5/3/16 – double)
April 2016	Adapted Sports Rollout, Kummer Little Rec. Center, Bowling Green, KY Nine of my students and I were active participants in this adapted sports awareness event
April 2016	Bowling Green Area 5 Special Olympics, Bowling Green, KY Managed WKU student ran events
March 2016	Curriculum Changes - Presented PE program revisal to the Professional Education Council (PEC), WKU, Bowling Green, KY
Spring 2016	Honors Thesis (Faculty Mentor/Primary Reader) – Greg Austin (HC), WKU, Bowling Green, KY "Impact of the Affordable Care Act on Physical Therapy in Kentucky"
Spring 2016	Search Committee Member for the KRS Sport Management Visiting Assistant Professor Position (68774), WKU, Bowling Green, KY
Fall 15-Spring 16	Thesis Committee – Jenna Woosley (RSA), WKU, Bowling Green, KY
Fall 15-Spring 16	Search Committee Member for the KRS Exercise Science Assistant Professor Position (64272), WKU, Bowling Green, KY
Fall 2015	Call for Abstracts, KAHPERD, Lexington, KY Conducted the Call for Abstracts and organized the poster presentations at the 2015 KAHPERD Conference (11/16/15)
September 2015	Head for the Hill – Information Fair, WKU, Bowling Green, KY Helped inquiring future freshmen learn about the School of KRS and programs (9/26/15)
Spring 15-present	KRS University Senate Representative (CHHS - Faculty Welfare and Professional Responsibilities Sub-Committee, Primary Rep.) WKU, Bowling Green, KY
May 2015	Professional Development Workshop, Owensboro, KY On May 19 th I (along with a colleague and two GA's) provided a three-hour PD workshop for local K-12 physical education teachers

Spring 2015	Search Committee Member for the KRS Physical Education Instructor Position, WKU, Bowling Green, KY
April 2015	ATP's, WKU, Bowling Green, KY On the 18 th and 24 th I met and advised incoming PE majors
April 2015	Faculty Welfare Focus Group, WKU, Bowling Green, KY Answered questions and provided feedback on faculty welfare issues (4/22/15)
January 2015	Advising WKU Football Recruits, Bowling Green, KY For two consecutive Saturday's (1/17 and 1/24) I met with potential players and their families to discuss the various majors within KRS
November 2014	Kentucky Alliance for Health, Physical Education, and Dance, Lexington, KY Voted in as Board Member for KAHPERD
Fall 14-Spring 15	Search Committee Member for the KRS Director Position, WKU, Bowling Green, KY
Fall 2014	Evaluation of Treadmill Desks and Standing Workstations on Daily Physical Activity, WKU Bowling Green, KY Participated as a control for Dr. Crandall's and Dr. Lyons' study
Fall 2014	Honors College Augmentation, WKU, Bowling Green, KY Supervised Greg Austin's Augmentation in PE 311
September 2014	Minor/Majors Fair, WKU, Bowling Green, KY Helped provide insight to prospective students about the programs within KRS
August 2014	Master Plan "Meet Your Professor" WKU, Bowling Green, KY Met with incoming freshmen to discuss the PETE/PEMS programs
Fall 2013	Honors College Augmentation, WKU, Bowling Green, KY Supervised Greg Austin's Augmentation in PE 310
Spring 2013	Honors College Augmentation, WKU, Bowling Green, KY Supervised Jarad Bagshaw's Augmentation in PE 324
April 2013	Bowling Green Area 5 Special Olympics, Bowling Green, KY Helped manage WKU student-ran events throughout the day
November 2012	Warren Regional Detention Center Program, Bowling Green, KY Aided WKU students in the development and implementation of fun learning activities/games for young men and women
Spring 2012	Honors College Augmentation, WKU, Bowling Green, KY Supervised Jarad Bagshaw's Augmentation in PE 310
October 2008	AAO Sports Experience, Fayetteville, AR Volunteered to promote sports, fitness, health, and active lifestyles
Sum. 2008-Spring 2009	HKRD Organization of Graduate Students, University of Arkansas H.O.G.S. Pedagogy representative
Sum. 2006-Sum. 2008	Intramural/Recreational Sports, University of Arkansas Provided weekly body fat screening for students, faculty/staff and fitness center members
November 2007	Champs League Community Challenge Fundraiser, Fayetteville, AR Raised money for children with special needs

Spring 2006	Track & Field, Concordia, KS Volunteered as a track coach for high school athletes
May 2005	Kansas Kids Fitness Day, Hays, KS Led small group physical activities at the annual celebration of fitness
Fall 2003-Spring 2005	Stroke Rehabilitation Clinic, Fort Hays State University Created and maintained an exercise protocol for stroke survivors
March 2004-2005	Special Olympics Basketball Tournament, Hays, KS Aided in supervising and referring the weekend tournament
Fall 2003	Water Aerobic Instructors, Fort Hays State University Provided a semester long water aerobics class for the elderly
Fall 2003-2004	Phi Epsilon Kappa, Fort Hays State University PEK Sergeant at Arms
Spring 2003	Swimming Aid, Fort Hays State University Helped individuals with severe disabilities become acquainted with the pool by guiding them through swimming lessons

Certifications

American Sport Education Program (ASEP) Instructor

American Red Cross First Aid/CPR/AED Instructor

American Red Cross First Aid/CPR/AED

Aerobics and Fitness Association of America (AFAA) Personal Trainer

Honors and Awards

- 3.85/4.0 GPA at the University of Arkansas
- Phi Eta Sigma "Bookplate Award" for Outstanding Achievement, Fort Hays State University
- Phi Epsilon Kappa Honor Society, Fort Hays State University
- Dean's Honor Roll, Fort Hays State University (Spring 2000-Fall 2003)
- Track Coaches Association 2002 Academic All-American Team, Fort Hays State University
- United States Track Coaches Association All-Academic honor, Fort Hays State University (Fall 2002)
- NCAA Division II Academic All-American, Track and Field, Fort Hays State University (2001, 2002, 2003)
- NCAA Division II All-American, Track and Field, Fort Hays State University (2001,2002)
- NCAA Division II National Champion, Track and Field, Fort Hays State University (2001)

References

Dr. Sharon Hunt, EdD
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University of Arkansas
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Dr. Dean Gorman, PhD
Assistant Department Head / Graduate Coordinator, Professor
University of Arkansas
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Mr. Glen McNeil, MS, RD/LD
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600 Park Street
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785.628.5296

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Department Chair, Professor
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Dr. Katie Helms, EdD
Graduate Coordinator Sport Management, Assistant Professor
University of Arkansas at Little Rock
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