The Kelly Autism Program
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## **Upcoming Events**

October 17th -Kiwanis/LiveSkills
Run forAutism
October 23rd -College Social
Haunted House
or movie night
October 24th -CEC Family
Fun Festival
October 29th -6-7:30
Elementary Social
Halloween Party
at Hillview Church
November 13th -6-7:30
All Participants
Swim Social at
Preston Center

The Life Skills Run for Autism will be held on October 17<sup>th</sup> at the Bowling Green Hotrods Stadium. The day will consist of a four mile wheelchair race 7:55 am and a four mile run starting at 8 am. Following the run will be a one mile family walk (9 am). Big Red and Axcel will be there for the awards. If you would like to register for the event please go to <a href="https://www.AutismRun.org">www.AutismRun.org</a> We look forward to seeing everyone there!





#### **Elementary Program**

In the elementary program this session, we are learning about healthy choices. We have focused on breaking down the food groups on the food pyramid. We talk about each food group and how it affects our mind and body. There are activities, such as cooking, which allow the participants to go beyond one idea and generalize information. The participants learn about a food group, discuss what they know, learn what they don't know, and apply it to following directions and staying on task while creating a healthy snack. This covers all areas of skills, task social analysis (following directions), actively engaged in the learning and learning about enriched process, The participants also functional content. complete an art activity which approaches a different learning style (tactile). All participants are striving for the same thing; success in mastering personal goals!!

# Elementary participants are learning about the different food groups and healthy choices.





Aaron Thomas paints one of the corn hole boards.

KAP Kreations

During the Life Skills Run for Autism, Oct. 17<sup>th</sup>, the Middle/High School KAP Kreations will be selling merchandise during the event. where all proceeds will be going toward KAP Middle/High School Business Fund. merchandise that will be sold is two different jars of KAP's favorite snacks and corn-hole boards, which are perfect for every backyard event or pregame tailgating. The jars are recipes of "Smore's Snack," a combination of gram crackers, brown sugar, marshmellows and chocolate chips; the other a "Puppy Chow Snack Mix," combining the ingredients of powdered sugar, crispy cereal and powdered sugar. The corn-hole boards are made with artistic Western Kentucky University symbols and logos, which every sports fan will love to use.



#### Take Me Out to the Ball Game

We decided to take a group of our college participants to experience the new Bowling Green tradition, a Hot Rods baseball game! It was a great bonding experience for the participants. Some of them have even kept up the friendships that were formed at the baseball game. Everyone had a great time making new friends while taking in America's favorite pastime.



With the new fall semester underway, KAP is proud to welcome 26 college participants. This group is made up of individuals from across the country, representing 9 different states. The college participants also are very active on WKU's campus. A number of our participants are enrolled in the Honors College, are members of WKU's Greek Community, participate in WKU Intramural Sports, and have found a place in the Baptist Campus Ministry. Adjusting to dorm life has been a challenge in itself, but now is viewed more of an opportunity for the college participants to make friends, connect with campus, gain independence. their and Participants have also found KAP's study tables, offered daily, as a tool to excel in their college courses. We are off to a very exciting start and look forward to several upcoming social events that will bring our 26 diverse participants even closer.



#### **Christmas Card Sales**

The Kelly Autism Program is gearing up for it's annual Christmas card sales. We are currently in the process of locating sponsors for the cards. If you are interested in sponsoring these cards please contact Lou Ann immediately. The sales for the Christmas cards will begin in late October. A bundle of ten cards will be priced at \$10. You can also buy a quantity of the cards to serve as your business' holiday cards. If interested please contact Lou Ann. As always the proceeds from the sponsors and sales will go to continue the programming for the Kelly Autism Program!

# Director's Corner Written By: Dr. Boman

The Kelly Autism Program had one of the most successful summer programs to date! Eighteen participants were involved in paid positions; this was exciting for everyone when they received their paychecks. Also, ten post-master's interns completed their practicum placements with lessons focusing on China and India. The participants created kites, ate with chopsticks and learned about the Great Wall.

The fall semester started with a lot of enthusiasm with the 26 college students, representing nine states. Everyone is adjusting well to their new surroundings. They have been to the Mammoth Caves and have had a number of cookouts. Their parents are very pleased with their success.

KAP would like everyone to come out to the Bowling Green Hotrods for the LifeSkills Run for Autism on October 17<sup>th</sup>. There will be a 4-mile run and a one mile family walk. Please register on line at: <a href="www.AutismRun.org">www.AutismRun.org</a> early for \$15 or \$20 the day of the race! Many activities are planned including: inflatables, face painting, animal balloons, ice cream and family entertainment. Please join us for a fun day!



2009-10 KAP College Participants

### **Scholarships and Charitable Giving**

As always, we ask that everyone remember KAP and the benefits that are being brought to the community. KAP has an endowment fund or consider us in estate planning and other forms of giving. KAP can also grow through your effort of time, talent, and treasure.