



Counseling & Testing Center

September 2016

Volume 3, Issue 5

OUR STAFF

Peggy Crowe, Ph.D.
Director

Karl Laves, Ph.D.
Associate Director

Brian Lee, M.A., LPA
Staff Counselor

Elizabeth Madariaga, M.A.
Coordinator, Sexual
Assault Services

Betsy Pierce, M.A.
Coordinator of Outreach

Todd Noffsinger, M.A.E.
Emerging Services
Clinician

Sharon Ercey, B.S.
Coordinator of Testing

Julia Johnson, A.A.
Office Associate/Director
of Awesomeness

Teresa Jameson, B.A.
Office Assistant

Patricia Satterwhite, B.A.
Masters Counseling Intern

Elizabeth Cravero, B.A.
Masters Clinical
Psychology Intern

Star
Therapy Dog

Domestic Violence Awareness Month

The Domestic Violence Awareness Month Kickoff is Sept. 26, from 10 a.m. - 3 p.m., at the Downing Student Union. The proclamation signing will take place at 2 p.m.

Who are you going to call?

No, I am not promoting a recent Hollywood hit with this title. I am introducing some thoughts about the types of help you can find on campus for situations in which a student's behavior is causing you concern. Generally speaking, for the most part, by and large, you should consider the following guideline:

If a student's behavior leaves you feeling threatened, at immediate risk of physical assault, you should call WKU Campus Police. Calling 911 on campus will get you to the WKU Police Department or you can call 745-2548.

If a student's behavior leaves you feeling disrupted or disrespected you should call WKU Office of Student Conduct at 745-5429. Michael Crowe, Director of the Office of Student Conduct, has the authority to intervene in matters

where a student's behavior is not in keeping with the student code of conduct.

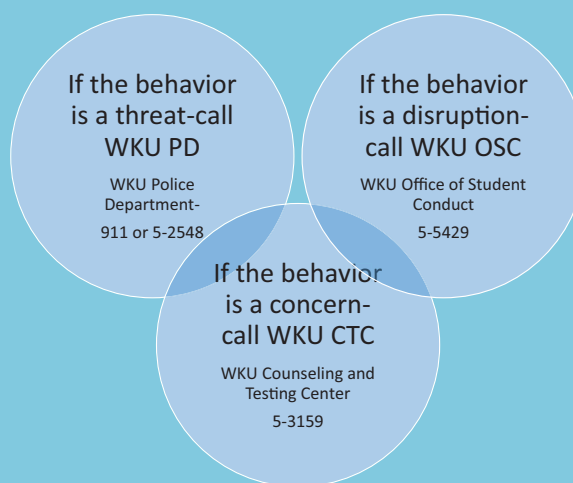
If a student's behavior leaves you feeling concerned, then you should call the WKU Counseling and Testing Center. The Counseling Center staff will take information and then advise you on what can be done for the student. Just a reminder, sharing information about a student because you are concerned for the student's well-being is NOT a violation of FERPA. A student's safety trumps all other concerns.

Because students have rights to privacy and confidentiality, the three offices described here may not always be able to share

information about a student, but they can all take information on a student. This is important to remember because the three offices communicate with each other to make the best response to a student in distress. For example, you might call the Counseling Center and share some information about a student. The Counseling Center will take that information and decide if Student Conduct or Campus Police are needed. The Center will decide how to proceed with the information, but because of confidentiality the Center

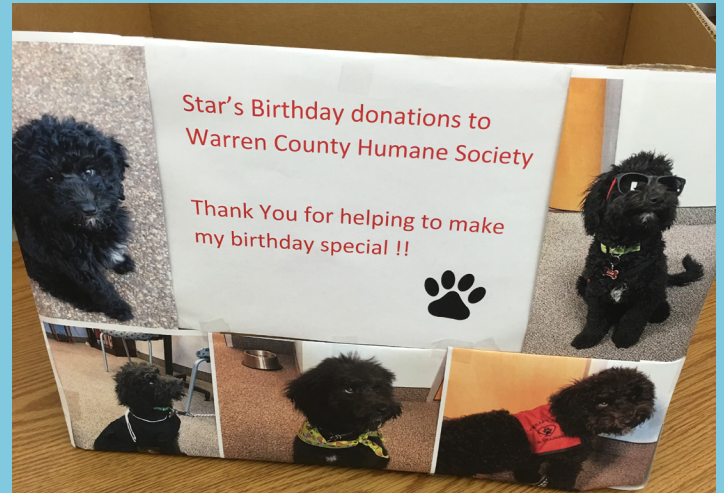
may not be able to let you know what steps will be taken. If that happens, know that the Center isn't trying to be difficult; they appreciate you sharing information but they are restricted by professional ethics and state law from sharing information about students/clients.

Sometimes it may be hard to distinguish between feeling disrupted or threatened. A student's odd behavior in class might be disruptive, disrespectful, and threatening. Again, if you ever feel threatened, no matter who the student is or what the student is doing, call Campus Police. Even if you feel concerned for a student but also feel disrupted/disrespected, call Student Conduct. Even depressed or anxious students need to abide by the code of conduct. And honestly if you are in a situation and you are not sure who to call, call any one of the three offices and we will figure out what is needed.



Happy Birthday Star

Our AAT dog, Star, had her first birthday Aug. 25, complete with party, cupcakes and special dog cake! Thank you to all who attended; you helped make the day truly special. Thanks, too, to those who made donations to the Warren County Humane Society on behalf of Star's birthday. They were happy to receive that box of supplies. We look forward to next year's bash!



Join the Counseling and Testing Center's



Meets every Tuesday

4:30-5:30 pm

Potter Hall 409

For more information email: ctc@wku.edu

Counseling Services

College should be challenging, not overwhelming

That's why we're here to help, offering our services Monday thru Friday from 8 a.m. – 4:30 p.m. There is a ONE-TIME \$20.00 fee for paperwork and documentation. After the one-time fee, students have access to unlimited visits for their entire college career here at WKU. Our services are confidential and NO information is released without the student's written permission, unless in an emergency situation. So if your mom, grandma, or next door neighbor calls to learn about your counseling appointment, "mums" the word.

We offer individual and group counseling services to help with coping strategies, conflict resolution, and crisis situations related to:

*College Adjustment
Bipolar Disorder
Problem Behaviors
Stress Management
Depression
Sexual Assault/Abuse
Relationship Issues*

*Eating Disorder
Anxiety
Suicide Prevention
Grief/Loss
Decision Making
....and more!*

Don't Forget! We also offer counseling for couples of all kinds: friends, relationships and roommates.

Testing Services Available

The Counseling and Testing Center offers most national tests such as CLEP, MAT, LSAT, DSST, ACT, Residual ACT, and HESI. Language proficiency exams such as BYU Flats and STAMP are also given. For more information on testing dates, see www.registerblast.com/wku

PRAXIS testing dates are at www.ets.org/praxis.

Questions may be e-mailed to: testing-center@wku.edu.