SAAM events wrap up

The LGBTQIA, Eating For Me and Mindfulness groups have wrapped up for the semester. They will resume in the Fall.

The Sexual Assault Awareness Month activities were a great success. The kick-off in the Downing Student Union (top) gave students a chance to win prizes and take a selfie with Star (right), Big Red and Dr. Gary Ransdell. The Clothesline Project (above-middle) was also a great success honoring women survivors as well as victims of intimate violence. (Above) The rain couldn’t stop Take Back the Night, April 21, with more than 300 participants walking for Sexual Assault Awareness.
WKU ROTC Cadets continued to participate in Sexual Assault Awareness Month by viewing a screening of the movie, “The Hunting Ground.” They also participated in “Take Back the Night” April 21. Sexual Assault Awareness Month wraps up May 4, with screenings of “The Hunting Ground” at WKU-Owensboro, Elizabethtown/Ft. Knox and Bowling Green campuses. “The Hunting Ground” is a documentary film about the incidence of sexual assault on college campuses in the United States.

Take a Stress Break & Meet Star!

College should be challenging, not overwhelming

Counseling Services

That’s why we’re here to help, offering our services Monday thru Friday from 8 a.m. – 4:30 p.m. There is a ONE-TIME $20.00 fee for paperwork and documentation. After the one-time fee, students have access to unlimited visits for their entire college career here at WKU. Our services are confidential and NO information is released without the student’s written permission, unless in an emergency situation. So if your mom, grandma, or next door neighbor calls to learn about your counseling appointment, “mums” the word.

We offer individual and group counseling services to help with coping strategies, conflict resolution, and crisis situations related to:

- College Adjustment
- Bipolar Disorder
- Problem Behaviors
- Stress Management
- Depression
- Sexual Assault/Abuse
- Relationship Issues
- Eating Disorder
- Anxiety
- Suicide Prevention
- Grief/Loss
- Decision Making
- ...and more!

Don’t Forget! We also offer counseling for couples of all kinds: friends, relationships and roommates.

Thursday, May 5
Helm Library entrance
(in Helm 100 if raining)
10 am-12 noon
Star is the new therapy dog for the Counseling & Testing Center.

Testing Services

Available

The Counseling and Testing Center offers most national tests such as CLEP, MAT, LSAT, DSST, ACT, HESI and COMPASS. STAMP, Residual ACT and Chemistry Placement tests are also available. For more information on testing dates, see www.registerblast.com/wku PRAXIS testing dates are at www.ets.org/praxis. Questions may be e-mailed to: testing-center@wku.edu.