

APRIL 30, 2020

I love going to work right now. It is my only way to see people BUT! It is also starting to become a total nightmare. We are so low on staff, night shift is a promised wreck. It is 90° in the building,

customers are unhinged, my employees are exhausted, and I'm pulling 8-12 hour shifts with no breaks.

Mixing this with my anxiety + asthma, I kinda feel like I can't keep working right now. My boss is doing his best, but this is what the best looks



like. I'm not so worried about getting sick from corona anymore so much as everything else. Maybe I need to learn how to just say I need to go home, now But I'm also a top tier manager. It is my job to stay. But my grades are slipping a bit it's the last 2 weeks of my undergrad, I want to make it perfect But 3 all night a week plus 60 hours of work? I'm overwhelmed at best

MAY 1

Something I really miss is working in the WKU Midwaywood office. Doing digital hours sucks. No one shows up besides people who work with me. Today was bittersweet. I did a zoom meeting with students leaving in the fall for Europe. It was amazing to advise them. But it's my last time doing this. Not gonna lie, I cried. This job is why I want to work in study abroad. But with travel restrictions, comes a job hold. I can't work in this field for now. I don't know the next time I will work in this. It could be a few months, it could be a year. I've spent the past year making myself perfect for these jobs, it is my whole resume. But we can't travel so now I'm stuck at Domino's forever?



MAY 3



I feel so healthy today!
I have had really bad
asthma this week on top
of chaos. Last night
I also had a WAVE of
depression just smack me
down. I couldn't sleep
it bugged me so much.
But I studied outside
and just breathe.
I just stopped and I feel
GOOD. I think I needed
to admit that it sucks

and that I can be sad about it all.
My career field is on hold, I don't get
to say goodbye to my faculty and
friends. I thought my bits of privilege
in all of this made it so I wasn't allowed
to be upset about little things. But now
that I've let my sadness back in I feel
a bit free. I'm hoping it stays like

AFTER WORK My boss saw I was struggling

with my health and gave me an easier
job today. I'm really lucky with this
job. It sucks but I'm surrounded by
people who care