Western Kentucky University
Folk Studies Program

2013-2014 incoming graduate student information packet

A basic, no-frills starter kit for life in Bowling Green and at WKU
www.wku.edu/folkstudies
NEW STUDENT INFORMATION KIT

Hello! Welcome to the Folk Studies graduate program at Western Kentucky University! We’re looking forward to meeting you (if we haven’t already) and to the upcoming semester!

Enclosed is an informal informational packet that we hope will help with your transition. This information was put together by students, for students, and covers things like where to get groceries, registration for classes, how to get a decent apartment/house, utility hookup procedures and basically how to make your move to Bowling Green and WKU a little less stressful.

Again, welcome to Bowling Green, Western Kentucky University, and Folk Studies! We hope you find this information helpful.

External links are underlined throughout the document.

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Part 1: Kentucky and Bowling Green

Introduction to Kentucky

An introduction to Kentucky courtesy of Kentucky Tourism: “From the rolling bluegrass-covered hills of legendary Horse Country and the grandstands of America’s most storied thoroughbred racing tracks to the Kentucky Bourbon Trail and world-renowned outdoor adventure, visit Kentucky and experience... a state enriched with deep traditions, important history and authentic heritage.”

Quick Kentucky Facts: (mostly from Kentucky Tourism)
- State capitol: Frankfort.
- State song: “My Old Kentucky Home” by Stephen Foster
- State motto: “United We Stand, Divided We Fall” adopted 1942.
- Famous Kentuckians (born, raised, or both) include Daniel Boone, Muhammad Ali, George Clooney, The Judds, Abraham Lincoln. Plus Duncan Hines was born in Bowling Green!
- Kentuckians use counties as much as towns to describe places, so it is good to know them. Bowling Green is in Warren County.

Top Attractions:
National Quilt Museum, Paducah, KY
International Blue Grass Music Museum, Owensboro, KY
Cherokee Trail of Tears, Hopkinsville, Princeton & Marion, KY
Kentucky Horse Park, Lexington, KY
My Old Kentucky Home, Bardstown, KY
Newport Aquarium, Newport, KY
Churchill Downs & Kentucky Derby Museum, Louisville, KY
Abraham Lincoln’s Birthplace National Historic Park, Hodgenville, KY
Butcher Hollow (Loretta Lynn’s Birthplace), Paintsville, KY
National Corvette Museum, Bowling Green, KY
Kentucky Museum, Bowling Green, KY
Kentucky Music Hall of Fame and Museum, Renfro Valley, KY

Museum Row, Louisville, KY:
- Louisville Slugger Museum
- Frazier History Museum
- Louisville Science Center
- Muhammad Ali Center
Introduction to Bowling Green

- Located in south central Kentucky, Bowling Green is the county seat of Warren County.
- The third most populated city in Kentucky: in 2011, the population was estimated at around 58,800.
- There is a small downtown around Fountain Square Park and the Capitol Arts Center with residential neighborhoods and outlying commercial areas that includes many restaurants and hotels, the mall, and two movie theaters.
- The city was founded in 1798 and served as the provisional capital of the Confederate government of Kentucky.
- Bowling Green is on Central Time along with Nashville, TN, though it’s good to remember that Louisville, KY uses Eastern Time.

The Bowling Green Area Convention & Visitors Bureau  http://visitbgky.com/
(270) 782-0800 or 800-326-7465 352 Three Springs Road in Bowling Green
This is a good place to start your visit to Bowling Green. The people there are very friendly and willing to spend time with you, especially if you tell them you are a new student.

Getting Around

General Info

- Lexington is two and a half hours away, Louisville is two hours away, and Nashville is one hour away.
- Two tips about the roads around Bowling Green:
  - The roads change names along the way, so be careful. For example Nashville Road, Louisville Road, the Bypass, and 31W are all the same road. Another road is Scottsville Road, Broadway, and 12th Street.
  - Most of the roads are named for where they lead (Louisville Road goes to Louisville, Russellville Road to Russellville).
- The most important roads to know in Bowling Green: 31-W By-Pass, Scottsville Road, Campbell Lane, and Fairview Road/Cemetery Lane. Those four roads will bring you close to most facilities in Bowling Green.
- Community directions are often given by mentioning a facility “that used to be there.” For example, you may be told that one movie theater is “in the shopping mall where K-mart used to be.” Translation: It is at the north end of the By-Pass (31-W), where it meets Cemetery Road. Other references that were offered were the “old Kroger on Scottsville Road,” now Southern Lanes Bowling Alley; the “old K-mart on Nashville Road” is across the street from the Campbell Lane Kroger shopping center; the “old hospital” is at the top of Park and 8th Streets. It’s probably safer just to get non-vernacular directions.
- Streets in the area around downtown Fountain Square are one-way, even if they aren’t in other parts of the town. Study a map before venturing into the area.
Public Transit

Topper Transit:  http://www.wku.edu/transportation/transit/
WKU's very own free (with ID) transit service provides transportation between main campus and south campus, around campus, and to shopping destinations.
- There are 6 bus lines total 3 on-campus with day service: White, Red and Blue; 3 off-campus with Evening Service: Green, Yellow and Purple.
- Route information, map and schedules

GO BG Transit:  http://www.casoky.org/transportation
Bowling Green's public transit system stops on campus.
- Bus passes are available for purchase at WKU Parking and Transportation Services, $10 for the semester (or $50 through the city).
- Buses run from 7am to 6pm.
- There are five bus routes that include stops at Greenwood Mall, WKU, grocery and discount stores, Greenview Hospital, the Medical Center, the Convention Center, and Fountain Square. Route map and schedules

Other Transportation

Yellow Cab
(800) 599-8616 or (270) 843-3232, 1586 Old Louisville Rd.

Komfort Kabs  http://komfortkabs.com/
(270) 782-9410 325 Emmett Ave. #T

Greyhound  http://www.greyhound.com/
(800) 231-2222 555 Parker Ave. (off I-65 at Exit 28)

Airports

Closest airports:
Nashville International Airport (BNA) 1 hour south  http://www.flynashville.com/
Louisville International Airport (SDF) 2 hours north  http://www.flylouisville.com/

Bowling Green Shuttle Service  www.bgshuttle.com
(270) 781-4321, 2530 Scottsville Rd #10, Bowling Green
Trips can be quite expensive.
Hotels and Motels

There are lots of hotel and motels in the area. For exploring Bowling Green and WKU, the best selection of motels can be found on Scottsville Road (Exit 22 off of I-65). All the ones listed below are, to the best of our knowledge, clean, safe, and close to lots of restaurants (mostly chain restaurants or fast food). Click on the hotel name to visit their website.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Phone Number</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candlewood Suites</td>
<td>(270) 843-5505</td>
<td>540 Wall Street</td>
</tr>
<tr>
<td>Comfort Inn</td>
<td>(270) 843-1163</td>
<td>4646 Scottsville Road</td>
</tr>
<tr>
<td>Country Hearth Inn</td>
<td>(270) 783-4443</td>
<td>395 Corvette Drive</td>
</tr>
<tr>
<td>Courtyard BG Convention Center by Marriott</td>
<td>(270) 783-8569</td>
<td>1010 Wilkinson Trace</td>
</tr>
<tr>
<td>Days Inn</td>
<td>(270) 781-6470</td>
<td>4617 Scottsville Rd.</td>
</tr>
<tr>
<td>Drury Inn</td>
<td>(270) 842-7100</td>
<td>3250 Scottsville Road</td>
</tr>
<tr>
<td>Fairfield Inn by Marriott</td>
<td>(270) 782-6933</td>
<td>1940 Mel Browning Street</td>
</tr>
<tr>
<td>Hampton Inn</td>
<td>(270) 842-4100</td>
<td>233 Three Springs Road</td>
</tr>
<tr>
<td>Holiday Inn Express</td>
<td>(270) 843-3200</td>
<td>165 Three Springs Rd</td>
</tr>
<tr>
<td>Holiday Inn University Plaza</td>
<td>(270) 745-0088</td>
<td>1021 Wilkinson Trace</td>
</tr>
<tr>
<td>Motel 6</td>
<td>(270) 843-0140</td>
<td>3139 Scottsville Road</td>
</tr>
<tr>
<td>Ramada</td>
<td>(270) 781-3000</td>
<td>4767 Scottsville Road</td>
</tr>
</tbody>
</table>

Banks

There are several national banks in town, as well as some locally owned ones in Bowling Green. The majority of them have branch facilities throughout Bowling Green, but only Service One Credit Union has a branch on campus. Click on bank name to visit their website, click “locations” to open website listing of Bowling Green locations.

<table>
<thead>
<tr>
<th>Bank Name</th>
<th>Phone Number</th>
<th>Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Bank &amp; Trust</td>
<td>(270) 796-8444</td>
<td></td>
</tr>
<tr>
<td>Bank of America</td>
<td>Locations</td>
<td></td>
</tr>
<tr>
<td>Branch Banking &amp; Trust</td>
<td>(270) 782-4284</td>
<td></td>
</tr>
<tr>
<td>Chase</td>
<td>Locations</td>
<td></td>
</tr>
<tr>
<td>Citizens First Bank</td>
<td>(270) 393-0700</td>
<td></td>
</tr>
<tr>
<td>PNC</td>
<td>(270) 781-6111</td>
<td></td>
</tr>
<tr>
<td>Service One Credit Union</td>
<td>(800) 759-8500</td>
<td></td>
</tr>
<tr>
<td>South Central Bank</td>
<td>(270) 782-9696</td>
<td></td>
</tr>
<tr>
<td>US Bank</td>
<td>(270) 745-7600</td>
<td></td>
</tr>
</tbody>
</table>
Food Shopping

Grocery Stores

Kroger A good general grocery store with three locations. They also have a small but respectable health food section. There are 3 locations:

- 350 US 31W
- 711 Campbell Lane, at the corner of Nashville and Campbell.
- 2945 Scottsville Road.

Walmart Supercenters Both locations have large produce sections, strong Hispanic sections, and odd assortment of hard to find goods. Open 24 hours.

- 150 Walton Avenue, off of Campbell Lane, behind the mall.
- 1201 Morgantown Road, on the corner of Veteran’s Highway.

Houchens There are 3 locations:

- 1347 Hwy 185 Sugar Maple, Sugar Maple Shopping Center
- 3170 Louisville Rd, Northgate Shopping Center
- 1901 Russellville Rd

ALDI

Very cheap, good for staples, limited produce section.

Save-A-Lot There are two locations:

- 2706 Russellville Road
- 600 US 31W Bypass #1

The Nutrition Center (270) 846-1882 715 31-W By-Pass

It has some food and lots of vitamins. All organic, gluten free, and vegan friendly.

International Food Market (270) 745-7113 1249 Hwy 31

Asian, Middle Eastern, and European foods. Not a great produce section but if you are looking for European candy, Asian sauces, Spanish cheese, or bulgur this is the place.

International Supermarket (270) 393-0003 847 Broadway Avenue

They have a wide variety of Chinese, Southeast Asian, and Indian groceries. They have many fruits, vegetables, and herbs (fresh and preserved) from Asia, rice noodle, rice flour, Asian spices, sauces, chopsticks, etc. The owner is very happy to talk about Bangladeshi food if you ask him.

Mediterranean Food Store and Restaurant (270) 393-0380 103 Creekwood Ave.

Wide range of European groceries including Polish cookies, Nutella, and sausages.

Whole Foods and Trader Joe’s in Nashville are good places to find a wide selection of organic and health food.
**Farmer’s Markets, Orchards, & Farms**

**SKY Regional Farmer’s Market**  
http://www.skyfarmersmarket.com/  
(270)-783-1065  
5th and High St. at the Medical Center  
A producer’s only farmers’ market. It’s located in the parking lot in front of the Medical Center on the 31W By-Pass. Open Tuesdays and Saturdays from mid-April to the end of October. Go early for the best selection, it gets picked over fast. It features only locally grown produce, flowers, baked goods, and crafts.

**Community Farmer’s Market**  
http://www.communityfarmersmarketbg.com/  
Located at the intersection of Nashville Road & Campbell Lane. This is the only market that also has a winter market, check the website for future location.

**Bowling Green Farmer’s Market**  
http://www.bgfarmersmarket.com/  
1751 Scottsville Road  
Located in the Ashley Circle parking lot on Scottsville Road near Ford’s Furniture and Hobby Lobby. The market is open from April to October on Tuesdays, Thursdays and Saturdays, 6:00am until sell-out (around 2:00pm). For the best selection, get there early, before 10am. Vendors have a wide variety of fresh produce, nursery plants, and food products.

**Mennonite produce stands**  
Present at the Scottville Road farmer’s market. Several Mennonite communities in Allen County sell produce on the weekends. Fresh picked corn directly from the farmers in the summer, sorghum in the fall. Also delicious baked goods. Worth a drive if you want a study break. See Michael Ann or Erika for directions.

**Jackson’s Orchard**  
http://www.jacksonsorchard.com/  
(270) 781-5303  
1280 Slim Island Road  
They have a wide variety of produce and products. Bedding plants in the spring, strawberries in early summer, peaches in late summer, and lots of apples in the fall as well as pumpkins and a corn maze. They have numerous festivals throughout the year. It’s a nice windy country road up the hill to the orchard.

**O’Daniels Farms**  
http://www.odanielfarms.com/  
(270) 782-3932  
976 Hill Rd.  
They have a great mailing list to order fresh fruits and veggies. The produce can to pick up at the SKY Regional Farmer’s Market during on-season or delivered or picked up at their farm during the off-season. They also have free-range eggs, chicken, pork, and beef.

**Au Naturel Farm**  
http://aunaturelfarm.homestead.com  
(270) 749-4600  
3298 Fairview Church Road, Smiths Grove, KY 42171  
They take orders through email and deliver to Bowling Green weekly, as well as sell at the SKY Farmer’s Market. They also sometimes have eggs and chickens.
**Beer, Wine, and Spirits**

*Alcohol Note*
Warren County is a “moist” county meaning that it is dry everywhere except in the city of Bowling Green and at designated wineries. You can buy some beer and ciders, but not wine, at the grocery stores in Bowling Green. There are no Sunday sales.

**Chuck’s Wine and Spirits**  
(270) 781-5923  
386 Three Springs Road
One of the best wine and beer selection in town. Chuck’s has 3 other locations in Bowling Green (although the selection is not as strong).

**Greenwood Spirits Shoppe**  
(270) 782-0300  
2625 Scottsville Rd
They do not carry as many domestics or microbrews as Chuck’s. They also have a good selection of cheeses, so the place is often referred to as the “cheese shop.”

**Corsair Artisan Distillery**  
(270) 904-2021  
400 East Main Street #110.
A small craft spirits company, Corsair Artisan makes very small batches of spirits, just a few cases at a time, in their pot stills. They are open Fridays and Saturdays and give tours then as well.

**Liquor Barn**  
(270) 799-0740  
2425 Scottsville Rd
Large selection of beer, wine and spirits (particularly large Bourbon section).

**Winos Depot**  
(270) 904-3207  
2440 Old Nashville Rd
Small shop with great selection, tastings and beer on tap. They carry Corsair so head here if you are looking for a place to buy something from Corsair Monday-Thursday.

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**Housing**

**When:** If you want to start renting in August, the latest you should be looking is mid-July. It gets harder as the weeks go by. A lot of students leave in May or June, and though you may have to negotiate starting dates for a lease, you might find you’ll get a much better place if you come early and are flexible about when you’ll take over (maybe July 15th, instead of August 1st, for example).

**Location:** The best areas of town to live are close to campus, such as State or Chestnut Streets. Other streets within walking distance that are good include: Cabell, High, Hogle, Kenton, Ogden, Park, 10th, 11th, 12th (aka Broadway), 13th and 14th avenues. It all depends on how far you considerable “walkable.” On the whole, avoid going beyond the railroad tracks, past Fairview Ave., or past Kentucky St. (Just not the greatest of neighborhoods in terms of decent housing and crime.)
**Acceptable Prices:**
One bedroom $300-500  
Two bedroom $500 and up

**Utilities:** Most places do NOT include your utilities, so factor those costs into your rent. In most places, you will pay at least electric. If you choose to live in a house or duplex, plan on paying water, sewer, trash, electric, and/or gas. Often this is not unreasonable for the size of the place. For example: in a two bedroom, one level house the highest paid for all utilities in one month was $250. If possible, talk with other tenants to find out the average monthly utility bill or contact the utility company directly and ask for the utility cost for the months of January and July as those will likely be the highest. You will need the exact address of the apartment or house and should act as you already live in Bowling Green and are just moving into new housing.

**Pets:** It is harder than you might think to find a place that will accept pets. Factor in an additional pet deposit (as much as one month’s rent and usually non-refundable) or find ways to make the landlord realize that your pet is not a risk. Some landlords are more flexible than others, and many will work with you if you are flexible as well.

**Renting laws:** As a renter, there are almost no protection laws in Bowling Green so be careful! Renter’s insurance is a good idea and very reasonable. Read your lease or contract carefully before signing. Ask about privacy (does the landlord have unrestricted entry to your place?) Ask tenants about the landlord’s track record on making repairs.

**Places to start looking:**

**Michael Ann Williams:**
- Email or call her if you are stuck, students often tell her about housing issues so she may be able to help.
- She also has a list of apartments that may be available in the College Hill neighborhood. Generally these are folks who prefer to rent to graduate students or faculty.

**Facebook groups:** They sometimes have housing and roommate wanted or vacancy posts.
- WKU Folk Studies
- WKU Folk Studies Students (contact Lilli Tichinin at lilli.tichinin@gmail.com to be added to this group)

**Current and former graduate students:** The program maintains a tradition of passing on apartments to students. They can help you with long distance searches, or let you know who is leaving and what places are available.

**WKU Housing and Residence Life**  http://www.wku.edu/housing/  (270) 745-4359
- There is no separate graduate student housing on campus however several of the Residence Halls are open to graduate students including WKU Apartments on Kentucky Street (new in Fall 2012).
- There are several different meal programs available.
• WKU has a file of local landlords and property owners, although the file is outdated and it isn’t much help unless you go there in person since they do not like to give out information over the phone.

**Classifieds:** Check out the classifieds online at the following: [www.bgdailynews.com/](http://www.bgdailynews.com/) or subscribe to the local newspaper, the Bowling Green Daily News. The Sunday paper usually contains the most housing ads. This is also important to know about since many locals use their classifieds in general instead of Craigslist. They also have good up-to-date restaurant reviews.

**Good Landlords:**
Some landlords prefer to rent to graduate students over undergraduate students, so tell them who you are up front! This is simply a brief inventory of what we’re familiar with in the area: students have rented from or know each of these landlords and consistently had good experiences with them.

**The Registry at WKU**  [http://theregistryatbowlinggreen.com/](http://theregistryatbowlinggreen.com/)
(270) 901-3600  903 Morgantown Road (just across the railroad tracks)
Short walk to campus; washer/dryer in each unit and many amenities onsite. Random roommate selection, you can get between one and three. Separate bedrooms and bathrooms, shared common areas. Mostly undergraduate students.

**College Suites**  [http://www.collegesuites.net/contact/](http://www.collegesuites.net/contact/)
(270) 781-7033  2426 Thoroughbred Dr. (off Campbell Ln)
Shuttle service to campus; washer/dryer in unit and many amenities onsite.

**Chandler Property Management**  [http://www.chandlerpropertymanagement.com/](http://www.chandlerpropertymanagement.com/)
(270) 782-8282  908 Broadway
Pets under 20 lbs allowed with $100 non-refundable deposit and $15/month. 1-3 bedroom units available. Utilities provided vary on the unit.

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**Miscellaneous settling-in information**

**Keys**
Once here, if you are in need of new keys try:

**Howard’s Locksmith Service**  [http://www.howardslocksmith.com/](http://www.howardslocksmith.com/)
(270) 782-7878  604 Park St. (in the Bicycle Shop)
Cheap, fast, super nice. Keys made while you wait!
Mailboxes

If you move into a unit with a multiple mailbox, you will need to go to the Post Office (311 E. 11th St.) and fill out a form. It will take approximately one week to get your keys. You can sign-up to rent a Post Office Box online:

Driver’s License

General Information and requirements: Kentucky Transportation Department
There is no real need to change over if you are a student and plan to leave Bowling Green after the program, but if you want or need to, contact the Driver’s license Office at (270) 746-7417 for testing hours and location.
To get your license you need your valid out-of-state license, proof of residence (a lease is best and possibly a utility bill with your name and address will work), your non-laminated social security card, and another form of photo ID.

Vehicle Registration

If you are moving to Warren County, Kentucky and want to change your vehicle registration you have to go to the County Clerk’s office at 429 E. 10th St. (270) 842-1535. If you are coming from out of state call (270) 843-5311. You will need your KY driver’s license, proof of insurance, your car title, and your car (so it can be inspected by a deputy for matching VIN numbers.)

Utility Information

The full list of utility companies serving the area can be found on here: http://www.bgky.org/utilities.php

Atmos Energy  
(888) 286-6700
Natural Gas. $100 refundable deposit for service. They no longer have a local office. Requires an appointment and they call 30 minutes before arriving to make sure you’re there.

Bowling Green Municipal Utilities (BGMU)  
(270) 782-1200  801 Center St.
Electric, water, sewer, garbage. Requires a photo ID to establish service, either in-person or you can fax it. Connection fees for electric and water; both non-refundable. Sewer, trash, and recycling charges are included in monthly bill.

AT&T (Bell South),  
Phone and internet, digital TV. Basic service requires money one month in advance. Some service will require a $75 deposit depending on credit report. Small hook up fee. No local office.
Mechanics and Car Repair

These are the people that students have liked in the past.

**Ty's Autocare**  
(270) 792-8111  
212 Hadley Loop Road

About 7 miles or so from town. Ty does great work, can fit you in quickly. Has a really good towing service ($60 for a tow). Really inexpensive.

**J+K Used Cars**  
(270) 842-1854  
670 US 31 W

Ask for Keith!

**Hung Trinh Auto**  
(270) 782-5823  
1530 Campbell Lane

Mr. Trinh specializes in Japanese cars, especially Toyotas.

**Tech Tune Inc.**  
(270) 781-5566  
1486 Campbell Lane

Walk in oil changes, rebates available for customer loyalty.

Gasoline

Students from previous years have left the rumor that the cheapest gas in town is on the north side of 31-W (near the Corvette Museum). There’s also Swifty (they will pump the gas for you for $.02 a gallon more), Super America, Speedy, and others. The Kroger gas stations give you a discount for being a Kroger customer.

Laundry Service/Laundromats

Very few rentals have on-site laundry facilities, so you will have to pack it up and head to one of the local laundromats. The most popular places are listed below. All three places have a drop-off service which allows you to leave your dirty clothes and pick them up later, all clean, dry, and folded. The Laundry Basket weighs your clothes and you pay by the pound, which hikes the price if you have any heavy material (thick towels, jeans, etc.). At the Wishy Washy, you pay by the load, which in the end seems to be the most cost-efficient.

**The Laundry Basket**  
(270) 842-9022  
420 Morgantown Rd.

**The Plaza Wishy Washy**  
(270) 842-9994  
1561 US 31-W Bypass

**Bryce’s Bypass Laundromat**  
(270) 783-0159  
909 US 31-W Bypass
Shopping

Bowling Green has a number of chain clothing stores as well as lots of boutiques/second hand/consignment stores. Nashville Road (31W) has about half a dozen alternative clothing stores between University Blvd and Scottsville Road. There are also lots of yard sales for cheap furniture.

Greenwood Mall  http://www.greenwoodmall.com/
(270) 782-9047  2625 Scottsville Rd
They have Gap, Victoria’s Secret, Dillard’s, Macy’s, Sears, JC Penny, Payless, etc.

Walmart Supercenter
(270) 780-9996  1201 Morgantown Rd
(270) 781-7903  150 Walton Ave

Target  (270) 842-0013  160 American Ave
K-mart  (270) 782-1284  2945 Scottsville Rd E33
T.J. Maxx  (270) 783-9120  1680 Campbell Ln
Big Lots  (270) 843-1008  2445 Nashville Road
Tuesday Morning  (270) 846-0776  1751 Scottsville Rd, Suite 3
Plato’s Closet  (270) 780-0095  1680 Campbell Lane
Beverly Hills Bargain Boutique  (270) 843-3756  1608 US 31W Bypass
Elite Repeats  (270) 843-1594  1508 US 31W Bypass
Lulu’s  (270) 781-5550  1116 Broadway Ave.
They have an awesome selection of furniture, weekly sales, and great prices. They also sell little handmade gifts like jewelry.

Junkyard Gypsies  (270) 781-5865  1022 US 31W
A local consignment store.

Grandma’s Attic  (270) 782-5248  862 Broadway Ave
They sell a wide variety of consignment item items. They also buy on certain days.

The Clothes Lion  (270) 842-4076  1715 US 31 W By-Pass
Antiques, collectibles, furniture, and clothing.

Goodwill, there are three:
(270) 843-1532  808 Campbell Lane
(270) 781-0018  1806 Us 31W Bypass
(270) 781-5464  740 Us 31W Bypass

Flea Land  http://www.flealand.com/
(270) 843-1978  1100 Three Springs Road
Largest indoor flea market in Kentucky, over 300 booths
Beauty

Tanglez  
http://tanglezhs.com/  
(270) 904-2620  2530 Scottsville Road  
Nina (the owner) and the stylist Jamie Knois are highly recommended. Each stylist has their own little room and they do all sorts of party things like bridal parties, birthday parties etc.

Friendz  
(270) 782-1516  2800 Scottville Rd  
Reasonably priced and good.

Regina Webb Salon and Day Spa  
www.reginawebbsalon.com  
(270) 781-4676  1250 Westen Street  
Several of our female students recommended this place. They also have spa and beauty services available, great manicures, pedicures, and massages.

Manelines  
(270) 782-6550  1406 Magnolia St.  
We recommend Gayle Caudill.

Sun Suites Salon and Spa  
www.sunsuitessalon.com  
(270) 782-9333  1971 Cave Mill Road  
Recommended for manicures and other beauty services.

Community Medical/Health Services

WKU has its own health services but here are the off-campus options:

Columbia Greenview Regional Medical Center  
(270) 793-1000  1801 Ashley Ct., off of Scottsville Rd.

Graves-Gilbert Clinic  
(270) 781-5111  201 Park St.

The Medical Center at Bowling Green,  
(270) 745-1000  250 Park Street

Urgentcare  
(270) 781-3910  1110 Wilkinson Trace, off of Scottsville Rd.  
Very short wait, most of the time. Dr. Mark Weiss is a favorite. And the nurse that takes blood gets it right the first time!
**Dentists**

**WKU Dental Hygiene Clinic**  
(270) 745-2426  
221 Academic Complex  
$15 for a dental screening, x-rays, and cleaning. 45 minutes for a screening (free) then at a later date 3 to 4 hours for a cleaning. They don’t do procedures.

**Blue Grass Oral Health Center**  
(270) 781-616  
546 Park Street #400  
Exam without x-rays and cleaning about $145. Very friendly, easy to get appointments, each patient has a semi-private area with their own TV, and you can get a free paraffin hand treatment while they work. If you don’t have dental insurance they will tell you how much each thing costs before they do it.

**Westen Dental Group**  
(270) 781-1706  
1602 Westen St.  
Exam, x-ray, and cleaning for a first time patient are about $240. Professional and friendly.

**Chiropractor**

**Downtown Chiropractic: Dr. John Erskine**  
(270) 843-2255  
720 State Street  
Very friendly place! Dr. John is also willing to work with chiropractors you may have had in the past. Try to get an appointment on the days when they have parties!

**Optometrists**

**Vision Source**  
(270) 842-0383  
335 New Towne Dr.  
Formerly “Breiwa & Jeskie Eye Care Center” Walk-ins welcome.

**Dr. Lowell C. Ware Eye Care**  
(270) 781-2220  
952 Fairview Ave.  
Dr. Ware is a favorite of many prior folk students.

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**Pets**

**Veterinarians**

There are several veterinary clinics in town. These are our favorites:

**Greystone Pet Hospital**  
http://greystonepethospital.com/  
(270) 843-1558  
1650 Campbell Lane  
Michael Ann and Erika’s recommendation, especially if you have a seriously ill pet. Dr. Betty Stephenson takes the time to explain things carefully. The staff is friendly.

**All Creatures Animal Hospital**  
http://www.allcreaturesanimalhosp.com/  
(270) 843-9776  
942 Lover’s Lane
**Dog Park**

**Bark Park  Cave Mill Road**
Take Nashville Road toward Lost River Cave and take the left right before Lost River Cave onto Cave Mill Road. The Bark Park will be on the left. Very popular on Friday evenings after work hours.

**Adopting**

**Bowling Green/Warren County Humane Society  http://www.bgwchs.org/**
*270-783-9404  1924 Old Louisville Road*
Has adopting, fostering, and volunteer programs.

**Grooming**

**Alpine Petcare  (270) 781-7818  2357 Nashville Road**
They're really good with dogs and can usually get you an appointment for grooming in a week.

**Best Friend's Grooming Salon  (270) 782-3647  5966 Scottsville Road**
Highly recommended

**Wags N' Whiskers  (270) 793-9981  1044 State Street.**
Will groom both cats and dogs. Very reasonable pricing, especially for long-haired cats. Also very understanding about reluctant pets.

**Boarding**

*(270) 796-4199  4800 Sunnyside Gott Road*
Daycare, overnight, and grooming services. There is an application process.

**Mama’s Babies Pet Sitting  (270) 793-0153  195 Rondal Drive**
Teresa and Gary come to your home to take care of pets while you are away.

**Dog Training**

**Alan Cumberland K9 Academy  http://www.cumberlandk9academy.com/**
*(270) 782-7081  Three Springs Road*
Offers group classes in basic obedience, advanced obedience, and agility at very reasonable prices. Alan's obedience classes are a wonderful way to train and socialize your dog, while also meeting people with common interests and letting off some grad school steam.
Physical Activities

**Preston Center**  
[http://www.wku.edu/imrec/facilities/](http://www.wku.edu/imrec/facilities/)  
(270) 745-6530  
The Preston Center is the university owned and operated health and activities center. See Part 2: WKU

**Bowling Green Parks and Rec Fitness Center**  
(270) 393-3232  225 East Third Ave  
Fitness Center including machines and classes. Also check the Aquatic Center.

**BAC: Bowling Green Athletic Club**  
(270) 282-0749  1640 Scottsville Road  
Large selection of fitness classes.

**CrossFit Old School**  
(270) 904-1657  512 College Street  
Kettleballs and other strength training.

**Get Toned Fitness**  
(270) 791-3154  2726 Scottsville Rd.  
A little less athletic club-ish than BAC.

**Workout Anytime**  
(270) 745-7227  600n US 31W Bypass Suite 6  
Low monthly rate but machines only.

Martial Arts, etc.

**East West Kung-Fu**  
[http://www.ewkf.net/](http://www.ewkf.net/)  
Kung Fu, Wing-Chun, women’s kickboxing and yoga. Recent Folk Studies grad, Becca Wilson teaches women’s kickboxing and yoga!!

**Lotus Blossom QiGong and Tai Chi**  
Tai Chi and Chi Kung classes connected to East West Kung-Fu; practicing in the same place at 4yoga on the square, classes are $5.

**Jeramy Black’s TaeKwonDo Academy**  
(270) 793-9090  1107 Shive Lane

**Marty Eubanks World Champion Karate Academy**  
[http://eubanksworldchampionkarate.com/](http://eubanksworldchampionkarate.com/)  
(270) 202-7637  1333 Magnolia St
High Intensity Combat Sports  http://www.hintensity.com/
(270) 996-1092  847 Lain Ave.
Brasilian JuJitsu, Judo, and MMA

Yoga/Pilates

4yoga  http://4yoga.me/
428 East Main Street, 2nd floor of The Pots Place
Community yoga classes for $5/class

Yoga Loft  www.yogaloftonline.com
(270) 996-0414  416 11th Avenue
Recently combined with Center Yoga. Wide variety of classes available and they often have special events so check their website for updates.

Hot Yoga Bowling Green  www.hotyogabowlinggreen.com
(270) 793-0011  730 Fairview Avenue, Suite C-2

East West Kung-Fu (See info above)

Absolutely Pilates  http://www.absolutelypilatesbg.com
(270) 793-2728  1051 Fairview Avenue

(270) 904.0861  843 Fairview Ave Suite B2
Unique blend of ballet barre and Pilates.

Hiking/Walking Trails

Lost River Cave and Valley  http://www.lostrivercave.com/
(270) 393-0077  2818 Nashville Road, Bowling Green
The only place in BG that feels like you’re not walking in BG. At the bottom of the stairs go up the valley away from the cave.

Mammoth Cave National Park  http://www.nps.gov/maca/index.htm
(800) 967-2283  Mammoth Cave Pkwy, Mammoth Cave, KY
About 45 minutes away. Many of the hiking paths are not heavily used and it’s a good way to get away.

Kereiakes Park  1220 Fairview Avenue
A nice 1.25 mile walking/running path, with disc golf and tennis courts. Check the website for details and directions.

Crestmoor Woods  2033 Nashville Rd. behind the Unitarian Universalist Church
Short intersecting walking paths with some benches and picnic tables. 4 entrances.
Phil Moore Park  7101 Scottsville Rd.
Also includes a fitness track so you can run from one fitness obstacle (stairs or pull-up bar, for example) and plenty of routes for longer or shorter runs.

Shanty Hollow Lake  1200 Shanty Hollow Road
30 minute drive; the lake is a popular fishing spot and the trail starts to the right of the parking area; beautiful 2-mile trail with lots of rock formations and a tall (but narrow) waterfall. See this website for details and driving directions.

Disc Golf
Bowling Green has over eight disc golf courses (including the small one on-campus) and a very healthy disc golf association.

Cycling
- Mammoth Cave is the best place nearby for trail and off road riding. The trails are a mix of beginner and enthusiast level off road.
- For road biking, the local group is a great resource. The website is http://www.bglob.com/ and they are pretty welcoming to anyone regardless of level or experience.
- There is a decent brochure for cycling in Bowling Green. They have copies at the Kentucky Museum and other places around town.
- http://www.bgky.org/bike/map.php has the official bike routes, color-code by levels.

Buying Bicycles
Breck's Bicycle Shop  http://www.brecksbikeshop.com/
(270) 904-1818  1440 Campbell Ln

Howard's Cyclery
(270) 782-7877  604 Park Street Bowling Green
They have good entry level bikes at decent prices.

Nat's Outdoor Sports
(270) 842-6211  1121 Wilkinson Trace
They have a wider selection than Howard’s but their prices are a bit high.

Gran Fondo Cycles  http://www.granfondocycles.com
(615) 354-1090, 5205 Harding Pike, Nashville, TN 37205.
If you want super high-end European stuff that costs more than a Honda this is the place.
Radio

- NPR is available through WKYU 88.9. (Barren River Breakdown on Saturday and Sunday at noon with Dr. Erika Brady bi-weekly).
- WKU 91.7 Revolution has a variety of alternative music. They have themed nights like ska, folk, bluegrass, etc.
- Alternative pop/rock at FM 107.9 and 107.1FM
- Classic Rock at 93.3 and 103.7 FM
- Oldies at 96.7 FM
- Classic Country at 650 AM (WSM out of Nashville)
- There is plenty of contemporary country music at FM 96.7, 100.3

Library

Warren County Public Library http://www.warrenpl.org
(270) 781-4882 1225 State St.
It’s free, but you need proof of residency to get a library card, a letter with your local address works fine. It is a great place to rent movies and DVDs for free! There are five locations: the Main Library, the Bob Kirby Branch Library, the Graham Drive Community Library, the Smiths Grove Branch Library, and the Mobile Branch.

Local Attractions

WKU Farm http://www.wku.edu/farm/
(270) 745-3276 Nashville Road
They may let you milk a cow! Click here for directions.

Lost River Cave & Valley http://www.lostrivercave.com/
(270) 393-0077 2818 Nashville Road, Bowling Green
Bowling Green’s cave with an underground boat tour. The tours are $15 for adults but only $5 for student with WKU ID. There are also almost 2 miles trails that you can use (for free) in the valley.

Mammoth Cave National Park http://www.nps.gov/maca/index.htm
(800) 967-2283 Mammoth Cave Pkwy, Mammoth Cave, KY
It takes about 40-45 minutes to drive to, but well worth it! Cave tours range in difficulty and length and are $5-$48 for adults depending on which tour you choose. We recommend the New Entrance tour for first time visitors! There are a variety of other activities at including hiking, camping, backpacking, and canoe rentals in the area. Check the Brochures Page for background information and the Ranger-Led Activity Schedule. There is a free concert in the cave in first Sunday of every December, highly recommended.
Mammoth Cave Adventure  http://www.mammothcave-adventures.com
(270) 773-6087  1994 Roy Hunter Road, Cave City, KY
They have zip lines ($55), horseback riding ($25), Super Swing, and Drop Tower.

Diamond Caverns  http://www.diamondcaverns.com
(270) 749-2233  1900 Mammoth Cave Parkway, Park City, KY
It’s on the way to Mammoth Cave and is a wet cave with pretty stalactites and stalagmites.
$16 for adults.

National Corvette Museum  http://www.corvettemuseum.com/
(270) 781-7973  350 Corvette Drive, Bowling Green, Kentucky
Off exit $10 for adults

Riverview at Hobson Grove  http://www.bgky.org/riverview/
(270) 843-5565  1100 West Main Avenue
$7 for adults. Italianate home of Atwood and Juliet "Julia" van Meter Hobson.

Shaker Museum at South Union  http://www.shakermuseum.com/
1(800) 811-8379  850 Shaker Museum Road, Auburn, KY
$8. Western-most Shaker community; building and grounds and small visitor center, tours available. A good place for internships.

Kentucky Library and Museum  https://www.wku.edu/kentuckymuseum/
(270) 745-2592  Kentucky Building on campus
Mon-Sat 9am-4pm, Sun 1-4pm. Free to WKU students, $10 adults

Ingen Art Gallery & Studio  https://www.facebook.com/IngenArt
(270) 904-1278  432 East Main St.
Art gallery and studio space in downtown BG. Folk Studies grad student, Jack LeSieur has artwork for sale here!

Drake Vintage Music  (270) 843-9376  7487 Plano Rd. (Rt. 622)
Mon.-Fri. 8:00-4:00, Saturday 9:00-12:00, 78s, vinyl, cassettes, and select CDs.
About a half-hour drive from Bowling Green, this record-store curio-shop/post-office is well worth a visit, especially if proprietor Freeman Kitchens is in: he is an institution among collectors of country music, both for his varied stock and his encyclopedic knowledge, especially of all matters pertaining to the Carter Family.

Beech Bend Park  http://www.beechbend.com/
(270) 781-7634  798 Beech Bend Road
Amusement park, dragstrip, oval track, and campground.
Corsair Artisan Distillery  http://www.corsairartisan.com/about/distillery/  
(270) 904-2021  400 East Main Street #110.
A small craft spirits company, Corsair Artisan makes very small batches of spirits, just a few cases at a time, in their pot stills. They have tours and tastings on Fridays and Saturdays.

The Paint ‘n Place  http://www.paintnplacestudio.com/  
(270) 783-0830  1243 Magnolia St.
Paint your own pottery place.

Bowling

Crescent Bowl  (270) 843-6021  2724 Nashville Road
Southern Lanes  (270) 843-8741  1776 Campbell Lane

Movies

Great Escape 12  (270) 782-3112  323 Great Escape Ct. (off Industrial)
The newer theatre with 12 screens; often gets 3D movies; stadium seating with reclining seats; free refill on large popcorn and drink.

Great Escape  (270) 782-3112  2625 Scottville Rd, next to the mall

Franklin Drive-In  (270) 586-1905  6250 Nashville Rd.
About 30 minutes south of Bowling Green on Nashville Road. Usually shows one film per evening.

Playhouses and Theatres

Bowling Green only has a few, but they are in abundance in Nashville or Louisville.

SKyPAC  http://www.theskypac.com/  
(270) 904-1880  601 College St.
A lot of big names come through to SKyPAC; two galleries feature exhibits in the beautiful SKuPAC facilities. SKyPAC also runs Capitol Arts Center.

Capitol Arts Center  http://www.capitolarts.com/index.html  
(270) 782-2787  416 E. Main Street
Performances all year round plus an art gallery.

Phoenix Theater  http://www.ptkbg.org/  
(270) 781-6233  545 Morris Alley, off Chestnut St.
Public Theatre of Kentucky. Less than $10-15 for student ticket. An intimate setting that shows five plays per season. The shows range from modern classics (Steel Magnolias, Crimes of the Heart) to Shakespeare and cutting-edge theatre.
WKU Department of Theatre and Dance  [https://wku.showare.com/](https://wku.showare.com/)
$9 with WKU student ID. They have productions of shows like *Macbeth* and *The Wizard of Oz*. They have the Next Stage Series where “WKU dance students take over the stage with their own exciting and innovative dance creations.” Student Studio Series occurs every spring semester and features short works for the theatre produced and directed by advanced Department of Theatre & Dance majors.

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**Restaurants**

Bowling Green has a large number of chain restaurants and fast food restaurants, most of which aren’t listed here. However, there are also ethnic restaurants, good southern cooking, establishments of fine dining, and some just plain fun places. Note: some restaurants downtown close at 4 pm and reopen at 5 pm. Check out Bowling Green Daily News online [http://www.bgdailynews.com/restaurant_reviews/](http://www.bgdailynews.com/restaurant_reviews/) because it has good up-to-date restaurant reviews.

**Bakeries and sweet shops**

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<tr>
<th>Bakery/Shop</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Great American Donut Shop</td>
<td>(270) 842-7155</td>
<td>901 US 31W Bypass</td>
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<tr>
<td>Riley's Bakery</td>
<td>(270) 842-7636</td>
<td>819 31-W By-pass</td>
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<tr>
<td>Chaney's Dairy Barn</td>
<td>(270) 843-5567</td>
<td>9191 Nashville Road (Hwy 31W)</td>
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<tr>
<td>Gigi's Cupcakes</td>
<td>(270) 904-1400</td>
<td>760 Campbell Lane # 107</td>
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<tr>
<td>Sweet Temptations</td>
<td>(270) 904-4210</td>
<td>600 US 31W Bypass</td>
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<tr>
<td>Stackz Frozen Yogurt</td>
<td>(270) 282-2410</td>
<td>1945 Scottsville Rd.</td>
</tr>
<tr>
<td>Sweet CeeCee's Frozen Yogurt</td>
<td>(270) 782-5520</td>
<td>760 Campbell Ln</td>
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Where else can you get good donuts 24 hours a day?

Their cakes are a Bowling Green institution, been around for over half a century. They also have good pies, tarts, tea cookies, and many other delectables.

Local homemade ice cream and Kentucky-made products.

A chain, but they have delicious and frosting heavy cupcakes. They have a rotating daily selection, so check their [website](http://www.bgdailynews.com/restaurant_reviews/) for their menu.

Bakery, café and catering. Cakes and breakfast/brunch/lunch cafe.
American

(270) 793-0450 440 Main (it’s not just a catchy name) Fountain Park Square.
A good, but pricey, upscale restaurant. They serve Louisiana influenced food. They also have a bar side called Micki’s on Main which has good bar food (such as a very good version of the Kentucky specialty a “hot brown”) at cheaper prices.

On The Bone Chophouse http://www.onthebonebg.com/
(270) 904-3313 729 Chestnut St.
A favorite of some Folk Studies grads; uses local ingredients when in season and available; happy hour until 6pm.

Home Café and Market Place http://www.homecafebg.com/
(270) 846-1272 2440 Nashville Rd.
Another favorite, lots of interesting daily specials, uses a lot of local ingredients.

Lost River Pizza http://lostriverpizza.com/
(270) 746-0255 2440 Nashville Rd Sites 106 & 107

Shake Rag Reed’s Restaurant (270) 746-0784 223 College Street
One source says this is the best place for Southern “meat and three” food in town. The only full menu soul food restaurant in Bowling Green.

Teresa’s Restaurant (270) 782-6540 509 Gordon Ave
A great Southern/homestyle restaurant that is a local favorite. It also has a true non-smoking room (not just an open air partition).

Judy’s Castle (270) 842-8736 1302 31-W Bypass
A restaurant that serves traditional Southern favorites. Good pies with friendly staff.

Asian

Taj Palace http://www.bgkytajpalace.com/taj.html
(270) 843-2233 2800 Scottsville Road (Tower Place)
Indian Cuisine at reasonable prices. Buffet lunch and small staff is very friendly. Not open for lunch on Mondays. The evening menu has some Nepalese specialties.

Siam Thai http://www.siamthaibg.com/
(270) 495-0881 430 US 31-W Bypass
Best Thai food in Bowling Green!

Thai Thai (270) 782-7899 712 Chestnut Street.
Good Thai restaurant. Most entrees are under $10.
Royal Thai  (270) 781-8277  1971 Cave Mill Road  
Dinner menu is a little expensive, but lunch is a good deal. Food and service is a bit erratic, but okay if you have a hankering for Thai food. For vegetarians, they will make most dishes on the menu with tofu.

Thai Express  (270) 796-3614  511 U.S. 31-W By-Pass  
Limited menu, but inexpensive. They offer tofu options for vegetarians.

Yuki Japanese Restaurant  (270) 393-8477  151 Iron Skillet Ct. Scottsville Rd.  
Excellent, but not cheap, Japanese food. It gets crowded on the weekends, but they take reservations.

Ichiban  (270) 783-4110  1423 US 31W bypass  
An inexpensive Japanese place.

Latin

Guadalajara  (270) 781-1663  2425 Scottsville Rd  
A favorite among many folk studies students; Thursday night specials on margaritas.

Puerto Vallarta  (270) 782-6264  2800 Scottsville Rd.  
Standard American Mexican fare. Occasionally there are Mariachi bands.

El Mazatlan  (270) 393-2070  600 31 W bypass (Fairview Plaza)  
Much like Puerto Vallarta. Try their salsa verde!

Garcia’s Grill  (270) 842-6100  1689 Campbell Lane  
A bit more Cal-Mex than the others, with more emphasis on seafood.

Riviera Maya  (270) 780-2440  2945 Scottsville Rd.

Chuy’s  (270) 780-2440  2945 Scottsville Rd.  
A chain but the only place with blue corn enchiladas and they have a free nacho bar at happy hour.

European

Brickyard Café  (270) 843-6431  1026 Chestnut Street.  
Wood oven pizzas, pastas, and the occasional Bosnian specials. Pricey, but the pizzas at lunch are a good deal.

Taste of Europe  (270) 846-1195  1006 State St.  
Small café near downtown square with amazing gyros, souvlaki, and other Greek food. Homemade pita bread. Best French fries in town.
Anna’s Greek Restaurant and Bar http://www.bggreek.com/
(270) 846-2662 535 Three Springs Rd.
Full Greek menu, although a bit expensive. Also has a number of special events and belly dancing.

Cafés

Spencer’s Coffeehouse (270) 393-7060 915 College St. (on the square)
Locally owned coffeehouse (where you can also get milkshakes), with good muffins at breakfast, and soups and sandwiches for lunch. Free wi-fi.

Buckhead Café (270) 846-0110 760 Campbell Lane
Daily smoothie specials and veggie wraps.

JD’s Bakery Café (270) 846-7890 937 College St.

Cambridge Market & Café (270) 782-9366 803 Fairview Ave.
Good sandwiches, plus dishes like savory tortes, hot chicken salad, and cookie dough pie.

Tea Bayou http://www.teabayou.com/
(270) 904-3889 906 State Street
Amazing selection of teas and great New Orleans style café food including Po’Boys and beignets.

Chickadee’s http://www.chickadeestogo.com
(270) 781-1995 1200 Smallhouse Road
Comfort food to go, the menu changes daily so call or check the website for the daily selection of soups, salads, sandwiches and dinners (serving 2 or 4). Chickadee’s comes highly recommended by Dr. Williams.

BBQ

There are three types of BBQ in Kentucky. For those of you who wish to sample the variety of Kentucky BBQ, try a trip to Owensboro for their specialty mutton barbeque or take a trip to Monroe County (vinegar based) for their variety of pork BBQ.

Smoky Pig Bar-B-Que (270) 781-1712 2520 Louisville Road
One of the few BBQ joints that sells beer. Their menu includes Monroe County style, which means vinegar based.

Split Tree Barbecue http://www.splittreebbq.com/
(270) 742-2268 115 Wilson Rd, Alvaton
About eight miles south of Bowling Green on Scottsville Road. A local favorite, their corncakes are fabulous.
Bar-B-Que Inn (270) 843-1324 1924 Russellville Road
Used to be better, but good local ambience. They have yummy buttermilk pie.

Roy’s Pit BBQ (270) 726-8057 101 Sarah Lane, Russellville Rd.
A bit of a jaunt from BG, but they have some of the best western Kentucky style barbecue. Farm-raised catfish, too!

Third’s BBQ (270) 303-5917 200 College St.
In the Shake Rag neighborhood of BG, this is a new favorite. Check out the Buy Local BG blog entry about Third’s.

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Pubs, Taverns, Clubs, and Watering Holes

Bowling Green’s nightlife changes fairly frequently, but there are a few standards you can rely on, many of which are off the square.

Tidballs (270) 793-9955 522 Morris Alley, off Chestnut Street
Best dive bar in town. Features live music on most nights and open mic night on Mondays.

Entourage Tapas Bar and Lounge http://www.entouragelounge.com/
(270) 781-8366 935 College Street
A restaurant during the day and then the DJ turns it into a dance place from 11pm-2am, generally top 40 music.

Buffalo Wild Wings http://www.buffalowildwings.com/
(270) 842-9496 1760 Scottsville Rd.
Your standard wings, beer, and electronic trivia. Great place to watch the game.

Three Brothers II (270) 904-1339 330 E Main St
Great little dive. Mix of college crowd, locals, and an interesting assortment of regulars. Fairly cheap draughts, average pool tables, and eclectic jukebox offerings.

Mariah’s http://www.mariahs.com/
(270) 842-6878 801 State St.
Some students speak highly of the happy hour at the bar. They also have great food!

(270) 793-0450 440 Main, on Fountain Park Square
The bar portion of the 440 Main restaurant. Keep an eye out for special events, they have great “$5 martini nights” and “$5 wine nights.”

Cue Time (270) 782-3740 532 Three Springs Rd
This is a pool hall/bar.
Part 2: Introduction to Western Kentucky University

- WKU is the third largest Kentucky public university.
- Its athletic teams are called the Hilltoppers and the mascot is Big Red.
- Often just called Western locally.
- Bowling Green is quite welcoming to Western students. Many places offer discounts for students and/or accept Big Red dollars, which is money you can put on your WKU ID.

Important Phone Numbers on Campus

**Financial Aid**  (270) 745-2755/6   317 Potter Hall
http://www.wku.edu/finaid/home2.htm

**Registration** (Records and Transcripts) (270) 745-335
http://www.wku.edu/Dept/Support/AcadAffairs/Registrar/transcript.htm

**The Graduate School**  (270) 745-2446
http://www.wku.edu/graduate/

**Counseling Center**  (270) 745-3159
http://www.wku.edu/Dept/Support/StuAffairs/COUNS/index.htm

**WKU Police**  (270) 745-2548
http://www.wku.edu/police/

Getting Started

This website may be helpful in figuring out your various accounts and login info.

**ID numbers/NetID:**
- As soon as possible you need to use the 800 ID number that was mailed to you to create your NetID and passwords.
- You will need your NetID for using WKU email, logging onto campus computers (and therefore for printing), and for Black Board.

**Student ID:**
- Also as soon as possible, go to and get your ID
- Your card comes with $150 for black and white printing. If you want to print in color you need to add money to your ID.
Grades
A note about grades. WKU does not have an incremental grading system. That means that an 89 is a B, not a B+.

Parking on Campus

Parking & Transportation Office  
http://www.wku.edu/transportation/  
(270) 745-2361  1716 Park St

- Monday-Friday 7am to 4:30pm you need a pass to park on campus. In the evening, a current WKU permit is required to park in the Mimosa, Gated Regents and Gated Hilltop parking lots. You can park almost anywhere on campus in the evenings. If you get there between 4:30-5pm there is a window of opportunity to find a really good parking place.
- Most students find it easier to walk to campus or park off campus on the adjoining streets. Good places to park are on the side streets like Chestnut, College St., some of the side streets off of College, or if you’re really desperate, the public library.
- You can park in the visitor’s parking at the Kentucky Museum for free if you go in and get a parking pass for that day from the front desk.
- A commuter parking permit allows you to park in designated areas, however you are not guaranteed a spot. The full year pass is about $90 and can be purchased at the Parking & Transportation Office.
- You can alternatively purchase a Campbell Lane Permit for $30 per year. That allows you to park in The Campbell Lane parking lot and in Mimosa, Gated Regents and Gated Hilltop parking lots weekdays after 4:30 and in All-Permit zone after 2pm. There is free transportation provided from the Campbell Lane lot.

WKU Libraries

Helm-Cravens Library  
http://www.wku.edu/library/  
Next to the Ivan Wilson Fine Arts Center (home of Folk Studies and Anthropology Dept.)

- This is where you will spend a good deal of your time. Enter on the fourth floor of Cravens (ground level with the first floor of FAC and first floor of Helm) and you will find the on-line catalog, TOPCAT, the circulation desk and reserved books and articles. For many of your classes you will have reserve readings that can be retrieved from the circulation desk. You will need the call number or professor’s name, the name and author of the article, and some patience.
- The first floor of Cravens is the area known as The Commons where you will find computers, booths with large monitors for group or individual work, and all new tables and chairs.
- The reference section and non-circulation are on the first floor of Helm (same as 4th floor of Cravens). The Folklore reference books are in the GR call numbers section.
- The library does not bill you for fines until they reach $5.00. The fines are not waived; you just don’t realize you even have fines until you get the bill.
The Interlibrary Loan (ILL) office is on the first floor of Helm in the far corner of the reference section. When requesting something from ILL, make sure that the item is not already in the WKU Library collection, provide as much publication information as possible, but most importantly, don’t forget the OCC number. Please order your publications as early as possible as it can take anywhere from one week to two months to get them. Hardcopy forms are located outside the ILL office, but there is also an online form on the website.

Kentucky Library, Library Special Collections  
http://www.wku.edu/library/dlsc/  
(270) 745-5083  
2nd floor of the Kentucky Building on campus  
Houses the Manuscripts and Folklife Archive, including the Kentucky Folklife Program Archive.

Technological Information

WKU Email
To access your WKU email account, go to http://webmail.wku.edu/ and follow the instructions. This is a Microsoft Outlook web-based email account, so it can be accessed from any computer with internet access. If you plan to keep using your non-WKU email you need to login and get your email forwarded because professors use that account.

Computer Labs  
http://www.wku.edu/it/labs.php
- There are several computer labs on campus, click here for hours and locations.
- The most convenient and most popular lab is the Student Technology Lab on the 2nd floor of Helm Library (same floor as periodicals). This computer lab has Apples that have Adobe Creative Suite.
- There are two Apples and one PC computer in the Morgan Reading Room (Room 248 where 90% of your classes will be held) that you are free to use though the room isn’t always open.
- There is a computer lab reserved for graduate students. The lab is located in the Environmental Science and Technology building (EST room 345) across from Hardin Planetarium. You must apply for a magnetic key card from the Computer Science and Geography/Geology Departments.
- The labs in Mass Media are usually opened 24/7.

Scanning: All student technology labs have at least one scanner to use at no charge.

Printing
Each graduate student is given $150 for black and white printing per year in the University printing lab. The allotment is put on your student ID card at the beginning of the academic year (August). If you need color printing money or if you run out of free printing in the course of the year, you can put money on your card using Big Red Dollars.
Photocopying

On-campus:
There are copy machines in a number of locations throughout Helms-Craven library. Copies are $0.10. A change machine is available on the 4th floor of Cravens. The copiers take dollar bills and Big Red Dollars.

Off-campus:
FedEx Office (270) 782-3590 1689 Campbell Lane
Staples (270) 746-0711 1680 Campbell Lane
Office Depot (270) 393-0556 1865 Campbell Lane

Buying Books

- Some of the books will be available for check-out in the Morgan Room or the library if you want to try to do your reading that way. Some professors also put books on reserve at the library.
- Be warned: not all the books that are listed on the bookstore site are actually required, it can be good to wait until your first class to buy books.
- If you want to buy your books (and many of the books are good for folklorists to own), there are several places in town besides the WKU bookstore that stock the books required for your classes. There will usually be price differences with each store, so shop around before you buy. However, buying them online through Barnes and Noble College Bookstore, if you have a membership, or Amazon is usually the cheapest route. Used books from Half.com is cheap and effective, as long as you can find a seller with a reliable rating.

The WKU Store http://www.bookstore.wku.edu/
(800) 444-5155 Downing University Center (DUC), on campus
All kinds of collegiate items, from sweatshirts to key rings; they also sell used textbooks and discounted computer programs. If you order from the online store they will ship books to your home. They will also pull the books for all your classes off the shelves and box them up for you so you just go in and pick them up! Be wary of this option, though, if you have preferences for writing or highlighting in your used books.

Textbook Depot
(270) 904-2227 111 Old Morgantown Road

University Textbook and Supply
(270) 783-0687 102 Bookstore Way (just over the railroad tracks)
(270) 782-0708 1240 Center St.
Discount/used book store close to campus with lots of parking.
WKU Health Insurance

**Student Health Insurance**
Forms and information can be found on the Student Health Services website. Payment is due in full with application and is about $1500 for the year. It is a treatment only insurance, meaning it only covers injury and illness, not preventative (including dental). Doctor’s appointments at WKU Health Services based on these criteria are 100% covered and it is expensive to go elsewhere.

**Graduate Student Health Insurance**
Full-time graduate assistants are eligible for GA Health Insurance. Check the website for details: [http://www.wku.edu/graduate/aid/ga/health_insurance.php](http://www.wku.edu/graduate/aid/ga/health_insurance.php)

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**Medical Care**

**WKU Health Services**
http://www.wku.edu/healthservices/
(270) 745-5641
1906 College Heights Blvd. #8400

- 7:30am-43:45pm Mon/Tues/Thurs, 8:30am-3:45pm Wed, 7:30-12:15pm Fri. No weekend appointments.
- Has its own parking lot.
- Bring your student ID, driver's license, insurance card, and method of payment.
- It is better to make an appointment so that you don’t have to wait long.
- Flu shots are available; free AIDS testing monthly; physicals, etc.
- There is no longer a pharmacy on campus. However, they have a “dispensary” that offers ibuprofen, Tylenol, cold medicine, etc. for a relatively modest price.

**WKU Child Care**
(270) 745-4042
http://www.wku.edu/ccc/
For ages between 6 weeks and 12 years. Call for more information.

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**Athletic Facilities**

**Preston Center**
http://www.wku.edu/imrec/facilities/
Located at the far end of campus from the FAC building, past the parking structure, fields and stadium, and DUC, is a nice facility available for students and faculty.

- The center opens at 6am (most days) and closes at 11pm. They open later on the weekends, and the hours vary during breaks and the summer semester.
- You need your student ID for admission.
- Your full-time student status entitles you to free use of the weight machines, free weights, stairmasters, treadmills, bikes, Nordic track, indoor track, basketball and racquetball courts, and the swimming pool. Obtain a swim schedule from the desk at
Preston center to have a list of the times the pool will be available. The swim team uses it regularly for practice and meets.

- Additionally there are aerobic and group classes of all types (yoga, kickboxing, zumba, pilates, cycling, abs) available at no additional charge (the cost is included in your tuition.)
- The Preston Center offers massages at a discount price for student, typically $20-25 for a half hour, $30-40 for an hour.
- They also offer a variety of fitness evaluations. We recommend the “total fitness package” which includes a beginning and ending fitness assessments and three personal training sessions.
- Daily use locker and locker rentals available.
Part 3: Folk Studies Program

Faculty
For full Faculty and staff bios and information visit http://www.wku.edu/fsa/staff/index.php

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(270) 745-5902

Dr. Tim Evans
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Dr. JAK Njoku
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Dr. Ann Ferrell folklore
ann.ferrell@wku.edu

Amy Lundell
amy.lundell@wku.edu
(270) 758-2154
Departmental Spaces

Room 237 FAC
- The Folk Studies and Anthropology Department offices are in the Fine Arts Center.
- There is a fridge, coffee pot, and microwave in the mailroom, which you are welcome to use. *Please clean up after yourself.*
- If you are a graduate assistant, you will also have a mailbox there.
- Office associate Drue Belcher is happy to help you with your questions, (270) 745-5295. If you have an assistantship, Drue is also the one you give your timesheets to and who distributes your paycheck (if it’s not direct deposited).

Room 248 FAC, AKA the John Morgan Reading Room.
- Most of your classes will be conducted here. The room is furnished with tables, chairs, a few armchairs, and two computers available for graduate student use.
- Books and journals are available for in-room use or can be checked out for a week at a time. Books with red stickers can only be used in the Morgan Room and can’t be checked out. To check out a book you must fill out a form in the binder that can be found on top of the cabinet next to the bookshelves.
- FYI: the room is named for John Morgan, a previous graduate of the program, passed away several years ago and donated a good portion of his video equipment and books to the department.

Pioneer Log Cabin.
The Pioneer Log Cabin is now the offices of the Kentucky Folklife Program. This space is also used for the Cabin Concert Series and other departmental special events/meetings. The cabin is located behind the Kentucky Museum, click here for map and directions.

Important Forms
Check the website for details:
http://www.wku.edu/folkstudies/important_forms_guidelines.php

Form C
This needs to be filled out in your first few weeks at WKU. You need to sit down with Dr. Williams and decide your track and pick out all of your classes. You can change these later on, but then you need to fill out a new form.

Form D
This needs to be filled out at the beginning of the semester before the one you plan to graduate in (ie 3rd semester if you are graduating after your fourth). It is your application for graduating.
Assistantships  
http://wku.edu/graduate/aid/ga/
You get paid at the end of each month from September through April. You can get your paychecks directly deposited if you like, fill out this form and turn it in along with a voided check to the Payroll office (Weatherby Admin building, ground floor office G10). Otherwise you pick them up from Drue in FAC 237.

Registering for Classes

You will be taking three classes a semester and probably doing an internship in the summer. Remember that each of the three tracks (thesis, public, and preservation) has their own required classes and these may only be offered every other year. Fieldwork, Genres, and Theory must be taken your first year. Within the Folk Studies graduate program you don’t have to worry about getting shut out of classes, but try to register sooner rather than later. Before registering for classes, you may need to speak with your advisor. After you’re cleared, you will use TopNet to register for your classes. Select the student services option and then follow the instructions. Once in TopNet, you can register, add, and drop classes with ease. You can also track your financial aid, tuition bill, and grades.

After you have registered you can view your class syllabi (once posted by professors) via TopNet by going to Student Services menu, and selecting Student Summary Schedule.

Classes

Not all classes are offered every year. This is a rough schedule so that you can decide what to take your first semester. Remember that Fieldwork, Genres, and Theory must be taken your first year.

Every fall: Genres, Fieldwork, Public, Folk Art
Every spring: Theory, Narrative, Belief

Even year fall: Vernacular Architecture
Odd year spring: Folklore & Education

Odd year fall: Cultural Conservation
Even year spring: Museums

Video Ethnographies and Visual Anthropology are anthropology classes, but they are recommended for learning about video ethnographies.
Internships

No matter which track you are taking it is recommended that you do an internship. It is a great way to learn new skills, practice those you leaned in class, make connections in the field, and improve your resume. Visit the website to read about recent Folk Studies grad internship experiences: http://www.wku.edu/folkstudies/internship_stories.php

WKU Folk Studies M.A. Portfolio Guidelines

The portfolio is required for all Public Folklore and Historic Preservation track students. The portfolio must be submitted before you take your comprehensive exams. See the very helpful http://www.wku.edu/folkstudies/grad_port_guidelines.php page for full requirements and description.

Master’s Thesis Guidelines

All students in the thesis track must complete a thesis to graduate. See http://www.wku.edu/graduate/students/thesis/ for full guidelines and description. Note that you are allowed one committee member from outside of WKU if you desire.

Fieldwork Equipment

What we have in the department, how you can access it and where you can purchase your own, (if you’re interested), will all be explained to you in the Fieldwork Class, held in your first semester. Purchase of your own compact flash card (2 GB plus) is required for the Fieldwork Class. You can also see a list of available equipment on the department website: http://www.wku.edu/folkstudies/available_equipment.php

E-Mail Discussion Lists

There are several email discussion lists you can join that can are useful in folk studies research as well as internship and employment hunting. These are the lists that are most relevant to the program, but in no way is the list complete.

All Folk ALL-FOLK@LISTS.WKU.EDU
The WKU faculty, student, and alumni discussion board. See Michael Ann Williams to be added to this list upon arrival at WKU.

Publore http://list.unm.edu/archives/publore.html
Listserve for Public Folklore discussions and job openings. There is a link to join on the homepage.
**Folklore Discussion List**  
FOLKLORE@LISTSERV.TAMU.EDU  
Good discussion of all aspects of folk studies. Everything from contemporary legends to internship announcements.

**Museum-L**  
http://home.ease.lsoft.com/scripts/wa.exe?A0=museum-l  
This list discusses all things related to all museum types. Frequently posts internships and employment opportunities, as well as those bizarre questions only visitors ask!

**Museum-Ed**  
MUSEUM-ED@FREEDOM.MTN.ORG  
A list for museum educators, again from all sorts of museums. Announcements are often cross-posted to the Museum-L list, but not always.

**Artifact**  
ARTIFACT-REQUEST@UMDD.UMD.EDU  
A list for the discussion of material culture.

**Preservation-L**  
PRESERVATION-L@NETCOM.COM  
A list related to historic preservation. Has a tendency to focus more on architecture, but occasionally there are gems of information relevant to folk studies posted.

**AFS**  
www.afsnet.org/  
American Folklore Society:

“The American Folklore Society is an association of folklorists: people who study and communicate knowledge about folklore throughout the world.” (AFS website). It is recommend that you review the website before school starts to get a feel for the organization. I would also recommend becoming a student member. The student membership costs $40 for a year and if you want to join any of the sections those too cost another, but smaller, fee. When you become a member you receive the quarterly publication put out by AFS, *Journal of American Folklore*. You also get a discount at AFS’s annual conference.

The annual AFS meeting:

AFS sponsors a conference each October that most everyone in the Folk Studies department will attend. Attendance is strongly encouraged and gives students a chance to meet “real folklorists” working in our field and other folklore students. These people will become your colleagues and some may become your employers. The conference also allows you to learn about topics of interest and explore new areas of the field. If you plan on presenting a paper during your time at WKU (and it is encouraged) this is also a great opportunity to see what makes a good presentation. The department helps with part of the travel expenses and you can also volunteer to get your registration fee waived. Check the Annual Meetings page for dates and details.
Tips for AFS annual meeting:

- Check out the “How to Make the AFS Meeting Work For You” page on the AFS website.
- Make sure to check the list of events and resources specifically for graduate students. Here is the list of Opportunities for Students at the 2012 AFS Annual meeting.
- Lots of the folklorist you talk to will ask you what you are studying or what you are interested in. Dr. Brady suggested a good response that will work whether you know your focus or not: “I’m narrowing it down. If you were a first-year student what would you study?”
- Business cards are a good idea. You will be doing lots of networking, either purposefully or more casually and these will come in handy.
- Layers! You may be in the hotel for 15 hours a time without any way to warm up.
- If you are interested in a particular section pay their AFS section fee, explore their part of the AFS website, and go to their section meeting (usually at lunchtime). Many groups have ways for you to get involved if you are a member such as becoming a junior convener or joining a committee. There is a Graduate Students Section.
- The Public Section’s auction is usually a very entertaining event, even if it means staying up later that you planned.

Graduate Student Research & Travel Grants

http://www.wku.edu/graduate/aid/travel_grant.php

The Graduate Council manages a student research grant program. Grants for up to $750.00 are available for graduate students for expenses related to research: tapes, batteries, film, developing, copying, travel expenses, etc. You cannot apply grant funds to equipment unless you plan to donate it to the university. Likewise, the grants will not fund books or periodicals. The majority of funds are usually distributed early spring, so determine your project and prepare your proposal early. Receiving a grant will look good on your resume. Travel grants are also available to attend conferences.

Yeager Scholarships

The Russell M. and Mary Z. Yeager Scholarship supports graduate student research (e.g., thesis, class project, or independent study), or internships. In either case, the student must submit an application showing use of the resources of the Kentucky Museum and/or Kentucky Library. Generally awards range between $500 and $1000. See Dr. Williams about deadlines and application guidelines.