

Fly Fishing

Granite P.



What is Fly Fishing?

- A method of fishing in which an artificial fly is cast by use of a fly rod, a reel, and a relatively heavy oiled or treated line
- Anyone can fly fish
- You can fly fish anywhere there is water
- Freshwater and saltwater fly fishing require slightly different gear



How Do I Get Started?

All you need is a fly rod, reel, flies, line, and water!

Basic casting key terms:

- Load: Bend in the rod
- Loop: What the line should form during a cast
- 45 degrees: average angle that your arm should create to your body in a cast
- Pop to a stop: acceleration to that 45 degree angle forwards and backwards



Common Misconceptions

- High entry costs
- Can't fly fish in Kentucky
- Difficult to learn
- Hard to fit into the fly fishing culture



Trout

- Brown Trout
- Rainbow Trout
- Cutthroat Trout
- Bull Trout
- Hybrids such as Cutbows



Flies

- Dry flies
- Nymphs
- Streamers

Streamers, Nymphs on Blackfoot

Dry flies on Clark Fork, Bitterroot



Fly Fishing Through WKU

School of Kinesiology, Recreation, and Sport

WKU Fly Fishing Study Away Program

- College program
- High School program (for college credit) began in summer 2016 with me as the first student!
- Community members are welcome to join fall program!



Cabela's Outdoor Fund

- WKU School of Kinesiology, Recreation & Sport applied and received a grant from the Cabela's Outdoor Fund
- The Fund is “dedicated to the promotion of conservation and... outdoor activities”
- When you go to Cabela's, make sure to round up for conservation: this money goes to the Outdoor Fund and enabled our trip to happen!



Missoula!

- Flew from Nashville airport to Denver airport, then from the Denver airport to Missoula airport with Frontier Airlines
- Stayed at Holiday Inn
- Used the Missoulain Angler Guide Service- Travis and Russell were terrific!
- Ate at local restaurants



Day 1: Blackfoot River

Went to fly shop, got licenses, took pictures, and headed out

45 minute drive to the Blackfoot, where we unloaded the boat and hit the water

Fished with streamers due to weather conditions

Fished until 12, then ate lunch provided by guides- it was delicious!

Continued down the river until around 5, where we loaded the boats and headed back to the hotel, making sure to stop at the boat inspection station

Caught the most fish on the Blackfoot

Day was extremely windy, but we had a great time!



Day 2: Clark Fork River

Left at 8 A.M. on an hour drive to the Clark Fork River

Fished from 9:15 to 12:30, and we again ate lunch provided by Travis and Russell

Fished with dry flies because there was very little wind

Ended around 5:30, and again headed back to the hotel

We weren't as successful as the day before, but still a great day!



Day 3: Bitterroot River

Headed out around 7:45, as we had an hour and a half drive to the put-in spot

This river was much more crowded than the Clark Fork and Blackfoot

Fished until 12:30, where we ate one final, delicious, guide-provided lunch

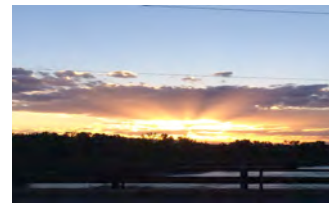
We continued down the river until 5, when we packed up the boat and headed to the Lolo Creek Steakhouse for a final meal with our guides



Family Fun!

This trip is perfect for a family!

- Great bonding experience
- Lots of beautiful scenery
- Family-friendly restaurants and attractions
- Great way to disconnect from electronics such as cell phones
- Very modern city with all necessary public services
- College town



Overall Experience

I absolutely loved my entire experience with WKU, Cabela's, The Missoulian Angler, and Missoula itself! If you are interested in the program, want to learn more about Missoula, or just want to talk fishing, let me know! I'll be glad to answer any questions you may have.



























Get In Touch!

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Need to contact Granite? Send a note to Dr. Poff

Instagram- @wkuflyfishing

Twitter- @wkuflyfishing

WKU High School Fly Fishing Montana – Summer

WKU Fly Fishing Montana (college students) – Fall semester

WKU Fly Fishing Montana (non-credit, community members) - September