

Your Benefits Mobile Apps

Sodexo Benefits Center



Search for "UPoint Mobile HR".
Access the Sodexo Benefits Center website.

Medical



CAREFIRST PPO AND HRA
Search for "CareFirst".
Access your ID card, account balances and Personal Health Records, view claims, locate a provider or urgent care center



CARRUM HEALTH (Surgery benefit for CareFirst PPO & HRA Plans)
Search for "Carrum Health"
Communicate with your dedicated care specialist, see surgeon profiles, manage forms, and learn about your options to get e, affordable care.



EXPRESS SCRIPTS (Prescription benefit for CareFirst PPO & HRA Plans)
Search for "Express Scripts".
Research drugs and interactions, obtain cost comparisons, and refill prescriptions. Members who haven't registered will need to go to express-scripts.com and register.

HAWAII MEDICAL PLAN



Search for "HMSA". See a doctor/health care provider 24/7, 365 days a year and have prescriptions sent directly to the pharmacy online.

KAISER PERMANENTE HMO



Search for "Kaiser Permanente".
Members can schedule appointments, view lab results, refill prescriptions and email doctors.



MEDICAL PLAN - TRIPLE-S SALUD (Puerto Rico)
Search for "Triple-S Salud".
Access information about your plan, verify your coverage, reprint ID cards and find a doctor.

Health Care & Family Care Spending Accounts



Search for "YSA Reimburse Me."
You can submit your claims while at the doctor's office, check your balance, receive alerts, manage direct deposit accounts and much more.



Mobile Apps can be downloaded free from the iTunes App Store for iPhones and iPads or through Google Play for Androids

Go Mobile!

iPhone is a trademark of Apple Inc., registered in the U.S. and other countries. Android is a trademark of Google Inc.

The benefits services on this poster are available to salaried and full-time hourly employees not covered under the terms of a collective bargaining agreement. Employees covered by a collective bargaining agreement are eligible to participate in these plans if they are a provision of their collective bargaining agreement.

Dental and Supplemental Health Programs



Search for "MetLife".
Dental Coverage: View ID cards and find a dentist
Supplemental Health Programs: View plan details and file claims for Accident Insurance

Vision



Search for "EyeMed". Obtain ID cards, search for in-network providers, set eye exam and contact lens reminders, download ID cards.

Life Insurance



Securian provides a mobile-optimized version of the LifeBenefits website at lifebenefits.com. An app is not available.

Disability



Search for "myCigna" review plan coverage details and view claim status.

LifeWorks



Search for "LifeWorks". Check out the discounts in the Perks section. Also, find help with personal issues, health & wellness and family and financial topics. Enter your personal username and password. Logon instructions are available through sodexolink.com

401(k) Retirement Savings Plan



Search for "Voya Retire".
Access your retirement account.

Identity Theft



Search for "Allstate Identity Protection". Receive, review, and respond to alerts about threats to your identity. Also, file a claim if you think your identity has been stolen.