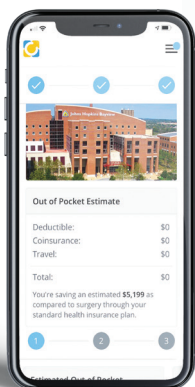


A surgery benefit that's hard to believe



When it comes to surgery, you need to know you're getting the best care possible. That's why Sodexo offers the Carrum Health benefit.

The Carrum Health benefit is a new, special surgery benefit offered to employees and family members enrolled in the Carefirst PPO or HRA medical plan. Carrum Health makes it easier, more enjoyable and less expensive to get high-quality healthcare.

Covered surgeries include: knee, hip, elbow, spine, shoulder, wrist, and hand.



The absolute best care

Carrum Health's doctors have more experience performing your procedure and lower complication rates than 90% of providers.



A seamless experience

Carrum Health's team and technology do all of the planning, preparation and paperwork, so you can focus on what matters - your health.



Costs are covered

100% of your medical costs and most travel costs* are covered, when you use a surgeon through Carrum Health's Centers of Excellence (COE) program.

Get started:
Download the app or
visit carrum.me/sodexo

Questions? Activate your account and securely message a Carrum Health Patient Care Specialist or call 888-855-7806.

Carrum Health is a special surgery benefit available to employees and family members enrolled in the CareFirst PPO or HRA plans.

*Per IRS rules, a portion of the covered travel expenses will be reported as taxable income.

