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exploratory.programs@wku.edu



# Dear Exploratory Student,

Welcome to the Exploratory Program! We know that choosing a major can be a stressful process, but the Academic Advising & Retention Center can help. We are centrally located on campus in Downing Student Union, and we are also the central hub of advising. Whether you need assistance choosing classes, want more information on a particular major, or are having an issue and you are not sure where to go, our staff is here to help you. Do not hesitate to email us, call us, or even stop by our office to set up an appointment to speak with your academic advisor.

Exploring major options before making an educated decision can greatly impact your time here at WKU. Many students enter college as Exploratory students. Out of those who enter with a chosen major, up to 80% are still unsure of their choice. Did you know that more than 60% of students change their major at least one time?

You will be working with Chris, Jessica, or Kassy this year. As your academic advisors, we are your go-to campus contacts should you have any problems. Be on the lookout for emails from us—we will be sending you important information throughout the year as well as campus and Exploratory activities and opportunities. We are excited you are joining us this year and we can't wait to see where you will go next.

Sincerely,

Christopher Jensen Assistant Director christopher.jensen@wku.edu Jessica Dorris Exploratory Advisor jessica.dorris@wku.edu Kassy Fineout Exploratory Advisor kassy.fineout@wku.edu

# The Exploratory Program

#### Mission:

The Exploratory Program is an initiative of the Academic Advising & Retention Center (AARC) created to lead Exploratory students on a path to self discovery. Students will explore the wide array of majors that WKU has to offer. The Exploratory Program will empower students to make well informed decisions regarding their major and career options. Students who utilize the Exploratory Program will build a foundation of success in order to persist to graduation.

Students participating in the Exploratory Program will:

- Connect with campus departments, faculty, staff and students beginning at orientation;
- Express a sense of pride being an Exploratory student at WKU through campus engagement and connections;
- Exhibit knowledge of campus resources through engagement in campus events including extracurricular and academic activities each semester;
- Be academically successful through recognition and utilization of campus resources such as tutoring services,
   The Learning Center, etc. each semester;
- Communicate effectively and professionally with faculty, staff and peers;
- Be actively engaged citizens through volunteer opportunities and civic engagement;
- Explore and familiarize themselves with WKU colleges, academic departments, and careers in order to commit to a major before they have earned 59+ hours.



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## Monday Night Mentors Series (MNMs)

Twice a month, students will have the opportunity to participate in an informal lecture series featuring members of the WKU campus community. MNMs topics will cover different ways to search for a major or career. Take advantage of this opportunity to interact with these dynamic speakers in order to help you not only make an educated decision about a major, but also to make connections and succeed and WKU. Refreshments will also be provided free of charge.

# Majors and Minors Fair

CHOOSE YOUR PATH - The Majors and Minors Fair is an annual event that allows WKU students to explore the various majors, minors and concentrations that WKU has to offer. This annual event is held during the fall semester. Various academic departments set up booths manned by faculty, staff and students. Participants are encouraged to visit each booth to gain more information and a better understanding about majors, minors and concentrations as well as career options within those majors. Participants are given the opportunity to speak with faculty and staff as well as students that are currently pursuing the major. Aside from gaining knowledge and awareness of the different programs of study, door prizes are raffled off to participants throughout the event.



5th Week Freshmen Assessment

The Academic Advising & Retention Center (AARC) provides a 5<sup>th</sup> week assessment to all students in 100-level and developmental classes during the 5<sup>th</sup> week of each semester to help identify areas that may need improvement. Your personal 5<sup>th</sup> Week Freshmen Assessment report will be available to view on TopNet (click on *Student Services, Student Records,* and View *Freshmen Assessment Report*) after the 5<sup>th</sup> week of the semester.

Your instructors will give us information about your class performance regarding the following categories:

Attendance — whether you have missed too many class sessions; Grades — whether you are passing or receiving a D/F in the course; Attendance and grades — whether both these areas are an issue.

Here is an example of what a 5th Week Assessment looks like:

Student Name (800123456) Classification: FR Term: Fall 2013							
<b>Credit Hours</b>	Grade	Absent					
3	Pass						
3	Pass						
1	D/F	Excessive Absences					
3	D/F						
	Credit Hours 3 3 1	Credit Hours Grade 3 Pass 3 Pass 1 D/F					

#### **Events**, continued

This student in particular has three "marks" — one for having a grade of D/F in BIOL 114, one for having excessive absences in BIOL 114, and one for having a grade of D/F in BIOL 113.

This assessment is available to you after the 5<sup>th</sup> week of classes because it is still early enough to either take action to improve your grade or withdraw from the class. If you are unsure of what to do after looking through your marks, do not hesitate to contact a faculty or staff member on campus. There will be follow-up from your academic advisor, your instructors, and your residence hall director. Advisors from the AARC will even be available to meet with students to discuss their 5<sup>th</sup> Week results in the residence halls. These professional staff members are happy to connect you to campus resources, such as free tutoring in The Learning Center in Downing Student Union, or to help you evaluate your study habits.

# **Declaration Day**

Dr. Ransdell wants you to declare your major! Declaration Day is a semiannual event that is held in Centennial Mall. WKU students are invited to declare their major on Declaration Day. Advisors from the Academic Advising & Retention Center will be on hand to answer any questions and assist with the major change process. Students declaring their major will be given a button boasting their recently declared major.



# On-Site Academic Advising and Registration

Advisors will assist you in course selection and help you navigate your college years. Prior to registration (late October and early November for spring semesters; mid to late April for fall semesters), an advising hold is placed on all student accounts which prevents registration. It is necessary for students to see their assigned advisor to have the advising hold lifted in order to register for classes.

All degree-seeking students at WKU are assigned an academic advisor, which you can find on TopNet under *Student Services*, then *Registration*, and *View Advisor Information*. If you don't have an advisor listed, email academic.advising@wku.edu or call (270) 745-5065.

Similar to the 5<sup>th</sup> Week Freshmen Assessment, academic advisors from the AARC will be available in the residence halls and around campus to advise students who haven't yet made an appointment with their advisor.



#### How to...

#### **Find Your Advisor**

Login to TopNet and click on *Student Services*. Click on *Registration*, and then select the current term. Click on *View Advisor Information* to see your advisor's contact information.

# Make an Advising Appointment

Login to TopNet and click on *Student Services*. Click on *Registration*. At the bottom of the page, click on *Schedule an Advising Appointment*. Select the current term (i.e., Fall 2013). Add a new appointment based on your advisor's availability. Be sure to include any relevant notes and questions you may have. Also, if you would like your appointment to be over the phone, please request that in the notes as well. Call the AARC at (270) 745-5065 if your advisor has no availability.

#### Run an iCAP

Login to TopNet and click on *Student Services*. Select *iCAP*(*Interactive Curriculum Degree Audit*) to run an iCAP for a potential major, or select *iCAP General Education Audit* to see an iCAP of just your general education requirements.

All six categories of general education requirements will be represented, in addition to your general electives, classes toward your major, and developmental classes, should you have any.

Each category of general education will have either a red "X" or a green checkmark next to it. Red X's indicate that a category has not yet been completed, while green checkmarks indicate that a category is complete or is in progress of completion.

```
X General Education
   Category B: Humanities-9hrs
   You must take nine hours to complete this requirement.
  Three hours must be from Literature and 6 hours from
  Electives. Within these two categories, three subject
  areas must be represented.
                               ...........
  IN-PROCESS: 3.00 HOURS
   - 1) Take 3 hours from the following Literature courses:
       NEEDS: 3.00 HOURS
       SELECT FROM: ENG 200,398 FREN 314 GERM 314
         HUM 172,182,192 SPAN 374,376
   - 2) Take 6 hours (2 different subject areas) from the
       following Humanities electives:
         .00 HOURS EARNED
  IN-P --- 3.00 HOURS
        Sp13 ART 100
                          3.00 IP ART APPRECIATION
       NEEDS: 3.00 HOURS
       SELECT FROM: AMS: AMS 180
         ART: ART 105,106
        DANC: DANC 110 (Fa08 OR AFTER)
        FREN: FREN 323
        GERM: GERM 333,335
        HIST: HIST 305,306,307,317,318
        HUM: HUM 171,181,191,173,183,193
        MUS: MUS 120,326,327
        PHIL: PHIL 101 (Fa09 OR AFTER),
         PHIL 102 (Fa09 OR AFTER), 103 (Fa09 OR AFTER),
         PHIL 120 (THROUGH Fa10),201,215,320,321,
          PHIL 322,323
         RELS: RELS 100,101,102,305,323
        SPAN: SPAN 373
         THEA: THEA 151,354 (THROUGH Wn06),
          THEA 355 (THROUGH Wn06)
```

Subcategory requirements will have a plus sign or a minus sign next to them. A plus sign indicates that the requirement has been fulfilled or is in progress. A minus sign indicates that the requirement still needs to be fulfilled. Below each requirement is a list of classes that can fulfill it. You can click on a class to read its course description.

# How to..., continued

#### **Register for Classes**

Login to TopNet and click on *Student Services*. Click on *Registration*, and then select the term for which you want to register. Click on *Register/Add/Drop Classes*. If you know the CRN numbers for your courses, add them in the grey boxes and submit the changes. If you do not know the CRN numbers, click on *Class Search*. You may search for up to five subjects at a time. When you find a section which you want to register for, check the box on the left side of the screen.

Don't forget that 12 hours is the minimum number of hours needed to be a full-time student and to live in the residence halls. An average of 15 hours each semester is recommended to reach the 120 hours needed for graduation in four years. Look out for blue bars underneath sections, indicating whether a class is restricted for certain majors or test scores, whether classes are bi-terms, whether classes have a Peer Assisted Study Session (PASS), or other important notes about that section. Be sure to note the class location and campus and how much time you are allotted between classes. You may also click on the course title to see a course description and any pre-requisites for the class.

#### Declare a Major

Login to TopNet and click on *Student Services*. Then click on *Student Records*, and *Change Major*, *Minor*, *Concentration*, *Advisor*. From the drop-down menu for Major 1, select your new major, which may say "Seeking Admission." This means your major has a set of requirements you must fulfill in order to be officially accepted into the program. You may also select a minor, concentration, or second major at this time. You should also request a change in advisor from the downdown menu (you will be assigned a new advisor within the major's department). Submit the information, and confirm the changes on the next page.

Print out the form. You need a signature from your new major's department head. Bring the form to the office listed on the change of major printout.

Exploratory students that have attempted and earned 59+ hours will have a hold placed on their account. The hold requires these students to change their major.



# **Exploratory Resources**

Are you still unsure of what major you want? Are you trying to decide between a few majors? Do you not know where to begin? These resources will help to inform you of your own personal strengths, tastes, and interests in addition to providing information about the different programs offered at WKU and possible careers you can connect with.

#### Explore!

Ask yourself these questions as your begin the process of choosing a major:

- What kind of work environment do you think you would enjoy the most?
- What do you like and dislike?
- What are your values?
- What interests you and what does not?
- What do you do well?
- How do you typically learn best?
- What are your hobbies, and could you turn one into a career?

If you are unable to answer these questions right away, fear not! The following online quizzes may be able to help you figure out some answers.

The **Jung Typology Test** (<a href="http://www.humanmetrics.com/cgi-win/|Types2.asp">http://www.humanmetrics.com/cgi-win/|Types2.asp</a>) is an online questionnaire about your personality. After completing the questionnaire, you will obtain your personality type formula according to the Carl Jung and Isabel Myers-Briggs typology along with the strengths of your preferences. In addition to a description of your personality type, the website also provides a list of careers or majors that are well suited to your personality.

The **Focus** inventory is a program made available through the Career Services Center. You can find out more about it and how to utilize it by going to the Career Services Focus Page (<a href="http://www.wku.edu/career/services/focus.php">http://www.wku.edu/career/services/focus.php</a>). The Focus is a self-paced, career guidance tool that can assist you in making some important decisions like choosing an academic major or career path. By completing a series of online assessments you can increase your awareness of your skills, interests, values, personality and preferences for leisure activities. With this information, each person is better prepared to explore careers of interest, set career goals, choose courses that will help to develop necessary skills, and develop action plans. The Focus system can help with all of this and more.

**MyMajors** is another online resource for exploring different majors. MyMajors offers a quiz to assist students in their exploration process (<a href="http://www.mymajors.com/">http://www.mymajors.com/</a>).

The Career Decision Difficulties Questionnaire can assist you in making better career decisions (<a href="http://kivunim.huji.ac.il/eng-quest/cddq.html">http://kivunim.huji.ac.il/eng-quest/cddq.html</a>). The purpose of this short questionnaire (5-8 minutes) is to identify the difficulties that you might experience while choosing a career or a college major. After filling out the questionnaire you will receive personalized feedback about the causes of your difficulties in choosing a career or a major and recommendations to overcome them.

#### Act!

Make an appointment with an advisor or faculty member of a program that interests you. Ask questions about the classes that are required and what kind of careers graduates from that major have found. You can also run a What-If? iCAP on TopNet give you an idea of what classes you could take and how many more hours you would need to complete the degree.

## **Exploratory Resources, continued**

Job shadowing is a great way to find out if a career path is meant for you. Spend an afternoon interviewing a professional working in a career that interests you and observing the work environment. Take notes about what you like and don't like. If you are looking for something a little more extensive than job shadowing, try looking for a part-time job or an internship. WKU provides a variety of part-time, on campus jobs. Visit <a href="www.wku.edu/studentemployment">www.wku.edu/studentemployment</a> for more information.

Volunteering can also help you figure out a major or career. It will also help you to build connections to the community, meet new people, and add experience to your resume. To find volunteer opportunities in the Bowling Green area, contact the ALIVE Center or visit www.wku.edu/alive for more information.

Join a student organization related to your interests. This will allow you to connect with other students who are passionate about the same things. Maybe you can even find a way to turn your passion into a major or career. You can find a complete list of registered student organizations through the Student Activities and Organizations website, <a href="https://www.wku.edu/sao">www.wku.edu/sao</a>.

#### Connect!

Attend the Majors and Minors Fair to gain more knowledge about the departments at WKU and the major/minor options they offer. Remember, the 2013 Majors and Minors Fair will occur on Wednesday, September 18, 2013 from 11:00 a.m. to 1:30 p.m. in the Preston Center.

You may be asking yourself, what can I do with this major? While a particular major may sound enticing, it is not always clear what job opportunities may follow that major. This website is a useful tool to connecting career options and majors (<a href="http://www.wku.edu/career/wcidwtmajor.php">http://www.wku.edu/career/wcidwtmajor.php</a>).

The Career Services Center is also a great place to utilize and explore your career options. The mission of the Career Services Center is to assist students and alumni in identifying and reaching their career and employment goals, to help employers access an educated and highly trained workforce, and to support faculty and staff in providing opportunities to increase student learning and skill development. Career Services is located in Downing Student Union A230, below the AARC.

The Exploratory News is full of great information for exploring your major options. This newsletter will be emailed to you every month, and is also available through the WKU Exploratory website.

All major and minor programs at WKU are housed within one of six academic colleges: Potter College of Arts and Letters, Gordon Ford College of Business, the College of Education and Behavioral Sciences, Ogden College of Science and Engineering, the College of Health and Human Services, and University College. Students have the option to be Exploratory within a college. For example, if you're interested in a major within Potter College of Arts and Letters but you're not sure which major suits you best, you can declare your major as "Exploratory – with interest in Arts/ Humanities." Declaring Exploratory in a college will allow you to meet with an advisor from that college. The advisor from the college will assist you in narrowing down your program of study.

Finally, how can you choose a major when you don't even know what all the options are? Included here is a complete list of all bachelor's and associate's degree programs, pre-professional concentrations, minors, and certificates that are available at WKU. Be sure to ask your advisor if you would like more information about any program.

# **Helpful Hints**

# Current WKU students and staff share some helpful hints for succeeding at WKU.

"I know how hard it is not knowing what you want to do with your life, but it WILL come to you. Take classes that interest you and go from there. Don't get overwhelmed with not having a major. If you do, ask for help. At WKU, help will always be given to those who ask for it." -Megan Sircy, sophomore

"Figuring out what majors you don't want can help you narrow down the majors you might be interested in." -Christopher Jensen, Assistant Director of Undergraduate Advising Practices

"Get to know the people around you in class! You could be struggling to understand and they may have a way to explain that helps." -Alicia Storm, senior



"Emails are just as important as face-to-face communication. Be polite and coherent." -WesleyAnne Watkins, The Learning Center Advisor

"My advice to incoming freshman is to actively explore what discipline you are interested in. And not just by taking some classes in that area! Get involved in research labs in your specific area of interest. You will learn what someone in that career position actually does everyday and you will be applying what you learn in classes to hands on, real life problem solving. It is a great opportunity that not enough students take part in." -Meagan Luttrell, senior

"Make effective use of a planner or calendar. Also, communicate with your professors regularly outside of class. They offer office hours for a reason." -Nick Haught, Financial Aid Advisor

"It's important to get involved on campus. Not only is it a great way to find your place on the Hill but it's also a great way to find like minded people to keep you motivated." -Jamye Hardy, senior

"Go to class!" -Kassy Fineout, Exploratory Advisor

"Take a variety of classes in different subject areas to find something you really enjoy. It can make a huge difference when deciding on a major." -Corey Travis, junior

"It's great to have friends, but do not let them limit your options inside or outside the classroom. You may have a learning style that is different from your friends; therefore, what works for your friends may not work for you. Joining an organization or taking a class by yourself can open up opportunities to learn new things and make new friends."

-Brittany Wagner, Retention Coordinator

"The cost of procrastination is failure!" -Craig Edwards, sophomore

"Get to know your Academic Advisor. They are a wealth of knowledge about all things WKU. If they don't know the answer they will be able to direct you to someone that does." -Jessica Dorris, Exploratory Advisor

"Don't let other people's opinions be your truth. I had the hardest time picking a major because so many people told me that each one I chose would be a terrible idea. They want the best for you, but realize that you live with the decision you make. Be certain that you are doing what you like. It is okay to not know but keep searching." -Emily Foust, senior

# **Academic Resources**

There are many resources at WKU designed to provide you with academic assistance in your coursework. It's important to recognize when you need to seek assistance in a course. Some examples of times that you may need to seek help from a campus resource include:

- Earning a poor grade on an exam or assignment in a course
- Feeling that you do not know how to complete or even begin an assignment.
- Confusion about material that a professor covered in class

Become familiar with the resources listed below to make sure that you know where to go to get help when you are having trouble in your courses.



The Learning Center (TLC) — Located in Downing Student Union A330 with satellite locations in Pearce-Ford Tower, Douglas Keen Hall, McCormack Hall, and the Fine Arts Center, TLC offers monitored, quiet study space Sunday through Friday. All current WKU students are welcome to utilize TLC space for tutoring, studying, and other academically-oriented activities. There is also a computer lab available for academic purposes, as well as black and white printing. TLC also offers the following programs:

**Peer Tutoring** — TLC provides face-to-face tutoring in over 300 WKU courses. Studying at a distance and need a tutor? No problem! TLC offers online tutoring as well. In addition to specific WKU courses, TLC also provides tutoring in many academic skill areas including time management, note taking strategies, and test taking strategies. A current list of courses for tutoring can be found at www.wku.edu/tlc.

**Peer Assisted Study Sessions (PASS)** — PASS is an academic assistance program that targets traditionally difficult, high enrollment courses. This program utilizes undergraduate students as PASS Leaders to facilitate group study sessions. PASS Leaders have successfully completed the course they lead with a grade of A or B, attend all class lectures, take notes, and hold two weekly group study sessions. Please visit the PASS website at www.wku.edu/tlc/pass.php for a list of PASS courses and group study session information.

**Academic Advantage Series: Workshops for Success** — These workshops are a series of presentations offered each semester and designed to help students succeed academically. Presentations focus on skills students are expected to know but might not have learned over the course of their academic career. Each session provides hands-on, expert instruction from professionals at WKU who are dedicated to student success. Please visit www.wku.edu/tlc/workshops.php for workshop topics, dates, times, and locations.

# Academic Resources, continued

**Alice Rowe Learning Assistance Center** — Tutoring and academic aid in multiple subject areas. South Campus, Room C238. Phone: 780-2536

**Center for Literacy** — WKU's core outreach point for college readiness in reading and community literacy services. Tate Page Hall, Room 323. Phone: 745-2922

Chemistry Tutoring Center — Tutoring available in all 100 level chemistry courses. Thompson Complex North Wing, Room 317. Phone: 745-2248

Math Lab — Tutoring available in math for various levels. College High Hall, Room 2124. Phone: 745-2401

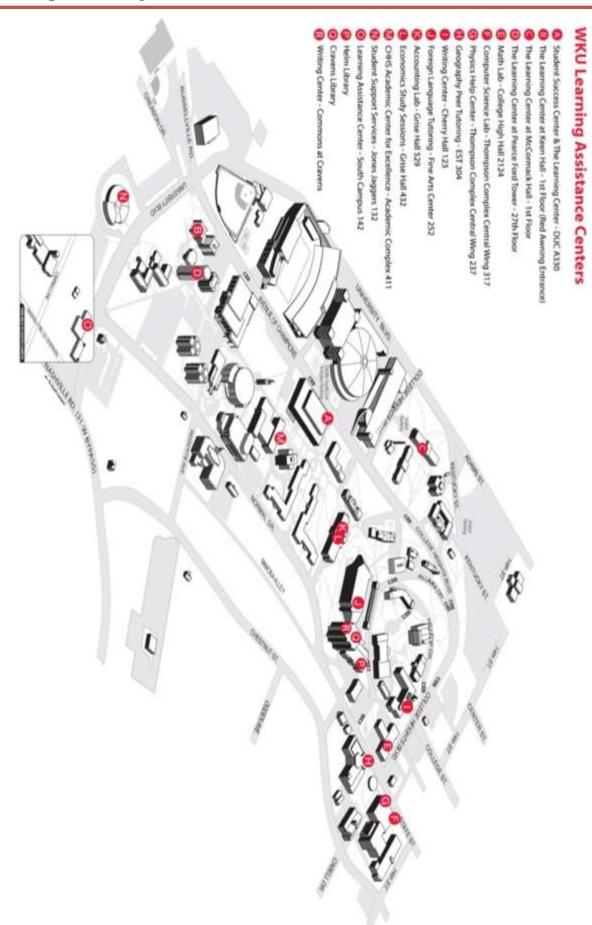
**Modern Languages Media Center** — Tutoring offered in Arabic, Chinese, French, German, Japanese, and Spanish. Fine Arts Center, Room 252. Phone: 745-2401

**Physics Lab** — Tutoring available for PHYS 201, 231, 255, 265, and 332. Thompson Complex Central Wing, Room 246. Phone: 745-4357

**WKU Libraries** — WKU Libraries offer personal librarians that work with every department on campus. Schedule an appointment with your personal librarian to begin your paper, thesis, or research project. Helm-Cravens. Phone: 745-6125

**The Writing Center** — The Writing Center offers individual conferences about writing from English graduate students. Cherry Hall, Room 123 and the Commons at Cravens. Phone: 745-5719





# **Campus Resources**

## **ALIVE Center for Community Partnerships**

Office: 1818 31W ByPass

Phone: (270) 782-0082, Fax: (270) 782-0922

The ALIVE Center for Community Partnerships (ALIVE CCP) is committed to bringing campus and community together for the enrichment of both higher education and public life. We facilitate collaborative efforts that address local, regional, and global needs while enhancing the level of student learning and educational experience. We are dedicated to providing WKU students with opportunities that cultivate personal growth, ethical values, and public action for the common good. The ALIVE CCP supports engaged scholarship through service-learning and community-based research as part of the WKU curriculum. We also provide numerous opportunities for volunteerism and ongoing community service.

#### **Athletics**

Office: Student Athlete Success Center Phone: (270) 745-0102, Fax: (270)-745-2532

The mission of the Western Kentucky University Department of Intercollegiate Athletics is to support the university vision by providing a comprehensive, high quality education for student-athletes and to serve the university community, alumni, and friends through success and distinction within an environment of uncompromising integrity. The WKU Athletic Department seeks to be a source of pride for the citizens of the Commonwealth of Kentucky and to be recognized as a nationally prominent program by consistently winning Sun Belt Conference championships and by achieving frequent success in NCAA post-season competitions. It is also imperative that we compete with dignity, honor and respect in upholding and advancing WKU's rich history and tradition.

# **Campus Activities Board**

Office: Cravens Library, Room 13

Phone: (270) 745-5807, Fax: (270) 745-5795

The WKU Campus Activities Board (CAB) seeks to enrich the educational experience of students at WKU through the support of the overall mission of Western Kentucky University by offering a wide range of co-curricular experiences for students, faculty, and staff. CAB also seeks to provide leadership and engagement opportunities for students in the plan-

ning, proposal, promotion, and presentation of activities designated to serve the cultural, educational, and social interests of the WKU community.

#### Career Services Center

Office: Downing Student Union A200 Phone: (270) 745-3095, Fax: (270) 745-3094

The mission of the Career Services Center is to assist students and alumni in identifying and reaching their career and employment goals, to help employers access an educated and highly trained workforce, and to support faculty and staff in providing opportunities to increase student learning and skill development. The Career Services Center counselors advise and assist students and alumni in gaining a better understanding of their individual interests and abilities and how to apply these interests and abilities to choosing and pursuing a career. Assistance is available by appointment with Center staff and includes individual counseling, career advising, and administration and interpretation of career interest inventories. Though many of the inventories are available for online completion, CSC staff members strongly encourage individuals to make an appointment for follow-up counseling once an inventory has been completed and results provided.



# Campus Resources, continued

## The Counseling and Testing Center

Office: Potter Hall 409

Phone: (270) 745-3159, Fax: (270) 745-6976

College should be challenging, not overwhelming. The Counseling and Testing Center provides advice, support, and therapy to WKU students, consultation to WKU faculty and staff, training to graduate students, and testing services for the campus and community.

Any full- or part-time undergraduate or graduate student currently enrolled at Western Kentucky University is eligible for a confidential counseling appointment. All services provided by the Counseling and Testing Center are free, voluntary, and confidential. The staff is committed to providing counseling services and preventive programs which promote personal, academic, and career development as well as the psychological well-being of students.

# Division of Extended Learning & Outreach (DELO)/WKU Online

Office: Suite 120, Knicely Center, 2355 Nashville Road

Phone: (270) 745-5173

The Division of Extended Learning & Outreach (DELO) at WKU is made up of units that take the educational resources of WKU to the citizens of Kentucky and around the world. We are the outreach arm of the university, offering both credit and non-credit classes to students of all ages. DELO partners with University faculty and departments to offer convenient and flexible learning opportunities to students.

#### **Health Services**

Office: Health Services Phone: (270) 745-5641

WKU Health Services encourages healthy lifestyles by providing quality medical, educational, and wellness services to all members of the WKU campus community. WKU Health Services will be the first choice of the WKU campus community for high quality services delivered by compassionate professionals. Working in collaboration with campus and community partners, Health Services staff provides programs and services that assist the WKU campus community in holistic development.

#### **Housing and Residence Life**

Office: Southwest Hall 12

Phone: (270) 745-2037, Fax: (270) 745-6129

For many years, it has been said that living on campus contributes to the academic success of students. This could be related to several factors: close proximity to classes and campus resources, living learning communities that focus on group learning, and a sense of belonging that comes from involvement in campus activities.

# Office of Institutional Diversity and Inclusion

Office: 425 Potter Hall

Phone: (270) 745-5066, Fax: (270) 745-5273

The Office of Institutional Diversity and Inclusion will serve as a resource and change agent in pursuit of our core values; Diversity, Social Justice, Leadership Development and Intellectual Growth. The Office of Institutional Diversity and Inclusion (OIDI) is intentional in its service delivery (i.e., leadership workshops, mentoring, co-operations, collaborations, etc.,) and our programs (i.e. lectures, speakers, forums, etc.) will be marketed university wide for the benefit of the entire WKU population. The Office of Institutional Diversity and Inclusion will be nationally recognized for incorporating diversity into the total educational experience of Western Kentucky University.



# Campus Resources, continued

#### Office of Scholar Development

Office: Honors Annex

Phone: (270) 745-5043, Fax: (270) 745-3568

The Office of Scholar Development (OSD) is committed to helping students on all campuses and in all majors and degree programs develop the vision, experience, and skills to be independent, engaged scholars. OSD encourages research and creative activities and helps WKU students achieve locally, nationally, and internationally. Beyond assisting students to conceptualize a research/creative agenda, OSD supports students throughout the process of finding and applying for scholarships, internships, and a variety of post-graduation opportunities. From grants to graduate school, OSD staff members will work with individual students to write strong applications and proposals.

#### Preston Health & Activities Center

Office: Raymond B. Preston Health and Activities Center

Phone: (270) 745-5217, Fax: (270) 745-6530

The Raymond B. Preston Health & Activities Center on Western Kentucky University's campus offers students, faculty, and staff one of the finest campus recreation facilities in the country. Constructed in 1992, the Preston Center added a new dimension to recreational activities, intramural-sports, and open recreation for the university community. Components of the Preston Center include a new fitness center, gymnasium, dance studio, racquetball courts, swimming pool, a pro-shop, the Outdoor Recreation Adventure Center, a Health & Fitness Lab, and many other features.

#### **Student Disability Services**

Office: Downing Student Union Annex Phone: (270) 745-5004, Fax: (270) 745-6289

The goal of the Office for Student Disability Services is to ensure that all students with disabilities are provided access to all facets of the Western Kentucky University experience, to facilitate and coordinate support services and programs that enable students with disabilities to maximize their educational potential, and to increase awareness among all members of the University so that students with disabilities are able to achieve academic success based on their abilities, not their disabilities.

#### **Student Financial Assistance**

Office: 317 Potter Hall

Phone: (270) 745-2755, Fax: (270) 745-6586

Although it is the responsibility of the student and his or her family to pay for an education, WKU is committed to assisting its students with the financial burden of higher education. In fact, more than half of all students at Western receive some sort of financial aid through programs including scholarships, grants, loans, and part-time employment. All of these may be awarded in various combinations and amounts to help meet educational needs.

### Study Abroad and Global Learning

Office: Grise Hall 128

Phone: (270) 745-5334, Fax: (270) 745-2883

Everyone is different in what they need from their study abroad experience. Some students dream of one particular country, others let the needs of their major decide the right program for them and many students just know that they want to be ready for a globalized economy. Fortunately, WKU's Office of Study Abroad and Global Learning has the resources to help everyone find the right place.



# Semester Registration Sheet

Circle, highlight, or write down the name of the classes you are interested in taking for the spring semester! Check off any classes you have already earned credit for or are currently enrolled in for the fall.

Category A: Organization and Communication of			Math (based on	Math (based on		
Ideas (12-15 hours	)		choice of major)	3 or 4		
Requirement	Credits	Course				
ENG 100	3					
ENG 300 (Junior/						
Senior Year)	3		Category E: World	Cultures and	l American Cultural	
Foreign Language 101 3			Diversity (3 hours)			
Foreign Language	102 3		Requirement	Credits	Course	
COMM 145 or 161	3		World Cultures	3		
Category B: Huma	nities (9 hour	s)	Category F: Health	and Wellnes	ss (2 hours)	
Requirement	Credits	Course	Requirement		Course Course	
Literature	3		Health and Wellnes			
Elective	3	<del></del>	Treatment of the Control	55 10		
Elective	3					
				Potential Majors/Minors of Interest:		
Category C: Social						
Requirement	Credits	Course				
HIST 119 or 120	3					
Elective	3	,				
Elective	3		Other classes of in	terest:		
Category D: Natur	al Sciences an	nd Mathematics				
(minimum 9 hours	s)					
Requirement	Credits	Course	Dovolonmental Cl	2606.		
Science	3		Developmental Cla	a5565		
Science	3					
Science I ah	0-1					

# MAP-Works

#### What is MAP-Works?

MAP-Works is a program at WKU that allows some of the faculty and staff members you regularly see and engage with the opportunity to better serve you here at WKU. We want to make sure you are successful and that you have the tools necessary to do so.

This online survey will help identify any habits you may have developed here at WKU in regards to time management, study skills, and basic academic behavior, and help realign your behavior toward your goals. You will also be able to see how you compare to your peers at WKU in many different areas. In a nutshell, MAP-Works will help you to be successful here at WKU!

### What can MAP-Works do for you?

It can get you connected to areas on campus you would have never even dreamed about! Did you know we have over 300 student organizations here on campus? Or that you can create your own? What about the fact that we have free tutoring in many of the courses you are enrolled in, or that we offer workshops in skills such as Basic Computer Skills, Time Management, Study Skills, Test Anxiety and more? MAP-Works helps identify resources and individuals on campus that you should be connecting with to support your journey here at WKU.

#### So who might contact you?

Your advisor will be talking to you about your results during your advising sessions and you might receive an email from your Hall Director if you're living on campus. Additionally, your University Experience instructor may include this as an assignment in class. Special offices across campus such as Career Services, WellU, Military Student Services, and more may be contacting you about their services that would benefit you. For example: if you tell us in the survey that you need help with writing a resume, Career Services will see that information and then contact you about upcoming programs or workshops on resume writing or even schedule a one-on-one session with you.

#### When do you take the survey?

The survey will be launched on September 9 and will close on September 22. This means you have 2 weeks to take a survey that you can complete in about 15-20 minutes. Don't forget, you could win scholarships, Big Red Dollars, or other prizes that different Departments across campus are giving away just for taking your survey!

#### Who can I contact for more information about MAP-Works?

If you have questions about MAP-Works, contact Lindsey Gilmore, Coordinator for Retention Applications and Outreach at lindsey.gilmore@wku.edu, or 270-745-4193.



