Alzheimer’s Disease
Researchers are now investigating the role of gum disease in the development of Alzheimer’s Disease.

Rheumatoid Arthritis
The causes of gum disease and RA may be related. One doesn’t cause the other, but when one is present the other is more likely to be going on. If your gums are inflamed you may be at increased risk for developing RA.

Obesity – Being overweight has been linked with an increased risk for cardiovascular disease, diabetes and gum disease. If you are overweight you should be tested for gum disease, diabetes and cardiovascular disease.

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Special Concerns for Females

Any family history of diabetes? □yes □no
Have you had any of these warning signs of diabetes?
□frequent urination □excessive thirst
□excessive hunger □weakness and fatigue
□slow healing of cuts □unexplained weight loss

IF YOU HAVE DIABETES,
How is your diabetes control? □good □fair □poor
When was your last A1c_________What score?________
Who is your physician for diabetes?_________________

Have you ever been diagnosed with Rheumatoid Arthritis?
□yes □no
If you have rheumatoid arthritis, emerging research suggests that eliminating any gum disease and then keeping it at bay can lessen the crippling effects of arthritis.

Are you overweight? We can calculate your weight status by using Body Mass Index (BMI) and waist size.

BM I= (703 x weight)/(height)^2
18.4 or below Underweight
18.5 to 24.9 Healthy weight
25.0 to 29.9 Overweight
>30.0 Obese
Healthy waist size
Male less than 40”
Female less than 35”

What is your current weight________________
What is your current height______________
What is your current waist size____________
Do you eat a balanced diet? □yes □no

Do you have a family history of Alzheimer’s Disease? □yes □no

FEMALES
Tell us if you are or are planning to become pregnant. Gum disease can make it up to eight times more likely that you will have a pre-term, low birth weight baby. You can greatly reduce the likelihood of having an adverse pregnancy outcome by finding out if you have gum disease and then doing whatever is necessary to eliminate it before you get pregnant. It is also important to make sure your gums are inflammation free while you are pregnant.

Do you have osteoporosis? □Yes □No □Don’t know

These following are risk factors for osteoporosis:
Post-menopausal    Family history of osteoporosis    Early menopause
Rheumatoid Arthritis    Inadequate exercise
Smoking

Do you any risk factors for osteoporosis? □Yes □No
Have you ever been tested? □Yes □No