

Program of Study: Clinical Mental Health Counseling (CMHC)

2½, 3½, 4½ Years (60 hours)

Possible options for Elective Courses are noted in red font; some are offered pending faculty availability and course enrollment.

Electives note included may be offered during the winter term or sought outside of the Department.

Only the Addictions Education courses are offered fully online. Seek advisor approval to confirm elective choices.

A grade of B or better is required in CNS 591 and both sections of CNS 596 to meet graduation requirements. In order to register for CNS 591, a B must be earned in the following 5 courses: CNS 554; CNS 555; CNS 558; CNS 559; CNS 560. Intensive Weekends are scheduled during CNS 559 (First weekend in November) and 554 Course (First Weekend April).

2 ½ year plan	3 ½ year plan	4 ½ year plan
Spring 1	Spring 1	Spring 1
CNS 554 Group Counseling CNS 557 Human & Family Dev CNS 558 Theories of Counseling CNS 567 Diagnosis & Treatment	CNS 554 Group Counseling CNS 557 Human & Family Dev CNS 558 Theories of Counseling	CNS 554 Group Counseling CNS 558 Theories of Counseling
Summer 1	Summer 1	Summer 1
CNS 556 Dev Career Counseling CNS 592 Crisis Counseling Elective CNS 568 (SC); CNS 569	CNS 556 Dev Career Counseling CNS 592 Crisis Counseling	CNS 556 Dev Career Counseling
Fall 1	Fall 1	Fall 1
CNS 555* Social & Cultural Diversity CNS 559* Techniques of Counseling CNS 560* Professional Studies CNS 588 Family Systems Counseling	CNS 555 Social & Cultural Diversity CNS 559 Techniques of Counseling CNS 560 Professional Studies	CNS 559 Techniques of Counseling CNS 560* Professional Studies
Spring 1	Spring 2	Spring 2
CNS 552 Testing & Assessment Elective CNS 590 (SC, CMHC-Residential only); CNS 647°/667°; CNS 583°/606°	CNS 552 Testing & Assessment CNS 567 Diagnosis & Treatment Elective CNS 590 (SC, CMHC-Residential only); CNS 647°/667°; CNS 583°/606°	CNS 557 Human & Family Dev CNS 567 Diagnosis & Treatment
Summer 1	Summer 2	Summer 2
CNS 591 Practicum	CNS 591 Practicum	Elective CNS 568 (SC); CNS 569
Fall 2	Fall 2	Fall 2
CNS 598 Research & Program Eval CNS 596 Internship 1 CNS 637 Theories of Addiction Elective CNS 548 (SC)	CNS 598 Research & Program Eval CNS 596 Internship 1 CNS 588 Family Systems Counseling	CNS 555 Social & Cultural Diversity CNS 588 Family Systems Counseling
Spring 2	Spring 3	Spring 3
Elective CNS 549 (SC); CNS 647°/667°; CNS 583°/606°; CNS 583°/606° CNS 596 Internship 2	CNS 596 Internship 2 Elective CNS 549 (SC); CNS 647°/667°; CNS 583°/606°	CNS 552 Testing & Assessment Elective CNS 590 (SC, CMHC-Residential only); CNS 647°/667°; CNS 583°/606°
	Summer 3	Summer 3

Elective CNS 568 (SC); CNS 569	CNS 591 Practicum
Fall 3	Fall 3
CNS 637 Theories of Addiction Elective CNS 548 (SC)	CNS 598 Research & Program Eval CNS 596 Internship 1
	Spring 4
	CNS 596 Internship 2 Elective CNS 549 (SC); CNS 647^e/667^o; CNS 583^o/606^e
	Summer 4
	CNS 592 Crisis Counseling
	Fall 4
	CNS 637 Theories of Addiction Elective CNS 548 (SC)