

Department of Counseling & Student Affairs Practicum in College & Career Readiness **Portfolio Checklist**

Stud	udent Information	
Nan	lame WKU	ID (800#)
Terr	erm & Year	
A Whathe fo	racticum Portfolio Checklist WKU Practicum Portfolio must be maintained throughout the ser e following completed and signed documents from the current tel both the group supervisor and Clinical Coordinator in order to re ortfolio should include the following documents in the order in whi	rm as a single electronic pdf file and emailed ceive a passing grade for the course. The
	Practicum Site and Supervision Contract Site Information Form (part of the contract; see approved sites webpage for Weekly Hours Logs (for each week signed weekly) Total Hours Summary Log Site Supervisor Midterm Evaluation (completed by Site Supervisor) CCR Self-Reflection Scale Midterm (completed by student) Site Supervisor Final Evaluation (completed by Site Supervisor) CCR Self-Reflection Scale Final (completed by student) Intern Evaluation of Supervisor (completed by student)	SIF)



Department of Counseling & Student Affairs Practicum in College & Career Readiness Site & Supervision Contract

Stu	dent Information		
Na	me		WKU ID (800#)
Top	oper Email		Phone
Pro	ogram		Faculty Advisor
Clin	ical Term & Site Ir	nformation	
Pra	acticum Term	Spring	Year
Со	ntract Dates: From		То
Site	e Name		
Site	e Supervisor		
Fac	culty Supervisor		
		ervision Contract Ch ct to be considered co	ecklist emplete, submit all of the following documents electronically.
	Complete and sub	omit <i>Practicum Site</i> &	Supervision Form (this form)
		e it if necessary. This v	iformation Form; review this form for accuracy and have the site will provide the details of your site and site supervisor information
			NS 503 syllabus and are familiar with the roles and t, faculty group supervisor, site supervisor, and clinical
	Confirm that you I Audio) to meet HI		nply with the Department policy on Security of Media (Video and
Inte	ern's Signature		Date
Site	e Supervisor's Sign	ature	Date
Fac	culty Supervisor's S	Signature	Date
Clir	nical Coordinator's	Signature	 Date



Department of Counseling & Student Affairs Practicum in College & Career Readiness CCR Site Information Form

Agency Information

Agency Name (& program name)		
Physical address (street, city, state, zip)		
Phone		Website
Description of the site an	d CCR counseling/coachin <mark>ç</mark>	g opportunities during practicum
Characteristics of the po	pulation receiving services	at this site
Primary CCR counseling/	/coaching strategies used a	at this site
Professional developmen	nt opportunities available at	t this site
Days and times facility is	open for students to see cl	lients
Directions to site		
Application instructions i	including site representative	re contact information

Practicum Requirements Met Indicate the site requirements that your agency will be ab	ulo to accommodato				
indicate the site requirements that your agency will be ab	ne to accommodate.	Yes	No		
Direct & Indirect Hours Throughout practicum, students must complete at least 100 total clock hours over the semester (minimum 7 hours on site weekly). At least 40 clock hours must be in direct service with actual students/clients that contributes to the development of their CCR skills.					
Video Recording Students are required to video tape their work to show du Students may videotape and show their sessions					
Students may audiotape and show their sessions	with clients.				
Audio/videotaping equipment is available onsite for (if No, interns must provide their own equipment).					
Clinical Supervision A qualified site supervisor is available to provide individual/triadic supervision for at least 1 hour each week, provide regular feedback to interns, complete midterm and final evaluations, and consult with faculty supervisors as necessary. Site Supervisor Site Supervisors must be appropriately experienced relevant to CCR issues.					
Name	Highest earned degree				
Job title	Licenses/Certifications				
Work phone	License number & date				
Work email	Years of CCR related experience				
Professional experiences (minimum 2 years required))				
Supervision training and experiences					

Date completed

Please return this form and direct questions to the CCR Faculty Supervisor.

Form completed by



Student's Name

Department of Counseling & Student Affairs Practicum in College & Career Readiness CCR Site Supervisor Evaluation

Term & Year

Site Supervisor Dates of Evaluation	Dates of Evaluation						
Directions: At mid-term and the conclusion of each semester, please rate the student cand abilities according to the following scale:	n the	follo	win	g sk	ills		
 (1) Need continued practice: no skill, unhelpful or not well-timed skills (2) Developing skill: somewhat helpful, missed many opportunities (3) Well developed: helpful and well-timed skill when performed, but not consister (4) Highly developed: helpful, well-timed, and consistently well-performed skill (NA) Insufficient experience to judge 	ntly sn	noot	h				
Attending	1	2	3	4	NA		
Body Language & Appearance. Maintain open, relaxed, attentive, confident posture. Wears professional attire.							
Eye Contact. Maintain appropriate eye contact.							
Vocal Tone. Use vocal tone that communicates caring and connection							
Minimal Encouragers. Use verbal (e.g., uh huh, okay, right, yes) and nonverbal (e.g., nods, body gestures) skills to let the student* know you heard them.							
Appropriate Silence . Use silence in a helpful way to encourage student to talk and process their thoughts.							
Verbal Tracking. Stay on topic. Repeats key words or phrases.							
Selective Attending. Selectively attend to key aspects of their communication.							
Focusing. Stay with topic as long as productive.							
Observation Skills. Notice nonverbal language and gestures.							
Basic Listening							
Encouraging Student/Client to Talk. Use statements (e.g., describe tell me more, etc.) to encourage expansion and clarification.							
Reflection – Basic Empathy. Use statements to attend to <i>expressed</i> emotions.							
Reflection – Advanced Empathy. Use statements to identify <i>implied</i> emotions.							
Paraphrasing (Reflection of Content). Engage in brief, accurate, & clear rephrasing of content expressed to check for accuracy of your interpretation.							
Summarizing. Summarizes at key moments to capture the overall sense of what the student has been expressing over time (content and emotions).							
Challenging/Pointing out Discrepancies. Express observations of discrepancies between non-verbals and verbals, plans and behavior, desires and actions (e.g., they say one thing but do another).							

^{*}student refers to the primary clients; however, it can also refer to work with a client, parent, other professionals, etc.

CCR-Related Content			3	4	NA
Identifying Key Content. Identifies primary student CCR concerns and other relevant concerns. Clarifies with the student for accuracy.					
Observing Themes and Patterns. Identify more overarching patterns of student's thoughts or behaviors that may be related to the CCR concern ("In situations, you regularly do [or think or feel] which seems to lead to which causes you problems.")					
Exploring Meaning and Values. Use questions to explore meanings; use statements to highlight key meaning and value words of the student that can allow them to gain helpful insights and clarity about their situation.					
Contextual Background. Understands the student's background including their demographics, culture, family, and other factors affecting their decisions.					
Assessing . Understands what the student presents but is able to step back and develop an insightful assessment of their situation on a larger scope.					
Goal Setting . Helps the student identify realistic and achievable short and long term goals given their concerns, barriers, resources, and motivations.					
Self-Critique . Ability to honestly explore lessons learned, areas for improvement, personal thoughts or feelings, and self-care practices.					
Openness to Feedback . Willing to request, hear, and apply feedback to enhance the work with students/clients.					
Knowledge and Application . Has a solid CCR knowledge with the ability to apply it in individual or group sessions with students, clients, parents, and others.					
What are the intern's areas of strength?					
In what areas does the intern need to continue growing?					
What is your plan to help them improve on the areas for needed growth?					
Student Counselor Signature Date	·				
Site Supervisor Signature Date	· —				
Site Supervisor Signature Date)				

Intern's signature indicates that they have read the above report and have discussed the content with the site supervisor. It does not necessarily indicate that they agree with the report in part or in whole.



Student's Name

Department of Counseling & Student Affairs Practicum in College & Career Readiness CCR Self-Reflection Scale

Term & Year

Faculty Supervisor Date	Faculty Supervisor Dates of Evaluation					
Directions: Please rate yourself on the following skills and abilities	s according to the follow	wing	sca	le:		
 (1) Need continued practice: no skill, unhelpful or not well-timed skills (2) Developing skill: somewhat helpful, missed many opportunities (3) Well developed: helpful and well-timed skill when performed, but not consistently smooth (4) Highly developed: helpful, well-timed, and consistently well-performed skill (NA) Insufficient experience to judge 						
Attending		1	2	3	4	NA
Body Language & Appearance. Maintain open, relaxed, att posture. Wears professional attire.	entive, confident					
Eye Contact. Maintain appropriate eye contact.						
Vocal Tone. Use vocal tone that communicates caring and communicates care care care care care care care care	connection					
Minimal Encouragers. Use verbal (e.g., uh huh, okay, right, (e.g., nods, body gestures) skills to let the student* know you						
Appropriate Silence. Use silence in a helpful way to encour and process their thoughts.	age student to talk					
Verbal Tracking. Stay on topic. Repeats key words or phras	es.					
Selective Attending. Selectively attend to key aspects of the	eir communication.					
Focusing. Stay with topic as long as productive.						
Observation Skills. Notice nonverbal language and gesture	S.					
Basic Listening						
Encouraging Student/Client to Talk. Use statements (e.g., more, etc.) to encourage expansion and clarification.	describe tell me					
Reflection – Basic Empathy. Use statements to attend to e	xpressed emotions.					
Reflection – Advanced Empathy. Use statements to identif	y implied emotions.					
Paraphrasing (Reflection of Content). Engage in brief, acc rephrasing of content expressed to check for accuracy of you	•					
Summarizing. Summarizes at key moments to capture the of the student has been expressing over time (content and emo	tions).					
Challenging/Pointing out Discrepancies. Express observations discrepancies between non-verbals and verbals, plans and bactions (e.g., they say one thing but do another).						

^{*}student refers to the primary clients; however, it can also refer to work with a client, parent, other professionals, etc.

CCR-Related Content	1	2	3	4	NA
Identifying Key Content. Identifies primary student CCR concerns and other relevant concerns. Clarifies with the student for accuracy.					
Observing Themes and Patterns. Identify more overarching patterns of student's thoughts or behaviors that may be related to the CCR concern ("In situations, you regularly do [or think or feel] which seems to lead to which causes you problems.")					
Exploring Meaning and Values . Use questions to explore meanings; use statements to highlight key meaning and value words of the student that can allow them to gain helpful insights and clarity about their situation.					
Contextual Background . Understands the student's background including their demographics, culture, family, and other factors affecting their decisions.					
Assessing . Understands what the student presents but is able to step back and develop an insightful assessment of their situation on a larger scope.					
Goal Setting . Helps the student identify realistic and achievable short and long term goals given their concerns, barriers, resources, and motivations.					
Self-Critique . Ability to honestly explore lessons learned, areas for improvement, personal thoughts or feelings, and self-care practices.					
Openness to Feedback . Willing to request, hear, and apply feedback to enhance the work with students/clients.					
Knowledge and Application . Has a solid CCR knowledge with the ability to apply it in individual or group sessions with students, clients, parents, and others.					
What are your areas of strength?					
In what areas do you need to continue growing?					
What is your plan for improving on your areas for needed growth?					
Student Counselor Signature Date	e				
Faculty Supervisor Signature Date	e				



Department of Counseling & Student Affairs Practicum in College & Career Readiness Intern Evaluation of Supervisor

Student's Name Term & Year Site Name Dates of Evaluation Site Supervisor Faculty Supervisor							
Directions: Complete this form to: (1) to provide feedback for improving supervision; (2) provide insight to the department faculty about the effectiveness of site supervisors; and (3) to encourage communication between the supervisor and the intern. Please rate the supervisor based on how you felt about the supervision received according to the following scale:							
(1) Unsatisfactory, did not meet expectations(2) Below expectations(3) Satisfactory; meets expectations	(4) Above expectat(5) Outstanding(NA) Insufficient co		to ju	dge			
		1	2	3	4	5	NA
Gives time and energy in observations, tape review, and	case discussions.						
Accepts and respects me as a person.							
Recognizes and encourages further development of my	strengths						
Gives me useful feedback when I do something well.							
Provides the freedom to develop flexible and effective co	ounseling/coaching.						
Encourages and listens to my ideas and suggestions for	developing my skills.						
Provides suggestions for developing my counseling skills	S.						
Helps me understand the implications and dynamics of t	he approaches I use.						
Encourages me to use new and different techniques who	en appropriate.						
Is spontaneous and flexible in the supervisory sessions.							
Helps me define and achieve specific concrete goals for practicum experience.	myself during the						
Gives me useful feedback when I do something wrong.							
Allows me to discuss problems I encounter in my practic	um setting.						
Pays appropriate amount of attention to both me and my	students/clients.						
Focuses on both verbal and nonverbal behavior.							
Helps me define and maintain ethical behavior in working	g with students.						
Encourages me to engage in professional behavior.							
Maintains confidentiality in material discussed in supervi	sory sessions.						
Helps me organize relevant case data in planning goals	and strategies.						
Offers resource information when I request or need it.							

		3	4	5	NA	
grov	wth)					
You are not required to share this with your site supervisor. However, you are encouraged to provide them with this evaluation or ongoing feedback throughout the semester as issues arise. Intern Signature Date Site Supervisor (Optional) Date						
	groven groven ge.	growth)	growth)	growth)	growth)	

^{*} Adapted from Boylan, Malley, & Petty Reilly (2001). Printed by permission from Dr. Harold Hackney, Assistant Professor, Purdue University. This form was designed by two graduate students based upon material drawn from Counseling Strategies and Objectives by H. Hackney and S. Nye, Prentice-Hall, Englewood Cliffs, NJ, 1973. This form originally was printed in Chapter 10 of the Practicum Manual for Counseling and Psychotherapy by K. Dimick and F. Krause, Accelerated Development, Muncie, IN, 1980.



Department of Counseling & Student Affairs Practicum in College & Career Readiness Intern Evaluation of Site

Student's Name Term & Year Site Name Dates of Evaluation						
Site Supervisor Faculty Supervisor						
Directions: Complete this form to provide insight to the department faculty about the effectiveness and experiences of your site. Please rate the site based on your experiences and opportunities according to the following scale:						he
(1) Unsatisfactory, did not meet expectations(2) Below expectations(3) Satisfactory; meets expectations	(4) Above expectations(5) Outstanding(NA) Insufficient to judge or not available.					
Site Effectiveness	1	2	3	4	5	NA
Amount of onsite supervision (minimum 1 hour weekly req	uired)					
Quality and usefulness of onsite supervision						
Relevance of experience to career goals						
Exposure to and communication of agency goals						
Exposure to and communication of agency procedures						
Exposure to professional roles and functions within the age	ency					
Exposure to information about community resources						
Site Opportunities Available to Assist Students						
Career exploration, decisions, and planning						
Administration and interpretation of CCR-related assessment	ents \square					
College exploration, decisions, preparation, and application	ns \Box					
Networking, job search preparation, internships/job shadov	wing \Box					
Goal and boundary setting						
Financial aid, scholarships, and other funding opportunities	S 🗆					
Individual counseling/coaching						
Group counseling/coaching						
Parent/family counseling/coaching						
Psychoeducational groups & activities						
Consultation & collaboration						
Career counseling						
Other:						
Overall Evaluation of Site						

Comments and suggestions a	about the site (i.e., strengths, areas for improve	ement)				
You are not required to share this with your site supervisor. However, you are encouraged to provide them with this evaluation or ongoing feedback throughout the semester as issues arise.						
Intern Signature		_ Date				
Site Supervisor (Optional)		_ Date				

Intern Evaluation of Site Revised 12/22/17

^{*} Adapted from Boylan, Malley, & Petty Reilly (2001).

Case Presentation 1 Template: Client Intake & Case Notes

Date					Age					
Student*	_				Gend	er	\square M \square	F 🗆 T 🗆 Otl	her	
CCR Intern (yo	ou)				_ Ethnic	city	☐ White	□Black □Hi	spanic □ <i>l</i>	Asian □Other
Referral source				SES		□ Low □	□ Mid □ Hig	ıh 🗆 Unkr	iown	
* do not use stud	dent's i	eal name for clas	ss assigr	nment						
Student's Current Education / Employment Information										
Student	□F	ull-time □P	art-time	e □No		Current gra	ade level			
Educational goals	onal □GED □ H.S. □ Trade □ AA/AS □BA/BS □Grad				Trade or profession goals		☐ Trade☐ Training complete☐ Profession☐ In progress			
Military goals	•				List trade or profession					
Employed ☐ Full-time ☐ Part-time ☐ No				Current job						
Employment issues	□ Y	es □ No	(describ	e below)		\$ Respons	ibility	☐Self only	☐ Suppo	rt others
Legal issues	□ Y	′es □ N	No (desc	cribe below)		Other issue	es	□ Yes	□ No (describe below)
Comments:										
Family / Social Relationships (check all that apply)										
Parent's Statu	IS	□Single		arried/Part		-		ed □Remarr		
Parent 1 High Education Completed	est	□K-5 □GED □ AA/AS	□6-8 □ H. □BA	S. 🗆]9-12] Trade]Grad	Parent 2 Educatio Complete	n	□K-5 □GED □ AA/AS	□6-8 □ H.S. □BA/BS	□9-12 □ Trade □ Grad
Parent 1 job						_ Parent 2	job			
Parent 1 goals	S	☐ College	□ Ca	areer 🗆	Other	Parent 2	goals	□ College	□ Care	er 🗆 Other
Stable living		□ Yes □ N	No □	Sometime	es	Financial	support	□ College	□ Care	er 🗆 None
Describe the personal relationship with each of the following people as it relates to their CCR goals? O Non-existent, 1 Challenged, 2 Mixed, 3 Supportive/close, Not applicable Frequency: Daily, Weekly, Monthly, Yearly, Rarely, Never										
		012	3 N	DWMY	'RN			0 1	2 3 N	DWMYRN
Mother						Step-fath	ier			
Father						Step-mot	ther			
Siblings						Partner				
Teachers						Coaches				
Other family						Friends				
Other:						Other:				
Most supportiv	ve rel	ationships								
Most challeng	ing re	lationships								

Scaling Questions		Worst 0 - 1 - 2 - 3 - 4 - 5	-6-7-8-9-10 Best
Participation	Progress	Participation Quality	Affect
□Active	☐Strong progress	□Attentive	□Appropriate
□Minimal	☐Some progress	□Sharing	☐Hyper-Active
□None	□Stable	□Supportive	□Excited
	□Regression	☐ Intrusive	□Anxious
	□None	□Monopolizing	□Depressed
Student Insight	□Other:	□ Resistant	□Elated
□Good		□Distracted	□Drowsy
□Minimal		□Other:	□Flat
□None			□Other:
CCR Issues Addressed	Summary		
□Exploration			
☐ Career decisions			
☐ Career assessment			
☐ Career planning			
☐ Job preparation			
□Networking			
☐Internship/Job shadow			
☐Interview prep			
☐College decisions			
☐College preparation			
☐College application			
□Financial aid			
☐Goal setting			
☐Boundary setting			
☐Family/friend issues			
□ Financial concerns			
□Other:			

Note: In the Summary box above, clarify any relevant aspects of the client's background not addressed or accurately explained in the checkboxes above. Briefly describe the student's primary CCR-related concern and other concerns that may impact that, your assessment of their situation, the CCR Goals developed, and anything that will limit or support their success. This should be 2-3 brief paragraphs; see the full case presentation template to guide your thinking for each area.



Department of Counseling & Student Affairs Practicum in College & Career Readiness Information and Consent Document

Permission to Videotape

l,	, hereby grant my permission	for ,
	n the Department of Counseling and Student Affairs a session on tape.	t Western Kentucky University, to
I understar	nd the following:	
My iTheThe discThe	participation is voluntary. identity will not be revealed. tape will be used for training purposes only. professor(s) and/or other trainee(s) who hear (or see cuss the tape outside of the training setting. student who conducts this session is bound by ethicatide of the training/educational setting.	·
With my ac purposes.	dditional permission, the professor may choose to kee	ep the tape for future training
	nd discharge the Western Kentucky University and th arising from the taping of the session.	e intern conducting the session from
Student/Cl	lient's Signature	Date
Student/Cl	lient's Signature	Date
Intern's Sig	gnature	Date



Department of Counseling & Student Affairs Practicum in College & Career Readiness Plan of Action for Course Completion

Student Information					
Name	WKU ID (800#)				
Home Phone	Cell Phone				
Topper Email	Other Email				
Program	Faculty Advisor				
Current Practicum Information					
Site Name					
Site Supervisor	Supervisor Faculty Supervisor				
Describe your reasons for seeking ar	ո Incomplete				
Describe your intentions for finishing	the course				
20001130 your micrisions for innermig	, and dediced				
Describe how you will follow through	ı with vour Site Supervisor				
, , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , ,				
Upon submitting this form, I understand	the following:				
	ally to my faculty supervisor/instructor and Clinical Coordinator. ny Faculty Supervisor/Instructor to discuss my request.				
	r is not required to accept the terms for an Incomplete. In such cases, I				
Intern Signature	Date				
Site Supervisor Signature	Date				
Faculty Supervisor Signature	Date				