

Why So Many Kentucky Children and Families Are Hurting



And How You Can Help People Through the Nonprofit **KVC Kentucky**

Challenges

Family Struggles & Childhood Adversity



- Poverty
- Incarcerated relative
- Domestic violence
- Lack of support network
- Divorce
- Educational attainment
- Unemployment
- Childcare needs
- Transportation needs
- Housing needs



17.2% of Kentuckians are in poverty, the **5th poorest** state in the U.S.



14.7% of households have hunger or food insecurity

These family challenges make it more difficult to meet children's basic needs.

Child Abuse & Neglect



- Physical abuse
- Emotional abuse
- Sexual abuse
- Physical or emotional neglect



100,000 reports of abuse each year

Nearly **9,800** children are in out of home care. The number recently reached a record high.

Kentucky has **highest rate of child abuse** in the nation



Abuse and neglect are types of trauma that often have long-term impacts on a child's brain development and health.

Mental Health Needs & Increased Suicide



- Depression
- Anxiety
- Suicidal thoughts
- Self-harm
- Trauma
- Other mental health disorders and crises



168,000 Kentuckians have severe mental illness



More than half go untreated

Adolescent suicide **increased 70%** between 2006 and 2016



Kentucky residents struggle with mental health issues at a higher rate than the national average. When untreated, illnesses like depression and anxiety can lead to substance use, suicidal thoughts and other health concerns.

Addiction & Substance Abuse



- Alcoholism
- Opioids (heroin and prescription painkillers)
- Other illegal drugs such as methamphetamines and cocaine
- Other substance abuse



5th highest rate of drug overdose in the country



Among **Top 10** states for opioid-related death

Substance use is a public health concern that affects communities throughout the state. Over half of those who experience substance use issues also have a co-occurring mental health disorder.

How KVC Kentucky is Helping

Family Strengthening Programs

KVC serves **12,000 children** and families each year



KVC provides in-home support to **7,041 children** in 3,100+ families

KVC helps safely maintain or reunite **96%** of children with their families

KVC provides in-home support to families experiencing mental health distress and trauma to help them safely stay together or reunite.

Prevention & Foster Care Programs

KVC foster families cared for nearly **50 children** and teens in foster care each year



KVC Kentucky assists in finding **forever families** for children & youth

KVC provides a safe place for a child while his/her family learns new skills and overcomes challenges to bring their child safely home. When that's not possible, adoption may be explored.

In-Home Behavioral Health Treatment



KVC helps **1,200+ children and adults** each year with community-based behavioral health treatment

KVC provides substance use and behavioral health treatment utilizing a wraparound approach to best meet each individual's unique needs. We work in families' homes, schools, and communities to support them in making healthy and positive changes.

Youth Substance Use Treatment

KVC provides substance use treatment to nearly **90 youth** each year



KVC provides evidence-based substance abuse assessments and treatment to youth in need. Our walk-in clinic provides immediate assistance to youth and directs them to the treatment that will best meet their needs.

How You Can Help Make a Difference

Donate or Volunteer



Donate
We welcome financial donations, in-kind giving and much more. We are a 501c3 nonprofit, so your donation is tax deductible.

Volunteer
Join us in achieving our mission by becoming a volunteer. We are always looking for caring, talented volunteers who can enhance our work with children and families across Kentucky.

Become a Foster Parent!



Nearly **9,800** children are in out of home care, and you can change a child's life by becoming a foster parent! Fostering provides a child who has experienced abuse or neglect with a safe, loving environment. On top of this, it gives you the opportunity to show a child the love and care they deserve while growing emotionally, mentally and spiritually as you teach life skills and give support.

Join Our Team



Do you have a passion for helping others? Are you a problem solver and a team player? If so, we're looking for smart, caring individuals like you to **join our team!**

Advocate for Children and Families



Spread the word about our mission to enrich and enhance the lives of children and families by sharing our social media posts, subscribing to our blog, and joining our mailing list.

KENTUCKY CHILDREN & FAMILIES NEED YOU! Get Involved Today.

Visit kvckentucky.org and follow us on Facebook.

 **KVC Kentucky**