

Refer a Youth or Adult to Virtual Therapy Services



Compassionate Care

We serve individuals experiencing depression, anxiety, suicidal thoughts, substance use, child behavior challenges and more. Our professionals provide therapy services to youth and adults throughout Kentucky.



Individuals are matched with a caring therapist who listens to you and is readily available at convenient times that work for them. Services are offered over the phone or virtually with the use of an internet-capable device. Our services are intended to help people better manage life's challenges, improve relationships and experience a sense of peace and purpose.

What's Needed to Participate?

- Device such as computer, cellphone with camera and internet access. If technology is a barrier, please let us know and we will try to find a way to assist you.
- Confidential space

We understand that life is busy and it can be difficult to get to appointments in an office. KVC Kentucky works to find ways to make services accessible and is excited to offer virtual therapy to eliminate the barriers to accessing needed care and support.

Medicaid and most insurance accepted.

To make a referral visit [kvckentucky.org](https://www.kvckentucky.org) or call us at **(859) 254-1035**

Hear what our staff have to say about working with clients through telehealth

"Initially, transitioning to telehealth was a bit of a learning curve for both myself and my clients — all in the midst of adjusting to abrupt changes due to the pandemic. I found that with flexibility and working closely with our KVC team, supervisors, and school personnel, we were able to navigate these changes and equip our clients with resources needed in a timely manner. Telehealth has made it easier to incorporate school personnel into team meetings and discussions around services and care for our clients."

"As a KVC Case Manager, I have experienced a lot of success with meeting my clients' needs through telehealth. My clients have adapted well and have benefited by continuing their mental health services in the comfort and safety of their home without exposing themselves and their family to potential health risks from meeting face-to-face."

"Telehealth has been a great way to connect with my clients to bring normalcy back to both mine and their routines."

"People need us now more than ever to continue providing support and stability, and I am grateful we have this platform so we can continue to serve others."



All programs are licensed in the Commonwealth of Kentucky and accredited by The Joint Commission.

KVC is a 501(c)3 nonprofit child welfare and behavioral healthcare organization.