

CHHS

Alumni Spotlight

Faith Boldt

Masters in Public Health
Health Education Concentration, August '16



Why did you choose Masters in Public Health, Health Education major?

I graduated with my Masters in Public Health (MPH) in Health Education in August 2016. Health is much more than diseases or the absence of diseases. Health is multicomponent. I chose Public Health because it ties together so many parts of health such as prevention, education, planning, evaluation, and health disparities-to name just a few.

Can you list the activities, organizations, etc. that you were a part of at WKU?

I was a member of the WKU chapter of KPHA (Kentucky Public Health Association).

How did WKU prepare you for life after college?

WKU helped me to develop and hone my leadership skills. WKU also gave me numerous opportunities to develop and expand my teamwork skills.

WKU is a wonderfully diverse campus; be a part of it.

What are you doing now?

In December, I was hired as the Regional Epidemiologist for the Pennyrile District Health department in Kentucky. My main responsibilities include surveillance of reportable diseases for the nine county region and investigator for disease outbreaks for the region.

Any advice to current WKU students and/or Nutrition/Dietetics, Spanish major students?

Don't just hang out or study with people just like you. WKU is a wonderfully diverse campus; be a part of it. Be brave. Befriend people who are from different races, countries, and religions.
