PE 323  Adapted Physical Education

Instructor:  Mrs. Doris Miller
Office  Smith Stadium 1026
Telephone  (270) 745-3327
Email  doris.miller@wku.edu
Office Hours  9-11 Mon-Fri

Credit Hours  1 hour in conjunction with the Secondary Block

Course Description  This course develops a knowledge of current concepts and trends in adapted physical education and the ability to assess, plan, and implement a physical education program designed to meet the unique needs of individuals.

Course Objectives  Students successfully completing this course will:

1. Learn current concepts and trends in adapted physical education
2. Be able to demonstrate the ability to assess physical education abilities of a student requiring adapted physical education
3. Be able to demonstrate the ability to successfully implement an adapted physical education program to a student with a disability
4. Understand the influence of selected diseases, conditions, or disabilities on the learning and performance of physical education activities
5. Be able to demonstrate the ability to modify physical education activities to meet student needs and abilities
6. Be able to demonstrate a knowledge of sport opportunities available to students with disabilities
7. Understand ways to modify teaching methods to meet unique student needs
8. Understand ways to demonstrate a positive attitude when teaching a student with a disability
9. Be aware of unique functions required to implement a program in an inclusive setting

Course Outline  The following is a tentative outline for the course. Parts I, II, and III are required topics. Topics in parts IV, V, and VI will be selected and covered to the extent indicated by the course instructor.

I. An introduction to adapted physical education and sport
A. Definitions
B. History
C. Relevant court cases and laws
D. Contemporary status

II. Planning and developing an individualized adapted physical education program
   A. Components of an individualized education program (IEP)
   B. Measuring and assessing students
   C. Alternative instructional placements in physical education and sport
   D. Teaching in the inclusive setting

III. Instructional and behavior-management strategies
   A. General educational styles and strategies
   B. Teaching styles and adapted physical education
   C. Ways of facilitating skill acquisition
   D. Behavior-management approaches emphasized in adapted physical education

IV. Children and youth with unique needs
   A. Intellectual disabilities
   B. Learning disabilities and attention deficits
   C. Behavioral disorders
   D. Pervasive developmental disabilities
   E. Visual impairments
   F. Deafness
   G. Cerebral palsy, stroke, and traumatic brain injury
   H. Spinal cord disabilities
   I. Amputations, dwarfism, les autres
   J. Other health impaired
   K. Students without disabilities with unique needs

V. Developmental areas
   A. Physical fitness
   B. Motor development
   C. Perceptual-motor development
   D. Early childhood adapted physical education

VI. Activity areas and adapted physical education
   A. Team sports
   B. Individual, dual, gymnastic, and adventure
   C. Aquatics
   D. Rhythmic movement and dance
   E. Others
Required Text

Course Requirements
The requirements of this course include attendance, quizzes, exams, and a final exam; IEP/practicum assignment; and a writing project. Weightings for assignments are as follows
• Exams/final 50%
• IEP/practicum 25%
• Writing project 15%
• Practice-teaching 10%

Attendance
The nature of the block course requires that all students be present and fully participating during all class meetings and assigned teachings. Missing an exam or teaching assignment requires a medical note for make-up. If an illness or university related business requires you to miss more than 15% of the class meetings, the matter will be directed through the WKU office of student affairs. The following will result in the lowering of the student’s grade by one letter:
  1. More than two absences.
  2. Arriving late is unacceptable. Two lates equal one absence.
  3. Failure to attend practicum experiences with a phone call to: (a) the school physical education teacher, and (b) your teaching partner, and (c) your university supervising teacher. You must also show a written doctor’s note or documented personal emergency.

** Disregard of these policies will result in a consultation with the university supervisor and possible dismissal from the block with a grade of “F”

Head Gear/Cell Phones: No head gear or cell phones are permitted in class.
Turn off your cell phone in class!

Class Projects
IEP/practicum: Each student in the course must successfully develop and implement an IEP for a student with a disability and a unique physical education need. Implementation of the IEP will take place in the practicum developed for the course. Criteria for grading the IEP and the students’ teaching in the practicum will be communicated in the first meeting of the course.

Writing projects: Each student must write one paper on a topic approved by the course instructor. For the purpose of this assignment, papers must follow APA format and consist of between 10 and 20 double-spaced pages. Students must consult and review primary periodicals. They must also review books related to
adapted physical education. Criteria for evaluation will include content, logic, scholarship, and literature review (including, but not limited to, the citing of at least 10 references in periodicals associated with adapted physical education). Students not adhering to these requirements will be marked with a C or lower grade for the writing assignment. This assignment is due before class April 25 in Blackboard.

**Practice-teaching:** Students will have the opportunity to participate in various practice-teaching opportunities. Lesson plans will be written to cover the objective, set induction, content, lesson closure and the adaptation.

**Course Disposition Statement:** This course is included in the elementary block which is an integration of course content that involves curriculum pedagogy and elementary methods (i.e. taken concurrently with PE 320, PE 321, PE 322 and PE 323). These experiences primarily take place in a public school setting. This will provide a more stimulating and meaningful educational experience.

**Plagiarism Policy:** To represent ideas or interpretations taken from another source as one’s own is plagiarism. Plagiarism is a serious offence. The academic work of students must be their own. To lift content directly from a source without giving credit is a flagrant act. To present a borrowed passage after having changed a few words, even if the source is cited, is also plagiarism.

**Student work may be checked using plagiarism detection software.**

**Dress requirements:**

- **At WKU:** You are expected to dress for movement on the days we are in the gym. Tennis shoes are required. The waist size of your pants should not inhibit your movement.

- **During all visits to the schools:** the student is required to wear shirts with WKU logos or collared shirts with no logos. Shorts must be above the knee and at least mid-thigh in length. Pants and shorts must fit at the waist or be belted. Clothes must have the appearance that care has been taken to appear professional (i.e. use an iron). Good grooming is another quality of professionalism expected in the schools (i.e. brush your hair, shave, wear only one small earring in each ear (females), no earrings for males, make attempts to cover tattoos)

**Exams** will be multiple choice, true/false, and short answer format.

“In compliance with university policy, students with disabilities who require accommodations (academic adjustments and/or auxiliary aids or services) for this course must contact the Office for Student Disability Services in DUC A-200 of the Student Center in Downing University Center.”
“Please do not request accommodations directly from the professor or instructor without a letter of accommodation from the Office for Student Disability Services.”
A criminal check, TB test, and a health screening are required prior to any work in the schools.