

Western Kentucky University, College of Health and Human Services
Department; Kinesiology, Recreation, & Sport

Course Number & Title: Teaching Strategies in Physical Education (Spring)

Course Prefix and Number: KIN 520 WKU On Demand

Catalogue Description: This course involves the study and application of the teaching skills, strategies and instructional formats utilized in the elementary, middle, and high school physical education setting.

Prerequisites: Graduate Status at WKU

Instructor: Dr. Keri Esslinger

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Text and Resource Materials:

Metzler, Michael W. (2011). Instructional Models for Physical Education (**3rd ed.**) (Required).

Suggested Readings:

AAHPERD. Moving into the Future: National Standards for Physical Education (current edition.)

Graham, George. Teaching Physical Education: Becoming A Master Teacher (current edition.)

Mosston, Muska and. Ashworth, Sara. Teaching Physical Education (current edition.)

Rink, Judith E. Teaching Physical Education for Learning (current edition.)

Siedentop, Daryl and Tannehill, Deborah. Developing Teaching Skills in Physical Education (current edition.)

Course Objectives:

Upon completion of this course, the student should be able to:

1. Students will demonstrate an understanding of national and state curriculum and instruction performance expectations.
2. Students will demonstrate an understanding of the research informed teaching skills and strategies.
3. Students will demonstrate an understanding of the theory and foundations of Model-Based Instruction (MBI) in physical education.
4. Students will demonstrate the ability to develop instructional and assessment plans for Model-Based units of instruction involving developmentally appropriate physical education activities.
5. Students will demonstrate the ability to effectively implement developmentally appropriate units of Model-Based Instructional activities.
6. Demonstrate knowledge about developmental differences as it relates to gender and special populations.
7. Demonstrate knowledge about the modification and adaptation of activities based on age and skill level.

Evaluation:

Course Grading/Evaluation:

Chapters 1–7315 points

Chapters 8-15680 points

Final Project Unit Plan.....325 points

GRADING SCALE:**90-100% A****80-89% B****70-79% C****60-69% D**

59% below F

Assignment Submission:

Each assignment needs to be submitted via document attachment, specifically using word or saving as a PDF and attaching. Journaling assignments are to be completed in the journal and you should not attach any entries.

Course Assignment Breakdown**Part 1 point Breakdown (315 pts.) Covers Chapters 1-7**

- Reading Assessments (7) - 25pts each
- Learning Activities (7) - 10pts each
- Journaling - (7) 10pts each

Part 2 point Breakdown (680 pts.) Covers Chapters 8-15

- Reading Assessments (7) - 25pts each
- Lesson Plans (8) - 5pts each
- Unit Plan Assessments (8) - 25pts each
- Journaling - (7) 10pts each

Final Project Breakdown (325 pts.) – Two week Unit Plan

- Cover Page - 5
- Rationale - 15
- Major Learning Goals - 15
- State and/or National Standards – (Should be within L.P)
- Block Plan - 20
- Lesson Plans – 250 (25/lesson)
- Assessment Plan – 20 (should also be included in L.P)

Student Disability Services:

In compliance with university policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Office for Student Disability Services in Downing University Center, A-200. The phone number is 270.745.5004. Please **DO NOT** request accommodations directly from the professor without a letter of accommodation from the Office for Student Disability Services.

Academic Honesty:

Students who commit any act of academic dishonesty may receive from the professor a failing grade in that portion of the course work in which the act is detected or a failing grade in a course without possibility of withdrawal. The professor may also present the case to the Dean of the Office of Student Life for disciplinary sanctions. A student who believes a professor has dealt unfairly with him/her in a course involving academic dishonesty may seek relief through the Student Complaint Procedure. For further information regarding this subject please reference the WKU Student Handbook (<http://www.wku.edu/handbook/>).

Drop/Refund Policy: WKU On Demand courses have different policies than your other WKU classes so please read the *Student Guidelines & Procedures* by visiting <http://www.wku.edu/il/guidelines.php>