

AGENDA
CEBS CURRICULUM COMMITTEE
3:00 pm – September 6, 2016
GRH 3073

I. Approval of Minutes of the May 3, 2016 CEBS Curriculum Committee. (These minutes can be located on the CEBS Web Page, click on Dean's Office and then meeting minutes and agendas.)

II. **New Business**

Consent Agenda

1. Course Delete – PSY 455G, Introduction to Clinical Practice of Psychology
2. Create an Equivalent Course – PSY 422/FACS 422, Adolescent Psychology

Counseling and Student Affairs

1. Create New Certificate Program – Play Therapy

Department of Psychology

1. Revise a Course – PSY 440G, Abnormal Psychology

III. **Other Business**

**Course - Suspend/Delete/Reactivate
(Consent)**

Date: 7/25/2016

College, Department: CEBS; Psychology

Contact Person: Sally Kuhlenschmidt, sally.kuhlenschmidt@wku.edu, 270-745-2114

1. Identification of course or program:

1.1 Current course prefix (subject area) and number: PSY 455G

1.2 Course title: Introduction to Clinical Practice of Psychology

2. Action (check one): _____ suspend delete _____ reactivate

3. Rationale: Psy 455 does not exist because the number of that course was previously changed to Psy 445 thus a Psy 455G does not make sense. Furthermore, we have graduate level courses for this content that our master's students will take and the undergraduates would take Psy 455. There is no purpose for a G section of the course.

4. Effect on programs or other departments: None.

5. Term of implementation: Spring 2017

5. Dates of committee approvals:

Department

8/17/16

College Curriculum Committee

Professional Education Council (if applicable)

Graduate Council

University Senate

**Proposals to suspend, delete or reactivate a course require a Course Inventory Form be submitted by the College Dean's office to the Office of the Registrar.*

Proposal Date: 6 May 2016

**College of Health and Human Services
Department of Family and Consumer Sciences
Proposal to Create an Equivalent Course
(Consent Item)**

Contact Person: Adam R. West, adam.west@wku.edu, 270-745-5138

1. Identification of existing course:

- 1.3 Current course prefix (subject area) and number: PSY 422
- 1.4 Course title: Adolescent Psychology

2. Identification of proposed equivalent course prefix(es) and numbers

FACS 422

3. Rationale for each equivalent course:

- The Department of Psychology cannot offer the needed number of sections of PSY 422 that will be required for a revised major in Family and Consumer Sciences. The current offering of PSY 422 is one section per semester, with one of these offerings per year as an online section. The needs of the Department of Family and Consumer Sciences (FACS) require at least one additional online section each semester to meet the needs of a fully online undergraduate program. Having FACS 422 as an equivalent course will allow qualified FACS faculty to teach the additional required sections.
- Students in the Family and Consumer Science Education major concentration will benefit from having an FACS prefix course on their transcripts as opposed to a PSY prefix course. This is important for students seeking employment as Family and Consumer Science teachers in public schools in Kentucky.
- The Psychology Department has given approval for this proposal via emails from Dr. Pitt Derryberry, Co-Department Head, Department of Psychology (see attached).

4. Proposed term for implementation:

Spring 2017

5. Dates of prior committee approvals:

Department of Family and Consumer Sciences

11 May 2016

Department of Psychology

17 August 2016

College of Health and Human Services Curriculum Committee

College of Education and Behavioral Sciences

Professional Education Council

Undergraduate Curriculum Committee

University Senate

Certificate Program - Create New (Action)

Date: August 13, 2016

College: CEBS

Department: Counseling and Student Affairs

Contact Person: Imelda N. Bratton, Imelda.bratton@wku.edu, 270-779-6265

1. Identification of program:

1.5 Program title: Play Therapy Certificate

1.6 Required hours: 12 hours

1.7 Program Description: This interdisciplinary certificate program is designed for postsecondary education professionals to learn basic and advanced skills in play therapy for use with children, adolescents or adults.

1.8 Classification of Instructional Program Code (CIP): 13.1101

2. Learning outcomes of the proposed certificate program:

This program is designed to enhance one's knowledge and skills related to play therapy. Upon completion of this certificate, graduates will be able to:

- Demonstrate knowledge of developmental stages across the lifespan and how to modify counseling techniques appropriately to match developmental level of clients.
- Demonstrate knowledge of basic and advanced play therapy techniques such as tracking, content restating; reflection of feelings, giving back responsibility, setting limits, and developing treatment plans for use with a variety of cultural and ethnic backgrounds.
- Demonstrate knowledge of parent consultation skills and developing plans to use in consultations with parents such as skill development and psychoeducation.
- Demonstrate knowledge of and practice basic and advanced skills with volunteers to improve conceptualization skills, ability to provide play therapy techniques, self-reflection, and self-evaluation.
- Effectively select toys, materials, and equipment necessary to provide play therapy.
- Demonstrate knowledge of how to advocate for the play therapy profession, clients, and parents in the community and in the school setting.
- Demonstrate knowledge of social and emotional skills, critical thinking, and problem solving skills that relate to providing effective play therapy for clients.

3. Rationale:

3.1 Reason for developing the proposed certificate program: Developmentally, children typically require different techniques other than talk therapy when addressing feelings (Landreth, 2015). At times, adolescents and adults may also struggle with being able to verbalize sensitive emotional thoughts, feelings or experiences. The use of play therapy and expressive arts techniques has been shown to assist clients in representing their thoughts and feelings instead of relying completely on verbal communication (Kottman, 2016). The creation of this Play Therapy certificate program will provide basic and advanced instruction in play therapy and expressive arts for practitioners to integrate in the counseling process. The Counseling Department offers three mental health programs: (1) school counseling, (2) clinical mental health counseling, and (3) marriage and couples counseling. Each program prepares students to provide mental health services to school or community members. Currently the school counseling and clinical mental health counseling programs offer a restricted elective of play therapy. Many students add additional courses to their 48 or 60-hour program to take the additional play therapy classes so they may receive advanced instruction in working developmentally appropriately with children and adolescents. Additionally, students are able to demonstrate knowledge of and specialize in play therapy and expressive arts techniques that can be applied with families, couples and adults.

The Association for Play Therapy (APT) offers a Registered Play Therapy (RPT) and Registered Play Therapy – Supervisor (RPT-S) international credential. The RPT and RPT-S has a 150-hour education requirement of specific coursework relating to play therapy and expressive arts. Successful completion of the Play Therapy certificate will meet the educational requirements for the RPT and RPT-S credential. Current students and practitioners in the field who may not be degree seeking but desire education in the specialized work with children may work towards the Play Therapy certificate.

- 3.2 Relationship of the proposed certificate program to other programs now offered by the department: Student Affairs has a certificate program focused on Career Services, which is specific to career-related topics. The career courses are intended for Student Affairs professionals to learn basic and advanced knowledge and skills needed for working with college students and clients. The Play Therapy certificate program being proposed is specifically designed to integrate play therapy techniques in use with clients and is designed for mental health professionals in the counseling process.
- 3.3 Relationship of the proposed certificate program to certificate programs offered in other departments: There are no other similar certificate programs offered in other departments at WKU. This certificate program has a target population of children in the P-12 range. The specific courses included in this certificate program are specific to working with children and adolescents, with a focus of basic and advanced applied skills and best practices in the community and school system.

The Social Work Department has an Expressive Arts course titled SWRK 675 – Expressive Therapies, but the focus is specific to the social work field and has more of a holistic approach rather than a specific approach to expressive arts techniques such as art, music, dance/movement, and psychodrama. Course Description: SWRK 675 - Expressive Therapies (3 hours) Prerequisite: SWRK 520 or permission of the instructor. Teaches therapy from a holistic perspective that embraces alternative practices for personal change and growth. Students will obtain knowledge from various theories and models with interventions that are relevant for social work practice

- 3.4 Projected enrollment in the proposed certificate program: Based on interest expressed by previous and current students in the Counseling Department, the lack of such programs in the surrounding area, and increased professional recognition of WKU and Talley Family Counseling Center's play therapy program, beginning enrollments are projected to be 10, increasing over time. Students in any mental health program are eligible to participate in the Play Therapy certificate as well as practitioners.
- 3.5 Similar certificate programs offered elsewhere in Kentucky and in other states (including programs at benchmark institutions):
- Play Therapy Certificate, Eastern Kentucky University. Mental health graduate students.
 - Play Therapy Certificate, Capella University. Mental health graduate students.
 - Play Therapy Certificate, University of California San Diego. Mental health graduate students.
 - Play Therapy Certificate, Antioch University. Mental health graduate students.
- 3.6 Relationship of the proposed certificate program to the university mission and objectives:

WKU's mission: *Western Kentucky University (WKU) prepares students of all backgrounds to be productive, engaged, and socially responsible citizen-leaders of a global society. The university provides research, service and lifelong learning opportunities for its students, faculty, and other constituents. WKU enriches the quality of life for those within its reach.*

The Play Therapy certificate supports WKU's mission of being productive, engaged and socially responsible citizen-leaders by providing a specialized certificate program focused on appropriate developmental interventions with children and adolescents. The Play Therapy certificate program is available for all mental health graduate students on WKU's campus, including psychology, clinical psychology, school psychology, and social work. The Play Therapy certificate program specifically meets the lifelong learning portion of WKU's mission. Lifelong learning opportunities are limited in the local area relating to play therapy. Mental health practitioners (including psychiatrists) may participate in the program.

4. **Admission Criteria:** Master's level students or graduates of mental health programs such as: counseling; psychology; school psychology; clinical psychology; psychiatry; and social work are welcome to apply for the Play Therapy certificate program. Applicants seeking admission must meet minimum admission requirements to the Graduate School.

5. **Curriculum:**

Required Courses (12 hours)

CNS 569 Play Therapy. 3 credit hours.

CNS 611 Advanced Play Therapy. 3 credit hours.

CNS 612 Expressive Arts in Counseling. 3 credit hours.

CNS 613 Sandtray Techniques in Counseling. 3 credit hours.

6. **Budget implications:** Current departmental resources are sufficient to meet projected certificate program enrollments as well as enrollment increases in the current counseling program.

7. **Term of implementation:** Fall 2017

8. **Dates of committee approvals:**

Department	<u>April 20, 2016</u>
College Curriculum Committee	_____
University Senate	_____
Board of Regents	_____

**Revise a Course
(Action)**

Date: 8/15/16

College/Department: College of Education and Behavioral Science, Psychology

Contact Person: Steve Winger, steven.winger@wku.edu, 270-745-4421

1. Identification of course

- 1.1 Course prefix (subject area) and number: PSY 440G
- 1.2 Course title: Abnormal Psychology

2. Proposed change(s):

- 2.1 course number:
- 2.2 course title:
- 2.3 credit hours:
- 2.4 grade type:
- 2.5 prerequisites:

Current prerequisites: Six hours of psychology, including PSYS 100 / PSY 100 or equivalent, and permission of instructor.

Proposed prerequisites: Graduate standing and permission of instructor.

- 2.6 co-requisites:
- 2.7 course description:
- 2.8 other:

3. Rationale for revision of course:

As this is a graduate level course, WKU undergraduate prerequisite courses cannot be required and transcripts are not checked for undergraduate course transfer equivalency.

4. Term of implementation:

Spring 2017

5. Dates of committee approvals:

Department	8/17/16 _____
College Curriculum Committee	_____
Graduate Council	_____
University Senate	_____

* Course revision proposals require that a Course Inventory Form be submitted by the College Dean's Office to the Office of the Registrar.