



WORKPLACE POLITICS



WKU

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OFFICE POLITICS

Office politics exist in nearly every workplace. They refer to strategies people use to gain influence or advance their interests. While the term often has negative associations, such as favoritism or gossip positive political skills can help teams collaborate effectively and promote fairness.

Understanding informal power structures, building professional networks, and maintaining ethical behavior can help you navigate office politics successfully.

SIX WAYS TO MAKE OFFICE POLITICS WORK FOR YOU



Create your own mental organization chart. Observe who holds real influence beyond job titles.

Build professional relationships. Connect with people across departments and levels.

Maintain ethical behavior. Avoid gossip and stay solution-focused.

Steer clear of negativity. Be courteous but cautious around drama-focused individuals.

Listen actively. People appreciate good listeners and share valuable insights.

Promote your team positively. Highlight successes and contribute to shared goals.



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