Course Title: Basic Athletic Training
Course Prefix and Number: PE 312
Course Discipline: Physical Education
Instructor: Bill Edwards
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   Office Hours: 8:00—9:00 am Monday-Thursday

Course Description: A study of the basic principles of the prevention, recognition, evaluation, assessment, immediate care and rehabilitation of athletic injuries.

Prerequisite: Biology 131 (Anatomy and Physiology)


Course Objectives and Assessment: By the end of the semester the student will:

A. Objective-Know the certification process of athletic trainers by the National Athletic Trainers Association
   Assessment-Written Examination
B. Objective-Identify the roles and responsibilities of the certified athletic trainer
   Assessment-Written Examination
C. Objective-Identify protective equipment used in prevention of injury
   Assessment-Written Examination and hands on identification in class
D. Objective-Describe techniques for initial care of acute injury
   Assessment-Written Examination
E. Objective-Identify universal precautions as mandated by OSHA
   Assessment-Written Examination
F. Objective-Describe prevention and care of heat illness
   Assessment-Written Examination
G. Objective- Demonstrate taping skills for a variety of body parts
   Assessment-Hands on demonstration and practice in athletic training room
H. Objective- Distinguish by recognition different types of injury
   Assessment- Written Examination
I. Objective- Explain the process of evaluation and assessment of injuries to the body from head to toe
   Assessment-Written Examination
J. Objective- Identify steps to prevention of athletic injuries to the various body parts
   Assessment-Written Examination
K. Objective- Explain the initial care of athletic injuries to the various body parts
   Assessment-Written Examination
Course Topics: Through lecture, demonstrations and student participation, the following content will be covered:
Introduction to Athletic Training
Health Care Organization and Administration of an athletic training program
Athletic Injury Prevention and Risk Management
Recognition, Evaluation and Assessment of Injuries
Immediate Care of Injury and Illness
Rehabilitation and Reconditioning of Athletic Injuries
Professional Development and Responsibility

Course Requirements and Assessment:
A. Grading/Evaluation: Each student will complete five written exams including comprehensive final. Tests will be based on class objectives and material covered in class. The type of questions will be multiple choice.

A= 90-100% average of all test scores
B= 80-89 %
C= 70-79 %
D= 60-69 %
F= Less than 60%

B. Attendance Policy: Students are expected to attend class and to participate. Perfect attendance will be rewarded with 20 bonus points. Less than three misses will receive 10 points. Students with excessive absences will be referred to the university’s counseling and retention center.

Instructional Methods and Activities:
The course will primarily be taught through classroom lecture and demonstrations.
The students will participate in hands on practical taping skills in class also.

Students with Disabilities:
“Students with disabilities who require accommodations (academic adjustments and/or auxiliary aids or services) for this course must contact the Office of Student Disability Services, Room 445 Potter Hall. The OFSDS telephone number is (270)745-5004.

Please do not request accommodations directly from the professor or instructor without a letter of accommodation from the Office of Student Disability Services.”

Academic Dishonesty:
Students committing any act of academic dishonesty will receive a failing grade for that portion of the course work in which the act is detected or a failing grade for the entire course without the possibility of withdrawal. Examples of academic dishonesty are: plagiarism, cheating, theft of tests, etc.