

Many chiropractic schools require the following courses before being considered for admittance. These are general recommendations, as specific requirements may vary significantly by school. These courses must be completed with a minimum grade of 'C', higher preferred. Requirements are subject to change each year. **Be sure to research schools of interest for current prerequisites.**

**BIOL 120/121** Biological Concepts I (4)  
**BIOL 122/123** Biological Concepts II (4)  
**BIOL 131** Human Anatomy & Physiology (4)  
**CHEM 120/121** College Chemistry I (5)  
**CHEM 222/223** College Chemistry II (5)  
**CHEM 340/341** Organic Chemistry I (5)  
**CHEM 342/343** Organic Chemistry II (5)  
**PHYS 231/232** Physics & Biophysics I (4)  
**PHYS 332/233** Physics & Biophysics II (4)

Many schools recommend/require:

24 hours of life/physical sciences  
(half with labs)

15 hours of humanities & social sciences

Other courses that will assist with your first year in chiropractic school include:  
Microbiology, Biochemistry, Cell Biology, Genetics, Medical Terminology, Biomechanics, Kinesiology, and Statistics.

● Note: Some schools do not accept AP credit.

**In consultation with your advisor(s), it is vital to research all programs of interest to ensure all prerequisite courses and experience requirements are met before matriculation.**

## What should my major be?

You can major in anything you like to prepare for chiropractic school as long as you fulfill the prerequisites for your professional school of interest. A major in the sciences is not always required. However, having a strong background in the sciences will certainly help you, as it gives you a good foundation to build upon. "Pre-Chiro" is not a major, but is an 'advisement' that should be declared alongside your major in order to receive specialized advising towards your goal of attending chiropractic school.

## Application Checklist - Start Now!

- **ADVISING** | Meet with a pre-health advisor ASAP to map out your plan toward medical school admission. Plan to meet with your pre-health advisor consistently throughout your journey.
- **RESEARCH** | Determine which medical schools you are interested in. A good place to start is the ACA or ACC websites, where you can find information on chiropractic programs and their timelines.
- **PREREQUISITES** | Research each school to understand and begin work as soon as possible on their application requirements including courses, GPA, shadowing, patient care, etc.
- **PATHWAYS** | While some chiropractic schools have pathways for admission after earning only 90 credit hours, most require or strongly recommend earning your bachelor's degree first.
- **TIMELINE** | Know the application start date and deadlines for each school you are interested in. Some schools have rolling admissions. Usually apply directly to the chiropractic school.
- **EXPERIENCE** | Start early with shadowing, volunteering, and working with patients. Research and strive to exceed the number of hours each program of interest requires.
- **INVOLVEMENT** | Be involved in meaningful activities such as research, community service, work, and extracurriculars that are meaningful and unique. Well-rounded applicants are more competitive.
- **RECOMMENDATIONS** | Determine what types and how many references your schools of interest prefer and begin building relationships with potential letter writers.
- **PERSONAL STATEMENT** | Start to write your personal essay prior to the application in a word document. Be sure to edit it carefully and have others review and edit as well.