

LEARNING IS FOR A LIFETIME

The Society for Lifelong Learning at WKU



What is “lifelong learning” ?

Lifelong learning is the ongoing, voluntary, and self-motivated" pursuit of knowledge.



Why should You be interested in lifelong learning?

The #1 reason:

“Scientists say that living a mentally active life is as important as regular physical exercise. Just as your muscles grow stronger with use, mental exercise keeps your mental skills and memory in tone.”

Harvard Health Publications

November 1, 2012, Newsletter

Excellent Reason #2.....

- ▶ **Joining a Lifelong Learning program is a terrific way to make new friends!**



Excellent Reason #3.....

- ▶ **Participating in a Lifelong Learning program will improve your ability to adapt...and enjoy....change!**



Excellent Reason #4.....

- ▶ When you participate in a Lifelong Learning program you discover and develop your natural abilities!

Art?

Theater?

Writing?



Excellent Reason #5....

- ▶ Joining a Lifelong Learning program can open your mind to the world....



Excellent Reason # 6....

- ▶ When you join a Lifelong Learning program, you can enjoy a great discussion with interesting people....instead of talking back to the “talking head” on television!



Excellent Reason #7...

- ▶ When you join a Lifelong Learning program, you stay involved and active in your community.

The WKU Society for Lifelong Learning is a *member driven* organization.

We need

YOU to help us grow!



Excellent Reason #8...



Are you ready to become a “lifelong learner”?

Consider becoming a member of the

WKU Society for Lifelong Learning





Opportunities Abound

- ▶ Intellectual Development
- ▶ Personal Growth
- ▶ Cultural Stimulation
- ▶ Social Interaction

Learning for the FUN of it!







WKU

The 5 pillars of successful aging:

1. Health
2. Financial Stability
3. Spiritual Anchor
4. Emotional Support
5. Intellectual Vitality

**Our SLL provides emotional support
and intellectual vitality for a
*Community of Learners***



Members help shape the organizational structure through meeting attendance, voting for leadership positions, and serving on committees

Members share their knowledge through teaching and leading classes

What do our members think?

“The two courses that I took were fun, practical, and very informative. The Geology of KY and Birds of KY expanded my sense of place and the wonders of nature. Small class size ensured new friendships and community acquaintances.”

Valerie Brown

What do our members think?

“The classes are very informative, comfortable,
and enjoyable.”

David B. Wellman



What have our members enjoyed?

- ▶ Intellectual vitality within a community of learners
- ▶ Easy parking and access on a Western Campus!
- ▶ Reconnecting with old friends
- ▶ Making new friends
- ▶ Becoming part of a learning experience that connects them to WKU

What do our members think?

“Outside the Classroom - Exploring WKU: Kudos to Freida Eggleton for her organizational abilities, making this class entertaining, educational, and stress-free. I learned a great deal about WKU and was very impressed. Theater Stew Topped with Ham: Professor Emeritus Bill Leonard gave us great insight into theater production and we were highly entertained with two plays and An Evening of Dance. Excellent!”

Patricia A. Fitzherbert

What do our members think?

“This experience was everything I ‘thought’ it would be and much more. Imagine being able to ‘pick the brain’ of WKU’s best and brightest in a no-pressure atmosphere where everyone is there because he or she wants to be! The staff were so accommodating and made everything so easy and inviting. Can’t wait for fall classes to start!”

Linda O’Brien



Food for Thought

Food for Thought events are an amazing opportunity to gather and enjoy a light meal while extraordinary presenters share a wealth of knowledge on a variety of topics.

Sit back, relax and enjoy hearing about something new that always provides..... *“food for thought!”*

What do our members think?

“I have been so impressed with the 2 courses I took with SLL (Civil War & Geology of KY). I knew little, especially about Geology, prior to these classes. Informative, great use of visual aids. I looked forward to each class & after finishing, I will pursue other information about these topics. Thank SLL.”

Martha Carson



What would you like to learn?

HISTORY OF MOVIES FRENCH
SPANISH FINE COOKING ASTRONOMY
 FOREIGN POLICY DISCUSSIONS
 CREATIVE WRITING ART HISTORY PHOTOGRAPHY
 OIL PAINTING AMERICAN SIGN LANGUAGE GARDEN DESIGN
 PUBLIC SPEAKING FINANCIAL PLANNING

Courses are selected by the SLL membership,
 so join us & contribute

