

# ASSESSMENT OF THE LEADER IN ME PROGRAM IMPLEMENTATION AND OUTCOMES

BRANT GOBLE, CANDACE ELLIOTT, KOMAKO SUZUKI  
WESTERN KENTUCKY UNIVERSITY

Study supported by the Rock Solid evaluation subcontract with GRREC through  
Department of Education Race to the Top-District (RTT-D)

## INTRODUCTION

The Rock Solid evaluation project at Western Kentucky University was established to evaluate the GRREC & OVEC’s Race to the Top—District (RTT—D) program kid-FRIENDLy (Kids Focused, Responsible, Imaginative, Engaged, and Determined to Learn). An evaluation instrument has been developed to gauge the potential effectiveness of the The Leader in Me (TLIM) program in changing student leadership characteristics and social and emotional development.

Based on Stephen Covey’s *The 7 Habits of Highly Effective People* (Covey, 2013) and Sean Covey’s *The 7 Habits of Happy Kids* (Covey, 2008), The Leader in Me (TLIM) is a school-wide program that was developed by Muriel Summers and designed to improve school performance and student behavior (FranklinCovey Education, 2014). TLIM is being implemented in cohort 1 Kid-FRIENDLy schools in GRREC & OVEC regions. The program will be implemented in a second cohort at a later date.

The Rock Solid Evaluation Instrument (RSEI) was based on several theoretical constructs closely correlated to those used in TLIM.

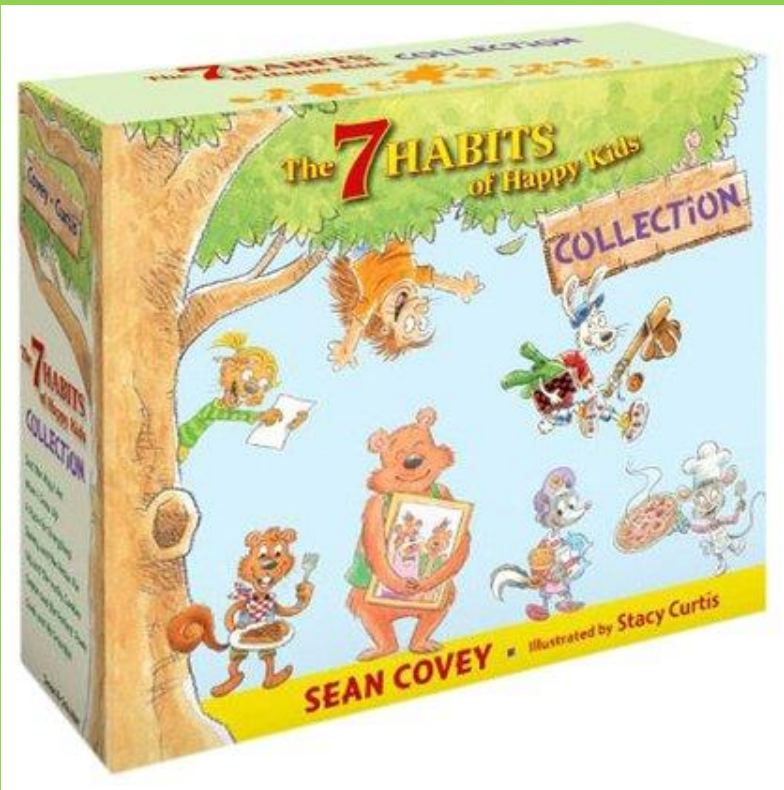
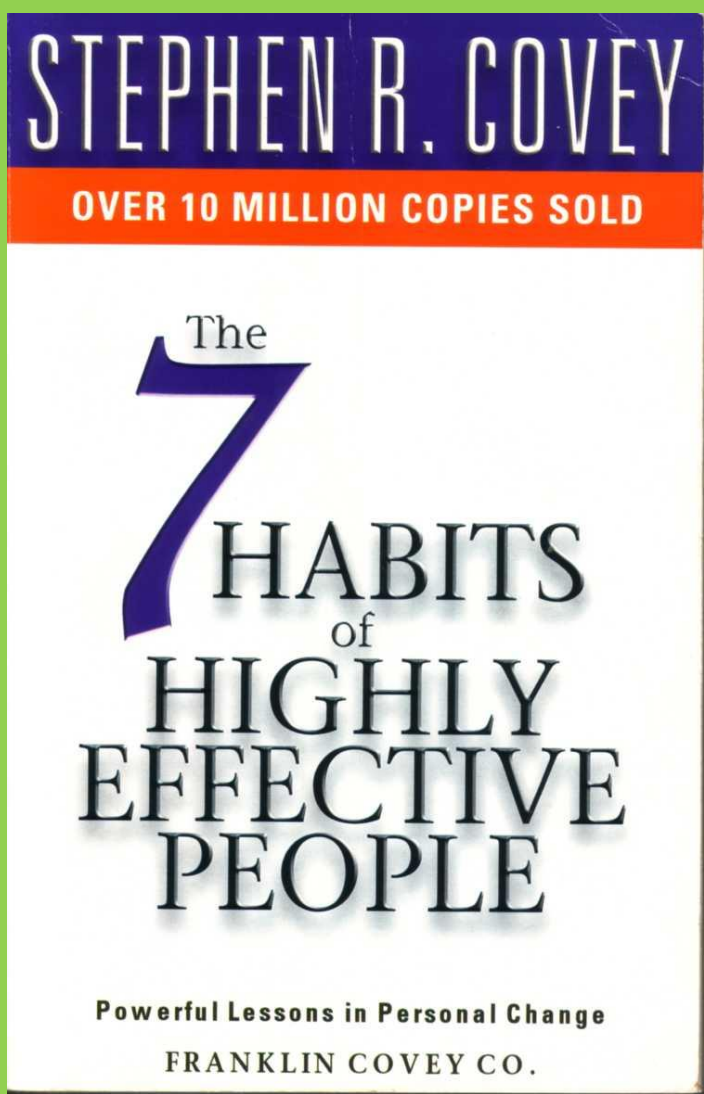
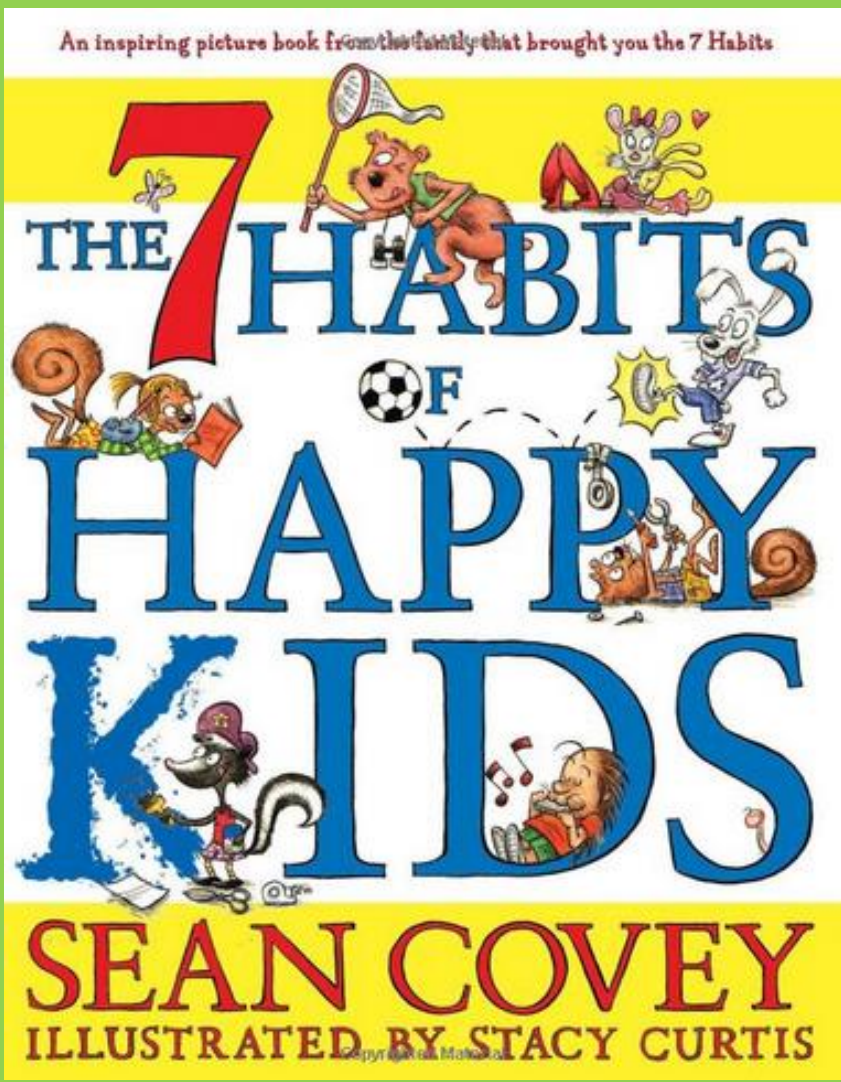
### Research Question

What is the impact of The Leader In Me (TLIM) on student leadership, social and emotional development?

### The 7 Habits of Highly Effective People

The 7 Habits play a central role in TLIM training. They are:

- ❖ Be Proactive
- ❖ Begin With the End in Mind
- ❖ Put First Things First
- ❖ Think Win-Win
- ❖ Seek First To Understand, Then To Be Understood
- ❖ Synergize
- ❖ Sharpen the Saw



Some of the many resource materials available from Franklin Covey Co., the publisher of *The 7 Habits of Highly Effective People* (above)

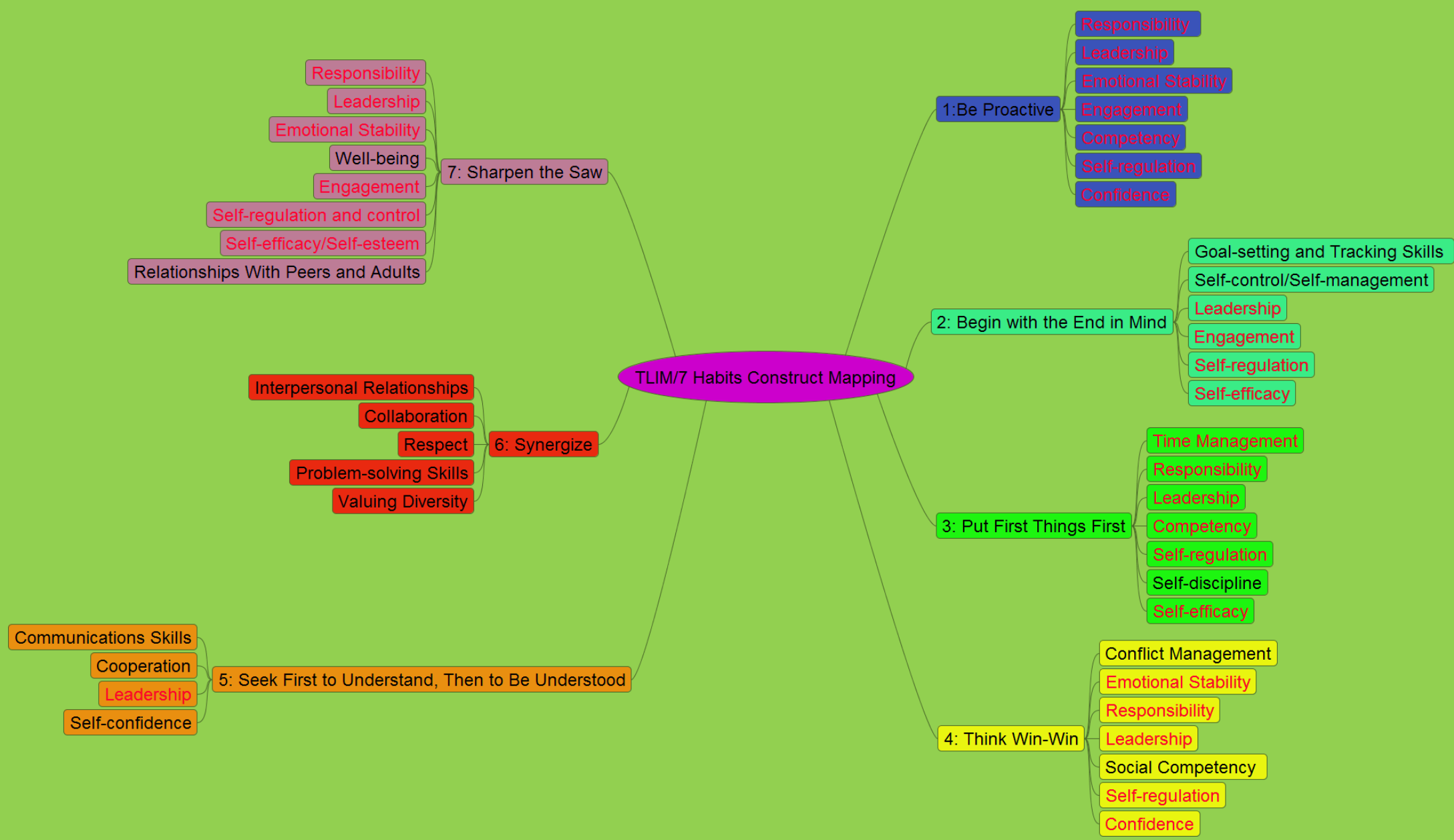
## METHOD

### Instrument Development

- ❖ Existing research instruments and constructs are investigated, including:  
Behavioral and Emotional Rating Scale—2nd Edition (BERS-2), Child Self-Control Rating Scale (CSCRS), Devereux Student Strengths Assessment (DESSA), Emotion Regulation Checklist (ERC), High School Survey of Student Engagement (HSSSE), Learning and Study Strategies Inventory (LASSI), Learning Environment Inventory (LEI), Motivated Strategies for Learning Questionnaire (MSLQ), My Class Inventory (MCI), Self-Control and Self-Management Scale (SCMS), Social-Emotional Wellbeing Survey (SEWB), Self-Regulation Questionnaire (SRQ), Social Skills Improvement Systems (SSIS)

- ❖ 7 Habits are mapped to item-specific constructs

### TLIM Construct Mapping Chart



- ❖ Items for the RSEI are developed in relation to the TLIM/7Habits constructs

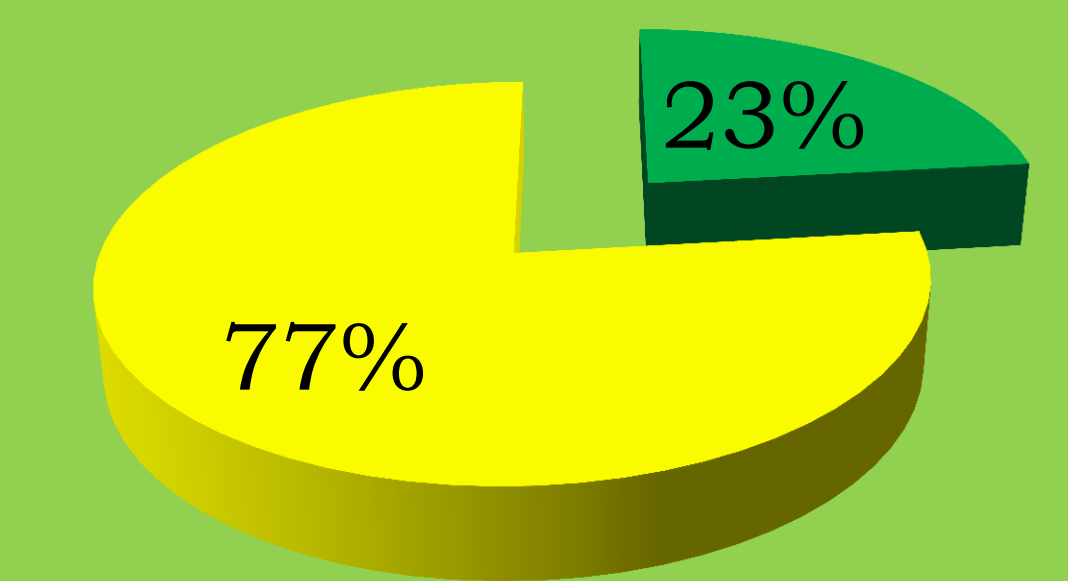


- ❖ Two age versions of the instrument were developed: PreK-3, Grade 4-12
- ❖ Instrument was piloted, revised, and deployed on Qualtrics platform
- ❖ Data collection period: early March – mid March (in progress)

## Data Collection Progress

### Rate of Survey Return as of March 11, 2014

■ Schools with 80% or more of surveys returned



### Rate of Survey Return by School

The survey is still ongoing. About 23% of schools have reached or exceeded an 80% respondent rate.

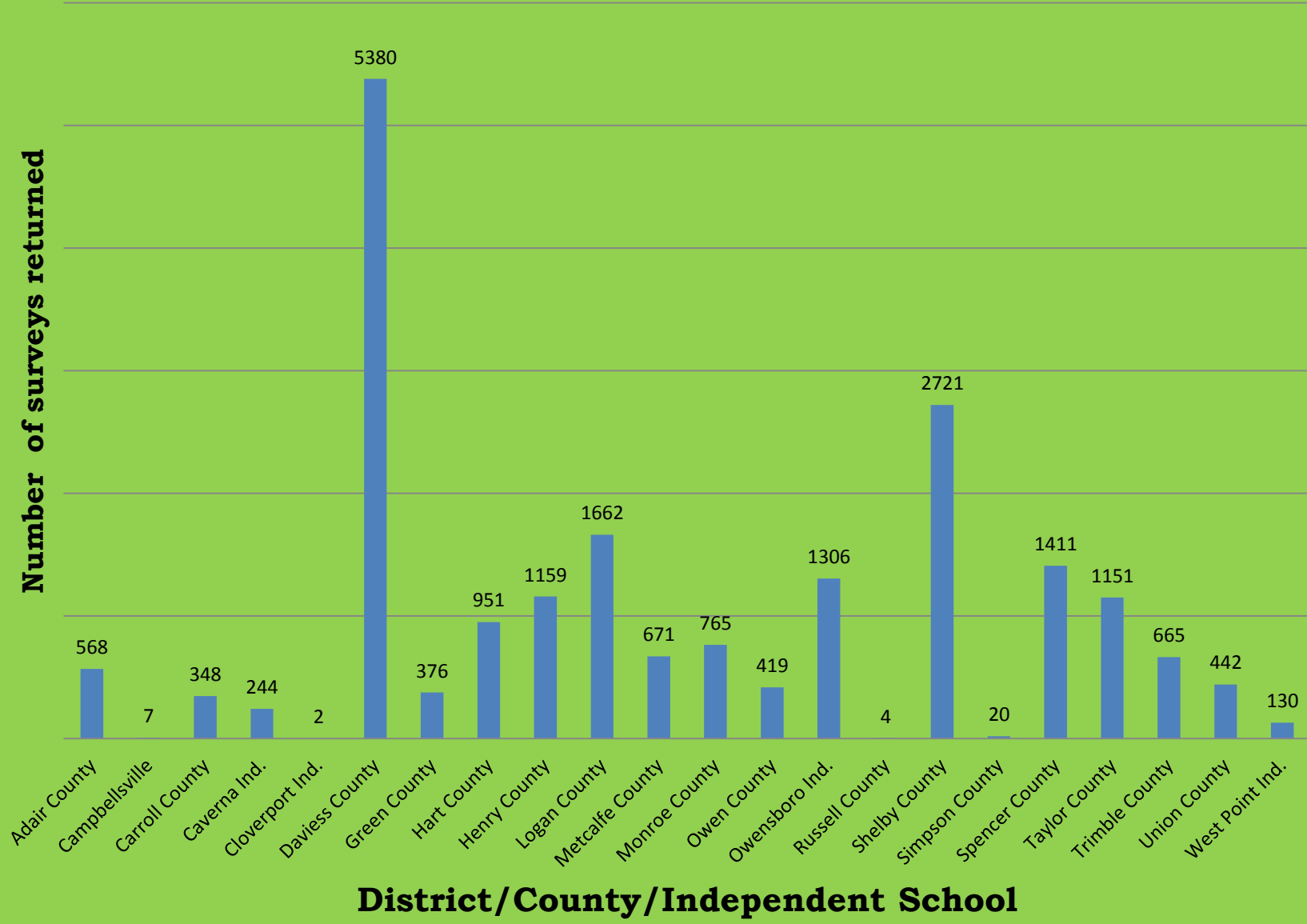
Non-TLIM school data in Year 1 will be used to establish a baseline.

Survey data in Year 2, Year 3, and Year 4 will be used to track changes.

### Rate of Survey Return by District

Rates of survey return district vary largely among 22 districts.

### Survey Completion Number by District



## Next Steps

- ❖ Analyze instrument reliability, internal consistency—Cronbach’s Alpha
- ❖ Evaluate instrument validity using conformity factor analysis
- ❖ Refine and improve the instrument
- ❖ Comparative analysis between Cohort 1 (TLIM schools) and Cohort 2 (schools not currently implementing in TLIM in Year 1)

## SUMMARY

- ❖ The Rock Solid Project is engaging in an ongoing research to determine the effects of TLIM in Kid-FRIENDLy schools in GRREC & OVEC regions.
- ❖ Instrument development is based on 7-habits-related theoretical constructs.
- ❖ The instrument is piloted in Year 1 and will be revised and validated for future data collection.

### Contact Information

**Jie Zhang, PhD**  
Assistant Professor of Educational Research  
College of Education and Behavioral Sciences  
Western Kentucky University  
Email: jie.zhang@wku.edu

## REFERENCES

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