**Tammie L. Stenger-Ramsey, Ed.D.**

# **Associate Professor, Recreation Administration,** Western Kentucky University

**2039 Diddle Arena, 1906 College Heights Blvd. #21090**

Bowling Green, KY 42101 - 1090

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### Curriculum Vita - Updated December 2014

### EDUCATION:

#### Doctor of Education in Applied Educational Studies, August, 2001

Emphasis in Leisure Studies

## Oklahoma State University

## Advisor: Christine M. Cashel, Ed.D.

## Dissertation Director: Lowell M. Caneday, Ph.D.

Dissertation Title: Sequence of Adventure-based Resident Outdoor Education Programs and Middle School Students’ Perceptions of Life Effectiveness.

#### Master of Science in Recreation, December, 1996

Western Kentucky University

#### Bachelor of Arts in Corporate and Organizational Communication, May, 1994

Second Major in Recreation

Magna Cum Laude

Western Kentucky University

### TEACHING EXPERIENCE:

**Associate Professor, Recreation Administration** 07/10-Present

**Recreation Administration Program Coordinator** 07/10 – 05/13

**Assistant Professor, Recreation Administration** 08/04 – 6/10

Western Kentucky University, Bowling Green, KY

Undergraduate Courses

REC 200 – Introduction to Recreation – 3 Credit Hours

Spring 2010 (30)

REC 222 – Recreation Activity Facilitation – 3 Credit Hours

Summer 2005\*\* (12), Fall 2005\* (12), Fall 2006\* (27), Fall 2007\* (19), Fall 2009\* (12), Fall 2013 (33)

*\*\*Course listed as REC 383- Social Recreation Summer 2005, Course numbered as REC 322 Fall 2005-2009*

REC 306 – Recreation Program Planning – 3 Credit Hours

Fall 2004 (15), Spring 2005 (24), Fall 2005 (19), Fall 2006 (16), Spring 2007 (20), Fall 2007 (10), Fall 2008(12), Fall 2009 (28), Fall 2010 (24), Fall 2011(34), Fall 2012(35), Fall 2013 (44), Spring 2014 (35)

REC 320 – Recreation Seminar – 3 Credit Hours

Fall 2004 (15)\*, Fall 2005 (16), Fall 2006 (18), Fall 2007 (8), Fall 2008 (19), Fall 2009 (13), Fall 2010 (16), Fall 2011 (24), Fall 2012 (29), Fall 2013 (34), Fall 2014 (38)

*\*Course listed as REC 480- Recreation Seminar Fall 2004*

REC 330 – Foundations of Outdoor Recreation – 3 Credit Hours

Spring 2005\* (19), Spring 2006 (17), Spring 2007 (22), Spring 2008 (25), Spring 2009 (21), Spring 2010 (16), Spring 2011 (24), Spring 2012 (22), Spring 2013 (22), Spring 2014 (26)

*\*Course listed as REC 432/G Spring 2005*

REC 335 – Outdoor Skills – Land – 3 Credit Hours

Spring 2006 (13), Spring 2007 (11), Spring 2008 (11), Spring 2009 (12)

REC 406 – Recreation Administration – 3 Credit Hours

Fall 2008 (12)

REC 424/G – Camp & Conference Center Administration – 3 Credit Hours

Spring 2005\* (23), Fall 2014 (21+1)

*\*Course listed as REC 433/G Camp Administration*

REC 435/G – Outdoor Expedition Planning – 3 Credit Hours

Spring 2006 (13), Spring 2007 (11+1), Spring 2008 (10+1), Spring 2009 (12+1). Spring 2010 (7+2), Spring 2011 (12), Spring 2012 (12), Spring 2013 (12), Spring 2014 (13+1)

REC 439 – Challenge Course Facilitation – 3 Credit hours

Spring 2010 (4), Spring 2011 (10), Spring 2012 (7), Spring 2013 (14), Fall 2014 (19)

REC 482/G – Workshop: Challenge Course Development – 3 Credit Hours

Summer 2007 (7+3)

REC 482/G – Workshop: Trail Development – 3 Credit Hours

Summer 2007 (3+3)

REC 482/G – Workshop: Challenge Course Technician – 3 Credit Hours

Fall 2007 (14)

REC 482/G – Workshop: Challenge Course Facilitation – 3 Credit Hours

Spring 2009 (13), Spring 2012 (1), Spring 2013 (1)

REC 484 – Advanced Studies – 3 Credit Hours

Fall 2010 (1), Fall 2011 (1), Spring 2012 (2), Summer 2012 (1), Summer 2013 (1), Fall 2014 (1)

REC 490 – Internship – 12 Credit Hours

Fall 2010 (3), Spring 2011 (6), Summer 2011 (4), Fall 2011 (2), Spring 2012 (8), Summer 2012 (3), Fall 2012 (4), Spring 2013(12), Summer 2013(4), Summer 2014 (5)

REC 490 – Internship – 8 Credit Hours

Fall 2011 (1)

REC 490 – Internship – 6 Credit Hours

Fall 2011 (1), Spring 2012 (1)

REC 493 – Practicum – 3 Credit Hours

Fall 2010 (4), Spring 2011 (1), Summer 2011 (2), Fall 2011 (2), Spring 2012 (3), Summer 2012 (3), Fall 2012 (11), Spring 2013 (7), Summer 2014 (1), Fall 2014 (4)

*\*Course listed as REC 490 Fall 2010-Summer 2011*

PE 101 – Line Dancing – 1 Credit Hour

Fall 2010 (33), Winter 2011 (8), Winter 2012 (2), Winter 2013 (3)

PE 101 – Hiking – 1 Credit Hour

Summer 2010 – (9), Summer 2010 (10), Summer 2013(5). Winter 2013 (13)

PE 101 – Weight Training – 1 Credit Hour

Spring 2009 (25+3)

PE 101 – Challenge Course Introduction – 1 Credit Hour

Spring 2009 (26), Fall 2009 (5), Spring 2010 (8), Fall 2010 (18), Spring 2011 (), Fall 2011 (16), Spring 2012 (7), Fall 2012 (8), Spring 2013(7), Fall 2013 (31), Spring 2014 (39+40), Fall 2014 (36)

PE 300 – Outdoor Education Activities – 2 Credit Hours

Summer 2009 (6+2), Summer 2010 (9), Summer 2011 (9), Summer 2012 (16), Summer 2013 (9), Summer 2014 (3)

Graduate Courses *\*400-level Graduate courses listed under undergraduate offerings*

REC 513 – Organization & Administration in Recreation & Parks – 3 Credit Hours

Fall 2004 (8)

REC 521 – Public Relations in Recreation and Sport – 3 Credit Hours

Spring 2006 (12), Winter 2007 (13), Winter 2008 (14), Fall 2008 (20), Fall 2009 (19), Fall 2010 (29)

**Assistant Professor,** Southeast Missouri State University, Cape Girardeau, MO 08/01 – 06/04

REC 812 – Outdoor Adventure – Colorado 8 Students Summer 2004

REC 210 – Camp Leadership and Counseling 26 Students Spring 2004

RC 250 – Foundations of Outdoor Recreation 16 Students Spring 2004

REC 316 – Outdoor Leadership 11 Students Spring 2004

REC 440 – Group Facilitation and Development 24 Students Spring 2004

RC100 – Leisure in a Diverse Culture 29 Students Fall 2003

RC 220 – Leadership and Group Dynamics 20 Students Fall 2003

RC 300 – Leisure Education 11 Students Fall 2003

RC/HL 303 – Research Methods 32 students Fall 2003

RC 288 – Practicum in Leisure Services 8 Students Summer 2003

RC 812 – Outdoor Adventure - Sea Kayaking 10 Students Summer 2003

RC100 – Leisure in a Diverse Culture 20 Students Spring 2003

RC 250 – Foundations of Outdoor Recreation 16 Students Spring 2003

RC 405 – Trends and Issues in Recreation 21 Students Spring 2003

RC 440 – Group Facilitation and Development 10 Students Spring 2003

RC100 – Leisure in a Diverse Culture 20 Students Fall 2002

RC 220 – Leadership and Group Dynamics 22 Students Fall 2002

RC 316 – Outdoor Leadership 16 Students Fall 2002

RC/HL 303 – Research Methods 30 Students Fall 2002

RC 140 – Introduction to Recreation Services 34 Students Spring 2002

RC 210 – Camp Leadership and Counseling 24 Students Spring 2002

RC 220 – Leadership and Group Dynamics 18 Students Spring 2002

RC 250 – Foundations of Outdoor Recreation 22 Students Spring 2002

UI 100 – First Year Experience: Life Choices and Consequences 30 Students Fall 2001

RC 140 – Introduction to Organized Recreation 30 Students Fall 2001

RC 220 – Leadership in Group Activity 24 Students Fall 2001

RC/HL 303 – Research Methods 16 Students Fall 2001

**Graduate Teaching Associate,** Oklahoma State University, Stillwater, OK 08/98-05/01

## LEIS 2413 – Introduction to Recreation and Leisure Studies 29 Students Spring 2001

LEIS 3212 – Lifeguard Training 19 Students Spring 2001

LEIS 2462 – Laboratory in Leisure 18 Students Fall 2000

HHP 1812 – Pedagogy of Outdoor Activities 23 Students Fall 2000

LEIS 4493 – Administration of Leisure Services (co-teach) 17 Students Spring 2000

LEIS 3212 – Lifeguard Training 18 Students Spring 2000

LEIS 3010 – Leave No Trace Trainer (co-teach) 38 Students Spring 2000

LEIS 4453 – Outdoor Education 08 Students Fall 1999

HHP 1812 – Pedagogy of Outdoor Activities 31 Students Fall 1999

LEIS 4213 – Water Safety Instructor 12 Students Spring 1999

LEIS 3430 – Practicum in Leisure Services (supervised) 08 Students Spring 1999

HHP 1812 – Pedagogy of Outdoor Activities (co-teach) 18 Students Spring 1999

LEIS 4463 – Areas and Facilities in Recreation (co-teach) 21 Students Fall 1998

HPEL 1812 – Pedagogy of Outdoor Activities (co-teach) 39 Students Fall 1998

**Graduate Assistant,** Western Kentucky University, Bowling Green, KY

REC 383 – Social Recreation (assisted) 15 Students Fall 1994

REC 306 – Program Planning for Recreation (assisted) 21 Students Fall 1994

**Curriculum Development:**

**Program Revision**

*Western Kentucky University*

 Co-reviser: Revision of Recreation Administration Major (589) Fall 2013

 Co-reviser: Revision of Outdoor Leadership Minor (426) Fall 2013

Primary Reviser: Revision of Recreation Administration Major (589) Fall 2012

 Primary Reviser: Revision of Community Recreation Minor (346) Spring 2011

 Primary Reviser: Revision of Tourism Minor (445) Fall 2010/Spring 2011

 Primary Reviser: Revision of Recreation Administration Minor (589) Fall 2010

 Primary Reviser: Revision of Facility and Event Management Minor (367) Fall 2010

 Primary Reviser: Revision of Recreation Administration Minor (589) Spring 2009

 Primary Reviser: Revision of Outdoor Leadership Minor (426) Spring 2009

 Contributor: Creation of new Facility and Event Management Minor (367) Spring 2008

 Co-developer: Revision of M.S. in Recreation & Sport Administration (095) Spring 2005

 Co-developer: Revision of Recreation Administration Major (589) Fall 2004

 Co-developer: Creation of new Outdoor Leadership Minor (426) Fall 2004

 Contributor: Deletion of Recreation Major (799) Fall 2004

 Contributor: Revision of Recreation Minor (444) Fall 2004

 Contributor: Revision of Tourism Minor (445) Fall 2004

*Southeast Missouri State University*

 Co-developer: Revision of Recreation Major Fall 2001

 Co-developer: Creation of new Outdoor Leadership Minor Fall 2001

**New Course Development and Course Revision**

*Western Kentucky University*

 Primary Reviser: REC 306 Program Planning and Evaluation Fall 2013

 Primary Reviser: REC 222 Recreation Activity Facilitation Spring 2011

 Primary Developer: REC 493 Practicum Fall 2010

 Primary Developer: REC 439 Challenge Course Facilitation Spring 2009

 Primary Developer: REC 517 Legal Issues in Recreation and Sport Spring 2005

 Primary Reviser: REC 513 Recreation and Sport Administration Spring 2005

 Primary Reviser: REC 521 Public Relations in Recreation and Sport Spring 2005

 Primary Reviser: REC 424G Camp and Conference Center Administration Spring 2005

 Primary Reviser: REC 435G Outdoor Expedition Planning Spring 2005

 Primary Developer: REC 435 Outdoor Expedition Planning Fall 2004

 Primary Reviser: REC 320 Recreation Seminar Fall 2004

 Primary Reviser: REC 322 Recreation Activity Facilitation Fall 2004

 Primary Reviser: REC 328 Inclusive Recreation Fall 2004

 Primary Reviser: REC 330 Foundations of Outdoor Recreation Fall 2004

 Primary Reviser: REC 424 Camp and Conference Center Administration Fall 2004

 Contributor: REC 335 Outdoor Recreation Skills – Land Fall 2004

 Contributor: REC 337 Outdoor Recreation Skills – Water Fall 2004

 Contributor: REC 437 Outdoor Leadership Expedition Fall 2004

*Southeast Missouri State University*

 Primary Developer: RC 100 – Accepted for University Studies Curriculum Fall 2002

 Primary Developer: RC 300 – Leisure Education Fall 2001

 Primary Developer: RC 345 – Recreation and Youth Development Fall 2001

 Co-developer: RC 440 – Facilitation of Group Development Fall 2001

Contributer: RC 119 – Outdoor Adventure Special Topics Fall 2001

**Academic Program Self-Study:**

Council on Accreditation for Parks, Recreation, Tourism and Related Disciplines Self-Study Committee Chair and Report Co-author Fall 2014

NRPA Council on Accreditation Re-accreditation Self-Study Committee and Report Co-author

 Western Kentucky University 2010

NRPA/AALR Re-accreditation Self-Study Committee and Report Co-author

Western Kentucky University 2004-2005

 Southeast Missouri State University Spring/Fall 2003

Academic Program Review Report Co-Author

 Western Kentucky University Spring-2006

**PROFESSIONAL WORK EXPERIENCE:**

**Assistant Program Director,** Wyman Center, Eureka, MO 2/97 - 8/98

Manage and Supervise full-time, seasonal, and volunteer staff at an outdoor education center. Budgeting, scheduling, staffing, program coordination. Leading adventure and environmental education programs for youth. Director of summer camp for children with diabetes.

**Challenge Course Facilitator,** Gasper River Retreat, Bowling Green, KY 3/96 – 2/97

Facilitate team building and high challenge course experiences for corporate and school groups.

**County Extension Agent for 4-H/Youth Development,** 1/95 – 2/96

University of Kentucky, Cooperative Extension Service, Lexington, KY

Coordinate youth development programs for rural county. Train and recruit volunteer leaders. Budgeting, marketing, facilitating workshops.

**Graduate Assistant,** Western Kentucky University, Bowling Green, KY 8/94 – 12/94

Assist faculty with Undergraduate Recreation courses. Organize and monitor resource room.

### SCHOLARLY ACTIVITIES:

### Publications:

Spencer, S. & **Stenger-Ramsey, T**. (2015, in press). *Outdoor Leadership Semester field manual 10th Edition.* WKU Outdoor Leadership Program, Course Text, WKU, Bowling Green, KY

Spencer, S. & **Stenger-Ramsey, T**. (2014). *Outdoor Leadership Semester field manual 9th Edition.* WKU Outdoor Leadership Program, Course Text, WKU, Bowling Green, KY

Poff, R., **Stenger-Ramsey, T.,** Ramsing, R. & Spencer, S. (In press). Outdoor recreation journals: A topical analysis from 2009-2013. *Proceedings of the 26th Association of Outdoor Recreation and Education Conference.* Whitmore Lake, MI: Association of Outdoor Recreation and Education. (peer reviewed abstract).

Spencer, S. & **Stenger-Ramsey, T**. (2013). *Outdoor Leadership Semester field manual 8th Edition.* WKU Outdoor Leadership Program, Course Text, WKU, Bowling Green, KY

Spencer, S. & **Stenger-Ramsey, T.** (2012).  *Outdoor Leadership Semester field manual. 7th Edition.* WKU Outdoor Leadership Program, Course Text, WKU, Bowling Green, KY.

Spencer, S. & **Stenger-Ramsey, T.** (2011).  *Outdoor Leadership Semester field manual. 6th Edition.* WKU Outdoor Leadership Program, Course Text, WKU, Bowling Green, KY.

Bain, S., **Stenger-Ramsey, T**., **Gibson, F.,** & **Poff, R**., Maloney, R. (2010, May). Relationship marketing in Intercollegiate Athletics. *Kentucky Association for Health, Physical Education, Recreation and Dance Journal 49*(2), 47.53.

**Stenger-Ramsey, T.** Bartlett, L., Gibson, F., & Poff, R. (2010). Building a challenge course? The important role of partnerships. In W. Taylor, G. Kay, P. Theodore, J. Hazelrigs, & A. Martin (Eds.) *Proceedings of the 22nd and 23rd Association of Outdoor Recreation and Education Conference*. Whitmore Lake: MI, Association of Outdoor Recreation and Education.

Sinclair, A., Holman, T., Elder, C., Easter, B., & **Stenger-Ramsey, T.** (2010). Utilization of emergency action plans by collegiate academic recreation programs. *Schole, 25,* 11-20.

**Stenger-Ramsey, T.** L. & Spencer, S. L. (2009). Let’s get wet: Service learning on the water with the Warren County Blueways. In M. Williams (Ed.) *Proceedings of the 2009 National Conference on Outdoor Leadership*. Bloomington, IN

**Stenger-Ramsey, T.** Bartlett, L., Gibson, F., & Poff, R. (2009). Challenge course development. In G. Kay and W. Taylor (Eds.) *Proceedings and Research Symposium Abstracts of the 22nd Association of Outdoor Recreation and Education (AORE) Conference*. Whitmore Lake: MI, Association of Outdoor Recreation and Education.

**Stenger-Ramsey, T. L.** & Spencer, S. L. (2009, Fall). Warren County Blueways: Adapting the American Democracy Project into applied student engagement among pre-service outdoor leaders. *Stewardship of Public Lands: Politics and the Yellowstone Ecosystem*. (peer reviewed).

**Stenger-Ramsey, T. L**. & Brophey, K. (2009. Oh no, what do we do now? Strategies for effective crisis communication. *KRPS Quarterly*. (peer reviewed).

Daniel, M. & **Stenger-Ramsey, T. L.**(2009). Unit 1: Backpacking. In M. Wagstaff & A. Attarian (Eds). *Outdoor Adventure Technical Skills: A Curriculum Guide* (35-152). Champaign, IL: Human Kinetics.

Spencer, S., **Stenger-Ramsey, T. L.,** & Cary, K. (2008). Water trails and blueways: A new way to connect with the past. *KRPS Quarterly, 58*(4), 23-26.

Curl, L. **& Stenger-Ramsey, T. (2008).** The Denatured Child. In G. Kay & W. Taylor (Eds). *Proceedings and Research Symposium Abstracts of the 21st Association of Outdoor Recreation and Education Conference* (13-19). Whitmore Lake, MI: Association of Outdoor Recreation and Education.

Ramsing, R**., Stenger-Ramsey, T.,** & DeGraaf, D. (2008). Learning to live lightly: Developing an urban outdoor ethic. In G. Kay & W. Taylor (Eds). *Proceedings and Research Symposium Abstracts of the 21st Association of Outdoor Recreation and Education Conference* (29-34). Whitmore Lake, MI: Association of Outdoor Recreation and Education.

Poff, R., Gibson, F. & **Stenger-Ramsey, T.** (2008). Creating history by ‘recording’ it: A content analysis of 20 years of conference papers. In G. Kay & W. Taylor (Eds). *Proceedings and Research Symposium Abstracts of the 21st Association of Outdoor Recreation and Education Conference* (111-113). Whitmore Lake, MI: Association of Outdoor Recreation and Education.

Gibson, F.,Poff, R., **Stenger-Ramsey, T.**, & Hottell, D.(2007). *Civic engagement: Bass fishing or dodgeball anyone?* Engaging the Spirit: Tools for Student Success. August 20, 2007. Western Kentucky University. Published on TopSCHOLAR at http://digitalcommons.wku.edu/pres/10/.

Poff, R., Cleinmark, J., **Stenger-Ramsey, T**., and Gibson, F. (2007). Leave No Trace practices of Appalachian Trail hikers. In Taylor, et al (Eds.) *Proceedings and Research Symposium Abstracts of the 20th Association of Outdoor Recreation and Education (AORE) Conference* (157-159). Whitmore Lake, MI: Association of Outdoor Recreation and Education.

**Stenger-Ramsey, T. L.** (2007, Unpublished report). *WKU bike rack assessment*. Unpublished document submitted to WKU Parking and Transportation Services. Bowling Green, KY

Poff, R., **Stenger-Ramsey, T.** & Stuessy, T. (2006). The current status of outdoor recreation programs in the U.S. In J. Turner (Ed.) *Proceedings and Research Symposium Abstracts of the 19th Association of Outdoor Recreation and Education (AORE) Conference* (pp. 122-126), Boise, ID: Association of Outdoor Recreation and Education.

**Stenger-Ramsey, T.,** Daniel M., & Gray, J. (2006, Unpublished report). *Association of Outdoor Recreation and Education Membership Assessment Report*. Unpublished document submitted to the AORE Board of Directors.

Poff, R., **Stenger, T**., & Gibson, F. (2005, Fall). Community adventure recreation and flow: Creating an environment for success. *Kentucky Recreation & Parks*.

**Stenger, T. L.** (2005, Winter). AORE award winners. *Association News: Association for Outdoor Recreation and Education Newsletter*, 4.

**Stenger, T. L.** (2005, Winter). Board of Directors Update. *Association News: Association for Outdoor Recreation and Education Newsletter*, 5.

**Stenger, T. L.** & Poff, R. A. (Eds.) (2004). *Edited Papers of the 17th International Conference on Outdoor Recreation and Education*. Bloomington, IL: Association of Outdoor Recreation and Education.

**Stenger, T.L.,** Hardin, S.E. & Easter, B.A. (2004). Legal issues of adventure racing. In **T. L. Stenger** & R. A. Poff(Eds.) *Edited Papers of the 17th International Conference on Outdoor Recreation and Education* (58-66). Bloomington, IL: Association of Outdoor Recreation and Education.

**Stenger, T. L.** & Hardin, S.E. (2004). Bowling. In *Encyclopedia of Recreation and Leisure in America* (pp. 128-130). New York: Charles Scribner’s Sons, 128-130.

Easter, B.A., Hardin, S.E., & **Stenger, T.L.** (2003). Legal issues related to adventure racing. *Journal of Legal Issues in Sport, 13*(3), 253-264.

Poff, R., Guthrie, S., Kafsky-DeGarmo, J., **Stenger, T.**, & Taylor, W. (Eds.) (2003). *Proceedings of the 16th International Conference on Outdoor Recreation and Education*. Bloomington, IL: Association of Outdoor Recreation and Education.

Hardin, S. & **Stenger, T**. (2003). Reporting outdoor recreation assessment data. In R. Poff, S. Guthrie, J. Kafsky-DeGarmo, **T.** **Stenger,**  & W. Taylor, (Eds.) *Proceedings of the 16th International Conference on Outdoor Recreation and Education*. Bloomington, IL: Association of Outdoor Recreation and Education.

Okamura, T. & **Stenger, T.** (submitted for publication to the *International Wilderness Journal*). The Effects of Residential Environmental and Adventure Education Programs on Wilderness Attitudes of Early Adolescent Japanese Students.

**Stenger, T.L.** (2003, Spring). West Nile Virus: The busy (or buzzy) season. *Association News: Association for Outdoor Recreation and Education Newsletter*, 7.

Powell, G., **Stenger, T., &** Loucks-Atkinson, A. (2002, Spring). An investigation of doctoral student preparation for careers in academe. *Society for Park and Recreation Educators Newsletter, 26*(2), 12-13.

Janssen, M. A. & **Stenger, T. L.** (2001, Spring). The search for recreation professors continues. SPRE Newsletter 25(2), 10-13.

**Stenger, T.L.** & Ryan, B.A. (2000). Processing for Picasso and Other Masters. In Proceedings of the 14th Annual International Conference on Outdoor Recreation & Education.

**Stenger, T.L.** (2000). Personality and Life Effectiveness in the Outdoors. In Proceedings of the 14th Annual International Conference on Outdoor Recreation & Education.

**Stenger, T.L.**, Ryan, B.A., & Jordan, D.J. (1999, November). Positive programming: The Common Denominator. Parks & Recreation, 34(11), 28-37, 40.

**Stenger, T.L.** (1995, Summer). At-Risk Youth Programming. Kentucky Recreation and Parks, 45(2), 18-19.

**Stenger, T.L.** (1994, Winter). Risk Management. Kentucky Recreation and Parks, 44(4), 15-17.

**Submitted Papers:**

**Stenger-Ramsey, T. L.** Ramaeker, B., & Spencer, S. (Submitted July 2013). Processing skills for outdoor leaders. *Proceedings of the 26th Association of Outdoor Recreation and Education Conference* Whitmore Lake, MI: Association of Outdoor Recreation and Education. .

**Stenger-Ramsey, T. L.** & Curl, L. (Submitted for review June, 2009). Leave no child inside: Taking physical education out of the gym. *KAHPERD Journal.* (peer reviewed).

Okamura, T. & **Stenger, T.** (Submitted for review August 2004 to the *International Wilderness Journal*). The Effects of Residential Environmental and Adventure Education Programs on Wilderness Attitudes of Early Adolescent Japanese Students. (Not accepted)

Poff, R., **Stenger-Ramsey, T**., Gibson, F., & Weis, R. (Submitted for review March 2007 to the Journal of Nonprofit Management, Education, and Leadership). Recreation academic programs and American Humanics: A natural fit. (Not accepted).

Poff, R., **Stenger-Ramsey, T.,** & Gibson, F. (Submitted for review August 2006 to SCHOLE ). Recreation academic programs and American Humanics: A natural fit. (Not accepted).

Poff, R., Guthrie, S., & **Stenger-Ramsey, T.,** & Gibson, F**.** (Submitted for review March 2006 to the Journal of Physical education, Health, Recreation, and Dance). Helping students understand the role of professional organizations in outdoor recreation*.* (Not accepted, revising to resubmit)

**Work In Progress**

**Stenger-Ramsey, T.L.,** Elder, A.J., Elder, C., and Phaneuf, B. (Work in Progress).Lightning awareness and best practices amongst outdoor leaders (Outcomes – Paper presented at Outdoor Recreation and Education Research Symposium2015 and to be submitted to the Journal of Outdoor Recreation, Education, and Leadership, Spring/Summer 2015).

**Stenger-Ramsey, T.L.** & Phaneuf, B., Elder, A.J., and Elder, C. (Work in Progress). Fitness level requirements of outdoor leaders (Literature review underway, initial data collection completed Fall 2014).

**Stenger-Ramsey, T. L**. (Work in Progress). Women in Outdoor Leadership: Perceived Constraints and Freedom. (To be submitted to the Journal of Outdoor Recreation, Education, and Leadership, Fall 2015).

Poff, R., **Stenger-Ramsey, T.L**., and Ramsing, R. (Work in Progress). Content analysis of outdoor education, recreation, and leadership articles. (To be submitted to the Journal of Outdoor Recreation, Education, and Leadership Spring 2015).

Ramsing, R. & **Stenger-Ramsey, T. L. (**Work in Progress). Status of recreation program volunteers in Kentucky municipal recreation and parks programs. (To be submitted to Kentucky Recreation and Parks Magazine Fall 2016).

**Stenger-Ramsey, T. l.** & Saylor, L. G. (Work in Progress). Flying High at 4-H Aviation Camp. (To be submitted to Camping Magazine during Fall 2015).

### Grantwriting:

**Stenger-Ramsey, T.** (2014). Outdoor Leader Fitness. WKU CHHS Faculty Research Scholarship - $2000 (Funded)

**Stenger-Ramsey, T.** (2009). Leave No Trace Community Connection Grant -$900 of educational materials (funded). For programs at Parker Bennett Community Center After-School Program serving children from disadvantaged and underserved backgrounds.

**Stenger-Ramsey, T.,** Gibson, F. & Ramsing, R. (2009). Provosts Initiatives for Excellence Grant. McChesney Field Campus Dedication $10,000 (Submitted – Not funded).

Gibson, F., & **Stenger-Ramsey, T.** (2007). Special funding request to Academic Affairs, CHHS, and PE/REC Department, $29,500 (funded). Construction funding to complete WKU Leadership and Education Center.

**Stenger-Ramsey, T. L.** & Gibson, F. (2007). Provosts Initiatives for Excellence Grant. High Challenge Course Safety Equipment $10,000 (funded).

Gibson, F. & **Stenger-Ramsey, T**. (2007). Challenge Course Facility Design, Development,and Construction. PIE Grant. $5000 (funded). Students enrolled in two different sections of Dr. Stenger-Ramsey's REC 482 (G) Recreation Workshop designed and created a trail system and the low elements of a challenge (ropes) course during the June 2007 academic term

Gibson, F., **Stenger-Ramsey, T**., Bartlett, L., Rudolph, J., Larson, B., Poff, R., Ramsing, R., and Spencer, S. (2006). Funding proposal to Ken Lee (Sen. Mitch McConnell). Proposal for development of WKU Outdoor Education and Leadership Center at WKU Farm. $750,000 (Submitted).

Spencer, S. & **Stenger-Ramsey, T. L.** (2006). Provosts Initiatives for Excellence Grant. Outdoor Leadership Semester. $1985.

Poff, R., & **Stenger, T.** (2005). *Journal of Outdoor Recreation and Education*. Western Kentucky University Provost’s Academic Excellence Initiatives. $15,000 (Submitted).

**Stenger, T.** (2005). *Service Learning in the National Parks*. Western Kentucky University Professional Development Funding to Develop Innovative Summer Courses (DELO). $3000 (Awarded).

### Southeast MO State University Grants and Research Funding Committee $750

###  (Awarded May, 2003) (co-authored)

### Ronald McDonald Children’s Charities (Awarded May, 1993) $10,000

 Union County YMCA, (co-authored)

### Presentations:

**Stenger-Ramsey, T.L.** & Phaneuf, B. (2014). Fitness for Outdoor Leaders: How fit is fit? Association of Outdoor Recreation and Education Annual Conference. November 12-14, 2014. Portland, OR.

**Stenger-Ramsey, T.L.** (2014). *Campsite Selection*. Lincoln Heritage Council, Boy Scouts of America Outdoor Leader Skills Workshop, October 26, 2014 (invited).

**Stenger-Ramsey, T.L.** (2014). *Hiking and Trail Techniques*. Lincoln Heritage Council, Boy Scouts of America Outdoor Leader Skills Workshop, October 26, 2014 (invited).

**Stenger-Ramsey, T.L.,** Spurlin, L., & Guess, B. (2013). *Best practices in lightning safety for parks and recreation professionals.* Kentucky Recreation and Parks Society Annual Conference. November 12-14, 2013. Hebron, KY.

**Stenger-Ramsey, T.L. &** Spencer, S. (2013). *Quick as lightning*. Association of Outdoor Recreation and Education Annual Conference. November 7-9, 2013. College Park, MD.

**Stenger-Ramsey, T. L**. (2013). *Outdoor Activities for Seniors*. Central Kentucky Region: Kentucky Activity Directors Society Annual Meeting. April 11, 2013, Lucas, KY (invited)

Poff, R., **Stenger-Ramsey, T.,** Ramsing, R. & Spencer, S. (2012)*Outdoor recreation journals: A topical analysis from 2009-2013.* AORE Research Symposium, November 9, 2012, Snowbird, UT (peer reviewed)

**Stenger-Ramsey, T. L.,** Ramaeker, B., & Spencer S. (2012). ***Processing: Going beyond "What, So What, and Now What."* Association of Outdoor Recreation and Education Annual Conference, November 8-10, 2012, Snowbird, UT.**

Spencer, S. & **Stenger-Ramsey, T.L.** (2012). Outdoor Leadership Programs: Teaching, living, and modeling the outdoor ethic. Kentucky Association of Environmental Education Conference. September 14-15, 2012, Lake Cumberland State Resort Park.

Ramsing, R**. & Stenger-Ramsey, T. L.** (2011). *Motivating volunteers: Best practices*.Kentucky Recreation and Parks Society Conference, November 15-19, 2011, Bowling Green, KY.

**Stenger-Ramsey, T. L.,** Ramaeker, B., Garabato, T., and Bentley, C.(2011). *Put some adventure into your professional development training: WKU Challenge Course.* Kentucky Recreation and Parks Society Conference, November 15-19, 2011, Bowling Green, KY.

**Stenger-Ramsey, T. L**. & Spencer, S. (2011). *Environmental stewardship in action on university campuses: The Earth Force Model*. Association of Outdoor Recreation and Education Annual Conference, November 3-5, 2011, San Antonio, TX.

**Stenger-Ramsey, T. L.** (2011), *Leave No Trace for the front-country*. Invited Presentation - Lost River Cave Great American Campout, Bowling Green, KY August 27, 2011.

Spencer, S. & **Stenger-Ramsey, T. L**., Spencer, T. (2010). *Canoe Instructor Options:  How to obtain your American Canoe Instructor Certification*. Kentucky Recreation and Parks Society Annual Conference, Lake Barkley State Park, Cadiz, KY November 16-19, 2010

**Stenger-Ramsey, T**., Spencer, S. (2010). *Develop a Canoe Instructor Program as part of your Outdoor Program the ACA Way*.  Association of Outdoor Recreation and Education, November 11-14, 2010, Keystone, CO.

Spencer S. & **Stenger-Ramsey, T**. (2010). *Canoeing on the Green River*. Kentucky Association of Environmental Education Conference, September 17, 2010, Cave City, KY.

Spencer, S. & **Stenger‑Ramsey, T.** (2010). *Development and Management of a Canoe Instructor Program as Part of a WEA Affiliates’ Outdoor Leadership Program*. National Conference of the WEA, Estes Park, CO, Feb.

**Stenger-Ramsey, T. L.,** Larson, B. & Ramsing, R. (2009). *Shooting Sports Facility Development: A Case Study*. Hawaii International Conference on Education, January 7-10, 2010, Honolulu, HI.

**Stenger-Ramsey, T. L**., Larson, B. & Gibson, F., Hey, W. (2009). *Sport management curriculum development in higher education*. Hawaii International Conference on Education, January 7-10, 2010, Honolulu, HI.

Larson, B., **Stenger-Ramsey, T. L**., & Ramsing, R. (2009). *Economic impact of shooting sports in the United States.*  Hawaii International Conference on Education, January 7-10, 2010, Honolulu, HI.

Larson, B. **Stenger-Ramsey, T. L**., & Ramsing, R. (2009). *Hosting shooting sports tournaments: A study on economic impact.*  Hawaii International Conference on Education, January 7-10, 2010, Honolulu, HI.

Ramsing, R., Larson, B. & **Stenger-Ramsey, T. L**. (2009). *Competitive shooting and the flow experience.*  Hawaii International Conference on Education, January 7-10, 2010, Honolulu, HI.

Ramsing, R. Larson, B. & **Stenger-Ramsey, T. L**. (2009). *Economic impact of whitewater parks.*  Hawaii International Conference on Education, January 7-10, 2010, Honolulu, HI.

**Stenger-Ramsey, T.L.** & Spencer, S. (2009). *Warren County Blueways: Student civic engagement at its best.* Association of Outdoor Recreation and Education (AORE) 2009 Annual Conference, November 5-7, 2009, Minneapolis, MN

Gibson, H., Cowan, J. & **Stenger-Ramsey, T. L**. (2009). *Leave No Trace Master Educator Workshop*. May 29-31, 2009 Kemberling City, MO.,

Cary, K., Spencer, S., & **Stenger-Ramsey, T.** (2009). *Warren County Blueways: Building local economies by expanding river awareness and stewardship.*.2009 Campus Community Partnerships for Sustainability Conference April 25, 2009. Bowling Green, KY.

Spencer, S., Cary, K., and **Stenger-Ramsey, T**. (2009). *Warren County Blueways Initiative*. Kentucky Water Resources Research Institute Annual Symposium, Mar. 2009. Lexington.

Wagstaff, M., (2009). *A new teaching tool for aspiring outdoor leaders*. Panel members: **Tammie Stenger-Ramsey**, David Goodman, Tommy Holden, Bruce Martin, Chris Pelchat, and Tom Stuessy, Wilderness Education Association 2009 National Conference on Outdoor Leadership, February ,2009, Bloomington, IN

Ramsing, R.& **Stenger-Ramsey, T. L.** (2008). *Developing an urban outdoor ethic: Learning to minimize impact.* Kentucky Recreation and Park Society Annual Conference, November 12-14, 2008, Hebron, KY.

**Stenger-Ramsey, T.**, Bartlett, L., Gibson, F. & Poff, R. (2008). *Building a challenge course? The important role of partnerships.* 2008 AORE Conference on Outdoor Recreation and Education, November, 1-3, 2008, San Diego, CA.

Spencer, S. Cary, K. & **Stenger-Ramsey, T**. (2008). *Warren County Blueways*. KRPS Conference, November, 12-14 2008, Hebron, KY.

Gibson, F., Poff, R., **Stenger-Ramsey, T**., & Hottel, D. (2007). *Transforming classroom instruction into professional practice: Bass fishing or dodgeball anyone?* 2007 Engaging the Spirit: Tools for Student Success, August 20, 2007, Bowling Green, KY. (Accepted).

Cleinmark, J., Poff, R., **Stenger-Ramsey, T.,** & Gibson, F. (2007). *Appalachian Trail hikers and self-reported outdoor ethics practices*. Posters-at-the-Capitol 2007, February 15, 2007. Frankfort, KY.

Spencer, S. & **Stenger-Ramsey, T**. (2007). *The Outdoor Leadership Curriculum: Western Kentucky's New WEA NSP and More*. Wilderness Education Association 2007 National Conference on Outdoor Leadership, Feburary 7-10, 2007. Estes Park, CO.

Cleinmark, J., Poff, R., **Stenger-Ramsey, T.,** & Gibson, F. (2007). *Appalachian Trail hikers and self-reported outdoor ethics practices.* 37th Annual WKU Student Research Conference, March 31, 2007, Bowling Green, KY

**Stenger-Ramsey, T**. & Curl, L. (2007). *The effects of Nature-Deficit Disorder*. 2007 Association of Outdoor Recreation and Education, November 1-3, 2007, Asheville, NC.

Ramsing, R., **Stenger-Ramsey, T**., & DeGraaf, D. (2007). *Learning to live lightly*. Association Of Outdoor Recreation and Education Conference, November 1-3,Asheville, NC

Poff, R., Gibson, F., & **Stenger-Ramsey, T.** (2007). *Looking at outdoor recreation: A content analysis of 20 years of conference papers*. 2007 Association of Outdoor Recreation and Education Research Symposium, November 1-3, 2007, Asheville, NC

Poff, R., Cleinmark, J., **Stenger-Ramsey, T**., & Gibson, F. (2006). *Leave no trace practices of Appalachian Trail hikers*. (Poster Presentation at the 2006 Association of Outdoor Recreation and Education Research Symposium, November 2-4, 2006, Boise, ID).

**Stenger-Ramsey, T. L.** & Gibson, F. (2006). *Internships: What I learned, What I would change*. Presentation at the 2006 Kentucky Recreation and Park Society Conference, Bowling Green, KY November 11-15, 2006.

**Stenger-Ramsey, T.** (2006). *Namaste: Incorporating Yoga into the 18-point Curriculum*. Wilderness Education Association National Conference on Outdoor Leadership, February 15-18, Martinsville, IN.

**Stenger-Ramsey, T**., Spencer, S. & Gibson, F. (2006). *Civic engagement and service learning in the backcountry classroom: redefining the concept of community*. Wilderness Education Association National Conference on Outdoor Leadership, February 15-18, Martinsville, IN.

Poff, R., Gibson, F., & **Stenger-Ramsey, T**. (2006). *Overview of outdoor recreation programs at NIRSA institutions*. NIRSA National Conference and Recreational Sports Exposition, April 4-8, Louisville, KY.

**Stenger-Ramsey, T**., Gibson, F., Hey, W. & Poff, R. (2006). *Promoting civic engagement through classroom instruction*. Hawaii International Conference on Education, January 6-9, Honolulu, HI,

**Stenger, T.,** Gibson, F., & Poff, R. (2005). *Engaging your community: one university’s model*. Kentucky Recreation and Park Society Conference, November 6-8, Louisville, KY.

Poff, R., **Stenger, T**. & Stuessy, T. (2005). *The current status of nonprofit outdoor recreation programs in the U.S.* 2005 Association of Outdoor Recreation and Education Research Symposium. 19th AORE Conference on Outdoor Recreation and Education, October 27-29, Buffalo, NY.

**Stenger, T.L**. (2005). *Setting priorities = improved time management*. Kappa Delta Personal Enrichment Program, September 6, Bowling Green.

**Stenger, T.L**. (2005). *Student success through challenge activities*. KAHPERD Physical Education Summer Workshop, June 27-28, Bowling Green, KY.

**Stenger, T.L**. (2005). *Women in the outdoors*. Morganfield Lion’s Club Business Meeting, June 10, Morganfield, KY.

**Stenger, T. L.** & Schmid, D. (2005) *Epiphany outdoor leadership semester: Challenges and rewards.* 2005 Wilderness Education Association National Conference on Outdoor Leadership, February 18-20, Estes Park, CO.

Spencer, S., Tindell, J. Clement, K., Carter, C., **Stenger, T.,** Teeters, C. (2005) *Panel discussion: The semester long curriculum.* 2005 Wilderness Education Association National Conference on Outdoor Leadership, February 18 – 20, Estes Park, CO.

Gibson, F., Poff, R., **Stenger, T.,** & Deere, R. (2004). *Professional development for health, physical education, and recreation majors.* Alabama State Association for Health, Physical Education, Recreation, and Dance Conference, November 14-16, Birmingham, AL.

 Gibson, F., **Stenger, T.,** Poff, R. (2004). *Survival Skills for the Recreation Major.*  Kentucky Recreation and Parks Society Conference, November 14-16, 2004, Paducah, KY,

**Stenger, T. L.(**2004). *Going beyond LNT principles: Teaching environmental ethics* 18th International Conference on Outdoor Recreation and Education, October 28-30, 2004, Burns, TN

Spencer, S., Poff, R., & **Stenger, T.** (2004). *No matter how blue the sky, set up your fly* 18th International Conference on Outdoor Recreation and Education, October 28-30, 2004, Burns, TN

Wilderness Education Association National Conference on Outdoor Leadership – 2/04

Bloomington, IN

 *How do you teach environmental ethics?*

Coalition for Education in the Outdoors Research Symposium - Bradford Woods, IN 1/04

 *Session Moderator*

Coalition for Education in the Outdoors Research Symposium - Bradford Woods, IN 1/04

 *Co-Facilitated Get Acquainted Activities*

International Conference on Outdoor Recreation and Education, Orem UT 10/03

 *Adventure Racing: Legal Concerns and Risk* (Co-presenter)

International Conference on Outdoor Recreation and Education, Orem UT 10/03

 *Tarps: The Activity Resource Packaged Simply*

Southeast Missouri Coalition for Peace and Justice Peace Rally – Cape Girardeau, MO 03/03

 *They made a desert and called it peace*

SPRE Teaching Institute – Stillwater, OK 1/03

 *First Year Survival Tips* (Panel presenter)

Delta Delta Delta Sorority Enrichment Workshop – Cape Girardeau, MO 11/02

 *Benefits of Yoga*

International Conference on Outdoor Recreation and Education – Charleston, SC 10/02

 *If data were to fall in a forest, and no one was paying attention, would it make any noise?*

 *OR Reporting Assessment Data* (Co-presenter)

Residence Life Community Advisor Training– Southeast Missouri State University – 8/02

 Cape Girardeau, MO *Southeast Challenge Teambuilding* (Coordinator)

American Camping Association National Conference Research Symposium– 2/02

 Washington DC **(Peer reviewed)** *Impact of adventure-based resident outdoor*

 *education programs on life effectiveness.*

Coalition for Education in the Outdoors Research Symposium – Bradford Woods, IN 1/02

 **(Peer reviewed)** *Sequence of Adventure Based Residential Outdoor Education and*

 *Middle School Students’ Perceptions of Life Effectiveness*

## International Conference on Outdoor Recreation and Education – Pocatello, ID 11/01

 *Bottomless Backpack of Tricks* (Co-presenter)

## International Conference on Outdoor Recreation and Education – Pocatello, ID 11/01

##  *Programming Decisions: What should they do first? What should they do next?*

Residence Life Community Advisor Training– Southeast Missouri State University – 8/01

 Cape Girardeau, MO *Southeast Challenge Teambuilding* (Co-facilitator)

## SPRE Teaching Institute – Salt Lake City, UT (Peer reviewed) 2/01

#####  Making the Transition: From Practitioner to Professor (Co-presenter)

International Conference on Outdoor Recreation and Education - Oxford, OH 11/00

 *Personality and Life Effectiveness in the Outdoors*

International Conference on Outdoor Recreation and Education - Oxford, OH 11/00

#####  Processing for Picasso and Other Masters (Co-presenter)

Becoming an Outdoors Woman Workshop - Bartlesville, OK 10/00

 *Nature Crafts AND Campfire Program*

Oxley Nature Center Outdoors Woman Workshop - Tulsa, OK 4/00

 *Camping Without a Trace AND Equipment Selection for Camping and Backpacking*

Leisure Laboratory, Oklahoma State University, University of North Texas, and 3/00

 Grambling State University - Lake Texoma, OK

 *Nature Activities* (Co-presenter) AND *Song Leading AND Arts & Crafts* (Co-presenter)

Coalition for Education in the Outdoors Research Symposium - Bradford Woods, IN 1/00

#####  Session Moderator

Coalition for Education in the Outdoors Research Symposium - Bradford Woods, IN 1/00

 *Co-Facilitated Get Acquainted Activities*

International Conference on Outdoor Recreation & Education - Jackson, WY 11/99

#####  What to do when you don’t have much time! (Co-presenter)

Becoming an Outdoors Woman Workshop - Bartlesville, OK 9/99

#####  Ice Breakers and Get Acquainted Games

Lawton Public Schools Physical Education In-service Training - Lawton, OK 8/99

#####  Orienteering and teambuilding: Inclusive physical education

NRPA Midwest/Southwest Regional Conference – Fayetteville, AR 3/99

#####  Risk management: You be the judge (Co-presenter)

Tulsa Public Schools Physical Educator’s Professional Development Day – Tulsa, OK 11/98

#####  Orienteering: Adding outdoor education to your curriculum

Oklahoma State University and North Texas University Leisure Lab – Stillwater, OK 10/98

 *Night hikes and sensory awareness AND Quick and easy environmental activities*

ISSUES - Kentucky High School Leadership Conference – Jabez, KY 10/95

#####  Alcohol, tobacco, and drug influence on teens (Co-facilitator)

Kentucky 4-H Week – Lexington, KY 5/95

#####  Country line dancing

Pennyrile Area 4-H Teen Council Round-up – Golden Pond, KY 2/95

#####  Outdoor Survival

KAHPERD Annual Conference – Louisville, KY 11/94

 Internships: What to expect *(Panel presenter)*

**Directing Student Research and Independent Investigations:**

Ben Phaneuf – Lightning Safety knowledge of outdoor leaders 08/14 – present

 Ben Phaneuf – Outdoor Leader Fitness 08/14-present

Ben Ramaeker – Challenge Course Facility Development 07/12 – 11/12

Brittany Gary – Tourism Development in Grayson Co. 05/12 – 10/12

Crawford Kilpatrick – Childhood Obesity and Activity Levels 1/12 – 5/12

Lloyd Saylor – 4-H Aviation Camp 11/08 – 11/10

 Justin Anderson – Challenge Course 01/08 – 05/08

Lora Curl – Nature Deficit Disorder 05/07 – 06/09

 Kristina Garvey – WKU Recreation Administration Recruitment 02/07 – 06/07

 Kenna Brophey – Crisis Management in Recreation 01/07 – 06/09

 Joe Cleinmark – Appalachian Trail Leave No Trace Research Project 04/06 – 11/07

### Photo Credit:

**Stenger, T.L.** (2002). Southern States Cooperative Country Magic Calendar. (Juried).

**SERVICE:**

**Professional Service:**

*Association of Outdoor Recreation and Education*

 Research and Publication Committee Member 11/02 – Present
Awards Committee Member – Scholarship and Award Reviewer 11/02-Present

 Student Literary Award Reviewer Fall 2012

 Research Symposium Abstract Reviewer Summer 2005, 2010, 2012

 Professional Development Scholarship Coordinator 10/08 – 11/11

 Awards Committee Chair 11/05 – 11/11

 Student Literary Award Chair 10/05 – 5/09, 11/11-11/12

 Leave No Trace Master Educator Scholarship Coordinator 6/04 – 10/08

 Environmental Stewardship Committee Member 11/02 – 11/08

 Conference Educational Session Proposal Reviewer 05/07 – 08/07

 Board of Directors Member 11/02 – 11/06

 Awards Committee – Board Liaison 11/02 – 11/06

 Secretary 11/03 – 11/05

 Student Literary Award Creator 10/05

Newsletter Committee Chairperson 11/01 – 10/02

*National Outdoor Book Awards*

 *Judge,* Children’s Book Category Fall 2003-Present

 *Presenter*, Awards Ceremony Fall 2004, 2006

*Wilderness Education Association*

Awards Committee Member 08/05 – 02/08

National Standards Program Certifying Instructor 01/04 - Present

 Journal of Wilderness Education Association, Article Reviewer 02/06 – 07/06

 Boundary Waters Canoe Expedition Apprentice Instructor, SIU 5/03

*ERIC/CRESS Guest Manuscript Reviewer* 4/99

**Professional Organization Affiliation:**

## Kentucky Recreation and Parks Society 10/04 - Present

Wilderness Education Association 08/01 - Present

Association of Outdoor Recreation and Education 9/99 - Present

National Recreation and Park Association 9/98 – 9/08

## American Camping Association 4/97 – 4/08

**Professional Service Affiliation:**

Boy Scouts of America 8/09 – Present

 BALOO Instructor 11/10-Present

 Pack Committee 8/11-01/13

 Cubmaster, Pack 610 1/10 – 8/11

 Assistant Den Leader, Pack 610 8/09 – 1/10

Kentucky 4-H Camping Program May 94- 95, 09-12

 Camp Staff Trainer – songs, large group activities, and dances 94- 95, 09-12

 Recreation Instructor Staff Trainer May 09 - 12

West Kentucky 4-H Camp Improvement Committee 4/05 - Present

 Marketing Committee 1/12-Present

 Search Committee, Camp Director 11/08 – 1/09

 Adopt-a-cabin Campaign Chair 07/08 – 06/11

 Vice President 7/05 – 7/09

Leave No Trace, Inc. 2001 - Present

 Master Educator Instructor 01/10 - Present

 Master Educator Apprentice Instructor 06/09

 Leave No Trace Master Educator 2001 - Present

Wilderness Education Association

 LNT Master Educator Instructor 01/10 – Present

 IROL Instructor 01/10 – Present

 NSP Instructor 02/04 – 01/10

American Canoe Association 2002 - Present

 Canoe Instructor 05/07 - Present

 Kayak Instructor 11/02 – 08-05

**Other Organization Affiliation:**

Sierra Club 2002 - Present

Kappa Delta Bowling Green Alumnae Association 08/05 – 08/08

Bowling Green Junior Women’s Club 11/04 – 11/08

**Western Kentucky University Service:**

 **Committees:**

Academic Program Review Committee 05/13 - Present

WKU Challenge Course Advisory Committee, Co-Chair 08/06 - Present

KRS Tenure and Promotion Committee 08/11 – Present

 Chair 2013-2014

Kappa Delta Faculty Advisor 08/06 – 05/14

Boyd-Lubker Visiting Scholar Committee 08/11 – 05/14

Collegiate 4-H Club Advisor 03/08 – 09/14

College of HHS Advising Committee 08/04 – 08/13

Search Committee Member, CHHS Academic Center for Excellence (ACE) 01/12 – 05/12

 Coordinator

Search Committee Member, Department Head, Kinesiology, Recreation & Sport 09/11 – 03/12

Search Committee Member, Administrative Assistant, Kinesiology, Recreation

 & Sport 05/11 – 08/11

CHHS Research Committee Member 01/11 – 05/11

Search Committee Member, Assistant Professor Sport and Recreation 11/09 – 2/10

Search Committee Member, Administrative Assistant, Kinesiology, Recreation

 & Sport 05/09 – 07/09

Search Committee Member, Physical Education & ACE Instructor 01/09 – 04/09

Search Committee Member, Assistant Professor Sport Management 09/08 – 01/09

Shanty Hollow Shooting Sports Complex Advisory Committee 08/07 – 01/09

CAS Review Team for Department of Intramural-Recreational Sports 06/07 – 08/07

McChesney Field Campus Advisory Committee 01/07 – 8/10

 Dedication Subcommittee 04/09 – 07/09

University Senate Representative 04/07 – 08/08

 Academic Quality Subcommittee 08/08 – 05/08

College of HHS Curriculum Committee Alternate 08/06 – 08/07

iCAP/ Degree Audit Advisory Committee 07/06 – 08/07

Department Representative for United Way Campaign 10/05 – 10/06

University Senate Alternate 05/05 – 05/07

College of HHS Teaching Squares – Square Coordinator 08/05 – 12/05

Search Committee Member, Sport Club Coordinator 4/05 -5/05

Search Committee Member, Assistant Professor Recreation Administration 9/04 – 1/05

Department Representative for United Way Campaign 10/04

Recreation Major’s Club Advisor08/04 – 08/10

Kappa Delta Chapter Advisory Committee Member – Chapter Excellence 08/04 – 08/06

**Special Projects, Programs, and Events:**

WKU Department of Intramural-Recreational Sports and Department of Kinesiology, 05/14

 Recreation and Sport – Challenge Course Technical Skills Inservice Training

WKU Department of Intramural-Recreational Sports and Department of Kinesiology, 07/13

 Recreation and Sport - Challenge Course Technical Skills Inservice Training

WKU Police Leadership Academy – Teambuilding Training 07/13

WKU Department of Student Organization Graduate Assistants – Teambuilding Training 08/13

WKU Department of Intramural-Recreational Sports, Student Employee Board – 11/12

 Guest Speaker “Building a better resume: Linking your student employment experience to future career goals”

WKU Major Fair – Recruit students for Recreation major and Department Programs 10/06 - 12

Guest Lecturer – CHHS 175 9/11, 10/11, 9/12

Image West – Staff Development and Teambuilding Training 08/09

WKU Department of Intramural-Recreational Sport - Staff Development and 08/08

 Teambuilding Training

College of HHS Advising Workshop – Guest Speaker 10/07

Leadershape – Teambuilding Training for 40 WKU students, Maple Mount, KY 05/07

Consultant for WKU American Humanics Program Banner and Publicity Materials 10/06

Western Window Guest– TV Channel 12 the WB. Promoted Outdoor Leadership 04/06

 Minor and Semester

The Red Zone Guest – WKU Radio 91/7 FM “The Revolution.” Promoted major 04/06

 and Outdoor Leadership minor and semester

Welcome Back Western! Recreation Majors’ Club Booth. Promoted major 08/05

**Southeast Missouri State University Service:**

 **Committees:**

Department Student Affairs Committee- Chairperson 08/03 – 05/04

SEMO Rock Club Advisor 03/03 – 05/04

College Activities Committee 10/02 – 05/04

Commencement Committee 10/02 – 05/04

Wellness Advisory Committee 8/02 – 05/04

College Activities Committee 9/02 – 05/04

Recreation Club Co-advisor 08/01 – 05/04

 **Special projects, programs, and events:**

*Epiphany Outdoor Leadership Semester Coordinator* 1/04-5/04

*Coordinator, Outdoor Leadership Semester Media Day* 4/04

*Epiphany Outdoor Leadership Semester Trip Co-leader,*(Canyoneering) 3/04

*Yoga Instructor,* Wellness Advantage, (1-2 classes per week) 8/02 – 12/03

*Liaison to Students,* Family Weekend, Recreational Sports 9/03

*Southeast Challenge Teambuilding Facilitator,* Community Advisor Training 8/03

*Outdoor Activity Coordinator,*Caving and Bicycling, University Opening Week 8/03

*Epiphany Outdoor Experiences Trip Leader,*(Sea Kayaking, Mountain Biking, Hiking) 7/03

*Liaison to Students,* Family Weekend, Recreational Sports 9/02

*Southeast Challenge Teambuilding Facilitator,* Community Advisor Training 8/02

*Recreation Activity Coordinator,* Volleyball and Water Games, University Opening Week 8/02

*Adventure in the Outdoors Workshop Instructor,* Horizons Summer Enrichment Program 6/02

*Epiphany Outdoor Experiences Trip Co-leader,*(Whitewater Rafting, Climbing, Hiking) 5/02

*Epiphany Outdoor Experiences Trip Co-leader,*(Downhill Snow Skiing) 3/02

*Southeast Continuing Education Caving Trip Leader,* 2/02

*Epiphany Outdoor Experiences Trip Co-leader,* (Whitewater Rafting, Climbing) 10/01

*Liaison to Students,* Family Weekend, Recreational Sports 9/01

*Southeast Challenge Teambuilding Facilitator,* Community Advisor Training 8/01

**Student Engagement:**

*Recreation Student and Professional Social, Co-coordinator,* Opportunity for 05/13

 students to network with recreation practitioners around the state prior to

 the Recreation Administration Program Advisory Committee Meeting

*Forever Young: Obstacle Course Run – Coordinator*, Opportunity for students to 12/13

 plan, organize, implement, and evaluate a charity fundraiser. Raised $1500 for

 the Boys and Girls Club of Bowling Green.

*Outdoor Leadership Semester – Co-instructor,* Teach students outdoor Spring 2006-13

 leadership skills, and take them on five weeks of extended outdoor field

 experiences during spring semesters. Certify students with up to three

 national certifications as part of the program,

 Wilderness Education Association Certified Outdoor Leader,

 American Canoe Association Canoe Instructor,

 Leave No Trace Trainer Certificate.

*American Canoe Association Tandem Canoe Moving Water Workshop – Instructor* 06/09 - 13

 PE 300 students learned canoeing through the ACA sanctioned curriculum.

*Leave No Trace Trainer Workshop – Instructor* PE 300 students received06/09 - 13

 Leave No Trace Trainer Certificates from the Center forOutdoor Ethics*.*

*Project WILD Workshop –Coordinator* PE 300 students trained as Project Wild 06/09 - 13

 Facilitators during a workshop with the WKU Center for Environmental

 Education and Sustainability.

 Leave No Trace Master Educator Certificate

*Warren County Blueways –Assistant-Coordinator,* Outdoor leadership students Fall 2004-13

 take GPS and photographic data for input into a GIS system that demonstrates

 river access for a variety of recreation activities. Students have also created

 signs and promotional materials for the project that maps over 180 miles of

 navigable creeks and rivers in Warren Co, KY.

*Kelly Autism Program Canoe Outing – Co-coordinator,* One day outing where 05/07-13

 students work individually with children in the KAP program teaching

 them canoeing skills.

*Outdoor Leadership Public Relations Day – Coordinator,* Students created 05/06, 05/09

 poster presentations and displayed them at Downing University Center to 05/11, 05/12

 share their experiences and recruit new students for minor.

*Outdoor Recreation Agency Visits – Coordinator*, REC 330 Students visited Spring 2005 - 11

 outdoor recreation Resource Management Agencies to learn about agency

 missions and land management principles and policies

*KRPS Future Professionals Social,* REC 306 students planned and implemented

 a social for student and professional members of KRPS 11/12

*Cornhole on the Hill,* REC 306 Students raised over $1000 for WKU scholarships 11/11, 11/12

*Stress Busters,* REC 306 students created 5, 2-hour programs for WKU students 11/11 – 12/11

 leading up to final exams

*New Beginnings Therapeutic Riding Bicycle Ride – Coordinator* 08/10 – 10/10

 REC 306 students raised over $3000 for New Beginnings Therapeutic Riding

*Bicycle Poker Ride – Charity Bicycle Ride Coordinator,* REC 306 Studentsraised 11/08

 $200 for Bowling Green Special Olympics and WKU Recreation Student Scholarships*.*

*Car Bash – Charity Fundraiser Coordinator –* REC 306 Studentsraised $100 12/08

for Bowling Green Special Olympics and WKU Recreation Student Scholarships.

*National Park Service Beetle Bio Blitz –* Outdoor Leadership Students and Faculty 03/08

 assisted NPS Rangers and Researchers find rare beetles indicative of water quality

 in the Buffalo River area.

*Hilltopper Black Bag Classic* Fundraising bass fishing tournament hosted by 01/05 – 05/08

 REC 306 and 521 students. Raised over $12,000 for The Dream Factory

 *Consultant* Spring 2008

 *Coordinator* Spring 2006-07

 *Co-Coordinator* Spring 2005

*Professional Development Activities,* REC 320 students worked with recreation Fall 2004-08

 professionals and WKU Career Services to enhance resume, cover letter, and

 interviewing skills. They also attended a professional seminar or conference.

*Charity Dodgeball Tournaments - Coordinator,* Fundraiser hosted by REC 306 09/04 – 12/07

 students. Raised over $3500 for Bowling Green Special Olympics.

 Raised $100 for Plano Elementary Playground.

 Raised $350 for WKU Recreation Student Scholarship funds

*Recreation Activity Facilitation – Coordinator,* REC 322 students planned, led, and Fall 06-07

 evaluated programs for groups from diverse backgrounds in the Bowling Green

 area. They worked with preschool students at First Baptist Child Development

 Center, Community Education after-school programs for elementary students,

 and adults with special needs at the Barren River Area Adult Day Center.

*Caldwell County Primary School Outdoor Education Day – Co-coordinator* 05/06

 Outdoor Leadership students taught outdoor education activities to

 125 fourth grade students

*WKU Bike Rack Needs Assessment –* 8 Recreation students checked locations of Spring 2006

 bike racks around campus. Information shared with WKU Parking and

 Transportation

*River Trash Pick-up – Coordinator,* 8 Recreation students cleaned up Drakes Creek 04/06

*Fall Fun Friday – Coordinator,* REC 322 students planned, implemented, and evaluated 11/05

 A workshop for the Community Education After School Program at McNeill

 Elementary School

*Football for Katrina - Coordinator,* Fundraiser hosted by the Recreation Majors Club 09/05

 Raised over $500 for hurricane relief.

**Public Service:**

*Boy Scouts of America,* Cub and Family Camp Canoe Instruction, Russellville, KY 10/13

*The Foundry,* Summer Day Camp Volunteer, Bowling Green, KY 06/13

*Boy Scouts of America, Basic Adult Leader Outdoor Orientation Workshop Facilitator* 10/11

 Bowling Green, KY

*Boy Scouts of America, Basic Adult Leader Outdoor Orientation Workshop Facilitator* 10/10

Russellville, KY

*Cub Scouts Pack 610, Cubmaster* 01/10-08/11

*Image West, Staff Development Teambuilding Workshop Lead Facilitator* 08/09

*Monroe County Migrant Worker Program, Teambuilding Workshop Lead Facilitator* 06/09

 Bowling Green, KY

*Shawnee Trails Council, BSA Cub Scout Day Camp,* Wolf Den Program Coordinator 06/09

 Bowling Green, KY

*WKU College of Agriculture – Future Leaders in Agriculture, Teambuilding Workshop* 06/09

 *Lead Facilitator,* Bowling Green, KY

*Kentucky 4-H Camp Program, Camp Staff Trainer,* Jabez, KY 05/09 – 05/12

*Cub Scouts Pack 610, Leave No Trace Workshop Coordinator,* Glasgow, KY 04/09

*WKU College of Agriculture – Future Leaders in Agriculture, Teambuilding Workshop* 06/08

 *Lead Facilitator,* Bowling Green, KY

*WKU College of Education – Future Teachers Camp, Teambuilding Workshop* 06/08

 *Lead Facilitator*, Bowling Green, KY

*West Kentucky 4-H Camp*

 *Camp Improvement Workday,* Dawson Springs, KY 03/08

 *Horse Arena Ground Prep Workday,* Dawson Springs, KY 05/07

*Plano Elementary PTO member* 08/07 – 05/11

 Volunteer for pancake breakfast, Spring Fling, and Fall Festival

*Broadway United Methodist Church Volunteer,* Bowling Green, KY10/06 – Present

 *Praise Band Member* 10/06 - Present

 *Children’s Ministry, Sunday School Substitute Teacher* 10/06 - Present

 *Church-wide Yard Sale Volunteer* 4/09

 *As One Campaign – Youth Ministry Subcommittee* 01/10 – 04/10

 *Youth Ministry Bible Study Substitute Leader* 09/10 - Present

 *Christmas Decorator* 12/07

 *Welcome Ministry* 10/06-8/08

*Duncan Hines Festival Volunteer* 08/05-08/06

 *Children’s Activity Volunteer,* Bowling Green, KY 08/06

 *Street Dance Clean-up,* Bowling Green, KY 08/05

 *Duck Derby Volunteer,* Bowling Green, KY 08/05

*Judge, Warren County 4-H Exhibits,* South Central Kentucky Fair 07/05

*Bowling Green Women’s Show Fashion Show Volunteer,* Bowling Green, KY 06/05

*Challenge Course Facilitator,* CapeGirardeau County 4-H Camp, 07/04

 University of Missouri, Fredericktown, MO

*Girl Scouts Camping Interest Badge Workshop Coordinator,* Girl Scouts 4/04

 of Otahki Council

*Project Charlie Facilitator,* Drug prevention and self-esteem program for students 8/03-5/04

 at Franklin Elementary , Cape Girardeau, MO

*Challenge Course Facilitator,* CapeGirardeau County 4-H Camp, 7/03

 University of Missouri, Fredericktown, MO

*Liaison to Students,* Girl Scouts of Otahki Council, Sport Sampler Day 10/02

*Workday Volunteer,* Habitat for Humanity 11/02

*Challenge Course Facilitator,* Cape Girardeau County 4-H Camp, 7/02

 University of Missouri, Fredericktown, MO

*Guest Speaker,* Girl Scouts of Otahki Council, Sport Sampler Day 3/02

*Liaison to Students,* Girl Scouts of Otahki Council, Sport Sampler Day 10/01

#### PROFESSIONAL DEVELOPMENT & CONTINUING EDUCATION:

*WKU Online Teaching Summer Bootcamp,* Bowling Green, KY 07/14

*Kentucky Recreation and Parks Society Conference,* Hebron, KY 11/13

*Association of Outdoor Recreation and Education Annual Conference,* College Park, MD 11/13

*Association of Outdoor Recreation and Education Annual Conference,* Snowbird, UT 11/12

*Association of Outdoor Recreation and Education Annual Conference*, San Antonio, TX 11/11

*Kentucky Recreation and Parks Society Conference*, Bowling Green, KY 11/11

*American Canoe Association National Paddlesports Conference,* Louisville, KY 10/11

*American Canoe Association Instructor Update,* Louisville, KY 10/11

*Association of Outdoor Recreation and Education Annual Conference,* Keystone, CO 11/10

*Kentucky Recreation and Park Society Conference,* Cadiz, KY 11/10

*Kentucky Association of Environmental Education,* Cave City, KY 9/10

*WKU Enhancing the Spirit Conference,* Bowling Green, KY 8/10

*Association of Outdoor Recreation and Education Annual Conference,* Minneapolis, MN 11/09

*Leave No Trace Master Educator Apprenticeship,* Kimberling City, MO 05/09

*Wilderness Education Association National Conference on Outdoor Leadership,* 02/09

Bloomington, IN

*SOLO Wilderness First Responder course*. Bowling Green, KY Expires 01/12 01/09

*American Heart Association - Heartsaver CPR*. Bowling Green, KY Expires 01/11 01/09

*Kentucky Recreation and Park Society Conference*, Hebron, KY 11/08

*Association of Outdoor Recreation and Education Annual Conference,* San Diego, CA 10/08

*WKU Advanced Online Teaching Workshop,* Bowling Green, KY 10/08

*Western Kentucky University, Engaging the Spirit Conference*, Bowling Green, KY 08/08

*ACA Level III River Canoeing Instructor Course,* Bowling Green, KY 04/08

*ACA Canoe Instructor Update,* Bowling Green, KY 11/07

*Association of Outdoor Recreation and Education Annual Conference,* Asheville, NC11/07

*Cornerstone Designs Challenge Course Facilitator Course,* Bowling Green, KY 11/07

*WKU Advising and Retention Center, Advisor Trac Training*, Bowling Green, KY 10/07

*WKU Critical Thinking Workshop,* FACET 08/07

*Western Kentucky University, Engaging the Spirit Conference*, Bowling Green, KY 08/07

*American Canoe Association Moving Water Canoe Instructor Course*, 04/07

 Bowling Green, KY, Expires 05/12

*Society of Park and Recreation Educators (SPRE) Teaching Institute*. Clemson, SC 01/07

*SOLO Wilderness First Responder course* . Bowling Green, KY Expires 01/09. 01/06

*American Heart Association - Heartsaver CPR*. Bowling Green, KY Expires 01/08 01/06

*Kentucky Recreation and Park Society Conference*, Bowling Green, KY 11/06

*WKU FACET – Teaching Critical Thinking Workshop*, Bowling Green, KY 10/06

*Association of Outdoor Recreation and Education Annual Conference,* Boise, ID 10/06

Western Kentucky University, Engaging the Spirit Conference attendee. 08/06

*CHHS Professional Development Seminar, SPEC Approach to Learning,* 8/06

Bowling Green, KY

*Wilderness Education Association National Conference on Outdoor Leadership,* 02/06

Martinsville, IN

*Kentucky Recreation and Park Society Conference*, Louisville, KY 11/05

*Association of Outdoor Recreation and Education Annual Conference,* Buffalo, NY 10/05

*CHHS Faculty Activity Report Training,* WKU, Bowling Green, KY 8/05

*CHHS Faculty Tenure and Promotion Process Seminar*, WKU, Bowling Green, KY 8/05

*CHHS Professional Development Seminar Teaching Squares,* WKU, Bowling Green, KY 8/05

*Engaging the Spirit Conference*, WKU, Bowling Green, KY 8/05

*Challenge Course Facilitator Certification Training,* 16 hour training by Experiential 4/05

 Resources at West Kentucky 4-H Camp, Dawson Springs, KY

*Meeting Maker Workshop,* WKU, Bowling Green, KY 4/05

*Wilderness Education Association National Conference on Outdoor Leadership* 2/05

 Estes Park, CO

*Kentucky Recreation and Park Society Conference*, Paducah, KY 11/04

*International Conference on Outdoor Recreation and Education*, Burns, TN 10/04

*Academic Advising Academy,* WKU, Bowling Green, KY 9/04

*Blackboard Workshop,* WKU, Bowling Green, KY 8/04

*Blackboard Assessments Workshop,* WKU, Bowling Green, KY 8/04

*Wilderness Education Association National Conference on Outdoor Leadership*, 2/04

 Bloomington, IN

*Coalition for Education in the Outdoors Research Symposium,* Bradford Woods, IN 1/04

*National Recreation and Park Association National Congress,* St. Louis, MO 10/03

*International Conference on Outdoor Recreation and Education*, Orem, UT 10/03

*Wilderness Education Association National Conference on Outdoor Leadership*, 2/03

 Paul Smiths, NY

*Society of Park and Recreation Educators Teaching Institute,* Stillwater, OK 1/03

*International Conference on Outdoor Recreation and Education*, Charleston, SC 11/02

*Missouri Park and Recreation Association State Conference,* Branson, MO 3/02

*Wilderness Education Association National Conference on Outdoor Leadership*, 2/02

 Martinsville, IN

*American Camping Association National Conference,* Washington, DC 2/02

*Coalition for Education in the Outdoors Research Symposium,* Bradford Woods, IN 1/02

*National Recreation and Park Association National Conference,* Denver, CO 10/01

*International Conference on Outdoor Recreation and Education*, Pocatello, ID 11/01

*Society of Park and Recreation Educators Teaching Institute,* Salt Lake City, UT 1/01

*National Recreation and Park Association National Conference,* Phoenix, AZ10/00

*International Conference on Outdoor Recreation and Education*, Oxford, OH 11/00

*Oklahoma Association for Health, Physical Education, Recreation & Dance,* 3/00

 Hulbert, OK

*Coalition for Education in the Outdoors Research Symposium,* Bradford Woods, IN 1/00

*National Recreation and Park Association National Conference,* Nashville, TN 10/99

*International Conference on Outdoor Recreation and Education*, Jackson Hole, WY 11/99

*Oklahoma Recreation and Parks Society Conference,* Hulbert, OK04/99

*NRPA Midwest/Southwest Regional Conference*, Fayetteville, AR 3/99

*Society of Park and Recreation Educators Teaching Institute,* Myrtle Beach, SC 1/99

*American Camping Association Mid-States Regional Conference,* St. Charles, IL 4/98

*Association for Experiential Education National Conference*, Asheville, NC 11/97

*American Camping Association Mid-States Regional Conference,* St. Charles, IL 4/97

## **Additional Trainings:**

## OSU Outdoor Adventure Challenge Course Instructor 10/99

## Wyman Center Teams Course Facilitator 02/97

Wyman Center High Challenge Course Facilitator

Wyman Center River Trip Leader

## Wyman Center Caving Leader

## Project WILD Coordinator and Facilitator

### AWARDS AND HONORS:

*2008 College of Health and Human Services Public Service Award-*

Western Kentucky University

*2008 Nominee for WKU Public Service Award –* Western Kentucky University

*2005 Who’s Who Among America’s Teachers*

*2004 Who’s Who Among America’s Teachers*

*2004 Greek Week Professor of the Year –* Southeast MO State University

*2003 Department Nominee for College of Health and Human Services Teaching Award-*

Southeast MO State University

*2000 Outstanding Graduate Assistant* – OSU School of Applied Health and Educational

 Psychology

*2000 Aix B. Harrison Research Scholarship* – Oklahoma State University

*1999 Eggling Scholarship* – Oklahoma Recreation and Parks Society

*1999 Esslinger Outdoor Education Scholarship* – OSU College of Education

*1998 Presidential Scholarship* – Oklahoma State University

*1996 Outstanding Graduate Student* – WKU Department of Physical Education and Recreation

*1994 Outstanding Recreation Student* – Kentucky Association for Health, Physical Education,

 Recreation, and Dance

*1993 Phi Beta Lambda Parliamentary Procedure Team* – Western Kentucky University

### *1993 Fred Kirchner Outstanding Senior Recreation Student* – Western Kentucky University

## *1992 Golden Key National Honor Society* – Western Kentucky University

*1990 Phi Eta Sigma Honor Society* – Western Kentucky University

#### CERTIFICATIONS:

American Heart Association Basic Life Support/CPR (Expires 1/15) 1/09 - Present

## American Red Cross First Aid, CPR, and AED Instructor (Expires 08/15) 08/13 - Present

## American Canoe Association Level III River Canoe Instructor (Expires 05/14) 05/08

## Leave No Trace Master Educator Instructor 02/10 - Present

## Leave No Trace Master Educator 7/02 - Present

## Leave No Trace Trainer 01/99 - Present

Wilderness First Responder (Expires 1/15) 01/03 - Present

## Wilderness Education Association National Standards Program Instructor 2/04-Present

Wilderness Education Association Certified Outdoor Leader 8/02 - Present

## Cornerstone Designs Challenge Course Facilitator 11/07

## Experiential Resources Challenge Course Facilitator 4/05

### Other Recreation Professional Experience:

*Water Safety Instructor,*National Youth Sports Program, OSU, Stillwater, OK 6/01 – 7/01

*Challenge Course Facilitator,*The Ranch, Stillwater, OK 8/00 – 7/01

*Challenge Course Instructor,*Outdoor Adventure, OSU, Stillwater, OK 5/99 – 6/01

*Therapeutic Recreation Laboratory Assistant,*1/00 – 5/01

 Department of Leisure Studies, OSU, Stillwater, OK

*Outdoor Trip Leader,*Outdoor Adventure, OSU, Stillwater, OK4/00 – 4/01

*Becoming an Outdoors Woman Workshop Assistant Coordinator,*5/99 – 3/01

##  Oklahoma State University, Stillwater, OK

*Aquatics Coordinator,*National Youth Sports Program, OSU, Stillwater, OK5/00 – 7/00

*Water Safety Instructor,*National Youth Sports Program, OSU, Stillwater, OK5/99 – 7/99

*Water Safety Instructor,* Fort Campbell MWR, Fort Campbell, KY 8/96 – 12/96

*West KY 4-H Camp Manager,*Dawson Springs, KYSummers 94, 96

*Lifeguard Instructor and Water Safety Instructor, (Volunteer)*8/94 – 12/94

 Western Kentucky University, Bowling Green, KY

*North Central 4-H Center Environmental Education Intern,*Carlisle, KY3/94 – 5/94

#### *Union County YMCA Volunteer*, Morganfield, KY 1/94 – 2/94

#### *Summer Program Intern,* Island Recreation Association, Hilton Head Island, SC 5/93 – 8/93

*North Central 4-H Summer Camp Instructor,* Carlisle, KY Summers 90, 91, 92

### *Lifeguard,* Department of Intramurals-Recreation, WKU, Bowling Green, KY 9/91 – 5/93