

CURRICULUM VITAE

2012

CECILIA WATKINS, Ph.D., C.H.E.S.
cecilia.watkins@wku.edu

EDUCATION

Ph.D. Public Health
 Human Ecology
 University of Tennessee
 Knoxville, TN 37919
 August 2000

Cognate Area: Cultural Studies

Ph.D. Dissertation: Personal Health Risk Analysis of Seventh-day Adventist College Students and State University College Students: A Comparative Study, University of Tennessee, (2000).

Masters of Science in Community Health, Western Kentucky University, Bowling Green, KY, 42101 (May, 1993). Dean's List.

Bachelors of Science in Community Health, Western Kentucky University, Bowling Green, KY, 42101 (May, 1992). Cum Laude

Associate in Business Administration, Western Kentucky University, Bowling Green, KY, 42101 (May, 1983).

PROFESSIONAL EXPERIENCE

January 2001-Present
Western Kentucky University
Department Of Public Health
1906 College Heights Blvd
Academic Complex 129F
Bowling Green, KY 42101-3576
Associate Professor

August 1999-August 2000
University of Tennessee
1914 Andy Holt Avenue
Knoxville, TN 37996-2700
Graduate Teaching Associate

- Public Health 110 Instructor
- Human Sexuality Instructor
- Drug Education Instructor
- CPR Instructor
- Student Advising

May 1995-May 1998
Dupont
4501 N. Access Road
Chattanooga, TN 37415
Wellness Director

- Implemented Wellness Program for 1500 Employees.
- Achieved Bronze Well Workplace Award for site.
- Organized Wellness Core Team.
- Organized and directed annual health fair for 5,000 plus attendees.
- Organized Ergonomic Program and headed Ergonomic Core Team.
- Member of the Nylon Ergonomic Team / Nylon North America Team.
- Director of site fitness room.
- Established all contracts and programs for wellness programs.
- Developed disability program, which included wellness action plan.

August 1994-May 1995
Florida International University
Student Health Services
Miami, FL, 33101
Senior Health Educator

- Freshman Experience Instructor.
- Coordinator of The Health Expo 1995.
- Supervised Aids Awareness Program.
- Supervised S.H.A.P.E., Student Health Advocates for Peer Education.
- Editor of HealthWatch, Campus Health Newsletter.
- Conducted all Fitness Profiles for Faculty, Staff, and Students.

August 1993-July 1994
Western Kentucky University
1 Big Red Way
Bowling Green, KY 42101
Fitness Assessment Coordinator

- Conducted Fitness Assessments for faculty / staff.
- Industrial Liaison
- Designed and Implemented Wellness Programs

PUBLIC AND UNIVERSITY SERVICE

KPHA Board of Directors:

Kentucky KPHA Student Chapter Chair, 2010-12

KPHA Marketing Committee, 2010-11

Developed Worksite Health Promotion Graduate Course, 2011

Developed Worksite Health Promotion Certificate, 2010

Developed Worksite Health Promotion Minor, 2009

2009-2010 Bowling Green Smoke-free Media Subcommittee

Political Engagement Project, 2007-08

Faculty/Staff campaign member for Alumni Relations/Annual Giving 2007-08
2006-10 Bowling Green Smoke-free Coalition
CHHS Career Services Orientation, August 2006
United Way Ambassador for The Department of Public Health, 2005
KPHA, Student Chapter Faculty Sponsor, 2005-08
Medical Center Health Expo / Represented College of Health and Human Services, 2006 & 2007
NCATE Coordinator for The Department of Public Health, 2005-06
“Heart off the Hill”, Jody Richards talk with faculty and students, Coordinator, December, 2005
Bowling Green Stop Smoking Coalition, 2005-08
State of Kentucky, FitKy Leadership Council, 2004-08
Department of Public Health, Health Education Undergraduate Coordinator / Responsible for Health Education scheduling and revision of programs / 2004-2006
Certificate Coordinator, Department of Public Health / 2004-06
Speaker for Annual Conference of South Central Kentucky High School & Junior High Counselors, December, 2004
Revision of Public Health Programs: 2004
 Minor in Health Education
 School Health Education Program
 School Nurse Certification
 Driver’s Education Certification
WKU WellWorks: A comprehensive program designed to help corporations and industries meet the growing challenge of developing and maintaining employee’s health / Design and Implementation, 2004-06
Wellness Councils of America’s University Affiliate Program 2003-2008
Summer Series on Aging Planning Committee, UK, 2002-2003
WKU/Logan Aluminum Meeting on Services and Possible Opportunities, Oct 2003
Medical Center Health Expo / Represented WKU’s Department of Public Health, Jan 2003, 04, 05
Nashville Open House / Represented WKU’s Department of Public Health, Sept 2002-03
WKU Focus on Western, Sept 2002-07

STATE COMMITTEE MEMBER

Partnership for a Fit Kentucky 2005-present
Kentucky Worksite Wellness Task Force 2008-present
C.H.E.S. Review Committee, 2002-present

UNIVERSITY COMMITTEE MEMBER

WKU Research & Creative Activity Program Review Committee, 2012-2013
WKU Employee Wellness RFP Committee Member, 2011-2012
WKU Employee Wellness Search Committee, 2011
Well-U Advisory Committee, 2009-present
WKU Equal Opportunity Advisory Committee 2006-2008
WKU ADA Accommodations Policy Review Ad hoc Committee 2008
WKU Wellness Advisory Committee 2005-2009
WKU Wellness Program Manager, 2005

COLLEGE COMMITTEE MEMBER

CHHS Dean Advisory Committee, 2007-present
CHHS Homecoming Committee, 2006-present
WKU Mobile Health and Wellness Unit Task Force, 2002-06

DEPARTMENT COMMITTEE MEMBER

Advising & Retention Committee, 2011
MPH Curriculum Committee, 2009-present
MPH Practical Experience committee, 2009-present
MPH Website Committee, 2008

MPH Curriculum Review Ad hoc Committee, 2008
 MPH Committee, 2001-present
 Student Survey and Alumni Survey Ad hoc Committee, 2006-08
 School Health Committee, 2001-08
 Special Events Committee, 2001-present
 Thesis Committees:
 Chair: Lakshminarayana Chekuri, 2006-2007
 Amar Kanekar, 2006
 Tina Hoover, 2006
 Nelson Atehortua, 2006
 Search Committees:
 WKU Wellness Director, 2011
 Well-U Director, 2009
 Public Health Department Head, 2006-07
 Office Manager, Chair, 2007
 Director of Institute of Rural Health & Development, 2006
 Public Health Department Head, 2005-06
 Public Health Professor, 2005-06
 WKU Wellness Program Manager, 2005
 Institute for Rural Health Coordinator, 2005
 Public Health Director, 2004
 HCA Assistant Professor, 2004-05
 EHS Assistant Professor, 2004-05
 Public Health Professor, 2004-05

SCHOLARLY ACTIVITIES

PUBLICATIONS

Books Published:

Watkins, C. (2009). Lifestyle and Longevity: A Comparison of Seventh-day Adventist College Students and State College Students. *Lambert Academic Publishing, Koln, Germany*

Articles Published:

Nicholson, T. J., Duncan, D. F., White, J. B., **Watkins, C. M.** (2012). *A Proposed New Direction for Drug Policy*. Drugs: Education, Prevention and Policy.

Mishra, S., Thind, H., Gokarakond, S., Lartey, G., **Watkins, C.**, Chahal, M. (2011). Second-Hand Smoke On A University Campus In A Tobacco-State: Perceptions And Attitudes Of Faculty, Staff And Students. *Journal of International Health Education*

Watkins, C., White, J., Duncan, D., Wyant, D., Nicholson, T., Khubchandani, J., Lakshminarayana, C. (2010). Consumer-Directed Health Insurance vs. Managed Care: Analysis of Health Care Utilization and Expenditure Incurred by Employees in a Rural Area. *Research In The Sociology of Health Care*

Watkins, C., Lartey, G., Golla, V. & Khubchandani, J. (2008) Workers' Perceptions; Environmental Factors Influencing Obesity At the Workplace. *American Journal of Health Studies*

Watkins, C., Wainright, C., (2005). Logan Aluminum, A Dynamic Approach To Worksite Health Promotion. *WELCOA*

Khumbhandani, J., Nagy, C., **Watkins, C.** & Nagy, S. (2009). University Employees Work Related Stress. *American Journal of Health Studies*

Reports Published:

Lovely, T, **Watkins, C.** A Rapid Health Impact Assessment of the Proposed Worksite Wellness Tax Credit (HB 74). A Kentucky State Report. February, 2012.

PRESENTATIONS

Watkins, C., Lovely, T. (April 4, 2012). HIA Findings Influence State Strategy to Address Childhood Obesity through a State Worksite Wellness Bill. National Health Impact Assessment Meeting, Washington D.C.

Watkins, C., Lovely, T. (August 19, 2011). A Rapid Health Impact Assessment of the Proposed Worksite Wellness Tax Credit (HB 74). Health Promotion Live, Webinar.

Watkins, C., Lovely, T. (August 18, 2011). A Rapid Health Impact Assessment of the Proposed Worksite Wellness Tax Credit (HB 74). Health Impact Training Workshop. Bowling Green Kentucky.

Azimipour, A., **Watkins, C.**, (2010). Toothlessness in Kentucky: The Causes and the Remedies, Posters at the Capitol, Frankfort, Kentucky.

English, G., **Watkins, C.** (2010). Classroom Activities that Address Drug Use, Abuse and Addiction, The First International Conference on the Health Risk of Youth, Cancun, Mexico.

Watkins, C., (2008). Preparing Students to be Responsible Citizens, Engaging The Spirit Conference, WKU Campus.

Khumbhandani, J., Nagy, C., **Watkins, C.** & Nagy, S. (2008). University Employees Work Related Stress, Kentucky Public Health Association Conference, Louisville KY.

Gilson, K., Boka, K., **Watkins, C.** (2008). Issues of Implementing a No-Smoking Policy in a Tobacco State: The Art of Diplomacy. Kentucky Public Health Association Conference, Louisville, KY.

Gilson, K., Boka, K., **Watkins, C.** (2008). Issues of Implementing a No-Smoking Policy in a Tobacco State: The Art of Diplomacy. Posters at the Capitol, Frankfort, KY.

Nagy, S., **Watkins, C.**, Chauhan, S., Khumbhandani, J., (2007). Fundamental Instructor's Training by American Red Cross in an Institutional Set UP, Kentucky Public Health Association Conference, Louisville, KY.

Diame, J., Nicholson, T., **Watkins, C.**, (2007). Personal and Professional Health Behaviors of Public Health Educators, Kentucky Public Health Association Conference, Louisville, KY.

Nagy, S., **Watkins, C.**, Khumbhandani, J., Gokarakonda, S. (2007). HIV Awareness of Health Care Professionals ~ Yesterday and Today. Kentucky Public Health Association Conference, Louisville, KY.

Wyant, D., Jamode, S., **Watkins, C.**, (2007). The Public Health Component in Health Care Administration Programs not based in Colleges of Public Health. The Annual Meeting of the Association of University Programs in Health Administration, Orlando, FL.

Rowland, C., Khubchandani, J., **Watkins, C.**, (2007). Methodology of tapping workers Perceptions of Worksite Factors Influencing Physical Activity and Nutritional Habits. WKU 37th Annual Student Research Symposium.

Boka, K., **Watkins, C.**, (2007). An Internship that Improves the Lives of Employees at Western Kentucky University. Kentucky Public Health Association Conference, Louisville, KY

Collins, C., **Watkins, C.**, (2007). A Win-Win Situation: Worksite Health Promotion Project Provides Community Student Engagement While Filling Local Business Needs. Kentucky Public Health Association Conference, Louisville, KY.

Rowland, C., Khubchandani, J., **Watkins, C.**, (2007). Methodology of tapping workers Perceptions of Worksite Factors Influencing Physical Activity and Nutritional Habits. Kentucky Public Health Association Conference, Louisville, KY.

Watkins, C., Khubchandani, J., Gokarakonda, S., Patel, P., (2007). HIV Awareness of Health Care Professionals in USA as compared to HIV Awareness of Health Professionals in India; Kentucky Public Health Association Conference, Louisville, KY

Boka, K., **Watkins, C.**, (2007). An Internship that Improves the Lives of Employees at Western Kentucky University. WKU Students Present Research At Posters-At-The-Capitol, Frankfort, KY.

Gilson, K., Boka, K., **Watkins, C.** (2007). Issues of Implementing a No-Smoking Policy in a Tobacco State: The Art of Diplomacy. American Public Health Association Conference, Washington D.C.

Watkins, C., (2006). Best Practices for Student Success, The Challenges and Solutions to Engaging Students at a distance. WKU Engaging the Spirit.

Wyant, DK , Jamode S, and **Watkins C.** (2006). Approaches to Including Required Epidemiology in Health Management Curriculum The Annual Meeting of the Association of University Programs in Health Administration, (Poster) Seattle, Washington.

Collins, C., **Watkins, C.**, (2006). A Win-Win Situation: Worksite Health Promotion Project Provides Community Student Engagement While Filling Local Business Needs. American Public Health Association Conference, Boston, MA.

Watkins, C., (2005). Enhancing Student Learning. WKU Engaging the Spirit

Watkins, C., (2005). Consumer-directed health insurance: A comparative analysis of three organizations and the potential effects on health care costs at the workplace. APHA Conference, Philadelphia, PA.

Watkins, C., (2005). Consumer-directed health insurance: A two-year review: Are the savings real? APHA Conference, Philadelphia, PA.

Watkins, C., (2005). Consumer-directed health insurance: A two-year review: Are the savings real? R.R. Donnelley, Glasgow, KY.

Watkins, C., (2004). Obesity Strategies In The American Workplace. APHA Conference, Washington, D.C.

Watkins, C., (2004). Obesity Strategies In The American Workplace. FitKy Leadership Council, Frankfort, KY.

Watkins, C., (2004). Worksite Health Promotion & Community Service Learning; The Perfect Partners. National Wellness Conference, Stevens Point, WI.

Watkins, C., (2003). Worksite Health Promotion & Community Service Learning; The Perfect Partners. APHA Conference, San Francisco, California.

Watkins, C., (2003). Worksite Health Promotion & Community Service Learning; The Perfect Partners. Community Service Learning Workshop, University of Kentucky.

Watkins, C., (2003). Worksite Health Promotion & Community Service Learning; The Perfect Partners. Kentucky Public Health Association Conference, Louisville, KY.

Dunn, D., **Watkins, C.,** (1997). Wellness Programs In Small Industries. American Public Health Association Convention, New York, NY.

Contributions to Presentations:

White, J., Lovely, T., **Watkins, C.,** (2005). "Affordable Healthcare: Cost-Saving Measures" Options to Lower your Costs, Partners for a Healthy Louisville and The Uninsured Coalition Conference, Louisville, KY.

RESEARCH IN PROGRESS

Standards in the Worksite Health Promotion Profession Research
Worksite Center for Excellence (WKU)
NIH Grant (R21)

GRANTS

Kentucky Department for Public Health: Public Prevention Health Fund: Community Transformation Grant. CDC (\$603,437) 5 years. 2011 (Contractor) Not Funded

ASTHO Grant: Partnership for a Fit KY. Health Impact Assessments: Building States' Capacity to Address Childhood Obesity. Funded (\$15,000) 2010. (Consultant)

CDC Grant: Barren River District Health Department. Translating Research to Protect Health through Health Promotion, Prevention, and Preparedness (R18). Not Funded (\$425,000) 2009

NORA II Grant: Kentucky Workers' Perception; Environmental Factors Influencing Obesity at the workplace. Principal Investigator. Not funded (\$8,000) 2008

PIE Grant: Faculty Workshop: Funded (\$200) 2006

Western Kentucky University Junior Faculty Grant: Worker's Perception of Environmental Factors Influencing Obesity. Principal Investigator. Funded (\$5000) 2005/2006

CHHS Faculty Scholarship Grant: Worker's Perception of Environmental Factors Influencing Obesity. Principal Investigator. Funded (\$1,500) 2005/2006

PTA HIV/STI Train the Trainer: Kentucky Department of Education. Funded (\$22,360) 2004/2005

NIH Grant (R01): Obesity at the Worksite, Principal Investigator. Not Funded (\$2.3 MM)

2003-2004

White Paper: 1) Ergonomic/ Fitness Mobile Unit 2) Childhood Obesity Center. Principal Investigator. Not funded. 2003

Health Professions Faculty Curriculum Development Grant: Relationship of the study to the educational goals of the health education program: Service learning, on hands experience for students, relationship with community for university. Principal Investigator. Funded (\$2000) 2002

Action Agenda Grant Proposal endorsed by Department Head. Not Funded. (\$2000) 2001

ADDITIONAL PROFESSIONAL ACTIVITIES

Developed Graduate Worksite Health Promotion Certificate Program, 2012

Western Kentucky University/Department of Public Health. Worksite Health Promotion Certificate Marketing. 22st Annual Art and Science Health Promotion Conference, San Diego, California, 2012

Making Connections Session, The necessity for a national governing body that oversees the national network of worksite health promotion. 22st Annual Art and Science Health Promotion Conference, San Diego, California, 2012

Kentucky Public Health Association Conference, Louisville, KY, 2012. Faculty Sponsor (**1st Place KPHA Student Chapter**)

Reviewer for Jossey-Bass Publisher. Proposal for a textbook, the fourth edition of Health Promotion in the Workplace, by Michael O'Donnell. January, 2012

Developed Graduate Worksite Health Promotion Course for Department of Public Health, 2011

Western Kentucky University/Department of Public Health. Worksite Health Promotion Certificate Marketing. 21st Annual Art and Science Health Promotion Conference, Colorado Springs, Colorado, 2011

Making Connections Session. Standards in Worksite Health Profession . 21st Annual Art and Science Health Promotion Conference, Colorado Springs, Colorado, 2011

Kentucky Public Health Association Conference, Louisville, KY, 2011 Faculty Sponsor (**1st Place KPHA Student Chapter**)

Developed Worksite Health Promotion Certificate WKU, Department of Public Health, 2010

Reviewer for American Journal of College Health, 2010

Kentucky Public Health Association Conference, Louisville, KY, 2010 Faculty Sponsor (**1st Place KPHA Student Chapter**)

Kentucky Worksite Wellness Conference, Lexington, February, 2010

Posters at the Capitol, Frankfort, Kentucky, January, 2010

The First International Conference on the Health Risk of Youth, Cancun, Mexico, January, 2010

Developed and Implemented Worksite Health Promotion Minor, WKU Department of Public Health, 2009

Review for Jones & Bartlett Text, Introduction to Health Behavior Theory, 2009

Technology for Teaching – Preparing for a QM Course Review Workshop, 2009

Faculty Colloquium: Online Teaching and Learning Workshop, DELO, 2009

FaCET: When Good Intentions Go Bad Workshop, 2009

Kentucky Healthy Communities Summit, Lexington, KY, 2009

Kentucky Diabetes Prevention and Control Workshop, Bowling Green, KY, 2009

FaCET Summer Conference '09 Conference

MPH Student Fall Orientation, 2009

MPH Faculty Retreat, 2009

Engaging The Spirit Conference, 2009

Admissions Counselor Workshop, Presented Worksite Health Promotion Minor, 2009

Shaping Kentucky's Communities: Policies, Programs and People to Reduce Obesity Conference, Lexington, KY, 2009

Kentucky Public Health Association Conference, Louisville, KY, 2009 (**1st Place KPHA Student Chapter**)

Center for Clinical and Translational Science Conference, Lexington, KY 2009

Engaging The Spirit Conference, 2008

Kentucky Public Health Association Conference, Louisville, KY, 2008

Posters at the Capitol, Frankfort, KY, 2008

Political Engagement Project, 2007-2008

Reviewer for American Journal of College Health, 2008

Reviewer for American Journal of College Health, 2008

Engaging The Spirit Conference, 2007

American Public Health Association Conference, Washington, D.C., 2007

Kentucky Public Health Association Conference, Louisville, KY, 2007 (**2nd Place KPHA Student Chapter**)

Partnership for a Fit Kentucky, Bowling Green Region, 2006

Engaging The Spirit Conference, 2006

Kentucky Higher Education Compliance Assistance Symposium, 2006

American Public Health Association Conference, Boston, MA 2006

Kentucky Public Health Association Conference, Louisville, KY, 2006

Engaging The Spirit Conference, 2005

American Public Health Association Conference, Philadelphia, PA, 2005

Kentucky Public Health Association Conference, Louisville, KY, 2005

New Course Proposal and Design, Introduction to Ergonomics, 2003-2004

American Public Health Association Conference, Washington, D.C., 2004

Kentucky Public Health Association Conference, Louisville, KY, 2004

New Course Proposal and Design, Worksite Health Promotion, Fall 2003

Reviewer for American Association for Health Education 2004 National Conference, June 2003

Designed Correspondence Course PH 381 Community Health, 2003

American Public Health Association Conference, San Francisco, CA, 2003

Kentucky Public Health Association Conference, Louisville, KY, 2003

Designed Correspondence Course PH 165 Drug Abuse, 2002

Designed Correspondence Course PH 261 Foundations of Health Education, 2002

PH 467/G Supplement Design, August 2002

Logan Aluminum / Survey on Employee Satisfaction with Cafeteria October/November 2002

Wellness Council of Tennessee Committee / Well City Award for Chattanooga, TN. 1997

PROFESSIONAL MEMBERSHIPS

Wellness Councils of America, University Affiliate Program, 2003-Present

Kentucky Public Health Association 2002-Present

American Public Health Association 2002 –Present

Health Promotion Advocates 2010-Present

PROFESSIONAL CERTIFICATION

C.H.E.S., 2000-2015

ADDITIONAL TRAINING

Internal Grants at WKU Seminar, Sponsored Programs, Sept 5, 2012
Blackboard 9 Upgrade Training, June 24, 2010
Tegrity Blackboard Training/DELO, 2010
Research Compliance: Ethics Training Course, Self-Study Program, 2009
Collaborative Institutional Training Initiative, Self-Study Program, 2009
Basic/Refresher Course – Human Subjects Research Curriculum, Self-Study Program, 2009
Tegrity Blackboard Training/DELO, 2009
Mental Health & Aging Coalition Conference, May, 2008
Undergraduate Advising Training, 2008
ICAP Training, February, 2007
WKU Blackboard New Faculty Tools Workshop, January, 2007
Degree Audit Workshop, October 2006
Kentucky Higher Education Compliance Assistance Symposium, WKU, August 2006
Blackboard Workshop on Blackboard Assessments, 2006
Public Health Core Curricula Workshop, CPE, Frankfort, August 2006
Workshop: Breaking through the barriers to writing proposals, by Dr. Robert Lucas, 2005
Grant Writing Seminar, NIOSH Education and Research Center, University of Cincinnati, 2005
Wellspring Workshop, Portland, Oregon, July 19-20, 2004
Obesity in the Built Environment, Washington, D.C., May, 2004
Ergonomic Evaluation Workshop, March 24-27, 2004
CHHS Grant Workshop, October 2003
Cultural Communication Issues in the Classroom, Summer Camp 2003
Summer Series on Aging, July 2002
Community Partner Workshop, April 2002
Bio-terrorism, March 2002
Domestic Violence, January 2002
Web Building, October & November 2001
Grant Writing, October 2001
Dealing With Biological/Chemical Terrorism, October 2001
Cultural Competency for Health Care Providers, October 2001
Power Communication, September 2001

STUDENT ENGAGEMENT ACTIVITIES

22 Annual Art & Science of Health Promotion Conference, 2012 / (2) students, San Diego, California, *Awarded internships to attend conference*
KPHA Conference / (30) students, Louisville KY, April, 2012, *Awarded Best Student Chapter in the state of Kentucky*
PH 402 Worksite Health Promotion / (14) students / Fieldtrip to Logan Aluminum to view health promotion programs, March, 2012
KPHA Conference / (33) students, Louisville, KY, March, 2011, *Awarded Best Student Chapter in the state of Kentucky*
PH 402 Worksite Health Promotion / (15) students / Fieldtrip to Logan Aluminum to view health promotion programs, February, 2011
KPHA Conference / (27) students, Louisville, KY, April, 2010, *Awarded Best Student Chapter in the state of Kentucky*
Posters at the Capitol / (1) student, Frankfort, KY, February, 2010
PH 402 Worksite Health Promotion / (17) students / Fieldtrip to Logan Aluminum to view health promotion programs, March, 2010
KPHA Conference / (17) students, Louisville, KY, March, 2009, *Awarded Best Student Chapter in the state of Kentucky*

PH 402 Worksite Health Promotion / (20) students / Fieldtrip to Logan Aluminum to view health promotion programs, February, 2009

Using Our Hearts and Minds to Prevent Heart Disease and Stroke in Kentucky; A Cardiovascular forum / PH 585, International Health (10) students & PH 484, Community Organization (12) students presented posters and helped to facilitate forum. CK Center, April, 2008

Posters at the Capitol, (2) students, Frankfort, KY, 2008

KPHA Conference / (15) students, Louisville, KY, April, 2008

PH 402 Worksite Health Promotion / (18) students / Fieldtrip to Logan Aluminum to view health promotion programs, 2008

KPHA Conference / (16) students, Louisville, KY, April, 2007

Posters at the Capitol, (1) student, Frankfort, KY, February, 2007

PH 484 Community Organization Class / (14) students / Trip to Frankfort to view the legislative process, February, 2007

PH 484 Community Organization Class / (14) students / Designed and Implemented Smoke-free Symposium for community and campus, Fall, 2007

PH 548 Community Organization Class / (16) students / In conjunction with the Political Engagement Project and The Great Conversation, Designed and conducted a Campus Forum for a Smoke-free Community, Spring, 2007

PH 402 Worksite Health Promotion / (13) students / Fieldtrip to Logan Aluminum to view health promotion programs, March, 2007

KPHA Conference / (12) students, Louisville, KY, April, 2006

Mammoth Cave Fieldtrip / (13) students / Fieldtrip for PH 484 Community Organization Class to view how surrounding communities work with federal agency for the betterment of all, 2006-07

PH 548 Community Organization Class / (13) students / Trip to Frankfort to view the legislative process 2006

KPHA (10) students attended HPV Vaccine Press Release with Lieu Gov Pence, 2006

PH 402 Worksite Health Promotion / (18) students / Fieldtrip to Logan Aluminum to view health promotion programs, March, 2005

PH 484 Community Organization Class / (17) students / Trip to Frankfort to view the legislative process, February, 2005

KPHA Conference / (9) students, Louisville, KY, April, 2005

PH 402 Worksite Health Promotion / (15) students / Trip to Logan Aluminum to view health promotion programs, March, 2004

AWARDS & HONORS

The Sara C. Stice Health Education Award, 2011 State Award

Professor of The Year, SGA December, 2008 University Award

Nominated for CHHS Faculty Service Award, 2008

Nominated for CHHS Faculty Advising Award, 2007

The Western Scholar Article, Fall 2006

Acknowledgement, Khubchandani, J. (2006). *A Comprehensive Review of Foreign Exams*.

WKU's Doers & Deeds of Excellence, twice recognized in 2005

WKU's Doers & Deeds of Academic Excellence, 2003-2004

Ergonomic Achievement, DuPont, 1997

Achievement of Appreciation, Florida International University, 1995

VOLUNTEER ACTIVITIES

2012/13 WKU United Way
2011 Relay for Life
2011/12 WKU United Way
2011 Relay for Life
2005/6 WKU United Way
2001-09 Trashmasters Cleanup Barren River Lake
2003-07 Bowling Green Running Club
2000 Presidential Campaign Volunteer
1996 Olympics (Accreditation Officer)

TEACHING ASSIGNMENTS

WKU, Ongoing

Correspondence Course PH 165 Drug Abuse, (Designed & Taught)
Correspondence Course PH 261 Foundations of Health Education, (Designed & Taught)
Correspondence Course PH 381 Community Health, (Designed & Taught)

WKU, Fall'12

PH 100 Personal Health (Web)
PH 456 Independent Study
PH 502 Worksite Health Promotion
PH 548 Community Organization

WKU, Summer'11

PH 165 Drug Abuse (Web) (3)

WKU, Spring'12

PH 484 Community Organization
PH 402 Worksite Health Promotion (Web)
PH 548 Community Organization

WKU, Winter'12

PH 165 Drug Abuse (Web)

WKU, Fall'11

PH 100 Personal Health TA
PH 530 Graduate Worksite Health Promotion
PH 548 Community Organization
PH 580 Introduction to Public Health

WKU, Summer'11

PH 165 Drug Abuse (Web)
PH 261 Foundations of Health Education (Web)

WKU, Spring '11

PH 484 Community Organization
PH 402/G Worksite Health Promotion (Web)
PH 548 Community Organization
PH 585 International Health (Web)

WKU, Winter '11

PH 165 Drug Abuse (Web)

WKU, Fall '10

PH 100 Personal Health / Web (2 courses)

PH 548 Community Organization

WKU, Summer '10

PH 165 Drug Abuse (Web) (2 courses)

PH 490 Internship

WKU, Spring '10

PH 100 Personal Health/Web

PH 585 International Health

PH 484 Community Organization

PH 402/G Worksite Health Promotion/ Web (New Design)

PH 530 Independent Study (Requested by MPH Director to teach for 3 students)

PH 546 Independent Study (Requested by Undergrad Coordinator to teach for 3 students)

WKU, Winter '10

PH 165 Drug Abuse (Web)

WKU, Fall '09

PH 100 Personal Health / Web (2 courses)

PH 580 Introduction to Public Health / Web

PH 548 Community Organization/Web (New Design)

WKU, Summer '09

PH 165 Drug Abuse (Web) (2 courses)

WKU, Spring '09

PH 100 Personal Health

PH 585 International Health

PH 484 Community Organization

PH 402/G Worksite Health Promotion

WKU, Winter '09

PH 165 Drug Abuse (Web)

WKU, Fall '08

PH 100 Personal Health / Web (New Design)

PH 580 Introduction to Public Health / Web (New Design)

PH 580 Introduction to Public Health

PH 548 Community Organization

WKU, Summer '08

PH 165 Drug Abuse (Web) (2 courses)

WKU, Spring '08

PH 585 International Health

PH 484 Community Organization

PH 402/G Worksite Health Promotion

WKU, Winter '08

PH 165 Drug Abuse (Web)

WKU, Fall '07

PH 580 History and Philosophy of Public Health
PH 548 Community Organization
PH 261 Foundations of Health Education

WKU, Summer '07

PH 165 Drug Abuse (Web) (2 courses)

WKU, Spring, '07

PH 585 International Health (New Course)
PH 484 Community Organization
PH 402/G Worksite Health Promotion

WKU, Fall '06

PH 580 History and Philosophy of Public Health
PH 548 Community Organization
Release time (Obesity/ Perceptions in the Workplace) & (Consumer Directed Health Plans)

WKU, Summer '06

PH 165 Drug Abuse (Web)

WKU, Spring '06

PH 484 Community Organization
PH 402/G Worksite Health Promotion
PH 381 Community Health
PH 548 Community Organization
PH 261 Foundations of Health Education

WKU, Fall '05

PH 261 Foundations of Health Education
PH 580 History and Philosophy of Public Health
PH 580 History and Philosophy of Public Health / Web

WKU, Spring '05

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 484 Community Organization
Release time (WellWorks / Research: Consumer-driven Insurance)

WKU, Fall '04

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 381, Community Health / Release time (HIV Grant)

WKU, Summer '04

PH 467/G Drug Education
PH 381, Community Health

WKU, Spring '04

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 381, Community Health
PH 261, Foundations of Health Education

WKU, Fall '03

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 381, Community Health
PH 261, Foundations of Health Education

WKU, Summer '03

PH 467/G Drug Education
PH 381, Community Health

WKU, Spring '03

PH 467/G Drug Education
PH 461/G School Health Education
PH 381, Community Health
PH 261, Foundations of Health Education

WKU, Fall '02

PH 467/G Drug Education
PH 461/G School Health Education
PH 381, Community Health
PH 261, Foundations of Health Education
PH 100 Personal Health

WKU, Summer '02

PH 467/G Drug Education

WKU, Spring '02

PH 467/G Drug Education
PH 381 Community Health (2 courses)
PH 165 Drug Abuse
PH 100 Personal Health

WKU, Fall '01

PH 381, Community (2 courses)
PH 165, Drug Abuse
PH 100, Personal Health (2 courses)

WKU, Spring '01

PH 100, Personal Health (2 courses)

University of Tennessee, Spring 2000

Health 110, Public Health
Health 225, Drug Abuse

University of Tennessee, Fall 1999

Health 200, Human Sexuality
Health 230, CPR

Florida International University, Fall 1994

Freshman Experience