INTERNSHIP HANDBOOK



REC 496

Dept. of Kinesiology, Recreation and Sport Nonprofit Administration Diddle Arena 2042 Western Kentucky University Bowling Green, KY 42101-1090

Phone: (270) 745-6042 Fax: (270) 745-3592

Email: tricia.jordan@wku.edu
Web Address: www.wku.edu/nonprofit

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1) GRADING POLICY

The Agency Supervisor will provide all required evaluations of the Internship Student. These ratings will be taken into consideration when determining the final grade for the Internship Student. The University Supervisor will determine the final internship grade. Students must submit all items to the University Supervisor prior to receiving a passing grade.

The following list indicates the items and relative weight of each item:

	<u>ITEM</u>	PECENT OF GRADE
1)	Bi-weekly Reports (evaluated by University Supervisor)	25%
2)	Student Mid-Term Performance Appraisal (completed by Agency Supervisor at the mid-point of Internship)	20%
3)	Student Evaluations of Internship and Agency	10%
4)	Internship Project (evaluated by Agency Supervisor)	5%
1)	Internship Project (evaluated by University Supervisor)	5%
2)	Final Presentation (evaluated by University Supervisor)	10%
3)	Student Final Performance Appraisal (completed by Agency Supervisor 1 week prior to Internship completion)	25%

RESPONSIBILITIES

INTERNSHIP STUDENT

- 1. To conform with the policies set forth in this manual and those pertaining to the agency staff.
- 2. To plan thoroughly and in advance for all assignments.
- 3. To do the best possible job in carrying out all assignments.
- 4. To submit all documentation to the University Supervisor in a timely fashion.
- 5. To prepare for periodic Agency Supervisor/Internship Student conferences.
- 6. To be well groomed and appropriately dressed.
- 7. To notify the Agency Supervisor as well in advance as possible in cases of absence from Work.
- 8. To be prompt, tactful, friendly, courteous, and respectful to all.
- 9. To consult the Agency Supervisor when confronted with problems he/she cannot satisfactorily solve by himself/herself.
- 10. To complete assignments and responsibilities as outlined in the "Internship Student/Agency Contract".
- 11. To represent the University in a professional manner at all times.

AGENCY SUPERVISOR

- 1. Is responsible for student's orientation to the program, the staff, and for helping the student understand the supervisor's job as it relates to the agency.
- 2. Will provide a job description to the student prior to the internship.
- 3. Will establish a schedule of experiences for the student prior to the internship. The minimum requirement consists of a weekly outline highlighting major events of each week.
- 4. Will evaluate the work of the student in a constructive, objective and tactful way
- 5. Complete a mid- and final evaluation, with comments, and submit it to the University Supervisor.
- 6. Will require the highest standards in performance of all internship work. Where serious issues arise, the Agency Supervisor will contact the University Supervisor for informational purposes and for assistance.

INTERN/AGENCY CONTRACT

Make three copies of this form upon completion. Give a copy of the completed contract to your Agency Supervisor and your University Supervisor. Maintain a copy for your records.

The fol	llowing co	ntractual items	between			and
				(Internshi	p Student)	
			_ representing			, discussed and
	(Agency	Supervisor)		(Agency)		
agreed	upon this _	of/	, constitu	ites a binding o	contract for th	ne Internship
		(day) (mon	th/year)			
during	the	semester t	th/year) to fulfill the		semester cr	edit hours.
I. Ager	ncy Supervis	sor responsibiliti	es:			
A.	Sign off or	n Bi-Weekly Rep	ports			
B.	Complete	the "Student Mid	dterm Performan	ce Appraisal"		
			al Performance A			
			ternship Project (roject when co	ompleted)
E.	Meet with	the University S	Supervisor as nee	ded.		
II. Age	ency respons	ibilities to Interr	nship Student:			
A.			evelopment of Ir	nternship Studer	it is the primar	v consideration.
			any administrativ			
			nd board meeting			
III Ste	atus of the I	nternship Studen	· t •			
		as an "Internship				
		of professional				
		•				
		of the Internship				41
A.			with the total ope	eration of the Ag	ency through	discussion, observation,
D	and evalua		lev University en	d the Agency in	a professione	l manner at all times.
Б.	Represent	western Kentuc	ky University an	id the Agency in	a professiona	i manner at an times.
The In	iternship r	equirements o	of Western Ke	ntucky Unive	ersity will be	e adhered to – and in
	-	-	nent arise in re	-	-	
		_				
						ned in consultation
with th	ne Univers	sity Superviso	r, the Internsh	np Student, a	nd the Agen	cy Supervisor.
* The l	University	Supervisor sho	uld approve an	v other Agenc	v contracts be	efore it is signed.
	- · · · · · · · · · · · · · · · · · · ·			<i>,</i>	,	6
						agree to work together
toward	s its satisfa	ctory completi	on for the mutu	ial benefit of a	ll concerned.	
	ate			nternship Stud	ent	
	-					
D	ate		A	Agency Superv	isor	

Date

University Supervisor

INTERN/UNIVERSITY CONTRACT

Make three copies of this form upon completion. Give a copy of the completed contract to your Agency Supervisor and your University Supervisor. Maintain a copy for your records.

The following contractual items between	
discussed and a	(Internship Student)
(University Supervisor)	agreed upon this of/_ (day) (month/year)
constitutes a binding contract for to be cor	npleted in weeks and hours.
The Internship Student will:	
A. Adhere to all policies, regulations, procedulations in ternship Handbook.	ures, and assignment dates as explained in the
The University Supervisor will:	
 A. Supervise arrangements for and give final B. Maintain open communication with the In matters pertaining to the Internship. C. Make contact as needed to monitor studen D. Carefully evaluate all internship document Internship Student. 	ternship Student and Agency Supervisor on all t's progress.
We hereby acknowledge that the items explained if or an educational experience between the Internsh. The grade received in the course will be based on a	nip Student and Western Kentucky University.
Internship Student	Date

Date

University Supervisor

INTERNSHIP PLAN

(to be completed by the Student with the assistance of the Agency Supervisor)

Sample 10-week Plan – this is only a sample – please create your own work plan

Week 1: Orientation

Facility tours

Meet with all department heads

Assist day camp director with planning summer staff training

Week 2: Assist with day camp staff training

Work with Aquatics Director to learn about pool maintenance

Week 3: Plan, implement, and evaluate 2 hour program for day camp Work with Special Event Coordinator to plan 4th of July Celebration Help with pool maintenance

Week 4: Plan, implement, and evaluate a second 2 hour program for day camp Work with Special Event Coordinator to plan 4th of July Celebration Help with pool maintenance

Create plan for Internship Project

Week 5: Plan, implement, and evaluate a third 2 hour program for day camp Prepare for and set up 4th of July Celebration Help with pool maintenance

Mid-internship Evaluation with Agency supervisor and University supervisor

Week 6: Plan, implement, and evaluate a fourth 2 hour program for day camp Evaluate $4^{\rm th}$ of July Celebration

Help with pool maintenance

Work with Athletic Coordinator to plan All-Sports Day Camp

Week 7: Plan, implement, and evaluate a fifth 2 hour program for day camp Work with Marketing and Public Relations Coordinator

Continue planning All-Sports Day Camp

Develop staff training program for All-Sports Day Camp

Help with pool maintenance

Week 8: Plan, implement, and evaluate a 6th 2 hour program for day camp Continue planning All-Sports Day Camp

Lead staff training for All-Sports Day Camp

Help with pool maintenance

Week 9: Direct All-Sports Day Camp

Week 10: Evaluate All-Sports Day Camp

Plan, implement, and evaluate a 7th 2 hour program for day camp Share Internship project with Agency

Please list goals the student should accomplish prior to the completion of the internship.

2.

4.

5.

3.

BI-WEEKLY ACTIVITY REPORT

Name	Dates: to
TOTAL HOURS FOR WEEK:	CUMULATIVE HOURS:
Signature of Internship Student	
Signature of Agency Supervisor	

Use this page as the cover sheet for each the Bi-Weekly Report; attach additional pages including the following information if applicable:

- 1. A record of all experiences involved with the internship such as meetings, conferences, training sessions, activities, assignments, and planning sessions.
- 2. Your evaluation of and reaction to each experience.
- 3. Any problems or surprises encountered during the period.
- 4. Positive learning experiences occurring during the period.
- 5. Progress on Final Internship Project

NOTE: Reports must be typed/double spaced. Attach copies of fliers, news items, and other publications. Reports may be faxed, mailed, or delivered. Keep a copy of all documents for your files.

INTERNSHIP PROJECT GUIDELINES

Criteria

- 1. One project will be completed during the Internship.
- 2. The Project is to be coordinated between the Agency Supervisor and the Internship Student and must be approved by the University Supervisor before starting.
- 3. The Project is to involve a task that is not considered part of the normal routine of the Internship.
- 4. Projects with practical value are encouraged.

Examples:

- 1. Facility inventory
- 2. Participant interest/needs/attitudes survey
- 3. Public relations campaign via use of various media
- 4. Media presentations for teaching skills
- 5. Data collection, analysis, synthesis, and/or evaluation
- 6. Historical or chronological recording of pertinent events
- 7. Educational seminar

Grades will be based upon the following criteria:

- 1. Original idea.
- 2. Worked independently on the project.
- 3. Carried out necessary research for project
- 4. Planned well in advance so project could be completed systematically throughout the semester.
- 5. Created a project that is of value the Agency.

RATING SCALE:

5	Outstanding	Α
4	Excellent	A
3	Above Average	В
2	Average	C
1	Below Average	D
0	Poor	F

NOTE: An outline or explanation of the Internship Project is to be submitted on the back of this form for University Supervisor approval.

STUDENT MID-TERM PERFORMANCE APPRAISAL (CONFIDENTIAL INFORMATION)

Internship Student's Name	
Agency	
Agency Supervisor	
NOTE: Please rate the Internship Student in each of the following areas (personal professional relations, professional proficiencies. Discuss these ratings we Internship Student and forward this appraisal to the University Supervisor of the Internship.	vith the
(Place appropriate number in box)	
(5) = Excellent: Meets top expectations	
$(4) = \underline{\text{Good}}$: Consistently better than satisfactory	
$(3) = \underline{\text{Average}}$: Adequate but not more than satisfactory	
(2) = Below Average: Not consistently satisfactory	
$(1) = \underline{\text{Unsatisfactory}}$: A completely unsatisfactory performance	
(N/A) – Inadequate information or does not apply to job	

I. PERSONAL CHARACTERISTICS

Attendance and Punctuality Lateness or absence without good reason or adequate notice. Comments:	()
Personal Appearance Neat, clean, and appropriately dressed. Comments:	()
Resourcefulness Uses resources well; seeks information from a variety of sources. Comments:	
Judgment and Problem Anticipation Could handle emergency situations; makes common sense decisions, anticipates possible problems areas. Comments:	()
Motivational Skills Enthusiastic; motivates others, can get the ball rolling. Comments:	()
Acceptance of Responsibility Willing to readily assume responsibility when appropriate. Comments:	()
Initiative, Creativity Looks for additional work, avoids idleness, originates ideas, makes creative efforts. Comments:	()

II. PROFESSIONAL RELATIONS

Public Relations Skill Tactful, diplomatic, courteous behavior. Comments:	()
Work Attitude Industrious, willing to assist others, responsible. Comments:	()
Rapport with Staff Works harmoniously with others; cooperative, considerate. Comments:	()
Relates to Program Participants Gets people involved; shows interest, respect, and concern for program participants. Comments:	()
Adaptability Adjusts plans and actions according to developing situations and changing moods of group. Comments:	()
Takes Criticism Constructively Willing to discuss and recognize weaknesses; works on areas needing improvement. Comments:	()

III. PROFESSIONAL PROFICIENCIES

Knowledge and Skills Performed Knowledge of program planning, implementing, and evaluation skills. Comments:	()
Plans activities well in advance of the program. Comments:	()
Keeps facilities and equipment in good condition. Comments:	()
Is a team player; works well with his/her participants/coworkers. Comments:	()
Written Communication Conveys ideas clearly; does neat grammatically correct, typographical error-free, organized work; meets deadlines. Comments:	()
Oral Communication Expresses self well; makes points clear to public and others. Comments:	(_)
Task Accomplishment Completes tasks in quality and timely manner; pursues and follows tasks through completion. Comments:	()
Professional Growth Searches for more knowledge and experience, attends meetings, reads and discusses, inquires about profession. Comments:	()

OVERALL RATING

RATING SCALE

1.	Excellent (Grade of "A")		rn student in th	ance you might reasonably is position. This is a person point.
2.	Above Average (Grade of "B")		Student's part. T	Il-around performance on This is a person whom you as at this point.
3.	Average (Grade of "C")	expected from a	any employee. I his is a person	nance that would be Performance is average whom you would hire with
4.	Below Average (Grade of "D")	Improvement e	xpected with ac a person whom	around performance to date. Iditional training/experience you would not consider for
5.	Unsatisfactory (Grade of "F")	Indicates all-around unsatisfactory performance. The Internship Student is not suited to the job or appears not to be capable of performing professionally. This would be a person whom you would definitely reject for employment at this time.		
If the st	tudent continues to perfor	rm at the current	level an anticip	ated grade will be:
() A	() B	(_) C	() D	() F
	· · · · · · · · · · · · · · · · · · ·	•	-	
	(Agency Superv	isor)		
	(University Sup	ervisor)	-	
	(Internship Stud	ent)	-	

Intern Student comments:

STUDENT FINAL PERFORMANCE APPRAISAL (CONFIDENTIAL INFORMATION)

Internship Student's Name
Agency
Agency Supervisor
NOTE: Please rate the Internship Student in each of the following areas (personal characteristics, professional relations, professional proficiencies. Discuss these ratings with the Internship Student and forward this appraisal to the University Supervisor one week prior to the completion of the Internship.
(Place appropriate number in box)
(5) = Excellent: Meets top expectations
$(4) = \underline{\text{Good}}$: Consistently better than satisfactory
$(3) = \underline{\text{Average}}$: Adequate but not more than satisfactory
(2) = Below Average: Not consistently satisfactory
$(1) = \underline{\text{Unsatisfactory}}$: A completely unsatisfactory performance
(N/A) = Inadequate information or does not apply to job

prior

I. PERSONAL CHARACTERISTICS

Attendance and Punctuality Lateness or absence without good reason or adequate notice. Comments:	(_)
Personal Appearance Neat, clean, and appropriately dressed. Comments:	()
Resourcefulness Uses resources well; seeks information from a variety of sources. Comments:	()
Judgment and Problem Anticipation Could handle emergency situations; makes common sense decisions, anticipates possible problems areas. Comments:	()
Motivational Skills Enthusiastic; motivates others, can get the ball rolling. Comments:	(_)
Acceptance of Responsibility Willing to readily assume responsibility when appropriate. Comments:	(_)
Initiative, Creativity Looks for additional work, avoids idleness, originates ideas, makes creative efforts. Comments:	()

II. PROFESSIONAL RELATIONS

Public Relations Skill Tactful, diplomatic, courteous behavior. Comments:	()
Work Attitude Industrious, willing to assist others, responsible. Comments:	()
Rapport with Staff Works harmoniously with others; cooperative, considerate. Comments:	()
Relates to Program Participants Gets people involved; shows interest, respect, and concern for program participants. Comments:	()
Adaptability Adjusts plans and actions according to developing situations and changing moods of group. Comments:	()
Takes Criticism Constructively Willing to discuss and recognize weaknesses; works on areas needing improvement. Comments:	()

III. PROFESSIONAL PROFICIENCIES

Knowledge and Skills Performed Knowledge of program planning, implementing, and evaluation skills. Comments:	()
Plans activities well in advance of the program. Comments:	()
Keeps facilities and equipment in good condition. Comments:	()
Is a team player; works well with his/her participants/coworkers. Comments:	()
Written Communication Conveys ideas clearly; does neat grammatically correct, typographical error-free, organized work; meets deadlines. Comments:	()
Oral Communication Expresses self well; makes points clear to public and others. Comments:	(_)
Task Accomplishment Completes tasks in quality and timely manner; pursues and follows tasks through completion. Comments:	()
Professional Growth Searches for more knowledge and experience, attends meetings, reads and discusses, inquires about profession. Comments:	()

OVERALL RATING

RATING SCALE

Intern Student comments:

1.	Excellent (Grade of "A")	Indicates the very best performance you might reasonably hope for an intern student in this position. This is a person who is very employable at this point.			
2.	Above Average (Grade of "B")	Indicates a very high quality all-around performance on the Internship Student's part. This is a person whom you would hire without reservations at this point.			
3.	Average (Grade of "C")	Indicates a satisfactory performance that would be expected from any employee. Performance is average and no more. This is a person whom you would hire with some reservations at this point.			
4.	Below Average (Grade of "D")	Indicates a below average all-around performance to date. Improvement expected with additional training/experience. This would be a person whom you would not consider for employment at this time.			
5.	Unsatisfactory (Grade of "F")	Indicates all-around unsatisfactory performance. The Internship Student is not suited to the job or appears not to be capable of performing professionally. This would be a person whom you would definitely reject for employment at this time.			
Based ı	ipon the Internship Stude	nt's performance,	it is suggested	his/her grade be:	
() A	() B	() C (_) D	() F	
	(Agency Superv	isor)			
(University Supervisor)					
	(Internship Stud	ent)			

INTERNSHIP PROJECT EVALUTION

Please grade the Internship Student's project based upon the following criteria:

- 1. Original idea.
- 2. Worked independently on the project.
- 3. Carried out necessary research for project.
- 4. Planned well in advance so project could be completed systematically throughout the semester.
- 5. Created a project that is of value the Agency.

RATING SCALE:					
(5) Outstanding(4) Excellent(3) Above Average(2) Average(1) Below Average(0) Poor	C				
AGENCY SUPERVISOR RAT	<u> </u>				
Comments:					
Signature(Agency Supervisor)					
(Internship Student)					
UNIVERSITY SUPERVISOR	RATING:				
Comments:					
Signature					
(Unive	rsity Supervisor)				

STUDENT'S INTERNSHIP EVALUATION

This form should be the cover sheet for your final evaluation of the internship experience. This report should be typed and double-spaced on a separate sheet of paper.

- 1. In light of your objectives, has this been a good learning experience for you? Have you been able to accomplish your goals? What have been the most valuable experiences during the internship? What have been the most disappointing?
- 2. How would you rate this Internship placement? Why? What recommended changes would you suggest to make it a more meaningful placement? (Please be as specific as possible.)

<u>Instructions</u>: Please rate the strengths and weaknesses of the Internship Agency in terms of meeting your needs as an Internship Student. Please use the following scale:

- (5) far exceeded expectations
- (4) exceeded expectations
- (3) met expectations
- (2) somewhat below expectations
- (1) far below expectations

1)	Acceptance of you as a member of the staff; willingness to integrate you into all appropriate levels of activities, programs, and projects.	()
2)	Provision of relevant experience in program administration, supervision, and leadership.	()
3)	Cooperation of Agency staff to provide professional growth experiences through training programs, seminars, and similar activities.	()
4)	Provision of assistance in helping you meet you personal and professional goals and objectives.	()
5)	Possession of resources essential to the preparation of professionals (library, equipment, supplies, etc.).	()
6)	Employment of qualified, professional staff with demonstrated capability to provide competent supervision.	()
7)	Adequate scheduling of one-on-one meetings with Supervisors and on-going evaluation of your performance.	()
8)	Allowance for relating classroom theory into practical situations.	()
9)	Willingness to listen and to discuss suggestions or recommendations offered.	()
10)	Modern, well-maintained facilities and equipment.	()