

# YuChun “Jean” Chen

School of Kinesiology, Recreation & Sport  
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## EDUCATION

Ph.D. in Human Performance (Sport Pedagogy), The University of Alabama, 2012

M.A. in Kinesiology (Sport Management), California State University, Long Beach, 2008

B.Ed. in Kinesiology (Physical Education), National Taiwan Normal University, 2005

## EXPERIENCE

Associate Professor, Western Kentucky University	2021–present
Associate Professor, Louisiana Tech University (Tenured, Melvin McCann Endowed Professorship in Education)	2018–2021
Assistant Professor, Louisiana Tech University	2012–2018
Graduate Teaching Assistant, The University of Alabama	2009–2012
Graduate Assistant, California State University, Long Beach	2007–2008

## RESEARCH & SCHOLARSHIP

### REFEREED PUBLICATIONS

- Chen, Y., & Myers, B. (2024). Associations between physical educators' appearance and sex and high school pupils' cognitive performance and perceptions of teacher characteristics. *European Physical Education Review*. Advance online publication.  
<https://doi.org/10.1177/1356336X241240421>
- Chen, Y., & Deal, K. L. (2024). Take health lessons to the gym – Part II. *Journal of Physical Education, Recreation & Dance*, 95(2), 27-40. <https://doi.org/10.1080/07303084.2023.2291642>
- Chen, Y., & Deal, K. L. (2024). Take health lessons to the gym – Part I. *Journal of Physical Education, Recreation & Dance*, 95(1), 7-21. <https://doi.org/10.1080/07303084.2023.2269218>
- Chen, Y., McCreary, A., & Stenger-Ramsey, T. L. (2024). Effectiveness of an outdoor education program with homeschool students. *Journal of Outdoor Recreation, Education, and Leadership*, 16(1), 55-66. <https://doi.org/10.18666/JOREL-2023-11950>
- Myers, B., & Chen, Y. (2023). Effect of physical educators' appearance and sex on middle school students' learning outcomes and perceptions of teacher effectiveness. *International Journal of Physical Education, Fitness and Sports*, 12(4), 36-49. <https://doi.org/10.54392/ijpefs2344>
- Chen, Y., & Castleman, F. (2023). Effects of smart bottles on water consumption and health status of college students. *International Journal of Physical Education, Fitness and Sport*, 12(3), 84-91. <https://doi.org/10.54392/ijpefs2338>
- Liu, T., Hamilton, M., & Chen, Y. (2023). Creating and retaining an inclusive graduate program in Kinesiology. *Kinesiology Review*, 12(4), 304-310. <https://doi.org/10.1123/kr.2023-0025>
- Chen, Y., & Castleberry, T. J. (2023). Exercise motivations of law enforcement officers in northeast Louisiana. *The Police Journal: Theory, Practice and Principles*, 96(2), 289-302.  
<https://doi.org/10.1177/0032258X221079021>

- Johnson, B., & Chen, Y. (2022). Perceptions of sexual identity stereotyping among physical education undergraduate students. *International Journal of Physical Education, Fitness and Sports*, 11(4), 24-35. <https://doi.org/10.34256/ijpefs2243>
- Baker, K., Bopp, M., Bulger, S. M., Chen, Y., Duffey, M. L., Myers, B., Voelker, D. K., & Woodard, K. F. (2022). Kinesiology faculty reflections on COVID-19 and future directions in online education. *Kinesiology Review*, 11(4), 303-310. <https://doi.org/10.1123/kr.2022-0017>
- Liu, T., Chen, Y., Hamilton, M., & Harris, K. (2022). Peer mentoring to enhance graduate students' sense of belonging and academic success. *Kinesiology Review*, 11(4), 285-296. <https://doi.org/10.1123/kr.2022-0019>
- Clark, A., & Chen, Y. (2022). Factors influencing college selection process of NCAA Division I student-athletes. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 85(2), 11-21.
- Chen, Y., & Breeding, V. M. (2022). Think outside the trash: Transforming recyclables into physical activity equipment. *Journal of Physical Education, Recreation & Dance*, 93(3), 37-43. <https://doi.org/10.1080/07303084.2021.2022043>
- Hood, J., Chen, Y., Jacques, L., & Hebert, D. (2022). Perceptions of students and faculty on the various delivery methods of instruction. *American Journal of Educational Research*, 10(4), 245-252. <http://pubs.sciepub.com/education/10/4/13>
- Chen, Y. (2022). An alternative early field experience for physical education teacher preparation. *International Journal of Physical Education, Fitness and Sports*, 11(1), 30-42. <https://doi.org/10.34256/ijpefs2214>
- Chen, Y., & Myers, B. (2021). Association between teacher candidates' competency and first-year employment in Physical Education: A Comparison Study. *Journal of International Education and Practice*, 4(3), 14-21. <https://doi.org/10.30564/jiep.v4i3.4169>
- Chen, Y. (2021). Kill two birds with one stone: Two PETE courses exploring experiential learning in one early field experience. *Journal of Physical Education, Recreation & Dance*, 92(9), 18-23. <https://doi.org/10.1080/07303084.2021.1977745>
- Liu, T., Hamilton, M., Chen, Y., Harris, K., & Pandya, R. (2021). Recruiting and retaining graduate students in Kinesiology at a Hispanic-serving institution. *Kinesiology Review*, 10(4), 404-409. <https://doi.org/10.1123/kr.2021-0048>
- Chen, Y. (2021). Exercise motivation of attendees in a senior adult fitness program. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 85(1), 1-6.
- Chen, Y. (2020). Kinesiology majors' perceptions of an early field experience with the homeschoolers. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 84(1), 1-13.
- Chen, Y., & Jacques, L. A. (2020). The association between competence and first-year employment in physical education. *Physical Education Journal*, 53(4), 393-406. [https://doi.org/10.6222/pej.202012\\_53\(4\).0002](https://doi.org/10.6222/pej.202012_53(4).0002)
- Chen, Y. (2020). Health-related fitness of physical education majors and its association with first-year employment. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 83(2), 1-9.
- Chen, Y. (2019). Effectiveness of a sports skills program for the homeschoolers. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 83(1), 1-8.

- Chen, Y.,** Schilling, T., & Rowland, J. (2019). Holicraze days: Part deux. *Strategies: A Journal for Physical and Sport Educators*, 32(2), 3-14. <https://doi.org/10.1080/08924562.2018.1539364>
- Schilling, T., **Chen, Y.,** & Rowland, J. (2019). Holicraze days: Implementing unique holiday activities in physical activity settings – Part 1. *Strategies: A Journal for Physical and Sport Educators*, 32(1), 24-35. <https://doi.org/10.1080/08924562.2018.1538835>
- Chen, Y.,** Tettleton, M. J., & Huntley, B. N. (2018). Give it a tri: Planning and implementing a kids triathlon. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 82(1), 8-11. [Invited Paper]
- Chen, Y.,** & Watts, R. (2018). Perceptions of U.S. college students on international education programs. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 81(2), 1-8.
- Vucinic, J., & **Chen, Y.** (2017). Amateurism in the NCAA: Perceptions of former student-athletes. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 81(1), 1-11.
- Arnold, V., **Chen, Y.,** & Watts, R. (2017). Perception on the effect of music and light after indoor cycling classes. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 80(2), 10-15.
- Chen, Y.** (2016). Participation styles of senior adults in fitness classes. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 80(1), 1-10.
- Chen, Y.** (2016). Trash to treasure: Using recyclables in physical activity settings. *Journal of Physical Education, Recreation & Dance*, 87(7), 45-51. <https://doi.org/10.1080/07303084.2016.1202801>
- Chen, Y.,** Hood, J., & Watts, R. (2016). The effects of socioeconomics and extracurricular activities on academic achievement of sixth graders. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 79(2), 7-13.
- Chen, Y.,** Hood, J., & Watts, R. (2015). Relationships between parental characteristics and extracurricular activity participation. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 79(1), 5-10.
- Chen, Y.,** & Curtner-Smith, M. D. (2015). Hegemonic masculinity in sport education: Case studies of pre-service physical education teachers with teaching orientations. *Sport, Education and Society*, 20(4), 546-563. <https://doi.org/10.1080/13573322.2013.775116>
- Chen, Y.** (2014). Ethical decision-making standards of collegiate athletes. *Journal of the Louisiana Association for Health, Physical Education, Recreation, and Dance*, 78(1), 6-11.
- Chen, Y.,** & Curtner-Smith, M. D. (2014). Sexual identity stereotyping: Perspectives of heterosexual female pre-service physical education teachers. *Graduate Journal of Sport, Exercise & Physical Education Research*, 2, 1-18.
- Chen, Y.,** & Curtner-Smith, M. (2013). Hegemonic masculinity in sport education: Case studies of experienced in-service physical education teachers with teaching orientations. *European Physical Education Review*, 19(3), 360-380. <https://doi.org/10.1177/1356336X13495631>
- Chen, Y.,** Sinelnikov, O. A., & Hastie, P. (2013). Professional development in physical education: Introducing the Sport Education Model to teachers in Taiwan. *Asia-Pacific Journal of Health, Sport and Physical Education*, 4(1), 1-17. <https://doi.org/10.1080/18377122.2013.760424>

**CONFERENCE PRESENTATIONS**

- Reeves, C. S., & **Chen, Y.** (2024, April). *Reflections of kinesiology practicum students in an adult fitness program*. Presentation at National Academy of Health and Physical Literacy Summit, Baton Rouge, LA.
- Myers, B., & **Chen, Y.** (2024, March). *Influence of teacher appearance on student learning and perceptions*. Presentation at SHAPE America National Convention & EXPO, Cleveland, OH.
- Castleman, F., & **Chen, Y.** (2024, March). *Effects of smart bottles on water consumption and health status*. Presentation at SHAPE America National Convention & EXPO, Cleveland, OH.
- Chen, Y.**, & Woodard, K. (2024, March). *Effects of jump rope lessons on physical and executive functions*. Presentation at SHAPE America National Convention & EXPO, Cleveland, OH.
- Chen, Y.**, Liu, T., & Hamilton, M. (2024, January). *Navigating academic evolution in higher education: Strategies to elevate the value of a graduate degree*. Presentation at American Kinesiology Association 17<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Albuquerque, NM.
- Chen, Y.**, & Hamilton, M. (2024, January). *A holistic approach to promote social justice in mental health and wellness for undergraduate students*. Presentation at American Kinesiology Association 17<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Albuquerque, NM.
- Chen, Y.**, & Stenger-Ramsey, T. L. (2023, March-April). *Effectiveness of an outdoor education program with homeschoolers*. Presentation at SHAPE America National Convention & Expo, Seattle, WA.
- Chen, Y.**, & Jacques, L. A. (2023, March-April). *Creating and performing educational gymnastics using computational thinking skills*. Presentation at SHAPE America National Convention & Expo, Seattle, WA.
- Chen, Y.**, & Johnson, B. (2023, March-April). *Perceptions of sexual identity stereotyping among physical education majors*. Presentation at SHAPE America National Convention & Expo, Seattle, WA.
- Moles, M. J., Castleman, F., **Chen, Y.**, & McCreary, A. (2023, March). *Evaluating homeschool students' connection to nature before and after high-intensity environmental education programming*. Presentation at Southeast Environment and Recreation Research Conference, Asheville, NC.
- Moore, L., McCreary, A., & **Chen, Y.** (2023, March). *Understanding the environmental perceptions of middle and high school homeschool students*. Presentation at Southeast Environment and Recreation Research Conference, Asheville, NC.
- Jacques, L., & **Chen, Y.** (2023). Teaching computational thinking in Kinesiology. In E. Langran (Ed.), *Proceedings of Society for Information Technology & Teacher Education International Conference* (pp. 18-22). New Orleans, LA, United States: Association for the Advancement of Computing in Education (AACE). <https://www.learntechlib.org/primary/p/221845/>
- Liu, T., Hamilton, M., & **Chen, Y.** (2023, January). *Creating and retaining an inclusive graduate program in Kinesiology*. Presentation at American Kinesiology Association 16<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, San Diego, CA.
- Chen, Y.**, Castleman, F., Kraulos, E., & Mosley, C. (2022, June). *Educational Dance: Turn your robotic routines into choreographed movements*. Presentation at KY SHAPE Summer Conference, Lexington, KY.
- Chen, Y.**, & Clark, A. (2022, April). *Factors influencing college selection process of NCAA division I student-athletes*. Presentation at SHAPE America National Convention & Expo, New Orleans, LA.



- Chen, Y.,** Myers, B., & Esslinger, K. (2022, April). *Association between competency and first-year employment: A comparison study*. Presentation at SHAPE America National Convention & Expo, New Orleans, LA.
- Chen, Y.,** & Reeves, C. S. (2022, April). *Making pre-service teachers more marketable: What else can they do?* Presentation at SHAPE America National Convention & Expo, New Orleans, LA.
- Liu, T., **Chen, Y.,** & Hamilton, M. (2022, January). *Peer mentoring to enhance graduate students' sense of belonging and academic success*. Presentation at American Kinesiology Association 15<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Virtual.
- Chen, Y.,** Woodard, K. F., Myers, B., & Baker, K. (2022, January). *Value-based approach on delivering online/hybrid physical activity programs*. Presentation at American Kinesiology Association 15<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Virtual.
- Chen, Y.** (2021, November). *Health-related fitness of physical education majors and its association with first-year employment*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.,** Gleason, B. H., & Williams, C. H. (2021, November). *Inter-rater reliability of a novel tennis serving test*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Deal, K. L., Reeves, C. S., & **Chen, Y.** (2021, November). *Adapting to the new normal: Virtual teaching & learning in Kinesiology*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.,** & Deal, K. L. (2021, November). *Let's take health lessons to the gym!* Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.,** Schilling, T., Zachery, T., & Rowland, J. (2021, November). *I've got sunshine in my gym*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Myers, B., **Chen, Y.,** & Esslinger, K. (2021, September). *Incorporating inquiry-based activities in secondary physical education to produce future civic benefits and actions*. Presentation at the Kentucky Association of Teacher Educators Annual Conference, Virtual.
- Chen, Y.** (2021, April). *The association between competence and first-year employment in physical education*. Presentation at SHAPE America National Convention & Expo, Virtual.
- Hood, J., Jacques, L., **Chen, Y.,** & Hebert, D. (2021). Students' perceptions on the various delivery methods of instruction. In E. Langran & L. Archambault (Eds.), *Proceedings of Society for Information Technology & Teacher Education International Conference* (pp. 170-174). Online, United States: Association for the Advancement of Computing in Education (AACE).  
<https://www.learntechlib.org/primary/p/219129/>
- Chen, Y.,** & Reeves, C. S. (2021, March). *Add service-learning projects for a better and meaningful experience*. Presentation at ULS Academic Summit, Virtual.
- Hood, J., **Chen, Y.,** & Hebert, D. (2021, March). *Faculty's perceptions on the various delivery methods of instruction*. Presentation at LERA Exposition and Conference, Virtual.
- Chen, Y.** (2021, January). *Recruitment and retention of graduate students as higher education evolves*. Presentation at American Kinesiology Association 14<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Virtual.
- Chen, Y.,** & Chen, Y. (2020, April). *Lessons learned from taking the lead during early field experience*. Accepted for presentation at SHAPE America National Convention & Expo, Salt Lake City, UT. (Convention canceled due to COVID-19)
- Chen, Y.** (2020, January). *Collaborative effort to implement a "healthy reflection" program with female adolescents in physical education*. Presentation at American Kinesiology Association 13<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Tampa, FL.

- Chen, Y.** (2020, January). *Strategies for future professionals to promote physical activity*. American Kinesiology Association 13<sup>th</sup> Annual Leadership Workshop & Pre-Workshops, Tampa, FL.
- Chen, Y.** (2019, November). *Successes and challenges of planning and implementing a kids triathlon*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y., & Reeves, C. S.** (2019, April). *Teach them to serve: Educating future Kinesiology professionals through service-learning projects*. Presentation at ULS Academic Summit, Grambling, LA.
- Chen, Y.** (2019, April). *Perceptions of an early field experience with the homeschoolers*. Presentation at SHAPE America National Convention & Expo, Tampa, FL.
- Chen, Y., & Deal, K. L.** (2019, February). *Exposing students to diverse backgrounds through education and physical activities*. Presentation at ULS For Our Future Conference, Lafayette, LA.
- Chen, Y., Zachary, T., Schilling, T., & Rowland, J.** (2018, November). *Run, jump, and play! It's our field day!* Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.** (2018, October). *University-community collaboration: Sport skill sessions for the homeschoolers*. Presentation at SHAPE America PETE & HETE Conference, Salt Lake City, UT.
- Chen, Y.** (2018, March). *Early childhood and elementary education majors on teaching physical education*. Presentation at SHAPE America National Convention & Expo, Nashville, TN.
- Schilling, T., **Chen, Y., & Dornier, L.** (2018, March). *Using PBL to train future leaders of 50 million strong*. Presentation at SHAPE America National Convention & Expo, Nashville, TN.
- Schilling, T., & **Chen, Y.** (2018, March). *Summer satisfaction: Resources for summer programs and transitioning into high school*. Presentation at Louisiana GEAR UP Conference: Today's Effort, Tomorrow's Success, Baton Rouge, LA.
- Reeves, C. S., Schilling, T., **Chen, Y., & Deal, K. L.** (2017, November). *WIN WIN! Service-learning partnerships that benefit K-12 students in instruction and reflection for stronger communities*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Schilling, T., **Chen, Y., & Rowland, J.** (2017, November). *Holicraze days: Part deux*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y., Burns, S., & Temple, P.** (2017, March). *Bulldog boot camp*. Presentation at SHAPE America National Convention & Expo, Boston, MA.
- Chen, Y., Schilling, T., & Rowland, J.** (2017, January). *Holicraze days*. Presentation at SHAPE America Southern District Conference (co-hosted with LAHPERD Annual Convention), Baton Rouge, LA.
- Chen, Y., & Vucinic, J.** (2017, January). *Amateurism in the NCAA: Perceptions of former student-athletes*. Presentation at SHAPE America Southern District Conference (co-hosted with LAHPERD Annual Convention), Baton Rouge, LA.
- Schilling, T., **Chen, Y., Elliott, V., & Zachery, T.** (2017, January). *We got the beat!* Presentation at SHAPE America Southern District Conference (co-hosted with LAHPERD Annual Convention), Baton Rouge, LA.
- Chen, Y.** (2016, April). *Relationship between parental characteristics, academic achievement, and extracurricular activity participation*. Presentation at SHAPE America National Convention & Expo, Minneapolis, MN.
- Schilling, T., **Chen, Y., & Dornier, L.** (2016, April). *Think win-win! Using Covey's 7 habits to address health standards*. Presentation at SHAPE America National Convention & Expo, Minneapolis, MN.

- Arnold, V., **Chen, Y.**, & Watts, R. (2015, November). *Perceptions after indoor cycling classes among college students*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.** (2015, November). *Exercise motivation of senior adults*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Schilling, T., **Chen, Y.**, Key, D., Rowland, J., & Horton, L. A. (2015, November). *Time for a Motown throwdown!* Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.** (2015, March). *Ethical decision-making standards of collegiate athletes*. Presentation at SHAPE America National Convention & Expo, Seattle, WA.
- Chen, Y.**, Reeves, C. S., & Boyd, R. (2015, March). *Participation styles in one adult fitness program*. Presentation at SHAPE America National Convention & Expo, Seattle, WA.
- Schilling, T., **Chen, Y.**, Key, D., & Rowland, J. (2014, November). *Crank...Crank...Crank it up!* Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.** (2013, November). *Got sport ed?!* Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.**, Schilling, T., & Bowers, T. (2013, November). *Using project-based learning among high school and college students to promote technology integration in physical education settings*. Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Schilling, T., Bowers, T., **Chen, Y.**, Key, D., Rowland, J., & Horton, L. A. (2013, November). *HOLLA...day (or NOT)!* Presentation at LAHPERD Annual Convention, Baton Rouge, LA.
- Chen, Y.**, & Curtner-Smith, M. D. (2013, April). *Hegemonic masculinity in sport education taught by teaching oriented interns*. Presentation at AAHPERD National Convention & Expo, Charlotte, NC.
- Chen, Y.**, & Curtner-Smith, M. D. (2013, April). *Influence of sexual identity stereotyping on heterosexual female pre-service teachers*. Presentation at AAHPERD National Convention & Expo, Charlotte, NC.
- Chen, Y.**, Sinelnikov, O. A., & Hastie, P. A. (2012, March). *Professional development: Introducing the sport education model to teachers in Taiwan*. Accepted for presentation at AAHPERD National Convention & Expo, Boston, MA. (Convention canceled due to power outage and safety issues)
- Sinelnikov, O. A., & **Chen, Y.** (2011, March/April). *Youth soccer players' physical activity levels during modified soccer games*. Presentation at AAHPERD National Convention & Expo, San Diego, CA.
- Sinelnikov, O. A., George, M. L., Jackson, A. J., & **Chen, Y.** (2011, March/April). *Model-based instruction: Pre-service teachers' perceptions*. Presentation at AAHPERD National Convention & Expo, San Diego, CA.

### **GRANTS**

- Chen, Y.** (March-April 2024). *Lessons learned from planning and implementing a homeschool field day*, CHHS Quick Turn-Around Grant, \$3,000.00
- Chen, Y.**, Babb, D., & Jernigan, S. (November 2023-May 2024). *Health and physical education for the homeschoolers*, CHHS Collaborative Quick Turn-Around Grant, \$10,001.22
- Bellware, J., & **Chen, Y.** (2023). *The effects of golf clubs on players' game performance at different skill levels*, Faculty-Undergraduate Student Engagement, \$2,988.00 (applied)
- Burns, A., & **Chen, Y.** (2023). *Effects of a health education program on homeschoolers' physical and cognitive responses*, Faculty-Undergraduate Student Engagement, \$2,977.59 (applied)

- White, A., & **Chen, Y.** (May 2023-August 2024). *The effects of music on students' physical activity level and enjoyment in physical education*, Faculty-Undergraduate Student Engagement, \$3,000.00
- Castleman, F., & **Chen, Y.** (January 2023-May 2024). *The effects of smart water bottles on water intake and other health parameters of college students*, Faculty-Undergraduate Student Engagement, \$3,000.00
- McCreary, A., & **Chen, Y.** (2023). *The effects of environmental and physical wellness interventions on wellness, morale, and sense of belonging of university personnel*, Research & Creative Activities Program, \$15,992.00 (applied)
- Staples, E., & **Chen, Y.** (2023). *The impact of managers on team operation: Perceptions of coaches, athletes, and student-managers*, Faculty-Undergraduate Student Engagement, \$2,249.00 (applied)
- Myers, B., & **Chen, Y.** (November 2022-April 2023). *The effect of teachers' physical appearance, particularly the clothing they wear to teach physical education, on students' learning and perception of the teachers*, CHHS Quick Turn-Around Grant, \$3,000.00
- McCreary, A., & **Chen, Y.** (September-December 2022). *The impact of an environmental education program on the environmental knowledge, environmental perceptions, and connectedness to nature of homeschoolers in a suburban setting and any changes on the family dynamics*, CHHS Quick Turn-Around Grant, \$3,000.00
- Pettiford, M. D., & **Chen, Y.** (May 2022-August 2023). *Learning something new: Introducing color guard skills to homeschoolers*, Faculty-Undergraduate Student Engagement, \$3,000.00
- Chen, Y.**, & Woodard, K. F. (May 2022-August 2023). *The effects of a 5-week jump rope intervention on the physical performance and psychological measures of elementary school students*, Research & Creative Activities Program, \$7,720.00
- Chen, Y.**, & Dye, L. (2022). *Influence of a diversity, equity and inclusion-oriented methods course and field experience on preservice teachers' conceptions of teaching secondary physical education*, Innovative Teaching Grant Application, \$10,709.49 (applied)
- Chen, Y.**, & Stenger-Ramsey, T. L. (January-May 2022). *Examine the effectiveness of an outdoor education program on the levels of physical fitness, life, and leadership skills for middle and high school homeschooled students*, CHHS Quick Turn-Around Grant, \$3,000.00
- Chen, Y.**, & Johnson, B. L. (October 2021-May 2022). *Perceptions of sexual identity stereotyping among physical education majors*, The Gatton Academy Research Supplies Grant, \$250.00
- Castleberry, T. J., & **Chen, Y.** (August 2021-August 2022). *Motivational health improvement program in law enforcement officers*, Blue Cross and Blue Shield of Louisiana Foundation New Horizons Grant, \$25,000.00
- Szymanski, D., **Chen, Y.**, Deal, L., Gleason, B., Reeves, C. S., & Singh, V. (March-May 2019). *Equipment and software for Kinesiology classes, labs, and research*, Louisiana Tech University Student Technology Fee Board, \$191,825.35 (funded \$18,783.82)
- Schilling, T., Keith-Vincent, L., **Chen, Y.**, Love-Vaughn, D., & McGuirt, A. (January-August 2018). *Sports STARS (striving together to achieve readiness and success) summer learning experience*, Louisiana Office of Student Financial Assistance, \$191,148.00
- Newman, J., Caldorera-Moore, M., Romer, B., Schilling, T., **Chen, Y.**, Blake, D., & Erickson, D. (March-April 2016). *March and April 2016 community events and the new frontiers in biomedical research*, Lincoln Health Foundation, \$7,818.72



Heiden, K., **Chen, Y.**, Erickson, D., & Pumphrey, A. (June 2014-June 2015). *Enhancing positive adolescent self-image through college student peer leadership*, Louisiana Board of Regents, \$32,789.00

Hanson, J. A. & **Chen, Y.** (November 2012-April 2013). *Parents-as-partners: Tennis as a platform for obesity prevention*. ANS Research Committee, \$1,350.00

### ***DISSERTATION/THESIS/DIRECTED RESEARCH GUIDANCE***

Primary Mentor of Directed Research Committee, Amanda Clark, M.S. Candidate, “Factors influencing college selection among Division I student-athletes”, Department of Kinesiology, College of Education (2020-21)

Primary Mentor of Directed Research Committee, LaMonte Vaughn, M.S. Candidate, “Olympic sports finances: Can track and field become profitable at the Division I level?”, Department of Kinesiology, College of Education (2019-student withdrew)

Primary Mentor of Directed Research Committee, Emily Eunice, M.S. Candidate, “An examination of athletic training facilities at Division I, II, and III universities”, Department of Kinesiology, College of Education (2019-20)

Member of Dissertation Committee, Amber Burdge, Ed.D. Candidate, “An instrumental case study for the implementation of strategic planning in the College of Education at a select southern university”, Department of Curriculum, Instruction and Leadership, College of Education (2019-20)

Secondary Mentor of Directed Research Committee, Chris Williams, M.S., “Inter-rater reliability of a novel tennis serving test”, Department of Kinesiology, College of Education (2019)

Member of Thesis Committee, Kourtney Jones, M.S., “The effect of lateral deviation on triple jump performance”, Department of Kinesiology, College of Education (2019)

Secondary Mentor of Directed Research Committee, AnDe Summit, M.S., “Mood state and game performance: The relationship between pre-competitive mood state and individual game performance in Division I female basketball players”, Department of Kinesiology, College of Education (2016)

Member of Dissertation Committee, Richard Crawford, Ed.D., “The relationship between attendance to the recreational facilities on campus and grade point average among college freshmen”, Department of Curriculum, Instruction and Leadership, College of Education (2014-15)

Member of Thesis Committee, Alyssa Weglarz, M.S., “Nutrition-related health measures, preferences, attitudes, and barriers among participants in a multi-component, family-based obesity prevention program”, Nutrition and Dietetics, School of Human Ecology (2013-15)

## **TEACHING**

### ***WESTERN KENTUCKY UNIVERSITY***

PE 111: Movement Themes and Concepts I

PE 123: Movement Themes and Concepts II

PE 291: Scientific Base/Conditioning [[virtual & in-person](#)]

PE 320: Methods in Early and Middle Childhood Physical Education

PE 324: Measurement and Evaluation in Kinesiology

PE 333: Coaching of Volleyball [[virtual](#)]

PE 414: Physical Education Curriculum 7-12

PETE 322: Field Experience in Physical Education I  
PETE 415: Field Experience in Physical Education II  
SEC 478: Teaching Physical Education

**LOUISIANA TECH UNIVERSITY**

KINE 113: Introduction to Teaching in Physical Education [virtual & in-person]  
KINE 202: Foundations of Kinesiology [virtual & in-person]  
KINE 203: Foundations of Movement and Instruction  
KINE 255: Individual Sports and Physical Activities  
KINE 256: Aerobic Conditioning, Strength Conditioning, and Aquatics  
KINE 265: Team Sports and Group Activities [virtual & in-person]  
KINE 354: Teaching Health Education in K-12 Schools [virtual & in-person]  
KINE 402: Measurement and Evaluation in Health and Physical Education [virtual & in-person]  
KINE 440: Teaching Physical Education in Elementary Schools [virtual & in-person]  
KINE 457: Teaching Middle/Secondary Physical Education [virtual & in-person]  
KINE 515: Graduate Internship  
KINE 518: Recent Literature and Research in Kinesiology  
KINE 545: Health Promotion & Wellness  
KINE 548: Administration of Sport and Exercise  
KINE 549: Facility, Event & Human Resource Management

**THE UNIVERSITY OF ALABAMA**

KIN 101: Physical Conditioning  
KIN 167: Running  
KIN 350: Secondary Curriculum Methods (Co-Teaching)  
KIN 351: Secondary Curriculum Clinical Experiences (Co-Teaching)  
KIN 364: Physical Education for Elementary Schools  
KIN 464: Administration of Physical Education and Sport  
KIN 468: Adapted Physical Education (Co-Teaching)  
KIN 497: Internship in Physical Education (Supervising PreK-12 Teaching Candidates)

**SERVICE**

**PROFESSIONAL ORGANIZATIONS**

***United States of America***

Editorial Board Member

*Journal of Education and Training Studies* (2017–present)

*Journal of International Education and Practice* (2019–present)

*Teacher Education and Curriculum Studies* (2018-20, 2021)

Peer Reviewer (2015–present)

*Education Science; European Physical Education Review; Health Education & Behavior; International Journal of Physical Education, Fitness and Sports; International Journal of Sports Science and Physical Education; Journal of Education and Training Studies; Journal of Gender Studies; Journal of International Education and Practice; Kentucky SHAPE Journal; Physical Education Journal; Sociology; Sport in Society; Sport, Education and Society; Strategies: A Journal for Physical; Sport Educators; Urban Education*

*Louisiana Association for Health, Physical Education, Recreational, and Dance*

Chair, General Division Research Section (2017-20)

Chair, Elementary Physical Education Division (2013-15)

*Louisiana Department of Education*

Member, Physical Education Assessment Committee (2018-19)

Trainer, Physical Education Professional Development (2017-18)

Member, Physical Education Standards Review Committee (January-July 2017)

*Louisiana Office of Student Financial Assistance*

Co-Director, Lafayette State Partnership GEAR UP Summer Camp (July 2019)

Instructor for Academic Enrichment and Team Building, LA GEAR UP POWER in Monroe Summer Camp (June 2019)

Co-Director, LA GEAR UP Sports STARS Summer Camp (June 2018)

Instructor for Leadership, Team Building and Life Skills, Lafayette State Partnership GEAR UP Summer Camp (May 2018)

### ***Taiwan (Republic of China)***

*Ministry of Education, Blueprint for Developing Taiwan into [a Bilingual Nation by 2030](#) [in Chinese] (2021–present)*

Bilingual Lesson Plan Reviewer, Division of Health and Physical Education

Bilingual Physical Education Workshop Speaker, College of Sports & Recreation at National Taiwan Normal University

### ***WESTERN KENTUCKY UNIVERSITY***

*College of Health and Human Services*

Member, CHHS Undergraduate Curriculum Committee (2023–present)

Member, CHHS Strategic Planning Workgroup: Community Engagement (2021–present)

Member, CHHS Strategic Planning Workgroup: Diversity, Equity and Inclusion (2021–present)

*School of Teacher Education*

Member, Office of Professional Educator Services (OPES) Director Search Committee (2024)

*School of Kinesiology, Recreation & Sport*

Member, T&P Guidelines and Portfolio Review Committee (2024–present)

### ***COMMUNITY & P-12 SCHOOLS IN KENTUCKY***

Trainer, Recreation/Leadership Development, Kentucky 4-H Camp Staff Training, Lake Cumberland 4-H Camping Center, Nancy (May 2023)

Trainer, Recreation/Leadership Development, Kentucky 4-H Camp Staff Training, J.M. Feltner 4-H Camp Facilities, London (May 2022)

**LOUISIANA TECH UNIVERSITY**

*University*

- Member, Instructional Policies Committee (2019-21)
- Faculty Advisor, Elite Modeling Troupe (2013-21)
- Member, Behavioral Standards Committee (2012-21)
- Member, University Faculty Senate (2016-19)

*College of Education*

- Evaluator, Clinical Residency for Health and Physical Education (2020-22)
- Member, Tenure and Promotion Committee (2020-21)
- Member, Policy Review and Update Committee (2019-21)
- Member, Field and Clinical Experiences Committee (2017-21)

*Department of Kinesiology*

- Coordinator, Health and Physical Education Undergraduate Program (2018-21)
- Coordinator, Graduate Teaching Assistants (2017-21)
- Director, Homeschool Sport Skill Sessions (2017-20)
- Member, Exercise & Sport Psychology Faculty Search Committee (2018-19)
- Coordinator, Graduate Internship (2016-18)
- Member, Kinesiology Instructor and Director of Human Performance Laboratories Search Committee (2018)
- Chair, Biomechanics Faculty Search Committee (2015-16, 2016-17, 2017-18)
- Member, Psychosocial Aspects of Physical Activity Faculty Search Committee (2014-15)
- Chair, Physical Education Teacher Education Faculty Search Committee (2014-15)
- Co-Chair, Health and Physical Education (SPA) and National Association of Sports and Physical Education (NASPE) Reports (2013-16)

**COMMUNITY & K-12 SCHOOLS IN RUSTON, LOUISIANA**

- Member, United Way of Northeast Louisiana READ. LEARN. SUCCEED. Lincoln Parish Advisory Committee (2015-21)
- Member, Lincoln Parish Teacher and Student of the Year Portfolio Evaluation Panel (2012-20)
- Co-Coordinator, Keep Lincoln Parish Beautiful Recycling Annual Event (2015-19)
- Co-Coordinator, Fall and Spring Pediatric Health Fair (2015-19)
- Co-Coordinator, Lincoln Parish Elementary Physical Education Professional Development Workshop (2016)

**AWARDS/RECOGNITION**

- Western Kentucky University Inclusive Teaching Academic Spring 2024 Cohort (January-April 2024)
- Louisiana Tech University Senate Chair Award Recipient (2018-19)
- Louisiana Tech Foundation F. Jay Taylor Undergraduate Teaching Award Recipient (2018-19)
- SHAPE America Southern District Taylor Dodson Young Professional Award Recipient (2017-18)

LAHPERD Taylor Dodson Young Professional Award Recipient (2016-17)

LAHPERD Ethnic Minority Award Recipient (2015-16)

## **PROFESSIONAL AFFILIATIONS**

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Member, Society of Health and Physical Educators–**SHAPE America** (2011–present)

Member, Kentucky Association for Health, Physical Education, Recreation and Dance–**KY SHAPE**  
(2021–present)

Member, National Society of Physical Education of the Republic of China 中華民國體育學會 (2019-22)

Member, Louisiana Association for Health, Physical Education, Recreation and Dance–**LAHPERD**  
(2012-22)