



WKU Health Services
Health Services Building, #1072
1906 College Heights Blvd. #11033
Bowling Green, KY 42101-1033

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TopperWell Membership Application

WHAT IS TOPPERWELL?

TopperWell is a group of WKU students who are peer health educators and work together to promote wellness by increasing awareness of student health issues and encouraging positive lifestyle choices and decision-making skills through peer education.

WHAT ARE THE RESPONSIBILITIES OF A TOPPERWELL?

- Attend Peer Health Educator Training (Fall & Spring Semesters as deemed by advisor)
- Attend weekly meetings (Mondays, 3:30-4:30pm – subject to change)
- Attend office hours (time determined by student's schedule & advisor needs)
- Develop, promote and present health education programs and activities on campus
- Serve as a health education resource to WKU students
- Complete assignments as directed
- Assist in evaluation of health education programs and activities
- Help recruit future TopperWell members

WHY SHOULD I APPLY TO BECOME A TOPPERWELL?

- Gain professional work experience – build your resume
- Develop communication, leadership and organizational skills
- Increase public speaking and promotion skills
- Gain knowledge in several areas of health and wellness (ex: stress management, HIV/AIDS, STI's, alcohol, club drugs, tobacco, etc.)
- Meet new people – make new friends!
- Impact WKU students through “positive peer pressure”

WHAT IS THE TIME COMMITMENT FOR TOPPERWELL?

A member must commit to work for the duration of at least one academic year. Members will be required to attend a peer education training in early Fall semester (typically in September), as well as attend weekly meetings. TopperWell members will work approximately 2-3 hours per week as determined by projects, meetings, trainings and office hours.

WHO SHOULD APPLY?

Applicants must be WKU students who will attend fall and spring semesters of the 2008-2009 academic year. Students should have the ability to work as a team and independently be able to manage time and stress well. Experience in public speaking, program planning, and leadership roles are helpful, but not necessary. Anyone interested in educating the WKU community on issues related to health and wellness may apply.

All majors accepted and welcomed.



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ABOUT YOU

Name: _____

WKU ID # : _____ DOB: _____

Local Address: _____

Permanent Home Address: _____

City, State, Zip: _____

Local Phone #: _____ Permanent Home Phone #: _____

Cell Phone #: _____

E-mail: _____

EDUCATION

Major/Minor: _____ Cumulative GPA: _____

Year in school: _____ Expected Graduation Date: _____

ACTIVITIES

Briefly describe any volunteer, leadership, academic or extracurricular activities in which you have been involved:

How did you hear about TopperWell? _____

Why are you interested in becoming a member of TopperWell?

WORK EXPERIENCE

Please list your two most recent employers:

Employer Name 1: _____

Job Title: _____

Dates Employed: _____

Duties: _____

Employer Name 2: _____

Job Title: _____

Dates Employed: _____

Duties: _____

REFERENCES

Please list a reference whom we may contact:

Name 1: _____ Phone #: _____

E-mail: _____

How do you know this person? _____

How long have you known this person? _____

HOW DOES THE APPLICATION PROCESS WORK?

- Step #1:** Complete the application form and submit to Kathryn Steward, TopperWell Advisor, with WKU Health Services. Submit to Health Services Office (1072 Health Services Bldg – on the corner of Regents Ave and Normal Dr.) by mail or in person.
- Step #2:** The Health Education office will contact qualified applicants to schedule personal interviews. Interviews will be held at a designated time upon contact.
- Step #3:** Candidates will be selected and notified following all interviews.